



WELLS PSYCHOLOGY  
*Perinatal Counselling + Support*

## Circle of Security Parenting

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Program:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

Presented by: Ashlee Wells Location: Online groups Time: 8am-10am

Dates: The group will run every Saturday for 8 weeks during the following terms:

Term 3 2023: Saturday 15th July until Saturday 2nd September

Term 4 2023: Saturday 7th October until Saturday 25th November

Cost: \$450 upfront, covering all 8 sessions

*Register*



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