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## Who is LiTT? Love is the Truth

LiTT is a nonprofit organization dedicated to the healing power of love. While many nonprofits address the immediate needs of individuals in crisis, LiTT focuses on the underlying issues, aiming to resolve the limiting belief systems at the heart of these crises. LiTT recognizes a pervasive problem in today's society: more than one in three individuals over the age of 12 are affected by depression, suicide, anxiety, panic, and a lack of passion, purpose, or self-worth. This number is growing fast and LiTT is answering this call by offering tools not just for coping, but for transforming the limiting beliefs that contribute to internal disharmony and suffering and aids people in clearing negative programs, limiting beliefs and aiding in finding their purpose/passion and self-love.

## Why LiTT Yoga Festival?

• Research has demonstrated that large gatherings of

individuals engaged in heart-centered activities can alter the brain's receptivity to new information, fostering the creation of new neural pathways.

- The LiTT Festival aims to gather experts in Devotion, Healing, Yoga, and Wellness, complemented by heartcentered entertainment.
- Attendees will be treated to a variety of activities including breathwork, meditation, yoga, chanting, journaling, reflection, music, entertainment, and sound healing.
- The true gift lies in the community, love, and practical tools provided, which participants can incorporate into their daily lives to manage the stresses of contemporary society.



Torin Frost & Lauren Santi-Eoin Finn-Leah Zaccaria & Tagus-DJ Drez-Marti Nikko-Debbie Dixon-Julia Buggy-Manoj Chalam-Govind Das-Catalina Carvajal-Joss Jaffe-Mahalakshmi-Shula Azhar dancers-Sarah Hannala-Debbie Dixon and so many more incredible teachers & performers ..

Jake Jeland Jenne

LiTT Yoga Festival takes place at Lake Leland, located between Sequim and Quilcene, on the Olympic Peninsula of Washington State. It is centrally located between the Vancouver/Victoria, Seattle/Tacoma/ Everett, and Portland metropolitan areas with a population base of over 9.2 million people.





Becoming a Litt Ecxecutive Sponson

-----Press Release-----

Get ready to embark on a transformative journey of love, music, and wellness at the highly anticipated LiTT Yoga Festival, set to take place Labor Day weekend from Thursday through Sunday in Quilcene, WA. Hosted against the breathtaking backdrop of nature, LiTT Yoga Festival brings together a stellar lineup of performers and presenters, including the renowned DJ Drez, his talented wife Marti, and the captivating Manoj Chalam. Attendees can expect an immersive experience filled with live music, invigorating yoga sessions, inspiring workshops, soulnourishing sound healing, and the opportunity to connect with like-minded individuals under the theme of LOVE. "We are thrilled to bring the LiTT Yoga Festival to Quilcene," said Debbie Dixon, Founder of LiTT Yoga Festival. "Our goal is to create a space where attendees can rejuvenate their mind, body, and spirit while celebrating the power of love and community." The festival offers something for everyone, from seasoned yogis to beginners, music aficionados to nature lovers. With a diverse range of activities and experiences, LiTT Yoga Festival aims to foster a sense of unity, self-discovery, and holistic well-being. In addition to its rich program, LiTT Yoga Festival provides an opportunity for sponsors to align their brand with the values of health, wellness, and community engagement. Sponsorship packages offer prominent visibility and engagement opportunities, allowing brands to connect with a highly engaged audience of health-conscious individuals, yoga enthusiasts, and music lovers. Join us for an unforgettable weekend filled with love, music, and wellness at the LiTT Yoga Festival. For more information about the event and sponsorship opportunities, visit <u>www.LiTTYogaFestival.com</u>.

What will it cost!

LiTT is offering two Executive Sponsorship options.

1.) \$2000- This will go directly to tickets. LiTT Yoga festival will create a campaign in your name to give away 10 Get LiTT Weekend passes or provide you with 10 weekend passes that you can distribute.

2.) \$5000- You will be sponsoring one of our lead performers. LiTT Yoga festival will give you 5 Get LiTT weekend passes and you will be announced on stage as the sponsor for the performer, by the performer. (this could be the performer/presenter of your choice).

As an executive sponsor you will receive a banner at the entrance/exit with your logo/business name. You will also have a prominent display of logo on the website which is performing in the top 100 percentile with averaging over 300 unique visits per day

How can you become a Sponsor!

## Just E-mail LiTT at Realizingyourdreams@hotmail.com

## or call 206-849-1113 www.LiTTYoga Festival.com