



LITT FESTIVAL SCHEDULE

"LOVE"
IT'S A
VIBE

Saturday

EXPAND

HEAL

BECOME

REMEMBER

LAWN

GATES OPEN - - AND FESTIVAL VILLAGE IS OPEN TO EXPLORE--INVOCATION
OPENING CEREMONY

9:30-10:30AM

DEBBIE DIXON- YOGA
CONNECT & CELEBRATE

AWAKEN THE MUSE: A CEREMONY
OF THE DIVINE FEMININE
AUDREY SUTTON MILLS

BECKY ROBBINS
AN EMBODIED YOGA
JOURNEY WITH NATURE

SUMEDHA KHOLSA-PLAY
WITH PRANA – AWAKEN YOUR
RADIANCE WITHIN

10-11:30AM

11:45-1:15PM

LOOSE, FREE & HAPPY
BLISS OUT YOGA FLOW
YOGA-EOIN FINN

LISA BLACK-FOUNDATIONS
OF INVERSION-LEARN TO FLY

NICOLE RAVEN PELTIER-
A SONIC YOGA FLOW
EXPERIENCE

SACRED RETURN
YIN YOGA-AUDREY
SUTTON MILLS

1:30-2:45PM

FIND YOUR FREEDOM YOGA
FLOW-YOGA- LEAH ZACCARIA

CATALINA CARVAJAL-
COSMIC BHAKTI FLOW WITH
LIVE MUSIC

KUNDALINI YOGA- MATTHEW
& JULIETH DAUBLE

LISA BLACK-THE ART OF
ASSISTING-FOR TEACHERS

3-4:30PM

O"LOVE, THE ULTIMATE
RENEWABLE RESOURCE":
Master YOGA Class EOIN FINN

ANOOP & ASHWINI AYER-
SUDARSHAN KRIYA-THE
HAPPINESS KRIYA

ALEX ABOSSEIN-
INNERFIT YOQI (COMBO
OF YOGA & TAI CHI)

WOMEN'S CIRCLE

4:30-6PM

COMMUNITY KIRTAN
ART OF LIVING

AWAKEN SHAKTI- The Goddess
Archetype within you in Your
Heroine's Journey
A TALK-BY MANOJ CHALAM

CACAO CEREMONY

6:15-7PM

AZMYTH DJ COMMUNITY
ECSTATIC DANCE ON THE
LAWN

7:15-8PM

SOUND HEALING- UNDER
THE STARS-DEBBIE DIXON