



LITT WEEKEND SCHEDULE

A REVOLUTION OF LOVE

Spaces

HEAL

EXPAND

BECOME

GETLITT

SATURDAY AUGUST 31ST

1-2:30PM

Awaken Your Hearts potential-Yoga Flow-
DIKLA KAFKA

Form & Formless:
Hindu Buddhist Deity
Archetypes& Enlightenment
TALK-MANOJ CHALAM

Barefoot walking - Natural
movement - Nature
footwear-EMMY JOY

AWAKENING LAKSHMI FLOW
SARAH HANNALA-YOGA

3-4:30PM

Kundalini Yoga
w/Matthew and
Julieth

Freedom & Devotion
in Yoga Mythology-
TALK- DIKLA KAFKA

COMMUNITY KIRTAN
SHARE A CHANT OR
SING ALONG

UNL3ASH3D
YOGA-LEAH ZACCARIA &
TAGUS

5-6:30PM

SARAH HANNALA
REIKI SOUND HEALING

CONNECT WITH NATURE/
MEDITATE IN
AMBIENT SOUNDS

KIRTAN-
SALISH SEA-Mahalakshmi
& Emam Kirtan

7PM-8PM

AZMYTH- DJ

8:30-10PM

DJ DREZ & MARTI NIKKO A
JOURNEY THROUGH-
ECSTATIC DANCE

10:30-11:30PM

SOUND HEALING
THE INTEGRATION
DEBBIE DIXON

SAY
GOODBYE

KIRTAN-
SALISH SEA

