



LITT ADDITIONAL OFFERINGS

A REVOLUTION OF LOVE

Spaces

BELL TENT

COMMUNITY ALTAR

NATURE HIKES

SATURDAY

11:11AM

The Awakened Heart - Cacao Ceremony w/ Sōul (Awakened Cacao)

Begin your day with this heart awakening cacao ceremony. Learn to live life as a ritual, honoring the spirit of cacao and connecting with community. We will begin with a ceremony, followed by a guided heart exploration. This workshop will leave you feeling uplifted, centered, connected and embodying the frequency of love!

\$10-15pp

1:30PM

Inner Oracle: An exploration of Divinatory Cards and Journaling w/ Liz

Inner oracle is an exploration of divinatory oracle cards and the self.

We will dive into:

- the difference between oracle cards and tarot
- meditation
- journaling exercises

-and a creative project to create our own oracle cards using intuition as our guiding light.

No materials needed, just an open mind and an open heart.

Plants & Pleasure w/ MK

A journey through the senses for presence, deep nourishment, connection and grounding... This workshop invites participants to discussion around the power of cultivating intimate relationships with our Plant Kin through the senses for mental, emotional and spiritual strength and well-being. Participants will dive deep into the sensual power of Rose and be guided to explore a sensual experience through an Intentional Drinking Ritual with Rose tea to connect with their mind, body and spirit, our Plant Kin, one another and the Earth. This is a fusion workshop including lecture, open discussion and a meditative ritual. Rose tea will be provided to all participants. Donations are accepted and appreciated.

Recommended donation is \$8/pp.

There will be a Community Altar Space on site for you to visit throughout the entire festival. This sacred refuge will be providing a place to commune in the spirit of 'Oneness' and to connect with our humanity. The community altar will be a 'living interactive installation art piece' where you are invited to intentionally place your pain, grief, pure expression, hopes, dreams, and so much more. The design, artistry, and exercise will be a supportive invitation and testament of encouragement to; compost your grief, move stuck energy, share our life stories, spark insight, connect with the divine, and to create offerings of inspiration/ hope/ prayers TO self, community, the Great Mother, Pachamama, the Universe and beyond. There will be space carved out for ceremony, singing, circle way, sharing, and bringing the light and love to all of us. You are welcome to bring personal altar items to leave in the community altar space temporarily or for intentional release.

Wild food medicine foraging hike WITH AZMYTH

KIRTAN-SALISH SEA

