



Uplift

A Novel
by Jessica Mann



When her high mountain wilderness is threatened by humans, a rebellious young bird must teach others how to work together to save their common home.

A mythic, heartfelt story of family, friendship, and seeing the natural world with new eyes.

Born high in a spruce tree, Columbina and her brothers grow up listening to ancestral tales through long winters and harvesting pine seeds in summer. But Columbina begins to question her clan's traditions and forms bonds with creatures beyond her species. When she uncovers a looming threat from the mysterious Tall Ones, she must decide how far she will go to protect her world.

Celebrated for its lyrical prose and profound environmental themes, UPLIFT explores the bonds and joys of family and friendship, the strength of community, and the impact of environmental change.

The novel has earned multiple national awards and acclaim. Complete with original pen-and-ink illustrations by Steve Habersang, UPLIFT is an inspiring story for teen and adult readers alike.



JESSICA MANN is a multi-award-winning author, conservationist, and naturalist based in Teton Valley, Idaho. A lifelong observer of the natural world, she crafts realistic animal fiction that invites readers to “see” through the eyes of wild birds and animals. Her debut novel, *Uplift*, reflects her signature blend of emotion, science, and mythology, giving voice to the creatures that inspire her work.

Uplift is Book 1 of *The Habitat Trilogy*, an ambitious series exploring life across Earth's three great realms: air, sea, and land. Book 2 *Currents*, now in progress, will be told through the eyes of a family of whales living in the Arctic Ocean.

Before turning to fiction, Jessica had a 35-year career in conservation and environmental health. She was founder and CEO of the sustainability consultancy, Green Futures Unlimited, taught sustainable business at the University of California-San Diego, and was selected for inclusion in Marquis Who's Who for outstanding achievements in environmental protection and eco-literature.

Jessica is donating profits from the sale of *Uplift* to organizations dedicated to protecting birds and nature.

PUBLISHING DETAILS

Uplift: A Novel by Jessica Mann

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Format: Paperback (5.5 x 8.5) and ebook • Pages: 288 • Price: \$14.99/2.99

AWARDS



PRAISE FOR UPLIFT

“A standout novel that deserves to be cherished and shared. An excellent read for nature lovers, families, and anyone looking for a tale with heart and purpose.”

—IBPA BOOK AWARDS SILVER MEDAL

*“Uplift joins *Watership Down*, *The Secret of NIMH*, and other classic stories that use animals to illuminate human concerns. **Mann’s story doesn’t just take flight, it soars.**”*

—BLUEINK REVIEWS ‘BEST OF 2025’

“Exceptionally beautiful and inspiring... Highly recommended to anyone looking for a heartfelt story.”

—ONLINE BOOK CLUB 5-STARS

“A riveting must-read... A compelling and moving story with an important message.”

—PSYCHOLOGY TODAY

“Enchanting and enlightening... Highly recommended read for its captivating narrative and important central message.”

—READERS’ FAVORITE BRONZE MEDAL WINNER

“A beautiful portrait of nature’s cycles... An immersive debut with an environmentally conscious message.”

—PUBLISHERS WEEKLY/BOOKLIFE

“Reading like part ancient myth and part experimental fiction, *Uplift* is a great read for a cold winter’s night.”

—THE NATURE CONSERVANCY BEST HOLIDAY READS

“A captivating tale that delights the reader while also imparting important lessons about nature.”

—WRITER’S DIGEST BOOK AWARDS

“Not only entertains but reshapes how we perceive the living world... Enchanting and thought-provoking.”

—BOOK EXCELLENCE REVIEWS

“An enchanting allegorical story.” —FOREWORD/CLARION REVIEW

“Beautifully written... *Uplift* stands out (in the animal allegory genre) with its accurate scientific background.”

—NORTH STREET BOOK PRIZE, FIRST PRIZE

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