



## December Newsletter

The last 2 months have seen some exciting changes at O'Halloran Medical Centre with the commencement of 2 new front desk staff plus additional services offered by our GPs.  
Read inside for more details.



*We would like to wish all our patients a very Merry Christmas and a happy a safe new year*

**PH: 7127 1566**

**ONLINE BOOKINGS AT**  
[www.ohalloranmedical.com.au](http://www.ohalloranmedical.com.au)

### **OPENING HOURS**

**MONDAY, TUESDAY & THURSDAY**  
**8.00AM – 7.30PM**  
**WEDNESDAY & FRIDAY**  
**8.00AM – 5.30**  
**SATURDAY**  
**10.00AM – 4.00PM**  
**SUNDAY CLOSED**

**Don't have time to call us?**

**Book your next appointment online**

**Visit our website at**  
**[www.ohalloranmedical.com.au](http://www.ohalloranmedical.com.au)**

**or**



## INTRODUCING OUR NEW TEAM MEMBERS



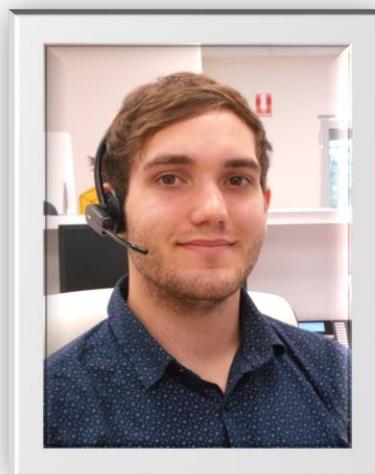
Izabela is our newest addition to our administrative team.

Izabela has lived in Australia for 4 years after living in Poland and the UK.

She has 2 young children who keep her very busy.

When not working, Izabela says she loves being at the beach, reading and escaping her children.

Kaelen commenced at our clinic in July 2019  
He went from Kitchen Hand to clinical admin..” that’s a big change”. But he’s good at making coffee and doing dishes! He is certainly proving to be an asset to our team.  
When not at work he loves helping his father with the family business and nature walks



## CHRISTMAS TRADING HOURS

*Christmas Eve 24<sup>th</sup> December – 8.00am – 5.00pm*

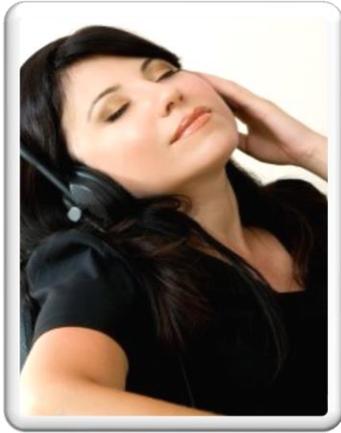
*Christmas Day 25<sup>th</sup> December – closed*

*Boxing Day 26<sup>th</sup> December – 12.00 noon – 4.00pm*

*New Years Eve 31<sup>st</sup> December 8.00 – 5.00pm*

*New Years Day 1<sup>st</sup> January 2020 10.00 – 4.00pm TBC*

## WHATS NEW?



Dr Kowalczyk has commenced sessions in Hypnosis and Focused Psychological Strategies.

These sessions are designed to help our patients in many different areas including past stressors, smoking and general relaxation.

For more information please chat to our reception staff.

Immunisations are a very important way of keeping your child free from nasty diseases such as polio and measles.



Children are required to be vaccinated At the age of 6 weeks, 4 & 6 months, 1 year, 18 months and 4 years. Did you know that if you skip an immunisation the catch up doses must all be given at the catch up appointment? So please ensure your child is immunised on time.

Summer has hit us early this year. Make sure you protect yourself against skin cancer and sunburn by following these 5 simple rules.



**Slip**



**Slop**



**Slap**



**Seek**



**Slide**

## APPOINTMENTS WITH DR ADAM KOWALCZYK

PLEASE NOTE DUE TO THE HIGH DEMAND OF DR KOWALCZYK, HIS PATIENTS ARE ADVISED THAT HE IS UNABLE TO SEE WALK IN PATIENTS. BOOKINGS ARE ESSENTIAL.

We ask for your assistance by cancelling any unwanted appointments a minimum of 2 hours prior to your booked appointment time. Cancelled appointments will give us the opportunity to offer this time to another patient in need. Patients who repeatedly do not cancel their appointment ahead of time may receive an account.

We always try to encourage our patients to see the same doctor however sometimes this may not be possible. Dr Kowalczyk is happy to liaise with our other GPs in our clinic about your ongoing care should you not be able to see him on the day.

---

Our Practice Manager Carolyn is and authorized  
JP

Providing services such as statutory declarations and document  
certification

---



We wish Congratulate our receptionist Breanna and her partner Rhys on the safe arrival of their baby daughter Mackenzie Lee. Born on November 8<sup>th</sup> 2019 weighing a tiny 2.7kg (5.9lb). What a blessing.  
Our first staff baby.



The Nation

Goodbye & good luck



December, we say goodbye to our podiatrist Stephanie with her last day being 13<sup>th</sup> December. she will be focusing more on foot health in the Adelaide hills. We are hoping to replace her in the new future.

January sees us say goodbye to Dr Leo Capizzi. Dr Capizzi's registrar requirements require him to move to a new clinic. His last day at our clinic will be January 23<sup>rd</sup> 2020. we will be introducing our new registrar very soon. watch this space!

It's been great having Leo & Stephanie at our clinic and we wish them all the very best.

