

CALENDAR YEAR

CALENDAR MONTH

MONDAY

FIRST DAY OF WEEK



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

						01	02
					9:45am WarriorWarrior I Foundations with Kristen 11am Warrior III Power with Ayanna		
03	04	05	06	07	08	09	
6am Warrior III Power with Yvonne Renee 8:30am Warrior Sculpt/Pilates Fusion with Yvonne Renee 9:45am Warrior II Flow & Strength with Yvonne Renee 5:45pm Total Strength & Sculpt with Amelia 7pm Somatic Vinyasa Flow with Nikki	7am Bootcamp with Iris 9:45am Warrior I Foundations with Kristen 11am Total Body Strngth & Sculpt with Amelia 5:45pm Warrior III Power Yoga with Yvonne Renee 7pm Gentle Warrior Deep Stretch & Release with Yvonne Renee	6am Warrior III Power Warm Room with Amelia 8:30am Warrior Sculpt Cardio, Weights & Yoga Fusion Amelia 0945am Warrior II Flow & Strength with Yvonne Renee 11am Warrior III - Power with Yvonne Renee 5:45pm Warrior Sculpt - Cardio, Weights & Pilates Fusion with Yvonne Renee	7am Warrior IIFlow & Strength with Yvonne Renee 945am WarriorSculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 11am Gentle Warrior Deep Stretches & Release with Yvonne Renee 5:45pm Restorative with Melissa 7pm BUTi Yoga Heated with Nikki	6am Warrior III Power with Yvonne Renee 8:30am Warrior Sculpt - Cardio, Weights & Pilates Fusion with Ann 9:45am Warrior II Flow & Strength with Kristen 11am Warrior III Power with Yvonne Renee	7am Warrior III Power Warm Room with Yvonne Renee 8:30am Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 9:45m Warrior I Foundations with Yvonne Renee 11am Warrior III Power with Yvonne Renee		
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							