

2026

CALENDAR YEAR

MARCH

CALENDAR MONTH

MONDAY

FIRST DAY OF WEEK

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
01						
02	03	04	05	06	07	08
0830am Gentle Warrior/Deep Stretch with Yvonne Renee 0945am Warrior Sculpt - Cardio, Wts,Yoga Fusion with Yvonne Renee 1100am Warrior III - Power with Yvonne Renee 545pm Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee ***700pm Special Pop Up - BUTI with Nikki	600am Warrior Sculpt-Cardio,Wts,Yoga Fusion with Yvonne Renee 945am Warrior Foundations with Kristen 1100am Warrior II Flow & Strength with Kristen 545pm Warrior III- Power with Yvonne Renee 700pm Gentle Warrior Deep Stretch & Releasewith Yvonne Renee	0830am Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 0945am Warrior II Flow & Strength with Yvonne Renee 1100am Warrior III - Power with Yvonne Renee 545pm Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 700pm Warrior I Foundations with Yvonne Renee	600am Warrior III - Power with Yvonne Renee 830am Warrior I Foundations with Yvonne Renee 0945am WarriorSculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 1100am Gentle Yoga/Deep Stretch & Release with Yvonne Renee 700pm BUTi Yoga with Nikki	0830am Warrior Sculpt - Cardio, Weights & Pilates Fusion with Ann 0945am Warrior II Flow & Strength with Kristen 1100am Warrior III Power with Yvonne Renee ***Special Event - Disco Yoga 6:30pm	0830am Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 0945am Warrior I Foundations with Yvonne Renee 1100am Warrior III - Power with Yvonne Renee	
09						
09	10	11	12	13	14	15
0830am Gentle Warrior/Deep Stretch with Yvonne Renee 0945am Warrior Sculpt - Cardio, Wts,Yoga Fusion with Yvonne Renee 1100am Warrior III - Power with Yvonne Renee 545pm Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 700pm Warrior I Foundations with Yvonne Renee	600am Warrior Sculpt-Cardio,Wts,Yoga Fusion with Yvonne Renee 945am Warrior Foundations with Kristen 1100am Warrior II Flow & Strength with Kristen 545pm Warrior III- Power with Yvonne Renee 700pm Gentle Warrior Deep Stretch & Releasewith Yvonne Renee	0830am Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 0945am Warrior II Flow & Strength with Yvonne Renee 1100am Warrior III - Power with Yvonne Renee 545pm Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 700pm Warrior I Foundations with Yvonne Renee	600am Warrior III - Power with Yvonne Renee 830am Warrior I Foundations with Yvonne Renee 0945am WarriorSculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 1100am Gentle Yoga/Deep Stretch & Release with Yvonne Renee 700pm BUTi Yoga with Nikki	0830am Warrior Sculpt - Cardio, Weights & Pilates Fusion with Ann 0945am Warrior II Flow & Strength with Kristen 1100am Warrior III Power with Yvonne Renee 4:30pm Warrior I Foundations with Yvonne Renee - all teachers/vets/new students \$10.00 drop in rate	0830am Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 0945am Warrior I Foundations with Yvonne Renee 1100am Warrior III - Power with Yvonne Renee	
16						
16	17	18	19	20	21	22
0830am Gentle Warrior/Deep Stretch with Yvonne Renee 0945am Warrior Sculpt - Cardio, Wts,Yoga Fusion with Yvonne Renee 1100am Warrior III - Power with Yvonne Renee 545pm Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 700pm Warrior I Foundations with Yvonne Renee or BUTI with Nikki (TBD)	600am Warrior Sculpt-Cardio,Wts,Yoga Fusion with Yvonne Renee 945am Warrior Foundations with Kristen 1100am Warrior II Flow & Strength with Kristen 545pm Warrior III- Power with Yvonne Renee 700pm Gentle Warrior Deep Stretch & Releasewith Yvonne Renee	0830am Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 0945am Warrior II Flow & Strength with Yvonne Renee 1100am Warrior III - Power with Yvonne Renee 545pm Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 700pm Warrior I Foundations with Yvonne Renee	600am Warrior III - Power with Yvonne Renee 830am Warrior I Foundations with Yvonne Renee 0945am WarriorSculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 1100am Gentle Yoga/Deep Stretch & Release with Yvonne Renee 700pm BUTi Yoga with Nikki	0830am Warrior Sculpt - Cardio, Weights & Pilates Fusion with Ann 0945am Warrior II Flow & Strength with Kristen 1100am Warrior III Power with Yvonne Renee	0830am Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 0945am Warrior I Foundations with Yvonne Renee 1100am Warrior III - Power with Yvonne Renee	
23						
23	24	25	26	27	28	29
0830am Gentle Warrior/Deep Stretch with Yvonne Renee 0945am Warrior Sculpt - Cardio, Wts,Yoga Fusion with Yvonne Renee 1100am Warrior III - Power with Yvonne Renee 545pm Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 700pm Warrior I Foundations with Yvonne Renee	600am Warrior Sculpt-Cardio,Wts,Yoga Fusion with Yvonne Renee 945am Warrior Foundations with Kristen 1100am Warrior II Flow & Strength with Kristen 545pm Warrior III- Power with Yvonne Renee 700pm Gentle Warrior Deep Stretch & Releasewith Yvonne Renee	0830am Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 0945am Warrior II Flow & Strength with Yvonne Renee 1100am Warrior III - Power with Yvonne Renee 545pm Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 700pm Warrior I Foundations with Yvonne Renee	600am Warrior III - Power with Yvonne Renee 830am Warrior I Foundations with Yvonne Renee 0945am WarriorSculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 1100am Gentle Yoga/Deep Stretch & Release with Yvonne Renee 700pm BUTi Yoga with Nikki	0830am Warrior Sculpt - Cardio, Weights & Pilates Fusion with Ann 0945am Warrior II Flow & Strength with Kristen 1100am Warrior III Power with Yvonne Renee	0830am Warrior Sculpt - Cardio, Weights & Yoga Fusion with Yvonne Renee 0945am Warrior I Foundations with Yvonne Renee 1100am Warrior III - Power with Yvonne Renee	
30						
30	31					