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# Table of Contents

Communication Skills	5
Customer Service	10
Diversity, Equity, & Inclusion	16
Finance Skills	19
Health & Safety	22
Health & Wellness	28
Human Resources	31
Leadership & Management	35
Marketing	46
Personal Development	51
Policy & Compliance	59
Professional Development	62
Sales Mastery	67
Software, Systems, & Security	74
Special Promotions	76

# Communication & Social Skills



## Anger Management

- Understanding Anger
- The Styles of Anger
- Gaining Control When Dealing with Anger
- Separate the People from the Problem
- Working on the Problem
- Solving the Problem
- A Personal Plan to Anger Management
- Communicating Your Anger
- Dealing with Angry People
- Anger Management Process Overview

## Appreciative Inquiry

- Introducing Appreciative Inquiry
- Changing the Way You Think
- The Four D's Model of Appreciative Inquiry
- The Four I's Model of Appreciative Inquiry
- Appreciative Inquiry Interview Style
- Anticipatory Reality
- The Power of Positive Imagery
- Influencing Through Appreciative Inquiry
- Coaching with Appreciative Inquiry
- Creating a Positive Core

## Body Language Basics

- Communicating with Body Language
- Reading Body Language
- Body Language Mistakes
- Gender Differences in Body Language
- Nonverbal Communication - Body Language
- Facial Expressions
- Body Language in Business
- Lying and Body Language
- Improve Your Body Language
- Matching Your Words to Your Movement

## Business Etiquette

- Understanding Etiquette
- Networking for Success
- The Meet and Greet in Business Etiquette
- The Dining in Style
- Eating Out Etiquette
- Business Email Etiquette
- Phone Etiquette
- The Written Letter
- Dressing for Success
- International Etiquette

## Business Writing

- Working with Words
- Constructing Sentences
- Creating Paragraphs
- Writing Meeting Agendas
- Writing Emails
- Writing Business Letters
- Writing Proposals
- Writing Reports
- Proofreading and Finishing
- Other Types of Documents

## Collaborative Business Writing

- What is Collaborative Business Writing
- Types of Collaborative Business Writing
- Collaborative Team Members
- Collaborative Tools and Processes
- Setting Style Guidelines
- Barriers to Successful Collaborative Writing
- Overcoming Collaborative Writing Barriers
- Styles of Dealing with Conflict
- Tips for Successful Business Writing Collaboration
- Examples of Collaborative Business Writing

## Communication Strategies

- The Big Picture of Communication Strategies
- Understanding Communication Barriers
- Paraverbal Communication Skills
- Nonverbal Communication Strategies
- Speaking Like a Star
- Listening Skills
- Asking Good Questions
- Appreciative Inquiry
- Mastering the Art of Conversation
- Advanced Communication Skills

## Conflict Resolution

- An Introduction to Conflict Resolution
- Conflict Resolution Styles with the Thomas-Kilmann Instrument
- Creating the Right Atmosphere for Resolving Conflicts
- Creating Mutual Understanding
- Focusing on Individual and Shared Needs
- Getting to the Root Cause of Conflicts
- Generating Options in Conflicts
- Building a Solution for Conflicts
- The Short Version of the Process
- Additional Tools for Conflict

## Emotional Intelligence

- What is Emotional Intelligence?
- Skills in Emotional Intelligence
- Verbal Communication Skills
- Non-Verbal Communication Skills
- Social Management and Responsibility
- Tools to Regulate Your Emotions
- Gaining Control
- Business Practices for Emotional Intelligence 1
- Business Practices for Emotional Intelligence 2
- Making an Impact Using Emotional Intelligence

## Emotional Intelligence at Work

- Introduction to Emotional Intelligence
- Benefits of Emotional Intelligence
- Social Skills
- Reducing Anxiety and Stress
- Conflict Resolution through Emotional Intelligence
- Relationship Management
- Overcoming Obstacles at Work
- Building Rapport Through Emotional Intelligence
- Nonverbal Communication
- Emotional Awareness & Empathetic Accuracy

## Interpersonal Skills

- Verbal Communication Skills
- Non-Verbal Communication Skills
- Making Small Talk and Moving Beyond
- Moving the Conversation Along
- Remembering Names
- Influencing Skills
- Bringing People to Your Side
- Sharing Your Opinion
- Negotiation Basics
- Making an Impact

## Networking Outside the Company

- The Benefits of Networking Outside of Work
- Networking Obstacles
- Networking Principles
- Why Network
- How to Build Networks
- Online Networking Tools
- Develop Interpersonal Relationships
- Common Networking Mistakes
- Time Management and Networking
- Manage Personal and Professional Networks

## Networking Within the Company

- The Benefits of Networking at Work
- Networking Obstacles
- Networking Principles
- How to Build Networks
- Recognize Networking Opportunities
- Common Networking Mistakes
- Develop Interpersonal Relationships
- Online Networking Tools
- Time Management When Networking Maintaining Relationships Over Time

## Public Speaking

- Identifying Your Audience
- Creating an Outline for Public Speaking
- Organizing Your Speech
- Fleshing Out Your Speech
- Putting It All Together - Tips for Public Speaking
- Being Prepared for Public Speaking
- Overcoming Nervousness when Speaking Publicly
- Delivering Your Speech (I)
- Delivering Your Speech (II)
- Questions and Answers about Public Speaking

## Social Intelligence

- Increase Your Self Awareness
- The Keys to Empathy
- Active Listening
- Insight on Behavior
- Communication - Social Intelligence
- Social Cues (I)
- Social Cues (II)
- Conversation Skills
- Body Language
- Building Rapport

# Customer Service



## Call Center Training

- Call Center Basics - Part 1
- Call Center Basics - Part 2
- Phone Etiquette
- Tools for Call Centers
- Speaking Like a Star
- Types of Questions
- Benchmarking Call Centers
- Goal Setting
- Key Steps
- Closing the Call

## Contact Center Training

- It Starts at the Top
- Peer Training
- How to Build Rapport
- Learn to Listen
- Manners Matter - Etiquette & Customer Service - Part 1
- Manners Matter - Etiquette & Customer Service - Part 2
- Handling Difficult Customers
- Getting the Necessary Information
- Performance Evaluations
- Training Doesn't Stop

## Cultural Sensitivity in Customer Service

- Why Cultural Sensitivity Matters
- Exceptional Customer Service Across Cultures
- Emotion
- Building Trust
- Decision Making
- Persuasion
- Time
- Communicating with Cross-Cultural Customers
- Verbal and Written Communication
- Nonverbal Communication
- Confronting Cultural Bias in Customer Service

## Customer Communication Essentials

- Why Strong Communication Skills are Essential
- Greet Customers Warmly and Productively
- Listen to Understand Customers
- Personalize Customer Interactions
- Express Empathy
- End on a Positive Note
- Practice Your Communication Skills

## Customer Service

- All About Customer Service
- Establishing Your Attitude
- Identifying and Addressing Customer Needs
- Generating Return Business
- In-Person Customer Service
- Giving Customer Service Over the Phone
- Providing Electronic Customer Service
- Recovering Difficult Customers
- Understanding When to Escalate
- Ten Things You Can Do to WOW Customers Every Time

## Customer Service Fundamentals

- What is Customer Service and Why Does it Matter?
- Balancing Personable and Professional Customer Service
- Meeting and Exceeding Customer Expectations

## Customer Service Skills

- Introduction to Improving Your Customer Service Skills
- 4 Important Skills You Need in Customer Service
- Working With Different Customer Personality Types
- Overcoming Empathy Fatigue in Customer Service
- A Guide to Troubleshooting Customer Issues

## Customer Support

- What is Customer Service?
- Challenges of Customer Support
- Email Customer Support
- SMS Texting for Customer Support
- Webchat for Customer Support
- Multi-Channel Apps for Customer Support
- Support Ticket Apps
- Documenting Customer Support
- Customer Support Feedback
- Proactive Customer Support

## Do You Have These 4 Essential Customer Service Skills?

- 4 Essential Skills of Customer Service Overview
- Empathy
- Patience
- Positivity
- Strong Communication Skills
- Putting It All Together

## Customer Service Fundamentals

- What is Customer Service and Why Does it Matter?
- Balancing Personable and Professional Customer Service
- Meeting and Exceeding Customer Expectations

## Handling a Difficult Customer

- The Right Attitude Starts with You
- Stress Mgmt (Internal Stressors)
- Stress Mgmt (External Stressors)
- Transactional Analysis
- Why are Some Customers Difficult
- Over the Phone Customers
- In Person Customers
- Sensitivity
- Scenarios of Difficult Customers
- Following up With a Customer

## Handling Difficult Customer Service Scenarios

- When Things Get Challenging
- 7 Strategies for Gaining Control of Customer Conversations
- How to Handle Refund or Cancellation Requests
- A Guide to Saying "No" to Customers
- Guide to Retaining Customers During Times of Crisis

## Managing a Successful Contact Center

- An Introduction to Contact Center Management
- A Contact Center's Value
- A Manager's Role
- Essential Customer Service Tools
- Creating a Priority System
- Measuring Performance

## Managing a Customer Service Team

- Creating a Customer Service Strategy
- 5 Essential Customer Service Tools
- Managing Customer Support Tickets
- How to Increase Customer Retention and Reduce Churn
- Delivering Proactive Customer Service
- Empowering Your Team to Deliver Great Customer Service
- How to Measure Customer Service Performance

## Optimizing Customer Communication Across Channels

- Writing Outstanding Customer Emails
- Talking to Customers on Live Chat
- Supporting Customers on Social Media
- Mastering Customer Service Phone Calls
- Successful Channel Switching in Customer Service
- An Introduction to Omnichannel Customer Service

## Soliciting and Responding to Customer Feedback

- Why Customer Feedback Is Valuable
- How to Solicit Useful Feedback
- How to Respond to Different Types of Feedback
- Sample Responses to Customer Feedback

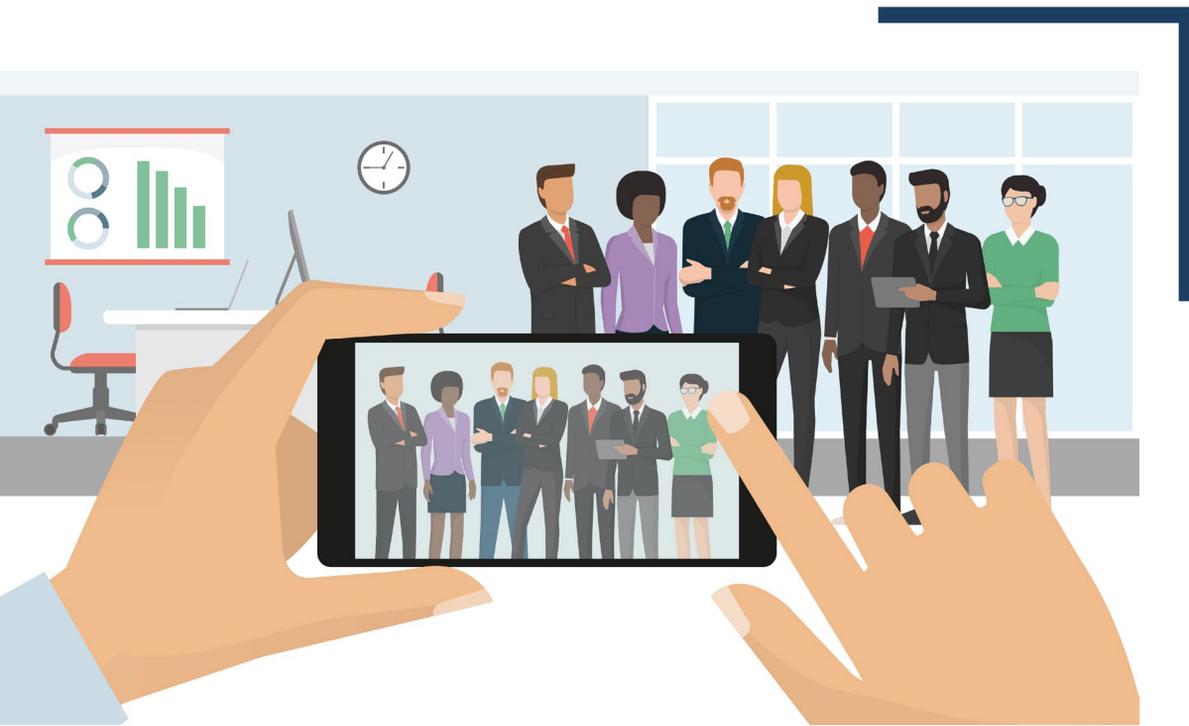
## Telephone Etiquette

- Aspects of Phone Etiquette
- Using Proper Phone Language
- Eliminate Phone Distractions
- Inbound Calls
- Outbound Calls
- Handling Rude or Angry Callers
- Handling Interoffice Calls
- Handling Voicemail Messages
- Methods of Training Employees
- Correcting Poor Telephone Etiquette

## Working With Upset Customers

- Why Customers Get Upset
- Giving an Effective Customer Apology
- Making Things Right
- Responding to an Abusive Customer

# Diversity, Equity, & Inclusion



## Civility in the Workplace

- What is Civility
- Effective Work Etiquette
- Costs and Rewards of Civility in the Workplace
- Conflict Resolution through Civility
- Getting to the Cause of Incivility
- Civil Communication
- Civil Negotiation
- Identifying Your Need for Civility
- Writing a Civility Policy
- Implementing the Policy for Civility

## Diversity and Inclusion

- Understanding Diversity
- Racial Diversity
- D&I: Employees with Disabilities
- D&I: Pregnant Employees
- D&I: Lactating Mothers
- Sexual Harassment
- D&I: Employees Over Age 40
- D&I: LGBTQ
- Sensitivity Training
- Handling Diversity Complaints

## Respect in the Workplace

- What is Respect?
- The Respectful Employee
- Disrespectful Behavior
- Managing Emotions
- Respectful Communication Approaches
- The Inclusive Mindset
- Employee Recognition and Respect
- The R's of Respect
- Building a Respectful Workplace
- Benefits of Respect in the Workplace

## Sensitivity Training

- Introduction to Sensitivity Training
- Benefits of Sensitivity Training
- Stereotypes
- Discrimination and Sensitivity Training
- Sex and Gender Stereotypes
- Age Sensitivity Training
- Disabilities Sensitivity Training
- Religion Sensitivity Training
- Handling Complaints (I)
- Handling Complaints (II)

## Unconscious Bias

- What is Unconscious Bias?
- Types of Unconscious Bias I
- Types of Unconscious Bias II
- Types of Unconscious Bias III
- Effects of Bias on the Company
- Mitigating Unconscious Bias
- Bias Training
- Promote Inclusion
- Benefits of a Diverse Workplace
- Handling Complaints of Bias

## Women in Leadership

- Women and the Workforce
- The Leadership Gap
- Barriers to Women's Leadership
- Traits of Women's Management
- Benefits of Women's Leadership
- Nurture Women's Leadership
- Actively Recruiting Women
- Encourage Networking Opportunities
- Pairing Women with Mentors
- Create Educational Opportunities

## Workplace Diversity

- Understanding Diversity
- Understanding Stereotypes
- Breaking Down the Barriers to Diversity in the Workplace
- Verbal Communication Skills
- Non-Verbal Communication
- Being Proactive with Workplace Diversity
- Coping with Discrimination
- Dealing with Diversity Complaints as a Person
- Dealing with Diversity Complaints as a Manager
- Dealing with Diversity Complaints as an Organization

# Finance Skills





Career  
Advancement  
Academy

FOR MORE INFORMATION  
**(901) 646-5537**



# BUSINESS ACUMEN FOR LEADERS

## 6-Month Program

### Each Month Includes:

- 1 Hour - Topic Introduction Session
- Online Resources
- Networking with Industry Leaders
- 1 Hour - Topic Debrief Session
- Capstone Project

### WHO SHOULD ATTEND

Mid-Level Managers  
Corporate Executives  
Business Owners  
Aspiring Entrepreneurs  
Professionals Seeking Career  
Growth

### Financial Literacy

- The Answers You Need to Know & More
- Financial Literacy - Terminology
- Financial Literacy - Financial Statements

### Financial Analysis

- Using Statements to Measure Financial Health
- Growing Profits by Streamlining
- Working Assets to Boost Growth

### Key Performance Indicators

- Key Performance Indicators
- Key Financial Levers
- Recognizing Growth Opportunities

### Critical Thinking in Business

- Seeing the Big Picture
- Risk Management Strategies
- Asking the Right Questions

### Mastering Budgeting

- Introduction to Budgeting & Planning
- Advanced Forecasting Techniques

### Keeping on Track

- Managing the Budget
- Making Smart Purchasing Decisions

## Basic Bookkeeping

- Bookkeeping Terminology 1
- Bookkeeping Terminology 2
- Accounting Methods
- Keeping Track of Your Business
- Understanding the Balance Sheet
- Other Financial Statements
- Payroll Accounting/Terminology
- End of Period Procedures
- Financial Planning, Budgeting and Control
- Auditing

## Budgets and Financial Reports

- Glossary of Budgeting & Financial Report Terms
- Understanding Financial Statements
- Analyzing Financial Statements 1
- Analyzing Financial Statements 2
- Understanding Budgets
- Budgeting Made Easy
- Advanced Forecasting Techniques
- Managing the Budget
- Making Smart Purchasing Decisions
- A Glimpse into the Legal World

## Business Acumen

- Seeing the Big Picture
- KPIs (Key Performance Indicators)
- Risk Management Strategies
- Recognizing Learning Events
- You Need to Know These Answers and More
- Financial Literacy 1
- Financial Literacy 2
- Business Acumen in Management
- Critical Thinking in Business
- Key Financial Levers

## Managing Personal Finances

- The Benefits of Budgeting
- What to Consider Before Creating a Personal Finance Budget
- Types of Fixed Expenses
- Types of Fluctuating Expenses
- Establish Your Finance Goals
- Determine Where Cuts Can Be Made
- Personal Finance Tools
- Stick With Your Budget
- Additional Ways to Make Money
- Paying Off Debt

# Health & Safety



## Active Shooter Response

- Potential Workplace Violence Indicators
- Prepare for an Active Shooter Incident
- Confronted with an Active Shooter
- When Law Enforcement Officers Arrive
- Manage the Consequences of an Active Shooter Incident

## Back Safety

- Understanding Your Back
- Back Injury Factors
- Eliminate or Reduce Back Injury Hazards
- Handle Materials Safely
- Recognize and Report Concerns

## Bloodborne & Airborne Pathogens

- Bloodborne Pathogen Hazards
- Airborne Pathogen Hazards
- Exposure Controls
- Actions to Take if an Exposure Occurs

## Crisis Management

- Types of Crisis
- Workplace Violence & Crisis Management
- Myths about Workplace Violence
- Escalation in Workplace Violence
- Concerning Behaviors
- Domestic Violence Indicators
- Triggers of Workplace Violence
- Conflict Dangers
- Response to Workplace Violence
- Strategies for Managing a Crisis

## Fire Prevention & Safety

- Introduction to Fire Prevention
- What Causes Fires
- Fire Prevention and Protection
- Evacuation Procedures
- How to Extinguish a Small Fire
- What to Do if Fire Injury Occurs

## HAZCOM: Your Right to Understand

- OSHA Hazard Communication Standard
- How Hazardous Chemicals Can Affect Your Body
- GHS Compliant Product Labels
- Using Safety Data Sheets (SDS)
- How to Protect Yourself from Hazardous Chemicals

## Hearing Conservation

- How Noise Works
- Methods to Recognize and Measure Noise Levels
- Ear Damage and Testing
- Steps You Can Take to Protect Your Hearing

## Lock Out/Tag Out

- Identify Workplace Energy Hazards
- Safe Practices to Control Hazardous Energy
- The Workplace Energy Control Program

## Safety Orientation

- Common Workplace Hazards
- Safe Work Practices
- Emergency Procedures
- Workplace PPE
- Incident Prevention and Reporting

## Machine Guards

- Movements that Create Mechanical Hazards
- Requirements of Machine Safeguards
- Machine Guarding Methods
- Safe Work Practices

## Personal Protective Equipment

- A Comprehensive Overview
- Body Protection
- Eye & Face Protection
- Foot & Leg Protection
- Head Protection
- Hearing Protection
- Respiratory Protection

## Respiratory Safety

- Respiratory Basics: Hazards & Protection
- Filtering Facepiece Respirators
- Cartridge Respirators: Half Mask, Full Mask and PAPR
- Atmosphere-Supplying Respirators
- Cleaning & Storing Respirators
- Respiratory Protection Program Requirements

## Risk Assessment and Management

- Identifying Hazards and Risks
- Seeking Out Problems Before They Happen (I)
- Seeking Out Problems Before They Happen (II)
- Risk Assessment is Everyone's Responsibility
- Tracking and Updating Control Measures
- Risk Management Techniques
- General Office Safety and Reporting
- Business Impact Analysis
- Disaster Recovery Plan
- Summary of Risk Assessment

## Safe Driving

- Introduction to Safe Driving
- Make Safe Driving Decisions
- Expand Your Field of Vision
- Be Aware of Your Surroundings
- Navigate Intersections Like a Pro
- Communicate Your Intentions
- Let Others Know You're There
- Be Prepared for the Unexpected
- Be Decisive
- Avoiding Distractions - VR
- Safe Steering - VR

## Safety Attitudes and Actions

- Definition of a Safety Attitude
- The Role of Attitude and Culture in Workplace Safety
- Seven Actions to Stay Safe at Work

## Safety in the Workplace

- An Overview to Safety in the Workplace
- Types of Hazards
- Managers Role in Safety
- Safety Training
- Stress Management
- Workplace Violence
- Identifying Your Company Hazards
- Drug & Alcohol Abuse
- Writing the Safety Plan
- Implementing a Safety Plan

## Scaffolding Safety

- Identify Scaffolding Hazards
- Use Fall Protection and Guardrails
- Duties of a Competent Person
- Basic Scaffolding Requirements
- Employee Training Requirements

## Slips, Trips, & Falls

- The Scientific Reasons a Fall Occurs
- How to Avoid Slips, Trips, and Falls
- Use Ladders and Other Equipment Correctly
- What to Do if Injury Occurs

## Universal Safety Practices

- The Importance of Safety
- Fire Risk
- Sound
- Chemical and Electrical Hazards
- Ergonomics
- Workplace Violence
- Transportation & Safety
- Machinery
- Safety Program
- Monitoring

## Workplace Violence

- What Is Workplace Violence?
- Identifying the Bully
- How to Handle Violence
- Workplace Violence Risk Assessment (I)
- Workplace Violence Risk Assessment (II)
- Being the Victim of Workplace Violence
- Checklist for Employers - Workplace Violence
- Interview Process in Workplace Violence
- Investigation Process
- Developing a Workplace Violence Policy

# Health & Wellness



## Health and Wellness at Work

- Health and Wellness Programs
- Types of Programs
- Health Behavior Programs
- Health Screenings and Maintenance Programs
- Mental Health Programs
- Evaluate the Need for Health and Wellness Programs
- Planning Process for Health & Wellness Programs
- Implementing Health and Wellness Programs
- Create a "Culture of Wellness"
- Evaluate Results of a Health and Wellness Program

## Increasing Your Happiness

- Plan Ahead for Happiness
- Plan Your Day
- Relate to Others
- Go to Your Happy (Work) Space
- Accentuate the Positive
- Use Your Benefits
- Take Control of Your Career Happiness
- Set Boundaries
- Practice Positivity
- Choose to Be Happy

## Managing Workplace Anxiety

- Common Types of Anxiety
- Recognizing Symptoms of Anxiety in Others
- Coping Strategies for Anxiety (I)
- Coping Strategies for Anxiety (II)
- Don't Avoid the Situation
- Differences in Anxiety and Normal Nervousness
- Physical Symptoms of Anxiety
- Recognize the Positive Aspects of Anxiety
- Common Anxiety Triggers
- When to Seek Extra Help for Anxiety?

## Office Health and Safety

- Common Winter Illnesses (I)
- Common Winter Illnesses (II)
- Cold / Cold Sores
- Influenza
- Pneumonia
- Sore Throat / Strep Throat
- Norovirus / Viral Gastroenteritis
- Keeping Your Office Clean
- Not Feeling Great? When to Stay and When To Go Home
- Emergency Response Plan (ERP)

## Stress Management

- Understanding Stress
- Creating a Stress-Reducing Lifestyle
- Altering the Situation
- Avoiding the Situation
- Accepting the Situation
- Using Routines to Reduce Stress
- Environmental Relaxation Techniques
- Physical Relaxation Techniques
- Coping with Major Events
- Our Challenge to You

## Work-Life Balance

- Benefits of a Healthy Balance
- Signs of an Imbalance
- Employer Resources for Work-Life Balance
- Tips in Time Management
- Setting Work-Life Balance Goals
- Optional Ways to Work
- Work-Life Balance at Work
- Work-Life Balance at Home
- Stress Management
- Working in a Home Office

# Human Resources



## Business Succession Planning

- Succession Planning vs Replacement Planning
- Preparing for Succession Planning
- Initiating the Process
- SWOT Analysis for Succession Planning
- Developing the Succession Plan
- Executing the Succession Plan
- Gaining Succession Plan Support
- Managing the Succession Plan Changes
- Overcoming Succession Planning Roadblocks
- Reaching the End of Succession Planning

## Employee Onboarding

- Purpose of Onboarding
- What is Onboarding?
- Onboarding Preparation
- Onboarding Checklist
- Creating an Engaging Onboarding Program
- Following Up with New Employees
- Setting Expectations for New Employees
- Resiliency and Flexibility Onboarding Employees
- Assigning Work - Employee Onboarding
- Providing Feedback

## Employee Recruitment

- Introduction to Recruitment
- The Selection Process
- Setting Recruiting Goals
- The Interview
- Types of Interview Questions
- Avoiding Bias in Your Selection Process
- The Background Check
- Making the Job Offer
- Orientation and Retention
- Measuring the Results of Recruitment Efforts

## Employee Termination Processes

- Placing an Employee on a Performance Improvement Plan Before Firing
- Who Should Be Terminated 1
- Who Should Be Terminated 2
- Things to Consider When Setting Up a Termination Meeting
- The Right Way - Part 1
- The Right Way - Part 2
- What an Employment Termination Checklist Should Contain
- The Don'ts - Part 1
- The Don'ts - Part 2
- Conducting an Exit Interview

## Generations in the Workplace

- Generations in the Workplace
- Traditionalist in the Workplace
- Baby Boomers in the Workplace
- Generation X
- Generation Y
- Generation Z
- Differences Between Generations
- Finding Common Ground Amongst Generations
- Generational Conflict Management - Part 1
- Generational Conflict Management - Part 2

## Hiring Strategies

- Defining and Knowing the Position
- Hiring Strategy
- Lure in Great Candidates
- Filtering Applicants to Interview
- The Interview (I)
- The Interview (II)
- Selection Process (I)
- Selection Process (II)
- Making an Offer
- Onboarding

## Human Resource Management

- Human Resources Today
- Recruiting and Interviewing
- Retention and Orientation
- Following Up With New Employees
- Workplace Health & Safety
- Workplace Bullying, Harassment, and Violence
- Workplace Wellness
- Providing Feedback to Employees
- Disciplining Employees
- Terminating Employees

## Social Learning

- The Right Group Dynamic I
- The Right Group Dynamic II
- Develop a Social Learning Culture at Work I
- Develop a Social Learning Culture at Work II
- Develop a Social Learning Culture at Work III
- Role Playing in Social Learning I
- Role Playing in Social Learning II
- Right Tools for Social Learning I
- Right Tools for Social Learning II
- Modeling and Observational Learning

## Talent Management

- Defining Talent
- Understanding Talent Management
- Performance Management
- Talent Reviews
- Succession & Career Planning
- Employee Engagement
- Competency Assessments in Talent Management
- Coaching, Training & Development
- Dos and Don'ts of Talent Management
- Employee Retention

## Millennial Onboarding

- Purpose of Onboarding
- Introduction to Onboarding
- Millennials and Onboarding
- Onboarding Checklist
- Engaging the Millennial Employee
- Following Up
- Setting Expectations
- Mentoring the Millennial
- Assigning Work
- Providing Feedback to Millennials

# Leadership & Management



## 5 Leadership Styles to Influence a Team

- Overview of Leadership Styles
- Laissez-Faire Leadership
- Autocratic Leadership
- Democratic Leadership
- Transactional Leadership
- Transformational Leadership

## A Blueprint for Effective Workplace Leadership

- What is Leadership and What Makes a Good Leader?
- Engaging and Motivating Employees
- Leading with Vision
- 5 Practices to Become a Better Leader

## A Guide to Managing Remote Teams

- Introduction
- Hiring Exceptional Remote Talent
- Increasing Accountability on Remote Teams
- Communicating with Remote Teams
- Keeping Remote Workers Connected

## A Guide to Mentoring Others

- Introduction to Mentoring
- Who Should I Mentor?
- How to Mentor Others
- Asking Probing Questions
- Common Mentoring Challenges
- Do's and Don'ts of Mentoring

## A Manager's Guide to Resolving Team Conflict

- Rethinking Conflict at Work
- Understanding Why Conflict Happens
- Assess Your Approach
- Approach #1: Avoid
- Approach #2: Appear
- Approach #3: Compete
- Approach #4: Bargain
- Approach #5: Collaborate
- Which Approach is Best?
- Steps to Mediating Conflict
- When Conflict Turns to Abuse
- Respond to an Angry Employee
- Do's and Don'ts of Resolving Conflict

## Accountability in the Workplace

- What is Accountability
- Creating an Accountable Workplace
- The Five C's of Accountability
- Building Ownership
- Accountability in Leadership
- The Power of Goal Setting
- Feedback as a Tool
- Effective Delegation
- Barriers to Accountability
- The Benefits of Accountability

## Being a Likeable Boss

- Is It Better to be Loved or Feared?
- Leadership as Service
- Leadership by Design
- Understanding Motivation
- Constructive Criticism
- The Importance of Tone
- Trusting Your Team
- Earning the Trust of Your Team
- Building and Reinforcing Your Team
- You are the Boss of You

## Change Management

- Preparing for Change
- Identifying the WIIFM
- Understanding Change
- Leading and Managing the Change
- Gaining Support
- Making it All Worthwhile
- Using Appreciative Inquiry
- Bringing People to Your Side
- Building Resiliency
- Building Flexibility

## Change Management Models

- What is a Change Management Model
- The McKinsey 7-S Model
- Lewin's 3-Step Model
- Kotter's 8-Step Change Model
- Kübler-Ross Change Management Framework
- The Satir Change Management Model

## Coaching and Mentoring

- Defining Coaching and Mentoring
- Setting Goals in Coaching
- Understanding the Realities of Coaching
- Developing Coaching & Mentoring Options
- Coaching and Mentoring Success
- The Importance of Trust in Coaching
- Providing Coaching Feedback
- Overcoming Coaching Roadblocks
- Reaching the End of Coaching
- How Mentoring Differs from Coaching

## Conducting Annual Employee Reviews

- How to Conduct Annual Reviews
- Categories for Annual Reviews 1
- Categories for Annual Reviews 2
- Common Mistakes Managers Make - 1
- Common Mistakes Managers Make - 2
- Tips - Pay for Performance
- Tie Compensation to Company-Based Returns
- Gauge Employee Engagement 1
- Gauge Employee Engagement 2
- How to Communicate Employee Expectations Effectively

## Create an Enviably Team Culture

- What is Team Culture and Why Does it Matter?
- Types of Team Cultures
- Assessing Your Team Culture
- Transforming a Negative Team Culture
- Building a Positive Team Culture
- Creating a Strengths-Based Culture

## Crisis Management

- Introduction to Crisis Management
- Types of Business Crises
- Preventing and Preparing for a Crisis
- Responding to a Crisis
- Recovery After a Crisis

## Delivering Constructive Criticism

- When Should Feedback Occur?
- Preparing for Constructive Criticism
- Choosing a Time and Place
- During the Session 1
- During the Session 2
- Setting Goals
- Diffusing Anger or Negative Emotions
- What Not to Do When Giving Constructive Criticism
- After the Session - Part 1
- After the Session - Part 2

## Developing New Managers

- Managers are Made, Not Born
- Create a Management Track
- Define and Build Competencies
- Managers Learn by Being Managed Well
- Provide Tools for New Managers
- Provide Support for New Managers
- Identify Strong Management Candidates Early
- Clearly Defining the Management Track
- Empower New Managers
- Provide Growth Opportunities

## Effective Feedback Strategies

- Introduction to Giving Feedback
- How to Give Employee Feedback
- What if Feedback Goes Wrong?
- Feedback Response #1: The Silent Treatment
- Feedback Response #2: Playing Defense
- Feedback Response #3: Tearful Reaction
- Feedback Response #4: The Commitment-Phobe
- Feedback Response #5: Angry Reaction

## Employee Motivation

- A Psychological Approach
- Object-Oriented Theory
- Using Reinforcement Theory
- Using Expectancy Theory
- Personality's Role in Motivation
- Setting Goals to Motivate
- A Personal Toolbox for Employee Motivation
- Motivation on the Job
- Addressing Specific Morale Issues
- Keeping Yourself Motivated

## Employee Recognition

- Types of Incentives
- Employee Recognition Programs
- How to Get the Buzz Out
- Employee Recognition Starts From the Top
- Creating a Culture of Recognition
- The Best Things in Life are Free!
- A Small Gesture Goes a Long Way
- Pulling Out the Red Carpet for Recognition
- The Don'ts
- Maintaining Employee Recognition Programs

## Fostering Fearless and Resilient Teams

- What is Workplace Resilience?
- Developing a Culture of Team Resilience
- Build Psychological Safety
- Create a Culture of Continuous Learning
- Foster Positive Relationships
- Promote Stress Management and Self-Care

## High Performance Teams Inside the Company

- The Benefits
- Challenges of High-Performance Teams
- How to Build and Lead High Performance Teams
- Characteristics of High-Performance Teams
- Effective Team Leader
- Leading High-Performance Teams (I)
- Leading High-Performance Teams (II)
- Ideas for Motivating
- Steps to Retaining
- Augmenting Team Performance

## High Performance Teams Remote Workforce

- Remote Workforce
- High Performance Teams
- Characteristics of High-Performance Teams for Remote Workers
- How to Create Teamwork
- Types of Communication for Remote Teams
- Training Your Remote Team
- Managing the Remote Team
- Effective Team Meeting How-to
- Keep Happy and Motivated High-Performance Team
- Don'ts with High Performance Teams

## Introduction to Team Management

- What is Team Management?
- What Makes a Team Effective?
- Communicating with Your Team
- Common Team Problems and How to Resolve Them
- Team Management Tips and Techniques

## Leadership and Influence

- The Evolution of Leadership
- Situational Leadership
- A Personal Inventory of Leadership & Influence
- Modeling the Way
- Inspiring a Shared Vision
- Challenging the Process
- Enabling Others to Act
- Encouraging the Heart
- Basic Influencing Skills
- Setting Goals as a Leader

## Leading Through Difficult Times

- Introduction
- How a Crisis Can Impact Your Business
- Common Types of Business Crises
- What is Crisis Management?
- Preventing and Preparing for a Crisis
- Responding to a Crisis
- Recovering After a Crisis

## Letting an Employee Go Gracefully

- Good Reasons for Letting an Employee Go
- Mitigating Legal Risks When Letting an Employee Go
- Steps to Take Before Letting an Employee Go
- How to Tell an Employee They're Fired
- Reassuring Your Team After Someone is Let Go

## Manager Management

- Grooming a New Manager
- Coaching and Mentoring (I)
- Coaching and Mentoring (II)
- Measuring Performance
- Motivating Managers
- Signs of Poor Management
- Trust Your Team of Managers
- When Do You Step In to Help Your Managers?
- Basic Qualities for Managers
- When an Employee Complains About Their Manager

## Middle Manager

- Introduction to Management
- Ethics and Social Responsibility
- Managing Information
- Decision-Making
- Control
- Organizational Strategy
- Innovation and Change
- Organizational Structures and Process
- Managing Teams
- Motivation and Leadership

## Office Politics for Managers

- New Hires
- It's About Interacting and Influencing
- Dealing with Rumors, Gossip, and Half - Truths
- Office Personalities (I)
- Office Personalities (II)
- Getting Support for Your Projects
- Conflict Resolution for Managers
- Ethics and Office Politics
- You Are Not an Island
- Social Events Outside of Work

## Performance and People Management

- What is Performance Management?
- Conducting Effective Performance Reviews
- Continuous Performance Management
- Tips for Improving Poor Performance
- How to Develop a Performance Improvement Plan
- Managing High Performers
- How to Effectively Manage Managers

## Performance Management

- The Basics of Performance Management (I)
- The Basics of Performance Management (II)
- Goal Setting for Performance
- Establishing Performance Goals
- 360-degree Feedback
- Competency Assessments - Performance Management
- Kolb's Learning Cycle
- Motivation and Performance Management
- The Performance Journal
- Creating a Performance Plan

## Resolving Conflict

- Common Causes of Conflict in the Workplace
- Understanding How People Deal with Conflict
- 6 Steps to Mediate Conflict Between Employees
- Dealing with Frustrated or Angry Employees
- Conflict Resolution Tips and Techniques

## Responsibility in the Workplace

- Accountability Ladder
- Examples of Responsibility
- Importance of Responsibility
- Benefits of Responsibility
- Characteristics of Responsible People
- Barriers to Responsibility in the Workplace
- Overcoming Barriers to Responsibility in the Workplace
- Increasing Responsibility in the Workplace
- Accountability Software part 1
- Accountability Software part 2

## Servant Leadership

- What is Servant Leadership?
- Leadership Practices
- Share the Power
- Characteristics of a Servant Leader
- Barriers to Servant Leadership
- Building a Team Community
- Be a Motivator
- Be a Mentor
- Training Future Leaders
- Self-Reflection

## Supervising Others

- Setting Expectations
- Setting Employee Goals
- Assigning Work
- Degrees of Delegation
- Implementing Delegation
- Providing Feedback
- Managing Your Time
- Resolving Conflict
- Tips for Special Situations
- A Survival Guide for the New Supervisor

## Team Building for Managers

- What Are the Benefits of Team Building?
- Types of Team Building Activities
- Games for Teams
- More Team Building Games
- Activities in Teambuilding for Managers
- More Team Building Activities
- Social Gatherings
- Common Mistakes When Team Building
- Formatting a Team Building Plan
- Evaluate the Team

## Team Building through Chemistry

- Understanding Teams
- Team Development Model
- Chemistry in Teams
- Diversity in Teams
- Vision and Goals for Teams
- Team Roles
- Leadership Functions
- Develop Team Cohesion
- Build Team Relationships
- Direction of Team

## Teamwork and Team Building

- Defining Team Success
- Types of Teams
- The First Stage of Team Development - Forming
- The Second Stage of Team Development - Storming
- The Third Stage of Team Development - Norming
- The Fourth Stage of Team Development - Performing
- Team Building Activities
- Making the Most of Team Meetings
- Solving Problems as a Team
- Encouraging Teamwork

## The Secrets of Skilled Delegation

- The Importance of Delegation
- Why People Don't Delegate
- What and How to Delegate
- Delegating the Right Tasks to the Right People
- Keeping Control without Micromanaging

## Trust Building and Resilience Development

- Empower Staff to Build Trust
- Transparent Communication
- Keep Promises
- Respect & Trust Building
- Develop Positive Relationships
- Personality Types
- Change Acceptance and Management
- Overcoming Adversities
- Stress Management & Building Trust
- Staying Motivated

## Virtual Team Building and Management

- Setting Up Your Virtual Team I
- Setting Up Your Virtual Team II
- Virtual Team Meetings
- Virtual Communication I
- Virtual Communication II
- Building Trust
- Cultural Issues in Virtual Teams
- To Succeed With a Virtual Team
- Dealing With Poor Team Players
- Choosing the Right Tools for Virtual Teams

# Marketing



## A Guide to Content Marketing

- What is Content Marketing
- Developing Your Content Strategy
- Creating Content for Your Audience
- Creating Content for Every Stage of the Marketing Funnel
- Choosing Your Content Distribution Channels
- Developing Your Voice and Tone
- Tips for Creating Engaging Content
- Business Blogging 101

## Customer and Market Research

- The Importance of Customer Research
- Types of Customer Research
- Defining Your Target Market
- Segmenting Your Target Market
- How to Conduct a Competitive Landscape Analysis
- How to Create and Use Buyer Personas
- Mapping Your Customer's Journey

## Getting Started with Marketing Analytics

- What is Marketing Analytics
- Choosing Marketing Key Performance Indicators
- Measuring the Effectiveness of Marketing Campaigns
- Tips for Interpreting and Analyzing Marketing Data
- Using Storytelling to Communicate Data

## How to Develop Winning Product Pages & Descriptions

- The Role and Anatomy of a Product Page
- Tips for Improving Product Page Performance
- The Role of Product Descriptions
- How to Write Compelling Product Descriptions

## Internet Marketing Fundamentals

- SWOT Analysis in Marketing
- Marketing Research
- Real Time Marketing
- Brand Management
- Social Media (I)
- Social Media (II)
- SEO Basics
- Website Characteristics
- Capturing Leads
- Campaign Characteristics

## Marketing Basics

- What is Marketing?
- Common Marketing Types (I)
- Common Marketing Types (II)
- The Marketing Mix
- Communicating the Right Way
- Customer Communications
- Marketing Goals
- The Marketing Funnel
- Marketing Mistakes (I)
- Marketing Mistakes (II)

## Marketing Fundamentals: Your Getting Started Guide

- What is Marketing?
- What Makes Something Marketable?
- The 4 Key Elements of Marketing
- What is a Marketing Plan?
- Setting Your Marketing Goals
- Identifying Your Target Audience
- Determining Your Unique Selling Proposition (USP)
- What are Marketing Tactics?
- Understanding the Funnel
- Traditional vs Digital Marketing
- Persuasion vs Manipulation
- Introduction to Marketing Analysis

## Media and Public Relations

- Networking for Success (I)
- Networking For Success (II)
- The Meet and Greet
- Dressing for Success
- Writing for Business
- Setting Media Goals
- Media Relations
- Issues and Crisis Communication Planning
- Social Media (The PR Toolkit)
- Employee Communications

## Multi-Level Marketing

- How Does Multi-Level Marketing Work
- Building a Contact List
- Recruiting New Agents I
- Recruiting New Agents II
- Training Multi-Level Marketing Agents
- Sponsorship/Mentorship
- Provide Marketing Presentation Training
- Provide Social Media Training
- Provide Training in Recruitment
- Provide Ethics Training

## Optimizing Your Images for SEO

- What is Image Optimization and Why Does it Work?
- Reduce Image File Sizes
- Choose the Right File Type
- Use Lazy Loading
- Customize Image File Names
- Write SEO-Friendly Alt Text
- Add Descriptive Captions

## Product Marketing Fundamentals

- What is Product Marketing and Why Is It Important?
- Functions of Product Marketing
- 6 Tips for Effective Product Marketing
- What is the Product Life Cycle?
- Managing the Product Life Cycle
- Finding Product-Market Fit
- Measuring Product-Market Fit

## Quick Guide to Developing a Go-To-Market Strategy

- What is a Go-to-Market Strategy?
- 5 Components of a Go-to-Market Strategy
- Developing a Pricing Strategy
- Driving Product Adoption

## Social Media Marketing

- Facebook
- YouTube
- Twitter
- LinkedIn
- TikTok
- Pinterest
- Tumblr
- WhatsApp
- Snapchat
- Instagram

## Website Marketing

- Using Your Website as a Marketing Tool
- 7 Characteristics of Good Website Design
- How to Reduce Friction and Increase Website Conversions
- How to Design Great Landing Pages

## Your Comprehensive Email Marketing Guide

- Introduction to Email Marketing
- Designing an Effective Campaign
- Segmenting Your Audience
- The Benefits of Email Automation
- What Makes Marketing Emails Effective?
- Writing Compelling Email Subject Lines
- Writing Effective Emails
- Email Design Fundamentals
- Avoiding Spam Filters
- How to Craft High-Performance Emails with A/B Testing
- Measuring the Effectiveness of Email Marketing

# Personal Development



## Assertiveness and Self-Confidence

- What Does Self-Confidence Mean to You?
- Obstacles to Our Goals
- Communication Skills
- The Importance of Goal Setting
- Feeling the Part
- Looking the Part
- Sounding the Part
- Powerful Presentations
- Coping Techniques
- Dealing with Difficult Behavior

## Attention Management

- Introduction to Attention Management
- Types of Attention
- Strategies for Goal Setting
- Meditation
- Training Your Attention
- Attention Zones Model
- SMART Goals and Attention Management
- Keeping Yourself Focused
- Procrastination
- Prioritizing Your Time

## Creating a Great Webinar

- Uses for Webinars
- Successful Webinar Criteria
- Finding the Right Format for Your Webinar
- Marketing and Social Media for Webinars
- Leading Up to Your Webinar
- Drive Up Webinar Registration
- Presentation Tips for Webinars
- Interacting with Your Webinar Audience
- Mistakes to Avoid in Webinars
- Post Webinar Event

## Creative Problem Solving

- The Problem-Solving Method
- Information Gathering
- Problem Definition
- Preparing for Brainstorming
- Generating Solutions - Part 1
- Generating Solutions - Part 2
- Analyzing Solutions
- Selecting a Solution
- Planning Your Next Problem-Solving Steps
- Recording Lessons Learned

## Creativity: Thinking Outside the Box

- Breaking Down Creativity
- Creating Business Success
- The Creative Process
- Creativity vs Innovation
- Fostering a Creative Workplace
- Brainstorming for Creativity
- The Creative Team
- Creativity Myths
- Recognizing Obstacles to Creativity
- Finding Your Creative Mind

## Critical Thinking

- Components of Critical Thinking
- Non-Linear Thinking
- Logical Thinking
- Critical Thinkers - Part 1
- Critical Thinkers - Part 2
- Evaluate the Information
- Benefits of Critical Thinking
- Changing Your Perspective
- Problem Solving and Critical Thinking
- Practical Application for Critical Thinking

## Developing a Lunch and Learn

- The Prep Work for a Lunch & Learn
- Creating the Content 1
- Creating the Content 2
- During the Session
- Food and Facilities
- Take Away Materials
- Difficult Situations or People During a Lunch & Learn
- What a Lunch & Learn is Not
- Best Practices Developing a Lunch & Learn 1
- Best Practices Developing a Lunch & Learn 2

## Developing Creativity

- What is Creativity?
- Getting Inspired
- Beating Procrastination
- Improving Your Creative Mindset - Part 1
- Improving Your Creative Mindset - Part 2
- Curiosity
- Take Risks
- Think Like a Child
- Environmental Factors to Creativity
- Individual Brainstorming

## Event Planning

- Types of Events
- Brainstorming for Event Planning
- Types of Entertainment for Events
- Support Staff for Events
- Technical Staff for Events
- Vendors for Events
- Finalize the Event Plan
- Administrative Tasks in Event Planning
- Organize the Event
- Post Event Activities

## Facilitation Skills

- Understanding Facilitation
- Process vs Content Facilitation
- Laying the Groundwork When Facilitating
- Tuckman and Jensen's Model of Team Development
- Building Consensus
- Reaching a Decision Point
- Dealing with Difficult People When Facilitating
- Addressing Group Dysfunction
- About Intervention When Facilitating
- Intervention Techniques

## Goal Setting and Getting Things Done

- Overcoming Procrastination - Part 1
- Overcoming Procrastination - Part 2
- Four P's of Goal Setting
- Improving Motivation
- Wise Time Management
- Tips for Completing Tasks
- Increase Your Productivity
- To Do List Characteristics
- SMART Goals for Getting Things Done
- Mistakes Will Happen

## Improving Mindfulness

- What Is Mindfulness?
- Practicing Mindfulness
- Emotional Intelligence
- Cognitive Distortion (I)
- Cognitive Distortion (II)
- Mindfulness Based Cognitive Therapy
- Mindfulness and Gratitude
- Cultivating the High-Performance Emotions
- Mindfulness in Customer Service
- Mindfulness and Leadership

## Improving Self-Awareness

- What Is the Self?
- Awareness of the Physical Self
- Time Management and Improving Self-Awareness
- The Emotional Self
- Mood Management
- The Mental Self
- Interpersonal Awareness
- The Spiritual Self
- Limitations of Self Awareness
- Independence versus Interdependence

## Job Search Skills

- Ready, Set, Go!
- Building Your Resume
- Polishing Your Resume
- Writing a Cover Letter
- Creating a Portfolio
- Networking Skills
- Skills for Success
- Where to Look for a Job?
- Understanding the Interview
- Interview Skills

## Knowledge Management

- Understanding Knowledge Management
- Dos and Don'ts
- The Knowledge Management Life Cycle
- The New Knowledge Management Paradigm
- Knowledge Management Models
- Building a Knowledge Management Rationale
- Customizing Definitions
- Implementing in Your Organization
- Tips for Success
- Advance Topics

## Lean Process and Six Sigma

- Understanding Lean
- Liker's Toyota Way
- The TPS House
- The Five Principles of Lean Business
- The First Improvement Concept (Value)
- The Second Improvement Concept (Waste)
- The Third Improvement Concept (Variation)
- The Fourth Improvement Concept (Complexity)
- The Fifth Improvement Concept (Continuous Improvement)
- The Improvement Toolkit

## Meeting Management

- Planning and Preparing for Meetings(I)
- Planning and Preparing for Meetings (II)
- Setting up the Meeting Space
- Electronic Meeting Options
- Meeting Roles and Responsibilities
- Chairing a Meeting (I)
- Chairing a Meeting (II)
- Dealing with Meeting Disruptions
- Taking Minutes during a Meeting
- Making the Most of Your Meeting

## Negotiation Skills

- Understanding Negotiation
- Getting Prepared for Negotiating
- Laying the Groundwork for Negotiating
- Phase One – Exchanging Information
- Phase Two – Bargaining
- About Mutual Gain in Negotiations
- Phase Three – Closing
- Dealing with Difficult Issues
- Negotiating Outside the Boardroom
- Negotiating on Behalf of Someone Else

## Organizational Skills

- Remove the Clutter
- Prioritize to Organize
- Scheduling Your Time
- To Do Lists Organization
- Paper and Paperless Storage
- Organization in Your Work Area
- Tools to Fight Procrastination
- Organizing Your Inbox
- Avoid the Causes of Disorganization
- Discipline is the Key to Stay Organized

## Personal Branding

- Defining Yourself (I)
- Defining Yourself (II)
- Controlling and Developing Your Image
- Personal and Professional Influences
- Sharpening Your Brand
- Appearance Matters
- Social Media and Your Personal Brand (I)
- Social Media and Your Personal Brand (II)
- Brand Management During a Crisis
- Branding Personality Traits

## Personal Productivity

- Setting SMART Goals for Productivity
- The Power of Routines
- Scheduling Yourself
- Keeping Yourself on Top of Tasks
- Tackling New Tasks and Projects
- Using Project Management Techniques
- Creating a Workspace
- Organizing Files and Folders
- Managing E-Mail
- Tackling Procrastination for Productivity

## Presentation Skills

- Creating a Presentation
- Choosing Your Presentation Delivery Methods
- Verbal Communication Skills When Presenting
- Nonverbal Communication Skills for presentations
- Overcoming Nervousness
- Creating Fantastic Flip Charts
- Creating Compelling PowerPoint Presentations
- Wow 'Em with the Whiteboard
- Vibrant Videos and Amazing Audio
- Pumping it Up a Notch

## Self-Leadership

- What Is Self-Leadership?
- Self-Leadership Motivators
- Behavior Focus (I)
- Behavior Focus (II)
- Natural Rewards
- Constructive Thinking
- Well-Being (I)
- Well-Being (II)
- Individuality
- Personal Application of Self-Leadership

## Taking Initiative

- What is Initiative?
- Take a Chance
- Recognize When You Can Step In
- Recognize When You Can Go Outside the Normal
- Weighing the Consequences
- Good or Bad
- Confidence
- Find Opportunities
- Be Persistent
- Balance Initiative and Restraint

## Telework and Telecommuting

- Core Skills Required for Telework
- Telework Self-Management (I)
- Telework Self-Management (II)
- Telework Time Management (I)
- Telework Time Management (II)
- Organizing and Planning for Telework (I)
- Organizing and Planning for Telework (II)
- Communication in Telework (I)
- Communication in Telework (II)
- Additional Challenges to Telework & Telecommuting

## Ten Soft Skills You Need

- What are Soft Skills?
- Communication
- Teamwork
- Problem-Solving
- Time Management
- Attitude and Work Ethic
- Adaptability/Flexibility
- Self-Confidence (Owning It)
- Ability to Learn
- Networking

## Time Management

- Setting SMART Goals for Time Management
- Prioritizing Your Time
- Planning Wisely
- Tackling Procrastination in Managing Your Time
- Crisis Management
- Organizing Your Workspace
- Delegating Made Easy
- Setting a Ritual
- Meeting Management
- Alternatives to Meetings

# Policy & Compliance



## Business Ethics

- What is Ethics
- Implementing Ethics in the Workplace
- Employer/Employee Rights
- Business & Social Responsibilities
- Ethical Decisions
- Whistle Blowing
- Unethical Behavior
- Ethics in Business 1
- Ethics in Business 2
- Managerial Ethics

## Contract Management

- Defining Contract Management
- Legal and Ethical Contract Management
- Contract Management Requests
- How to Create a Contract
- Contract Negotiations
- Assess Contract Performance
- Relationships In Contracts
- Amending Contracts
- Renewing Contracts
- Conducting Contract Audits

## Developing Corporate Behavior

- The Science of Behavior
- Benefits of Corporate Behavior
- Most Common Categories of Corporate Behavior
- Managerial Structure
- Company Values and Ethics
- Employee Accountability
- Workplace Incidents
- Designing and Implementing Corporate Behavior
- Corporate Team Behavior
- Auditing Corporate Behavior

## Managing Workplace Harassment

- The Legal Background
- Developing an Anti-Harassment Policy
- Policies in the Workplace
- Proper Procedures in the Workplace
- False Allegations
- Types of Harassment
- Sexual Harassment in the Workplace
- Mediation
- Conflict Resolution Dealing with Workplace Harassment
- The Aftermath of Workplace Harassment

## Workplace Bullying

- What is Workplace Bullying?
- Why Does One Bully?
- Effects of Bullying on Employees
- Effects of Bullying on the Company
- Company Policy on Bullying
- Workplace Bullying Training
- Company Responsibility on Workplace Bullying
- Being Bullied
- Someone Else is Being Bullied
- Addressing the Bully

## Workplace Harassment

- The Legal Background
- Developing an Anti-Harassment Policy
- Policies in the Workplace
- Proper Procedures in the Workplace
- False Allegations
- Types of Harassment
- Sexual Harassment
- Mediation
- Conflict Resolution
- The Aftermath

# Professional Development



## Administrative Support

- Getting Organized - Part 1
- Getting Organized - Part 2
- Managing Time
- Admin Support - Getting It All Done On Time
- Special Tasks
- Verbal Communication Skills
- Nonverbal Communication Skills
- Empowerment
- Admin Support & The Team of Two
- Admin Support - Taking Care of Yourself

## Adult Learning - Mental Skills

- Bloom's Taxonomy Adult Learning
- Knowledge and Adult Learning
- Comprehension in Adult Learning
- Application of Adult Learning
- Analysis of Adult Learning
- Synthesis of Adult Learning
- Evaluation of Adult Learning
- Adult Learning and Mental Skills
- Types of Knowledge
- Training Techniques for Adult Learning

## Adult Learning - Physical Skills

- Bloom's Taxonomy Adult Learning
- Observation of Adult Learning
- Imitation in Adult Learning
- Manipulation and Adult Learning
- Precision of Adult Learning
- Articulation in Adult Learning
- Naturalization in Adult Learning
- Versions of Psychomotor Domain
- Psychomotor Measurements
- Considerations When Planning Adult Learning

## Administrative Office Procedures

- Why Your Office Needs Administrative Procedures
- Gathering the Right Tools
- Identifying Procedures to Include
- Top Five Office Procedures
- What to Include in Your Office Binder - Part 1
- What to Include in Your Office Binder - Part 2
- Organizing Your Office Binder
- What Not to Include in the Office Procedure Guide
- Sharing Office Procedure Guides
- Successfully Executing Office Procedures

## Archiving and Records Management

- Understanding Records Management
- Management of Records
- Record Management Context 1
- Record Management Context 2
- Classifications in Records Management
- Paper-Based Systems for Records Management
- Electronic Records Management
- Hybrid Systems for Records Management
- Appraisals & Systems for Record Management
- Record Maintenance

## Entrepreneurship

- Decide on the Type of Business
- What is the Market/Competition Like?
- Basics of Starting a Business
- Creating a Business Plan
- Get Financing
- Hire Employees
- Training Employees
- Market the Business
- Run the Business
- Grow the Business

## Executive and Personal Assistants

- Working with Your Manager
- Administrative Soft Skills
- Effective Time Management
- Meeting Management
- Tools of the Trade - Part 1
- Tools of the Trade - Part 2
- Being an Effective Gatekeeper
- Organization Skills
- Confidentiality Guidelines
- Special Tasks for Executive Assistants

## Life Coaching Essentials

- Why You Need a Life Coach?
- The Benefits of Life Coaching
- Life Coaching Challenges
- Basic Structure of a Life Coaching Session
- Essential Skills for Successful Life Coaching
- Life Coaching Tools and Techniques
- Specialized Areas (I)
- Specialized Areas (II)
- Specialized Areas (III)
- Apply What You Learned about Life Coaching

## Measuring Results from Training

- Kolb's Learning Styles
- Kirkpatrick's Levels of Evaluation
- Training Measurement Tools
- Focusing the Training Measurement
- Creating a Training Evaluation Plan
- Assessing Learning before Training
- Assessing Learning during Training
- Assessing Learning after Training
- The Long-Term View
- Calculating the ROI for Training

## mLearning Essentials

- What is MLearning?
- Common MLearning Devices
- Ancillary Equipment in MLearning
- M-Learning vs E-Learning
- Four C's of MLearning
- Aspects of MLearning
- Challenges of MLearning
- Benefits of MLearning
- Getting MLearning Started
- Employee Training

## Project Management

- Project Integration Management
- Project Scope Management
- Project Schedule Management
- Project Cost Management
- Project Quality Management
- Project Resource Management
- Project Communications Management
- Project Risk Management
- Project Stakeholder Management
- Project Procurement Management

## Supply Chain Management

- Why Supply Chain Management?
- Key Supply Chain Terms (I)
- Key Supply Chain Terms (II)
- Three Levels of Supply Chain Management
- Five Stages of Supply Chain Management
- The Flows of Supply Chain Management
- Inventory Management
- Supply Chain Groups
- Tracking and Monitoring
- Supply Chain Event Management

## Trade Show Staff Training

- Pre-Show Preparation
- Booth Characteristics & Setup 1
- Booth Characteristics & Setup 2
- During the Trade Show 1
- During the Trade Show 2
- Qualifying Visitors
- Engaging the Right People
- Rules of Engagement 1
- Rules of Engagement 2
- After the Trade Show

## Train-the-Trainer

- Understanding Training and Facilitation
- Gathering Materials
- Creating a Lesson Plan
- Choosing Training Activities
- Preparing for the Workshop
- Making a Good First Impression
- Delivery Tips and Tricks
- Keeping Training Interactive
- Dealing with Difficult Training Participants
- Tackling Tough Topics

# Sales Mastery



## Build the Ultimate Sales Presentation Slide Deck

- What is a Slide Deck
- Why Use a Slide Deck
- Slide Deck Content that Convert
- Slide Deck Design Tips
- Practice Your Skills

## Building Relationships in Sales

- How to Qualify Sales Leads Using the BANT Framework
- Understanding Potential Buyers' Needs
- 7 Things to Know About Potential Buyers
- Leveraging Decision-Makers, Influencers, and Gatekeepers
- How to Build Trust
- Why Transparency is Key
- What is Consultive Selling
- Developing Emotional Intelligence

## Closing the Deal: Negotiation Strategies to Increase Sales

- Introduction to Sales Negotiations
- 5 Stages of a Sales Negotiation
- Essential Sales Negotiation Techniques
- Countering Common Buyer Negotiation Tactics
- Closing the Sale

## Coaching Salespeople

- What is a Coach
- Coaching Salespeople
- Coaching vs Training
- Inspiring Salespeople
- Authentic Leadership
- Best Practices in Coaching Salespeople
- Competition
- Data and Sales
- Maintenance Strategies
- Avoid Common Sales Coaching Mistakes

## Connecting With Your Audience

- Introduction
- Know Your Audience
- Know What You're Selling and Why
- Know How to Engage Your Audience
- Let's Practice!
- Grace's Story Concludes

## Expert Strategies for Overcoming Sales Objections

- Introduction to Handling Sales Objections
- 5 Common Sales Objections and How to Overcome Them
- Winning Techniques for Handling Sales Objections
- Common Mistakes When Handling Sales Objections

## Getting Customers to Say "Yes!"

- Introduction to Handling Sales Objections
- Common Misconceptions About Sales Objections
- How to Address Sales Objections
- Recognizing Sales Objections
- Common Sales Objections
- Techniques for Handling Objections
- Common Mistakes When Handling Sales

## Guide to Negotiation and Persuasion

- Negotiation vs. Persuasion
- The Three Types of Negotiation
- Negotiation Tactics
- Three Types of Persuasion
- Persuasion Tactics
- Improving Your Negotiation and Persuasion Skills

## In Person Sales

- Introduction
- Know Your Audience
- Know What You're Selling and Why
- Know How to Engage Your Audience
- Let's Practice!
- Grace's Story Concludes

## Managing a Sales Team

- Introduction
- Best Practices for Sales Managers
- Overcoming Challenges for New Sales Managers
- What is a Sales Process
- Automating Your Sales Process
- Common Sales Methodologies
- Setting Realistic Sales Quotas
- Creating a Sales Forecast
- How to Track and Improve Team Performance
- Understanding Team Roles
- Structuring Your Sales Team
- Identifying and Nurturing Hunters and Farmers

## Motivating Your Sales Team

- Create a Motivational Environment
- Communicate to Motivate Your Sales Team
- Train Your Sales Team
- Emulate Best Practices
- Provide Sales Tools
- Find Out What Motivates Employees
- Tailor Rewards to the Employee
- Create Team Incentives
- Implement Incentives
- Recognize Sales Achievement

## Overcoming Sales Objections

- Three Main Factors for Sales Objections
- Seeing Objections as Opportunities
- Getting to the Bottom of Objections
- Finding a Point of Agreement
- Have the Client Answer Their Own Objection
- Deflating Objections
- Unvoiced Objections
- The Five Steps of Overcoming Objections
- Dos and Don'ts
- Sealing the Deal

## Proposal Writing

- Understanding Proposals
- Beginning the Proposal Writing Process
- Preparing A Proposal Outline
- Finding Facts for Your Proposal
- Proposal Writing Skills (I)
- Proposal Writing Skills (II)
- Writing the Proposal
- Checking for Proposal Readability
- Proofreading and Editing Proposals
- Adding the Final Touches To Your Proposal

## Prospecting and Lead Generation

- Prospecting
- Traditional Marketing Methods
- New Marketing Methods
- Generating New Leads
- Avoid Common Lead Generation Mistakes
- Educate Prospects
- The Pipeline
- Follow up Communication with Prospects
- Tracking Lead Activity
- Create Customers

## Psychology Tips That Unlock Sales

- Understanding Why People Buy
- How to Sell to Different Personality Types
- Dealing with Rejection
- How to Succeed in Sales as an Introvert
- How to Use Body Language to Win More Sales
- Managing Stress as a Salesperson

## Sales Enablement

- What is Sales Enablement?
- Best Practices for Enabling Your Sales Team
- Creating Sales Battle Cards

## Sales Foundations

- Introduction to Sales
- The Importance of Ethics in Sales
- Basic Sales Communication Skills
- Integrating Your Sales and Marketing Efforts
- An Overview of the Sales Pipeline
- Aligning Sales With the Buyer's Journey
- Essential Sales Tools
- What Is a CRM System and Why Is It Important in Sales?

## Sales Fundamentals

- Understanding the Talk
- Getting Prepared to Make the Call
- Creative Openings
- Making Your Pitch
- Handling Objections
- Sealing the Deal
- Following Up
- Setting Sales Goals
- Managing Your Data
- Using a Prospect Board

## Secrets to Winning Sales Presentations

- Developing Your Proposal
- Creating Your Sales Narrative
- Winning Sales Presentation Techniques
- 5 Steps to Prepare for a Sales Presentation
- The Role of Storytelling in Sales
- Persuasion vs. Manipulation
- Translating Features Into Benefits
- Giving an Effective Product Demonstration

## The Ultimate Sales Prospecting Guide

- What is Prospecting
- The Prospecting Process
- Techniques for Reaching Out to Prospects
- Analyzing Your Competition
- Perfecting the Cold Call
- Connecting With Prospects Through Social Selling
- Effective Warm Calling In Sales

### Top 10 Sales Secrets

- Sales Secret on Effective Traits
- Sales Secret on Knowing Clients
- Sales Secret on Products
- Sales Secret on Leads
- Sales Secret on Authority
- Sales Secret on Building Trust
- Sales Secret on Relationships
- Sales Secret on Communication
- Sales Secret on Self-Motivation
- Sales Secret on Goals

### Why People Buy

- What Are Buyers' Needs?
- How to Uncover Buyers' Needs
- Active Listening Tips
- 7 Psychological Motivations
- Putting It Into Practice

# Software, Systems, & Security



## Cyber Security

- Cyber Security Fundamentals
- Types of Malware
- Cyber Security Breaches
- Types of Cyber Attacks
- Prevention Tips
- Mobile Protection
- Social Network Security
- Prevention Software
- Critical Cyber Threats
- Defense Against Hackers

## Digital Citizenship

- What is Digital Citizenship?
- Being a Good Citizen
- Best Practices for Sharing
- Networking and Personal Branding - Part 1
- Networking and Personal Branding - Part 2
- Digital Security and Safety - Part 1
- Digital Security and Safety - Part 2
- Dealing with the Digital Dark Side
- Digital Etiquette - Part 1
- Digital Etiquette - Part 2

## Social Media in the Workplace

- What is Social Media?
- Defining Your Social Media Policy (I)
- Defining Your Social Media Policy (II)
- Creating a Living Document
- Keeping an Eye on Security
- Rules to Follow When Posting (I)
- Rules to Follow When Posting (II)
- Benefits of Social Media
- The Pitfalls of Social Media
- Listen to Your Customers

## The Cloud and Business

- The Cloud
- Models for Business
- Advantages of the Cloud in Business
- Address Risks in the Cloud and Business
- Cloud Security
- Device Management
- Service Oriented Architecture
- Business Processes
- Cloud and Business Standards
- Monitoring Business Systems

# FRONTLINE MANAGER PROGRAM

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- Supervising Others
- Leadership & Influence
- Corporate Behavior
- Accountability

### TEAM

- Team Management
- Change Management



### INTERPERSONAL

- Communication
- Performance Management
- Emotional Intelligence

### ORGANIZATION

- Business Acumen
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- Customer Focus

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Presented by:  
 Gwendolyn J. Tucker  
 President and DEI Expert



### **Working Well Together** - 38 Minutes

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#### *Module Overview*

- Finding Common Ground- Explore what connects us by finding what we have in common.
- Confronting Bias - Learn what biases are and how they cloud our judgments about others.
- Combating Behavior Discover how biases can negatively affect interactions with others.
- Committing To Excellence - Create an action plan to apply what you’ve learned. Identify changes that will strengthen your ability to work well with others.

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