Renwick Tucker, D.C. 6064 Apple Tree Drive. Suite 5. Memphis, TN 38115

Telephone (901) 565-0025 Fax (901) 389-3617



Re: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, DOT Commercial Motor Vehicle Driver Medical Exam

(Print Driver’s Name & Date of Birth)

Dear Dr. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

(Print Treating Doctors Name)

The above driver is attempting to acquire a DOT medical certificate to drive a commercial motor vehicle. Before being qualified to drive, FMCSA medical guidelines require your assistance to determine if the driver is safe to operate a commercial vehicle. Drivers with a history of CABG must meet the following FMCSA medical guidelines to drive a commercial vehicle.

1. Minimum waiting period of 3 months post CABG
2. Healed Sternum.
3. LVEF greater than or equal to 40%.
4. Asymptomatic status with no angina
5. Tolerance to medications, no orthostatic symptoms.
6. Yearly exam and clearance by cardiologist.
7. Has no current diagnosis of CHD or CVD that exhibits syncope, dyspnea, collapse, or congestive heart disease that interferes with the safe operation of a commercial motor Vehicle
8. The following is required yearly beginning 5 years post CABG
   1. ETT annually, (achieves greater than 6 METS (Bruce Protocol Stage II or equivalent), attain greater or equal to 85% target heart rate (unless on beta blockers), 20mm or greater rise in systolic bp without angina, no significant ST segment depression (>1mm).
   2. Imaging stress test if indicated.

If the driver meets the above requirements, and your recommendation is that the driver can operate a CMV safely, please sign and date below and return this letter to our office by fax.

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Signature Date

If the driver does not meet the above requirements and it is your opinion that the driver should be allowed to drive a commercial vehicle, DOT medical examiners may use discretion if there is sufficient medical reasoning for why the guidelines should not be followed. Should this be the case, please identify in the area below. which guideline is not met, and the medical reason the guideline does not need to be met. Then sign in the area provided and return a copy to our office.

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Signature Date

FMCSA regulations state that although the DOT Medical Examiner should consider the opinions of treating physicians, the DOT Medical Examiner is responsible for making the final determination of driver status. Please contact our office if you have any questions or concerns.

Thank you for your assistance.