Renwick Tucker, D.C. 6064 Apple Tree Drive. Suite 5. Memphis, TN 38115

Telephone (901) 565-0025 Fax (901) 389-3617



Re: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, DOT Commercial Motor Vehicle Driver Medical Exam

(Print Driver’s Name & Date of Birth)

Dear Dr. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

(Print Treating Doctors Name)

The above driver is attempting to acquire a DOT medical certificate to drive a commercial motor vehicle. Before being qualified to drive, FMCSA medical guidelines require your assistance to determine if the driver is safe to operate a commercial vehicle and that they meet the following FMCSA medical guidelines for drivers with a history of mitral insufficiency/regurgitation.

Recommendation parameters include the severity of the diagnosis, and the presence of signs or symptoms. Current FMCSA guidance is as follows:

Mild or Moderate Regurgitation:

1. Mild or moderate regurgitation is acceptable if normal LV size and function, and normal pulmonary artery pressure
2. Drivers with symptoms are not certified to drive.
3. Annual Echocardiography is required after certified to drive with moderate regurgitation.

Severe Regurgitation:

1. Minimum waiting period of 3 months if post-mitral valve repair
2. Severe is acceptable if no symptoms;
3. Surgical Mitral valve repair is acceptable with no symptoms, and clearance from a cardiovascular specialist who understands the demands of commercial driving.
4. Exercise tolerance test and echocardiography every 6 to 12 months.

Drivers with mitral insufficiency/regurgitation that have symptoms, less than 6 METS on Bruce protocol, ruptured chordae or flail leaflet, atrial fibrillation, LV dysfunction, thromboembolism, or pulmonary hypertension can’t be certified.

If the driver meets the above requirements, and your recommendation is that the driver can operate a CMV safely, please sign and date below and return this letter to our office by fax.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_

Signature Date

If the driver does not meet the above requirements and it is your opinion that the driver should be allowed to drive a commercial vehicle, DOT medical examiners may use discretion if there is sufficient medical reasoning for why the guidelines should not be followed. Should this be the case, please identify which guideline is not met, and the medical reason the driver is safe to drive. Then sign in the area provided and return a copy to our office.

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Signature Date

FMCSA regulations state that although the DOT Medical Examiner must have and consider the opinions of treating physicians, the DOT Medical Examiner is responsible for making the final determination of driver status. Please contact our office if you have any questions or concerns.

Thank you for your assistance.