



**INTERNATIONAL DAY OF HAPPINESS  
AT THE UNITED NATIONS  
Sunday, 20 March 2016**

The Permanent Missions of the Republic of Palau to the United Nations  
The Permanent Mission of São Tomé and Príncipe to the United Nations  
The Permanent Mission of the Socialist Republic of Vietnam to the United Nations

***Humanity*** presents:

**A Tribute to the  
KINGDOM OF BHUTAN**



**“Happiness and Well-being in the UN 2030 Agenda: Achieving a New Vision of Sustainable Development for the People and the Planet”**

**PROGRAMME**

**Morning Session: 9:15 a.m. – 1:00 p.m.**

9:15 – 9:30

Opening music provided by International Musician **Russell Daisey**

9:30 – 9:40

Call to order by MCs: **Alizé Utterly & Shannon Lanier**

9:40 -- 9:45

Chant

**Ani Choying Drolma**

*UNICEF Goodwill Ambassador to Nepal*

9:45 -- 9:50

Remarks

**His Excellency Mr. Mogens Lykketoft of Denmark**

*President of the UN General Assembly (VIDEO)*

9:50 -- 9:55

Remarks

**H.E. Ambassador Angelo A. Toriello**

*Ambassador, Permanent Mission of São Tomé and Príncipe to the United Nations and Special Envoy of the President of São Tomé and Príncipe*

10:00 – 10:05

Remarks

**His Excellency Ambassador Dr. Caleb Otto**

*Permanent Representative of the Mission of the Republic of Palau to the United Nations*

10:10 – 10:15

Remarks

**Her Excellency Ambassador Kunzang C. Namgyel**

*Permanent Representative of the Mission of the Kingdom of Bhutan to the United Nations*

10:20 – 10:25

Remarks

**Her Excellency Ambassador Ms. Nguyen Phuong Nga**

*Permanent Representative of the Mission of the Socialist Republic of Vietnam to the United Nations*

10:30 -- 10:40

Musical Performance:

**Pianist Russell Daisey with musicians “Happy People Happy Planet” original song and performance (and Hug A Planet)**

10:45 -- 10:50

**His Excellency Ambassador Mr. Syed Akbaruddin**

*Permanent Representative of the Mission of India to the United Nations*

10:55 – 11:05

Remarks

**H.E. Mr. D.R. Kaarthikeyan**

*Former CBI Director & Human Rights Commission, India*

11:05 – 11:10

Remarks

**Sonia Emmanuel**

*Holistic coach & energy medicine expert*

11:15 – 11:25

Cultural performance

**FJ Music Fusion**

11:30 – 11:40

Keynote

**Dr. Dan Haybron**

*Professor of philosophy, St. Louis University*

11:45 – 11:55

Keynote

**Dr. Judy Kuriansky**

*Department of Psychology, Columbia University Teachers College*

11:55 – 12:30

Remarks by Ambassadors

**H.E. Ambassador Mr. Jean-Francis Régis Zinsou**

*Permanent Representative of the Republic of Benin to the United Nations*

**H.E. Ambassador Mr. Nicholas Emiliou**  
*Permanent Representative of the Republic of Cyprus to the United Nations*

**H.E. Ambassador Ms. Katalin Bogyay**  
*Permanent Representative of Hungary to the United Nations*

**H.E. Ambassador Mr. Barlybay Sadykov**  
*Deputy Permanent Representative of the Republic of Kazakhstan*

**Ambassador Hamid al-Bayati**  
Former Ambassador of Iraq to the United Nations

12:35 – 12:40

**Betsy Sawyer**  
“The Big Book”

12:45 – 12:50

Remarks

**Advocate Amerigo Festa**  
*President, United Beings*

12:50 – 12:55

Remarks

**Dr. Fabio Marchesi**

Researcher, inventor and Founder, Enthusiasmologia

12:55 -- 1:00

Remarks

**Stefano Bizzotto**

*Representative of Conacreis, Italy*

1:05 – 1:15

Remarks

**Alessandro Zattoni**

*Representative, Federazione Damanhur, Italy*

1:15 – 1:20

Russell Daisey plays music as

*Moderators conclude morning programme and presage afternoon activities, and give instructions*

### **Afternoon Session: 2:45 pm -- 7:00 pm**

2:40 – 2:55

Russell Daisey plays music as attendees re-enter

2:55- 3:00

Moderators **Alizé Utteryn & Shannon Lanier** Reconvene/presage programme

3:00 -- 3:10

Keynote

**Dr. José Foglia, M.D., Ph.D**

Neurologist, the Biology of Kindness

3:15 – 3:20

Remarks

**Georgia Nomikos**

*Greek humanitarian, Chair of the Hellenic Fund*

3:25 – 3:35

Keynote

**Jim Luce, J. Luce Foundation & N.Y. Global Leaders Lions Club; Guillermo A. Perez, District Governor; Hector Liang, President of the Tribeca Campus Lions Club; and Representative of the Lower East Side Preparatory School Leo Club**

*“Happiness Through Service”*

*Global Citizenship Award to H.E. Ms. Katalin Bogyay, Permanent Representative of Hungary to the United Nations*

3:40 – 3:50

Keynote

**Dr. Fabio Marchesi**

*Physics of the Soul, Quantum Field Theory, Enthusiasmology THE FIELD Resonance*

3:50 – 4:15

Performance

**Dr. Paul McKenna, Ph.D.**

*The Havening technique: Move from upset/depression to a calm, blissful state in minutes using the latest breakthroughs in modern psychology*

4:15 – 4:30

**H.E. Mr. Angelo A.Toriello, Dr. Fabio Marchesi, Dr. Paul McKenna, Ph.D.,**

**Dashama Konah, Adv. Amerigo Festa**

*Preparation for the FIELD Resonance Medit-Action*

4:30 – 4:51

Performance

**THE FIELD Resonance Medit-Action: a 21-Minute experience**

*All participants in the Hall, in Resonance and in Communion of Intent, with Individuals and Groups around the World, will generate a Field of Anticipated Joy and Gratitude, that will reach, envelope, and fill all Humanity.*

4:52 -- 5:10

Performance

**Dashama Konah**

*Journey to Joyful*

5:15 -- 5:25

Musical interlude

**Russell Daisey and musicians: medley of International Happy Music**

5:30 – 5:40

Remarks

**Nikolas Grasso**

5:45 – 5:55

Remarks

**Patrizia Coppola & Roberto Cossa**

*Representatives, United Beings, Italy*

6:00 – 6:10

Remarks

**Dr. Francesca Festa**

*Youth representative movements*

6:15 – 6:20

Remarks

**Michelle Breslauer**

*Measuring Peacefulness*

6:25 – 6:35

Dance performance

**Nalini Rau and students**

*Director, Natya Anubhava Academy of Classical Dance*

6:40 – 6:50

Performance

**Amerigo Festa, Advocate**

*Testimony of happiness beyond time*

6:55 – 7:00

Devotional song “NIRVANASATKAM”

**Giuseppa Camerino**

7:05 – 7:10

Remarks

**Robi Spagnolo**

*Gemologist*

7:15 – 7:30

**Closing ceremony**

Reprise of music by **Russell Daisey**, musicians, singers

Buddhist chants: **Ani Choying Drolma**