GOD'S LOVE LINK: GUIDE FOR HUSBAND AND WIFE

The intended purpose of this guide is to connect two struggling individuals that seek connection with God in their marriage. It is for the rare Sunday attendees, the "I don't like to read" husband, and the anxiety driven wife. It is for the couples who love so deeply, and hate so viciously. It is for the head of the nuclear family, who wish to bring their children and future children the confidence, warmness, and care that is not consistently active in the covenant of a husband and wife.

Fake it, and eventually you'll make it

Find an empty space, free of distractions. Put phones away, alarms on silent, hunger to rest, and work on hold. All you need is a Bible, a pen, two dice, this printed guide, and your spouse. At first, this may feel "silly" or "forced". When asked any questions, or when even reading this text out loud, an uncomfortable wave of anxiety can creep in. If this happens, think of the reasons why you are here. Discuss and write your reason down here:

Husband: The reason I am here with God and my wife is because	
Wife: The reason I am here with God and my husband is because	
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Hold hands and pray

Husband, please say this prayer out loud to begin this brief, but important link between you, your wife, and God.

Father God.

As we come together in this moment, I thank you for the gift of my partner and the love we share. Teach us to be patient, kind, and respectful. Help us to make space for you in this room, so that we can be open and feel your presence. We know a perfect marriage is not the goal, but we ask you to manage our anger and frustrations. In doing this, we shall open new lines of communication that honor our spouse. As the Husband, I will try my very best to encourage these moments, for all three of us need this time together.

Amen

Open your Bible to Ephesians 1, 1 Corinthians, 1 Peter or Proverbs

Either one of you can read the first chapter. The role of the reader and listener will switch every new session. After you are done reading, the listener will roll the dice, and whichever number it lands on will be the correlating question to answer below. Discuss the answer, look for different perspectives, and let God change the way you think. If you have already answered a question before, try to answer the question again with the added experience you've had since last time. This session can be two minutes, or two hours. At the end of your time with God, the Wife can close with a prayer.

- 1. What does having faith mean to you personally, and how has that definition changed?
- 2. Can you share a moment when you felt particularly close to God? What were the circumstances, and how did it impact your life?
- 3. What doubts or questions do you have about your faith, and how can we support each other in addressing them?
- 4. How do you reconcile the teachings of the bible with your own personal life? What questions does this raise for you?
- 5. In what ways do you feel God's presence in your daily life? Are there specific practices that help you feel more connected?
- 6. What are some qualities or strengths you see in yourself that reflect God's love? How can we cultivate a stronger sense of self-worth together?
- 7. How do you feel about prayer? What are some ways we can make our prayer time more meaningful and intentional?
- 8. What are some specific areas in your life where you'd like to grow closer to God? How can we help each other in that journey?
- 9. How do you think we can serve each other in a way that reflects our faith and strengthens our bond as a couple?
- 10. What is your vision for our relationship with God and with each other in the future? What steps can we take to achieve that vision?
- 11. What are some anxieties, worries, or frustrations you have about yourself? The listener shall reply as if God is talking through them with love.
- 12. Close your eyes and hold each other. Tell your partner what you love about them under these FOUR categories 1) Physical/Looks 2) Things they do for God 3) Personality traits 4) Actions they have done