



SONSHINE EQUINE 2025 CALENDAR

SESSION TYPE	DATES	DURATION	TIMES
Clean Up Day	March 1		11:00am
Orientation	March 8		11:00am
Reopen Center	March 11		
SPRING SCHEDULE			
Equine\ Pony Pal Block #1	March 11 - April 19 (Tue, Thu or Sat)	6 weeks	As scheduled
SHINE Program for Girls ages 12 - 17	March 11 - May 27 (Tue)	12 weeks	5:00 – 6:30pm
Equine\Pony Pal Block #2	April 29 - June 7 (Tue, Thu or Sat)	6 weeks	As scheduled
Easter Break	April 21-26		
Equine/Pony Pal Block #3	June 10 - July 5 (Tue, Thu or Sat)	4 weeks	As scheduled
SUMMER SCHEDULE			
Pony Camp #1	July 15, 16, 17 (Tue -Thu)	3 days	9:00am – 2:00pm
Pony Camp #2	July 29,30,31 (Tue -Thu)	3 days	9:00am – 2:00pm
Pony Camp #3	August 12,13,14 (Tue –Thu)	3 days	9:00am – 2:00pm
Pony Camp #4	August 26,27,28 (Tue – Thu)	3 days	9:00am – 2:00pm
FALL SCHEDULE			
Equine\Pony Pal Block #4	September 9- October 18	6 weeks	As scheduled
SHINE Program for Girls ages 12 - 17	August 5 - October 21 (Tue)	12 weeks	5:00 – 6:30pm
Equine \Pony Pal Block #5	October 28- November 22 (Tue, Thu or Sat)	4 weeks	As scheduled
Live Nativity	December 12 - 13		6:00pm – 8:00pm

The Equine Program is a combined learning Program. The participants learn about **horsemanship** which involves learning to connect and become partners with the horses. This is done with **groundwork** and caring for the daily needs of the horses, which helps develop empathy and compassion. We also use **Equine Assisted Activities (EAA)**. EAA is an experiential learning technique that facilitates personal growth by teaching social/emotional and life skills while working with the horses. This all builds a solid foundation to move into the teaching of riding the horse. The cost is \$45 a session. We offer four-, and six-week blocks.

Pony Pal Program is a program designed for participants to interact with horses to help improve physical, emotional and cognitive abilities. They will engage in activities that help strengthen the core muscles, improve balance and enhance coordination. Using skills that will help improve concentration, communication skills, problem solving and patience to name a few. This is all done using the horses on the ground and in the saddle. Let us not forget about having fun while playing games on the horses. The cost is \$45 a session. We offer four-, and six-week blocks.

Shine Program is designed for teens 12-17 years of age. In a group of up to 4 girls, we explore challenges and questions facing many teens. Our Program provides space for individuals to safely learn about horses, themselves and ways God can bring the two together for healing purposes. Each session will incorporate activities involving horses, designed to enhance discussions on specific topics. This is a 12-week commitment that is one day a week for 1 ½ hours. The cost is \$50 per week, \$600 for the 12 weeks. Please ask about scholarships if your family is in need.

Please contact Jan Baldt at sonshineequine@gmail.com or text 302-858-1275 for camp or lessons.

Please feel free to share this flyer with others. We are always looking for volunteers to help with the day-to-day care of the horses, summer camp and weekly lessons. If you would like to volunteer, please contact Cheri Grieshamer by email at cgrieshamer@gmail.com.

Appropriate attire is required for horse activities. All riders must wear closed toed shoes, pants, no baggy clothes, no jewelry and no perfumes.