



Person-Centered Care Planning Policy

December 2024

Introduction

This Person-Centered Care Planning Policy establishes the framework for delivering individualised care that respects the unique needs, preferences, and values of each person we support. Our commitment to person-centered care ensures that individuals are actively involved in their care planning and decision-making processes.

Policy Statement

We believe that every individual has the right to participate in their own care. Our approach prioritises dignity, respect, and empowerment, enabling individuals to express their preferences and make informed choices about their care and support.

Objectives

1. Individualised Care Plans: Develop and maintain care plans that reflect the specific needs, goals, and preferences of each person.
2. Collaboration: Foster collaborative relationships between individuals, their families, and care providers to ensure holistic support.
3. Continuous Review: Regularly review and update care plans to reflect any changes in individual circumstances or preferences.

Principles of Person-Centered Care

1. Respect for Individuality: Acknowledge and celebrate each person's unique identity, culture, and life experiences.
2. Empowerment: Encourage individuals to take an active role in their care, promoting self-advocacy and informed decision-making.
3. Holistic Approach: Address physical, emotional, social, and spiritual needs to ensure comprehensive support.

Care Planning Process

1. Assessment:
 - Conduct thorough assessments to gather information about the individual's preferences, needs, and goals.
 - Involve the individual and relevant family members or advocates in the assessment process.
2. Care Plan Development:
 - Collaboratively develop a care plan that outlines specific goals, interventions, and desired outcomes.
 - Ensure that the care plan is accessible and understandable to the individual.

3. Implementation:

- Provide care and support according to the established care plan, involving the individual in decision-making at every step.
- Ensure that all staff members are trained to respect and uphold the principles of person-centered care.

4. Review and Evaluation:

- Schedule regular reviews of the care plan to assess progress towards goals and make necessary adjustments.
- Involve the individual in the evaluation process to gather feedback on their experiences and satisfaction.

Roles and Responsibilities

1. Care Staff:

- Facilitate the care planning process, ensuring that individuals' voices are heard and respected.
- Provide training on person-centered care principles and practices.

2. Management:

- Support a culture of person-centered care by providing resources and training.
- Monitor the effectiveness of care planning processes and ensure compliance with this policy.

3. Individuals and Families:

- Actively participate in the care planning process, sharing insights and preferences.
- Provide feedback on the care and support received.

Training and Support

- Provide ongoing training for staff on person-centered care practices, effective communication, and cultural competence.
- Offer resources and support to individuals and families to help them engage in the care planning process.

Monitoring and Review

- Regularly monitor the implementation of this policy and assess its effectiveness in promoting person-centered care.
- Review this policy annually or as needed to ensure alignment with best practices and regulatory requirements.

Conclusion

This Person-Centered Care Planning Policy reflects our commitment to delivering high-quality, individualised care. By prioritising the preferences and needs of those we support, we aim to enhance their overall well-being and quality of life.