



## Frequently Asked Questions (FAQ)

### Programs:

Clifton Park Soccer Club offers 3 different levels of development for players: Rec, Club and Evolution.

**1. Rec** is our entry level program. Rec runs Sept.-Oct. and April-June. Coaches are parent volunteers.

**2. Club** runs Sept.-June with a paid coach.

League Play: Club teams travel and play within the Capital District Youth Soccer League (CDYSL) in the Fall (Sept.-Oct.) and Spring (end of April-June). In the Winter (Nov.-April), Club teams play indoors at an Afrim's Sports site (Colonie, Latham, Malta or Bethlehem).

Games: In the Winter: 1 indoor game each weekend. (at the discretion of the Coach, the number of games may be increased).

In the Spring: the number of games will be in accordance with the league's schedule.

Training: Club travel teams train 1-2x per week Fall/Spring; 1x per week Nov.-March in a gym

Tournaments: Each team will participate in at least 1 in the Fall, 1 in the Winter and 2-3 in the Spring. Tournament costs are a separate fee and are pro-rated amongst the entire team, regardless of individual availability.

Coaching: Club coaches must hold a grass roots license, pass a background check, take Heads Up concussion protocol training, and SafeSport training.

**3. Evolution** is our most competitive level with a paid coach.

League Play: Evolution teams travel and play within the local Upstate United Elite Development Program (EDP) League in the Fall (Sept.-Oct.) and Spring (end of April-June). In the Winter (Nov.-April), Evolution teams play indoors at an Afrim's Sports site (Colonie, Latham, Malta or Bethlehem).

Games: In the Winter: 1 indoor game each weekend. (At the discretion of the Coach, the number of games may be increased).

In the Spring: the number of games will be in accordance with the league's schedule.

(For the U6 age group, there is no league play; these games are intersquad only.)

Training: U6 teams train 2x per week Nov.-March.

U8 teams train 1-2x per week Fall/Spring; 1x per week Nov.-March in a gym

Evolution travel teams train 2x per week Fall/Spring; 2x per week – 1 in a gym & 1 on turf Nov.-March

Tournaments: Each team will participate in at least 2 in the Fall, 2 in the Winter and 3-4 in the Spring. Tournament costs are a separate fee and are pro-rated amongst the entire team, regardless of individual availability.

Coaching: Evolution coaches must hold a minimum of a USSF D license, be Coerver Certified, pass a background check, take Heads Up concussion protocol training, and SafeSport training.

Evaluations: Evolution players will have an evaluation to give feedback on their development.

### **Academy Style Environment:**

We run an academy training environment within each age group, consisting of at least 2 classroom training sessions over the Fall/Winter. This player-centered training environment provides players with a differentiated training experience to facilitate maximum player

development. In this environment players train and are rostered for games in the group that best meets their current development at any given week throughout the year.

**Communication:**

The coaches for the Club and Evolution teams will have parent meetings at least once in the Fall, once prior to the Winter sessions 1&2, once prior to the Winter session 3, and once prior to the Spring season.

**Cost:**

The financial commitment varies depending upon the program.

- Rec is approximately \$55 each 8 week session. Jersey included.
- Club is \$750 for 10 months.
- Evolution is \$1500 for 10 months.
- U6 is \$450 for 5 months November-March.
- U8 Evolution is \$750.
- Uniform kits for Club and Evolution are approximately \$200.

The tuition for the year covers indoor practice facility rental, Skills clinics, Goalkeeper clinics, coaches' salaries, club insurance, CDYSL/EDP fees, US Youth Soccer fees, US Club fees, and referees fees.

**Additional expenses:** The team manager will collect fees for the season. The manager will collect the cost of indoor league play and tournament fees, which will be roughly \$500 for the season. Evolution teams also cover coaches' expenses for overnight tournaments. Those fees will be due as expenses are incurred.

**Transfer Windows:**

We will have 2 transfer windows in November and February. Based on player performance and coaching feedback a player may be promoted from Club to Evolution or transferred from Evolution to Club. The tuition will be prorated to reflect the change in tuition.