

HOW DO I PLACE MYSELF IN A JRL CATEGORY?

FIRST TIME RACER?



↳ Yes → Cat 3 (High School, Middle or 6th Grade) (Age as of 12.31.2022)

↳ No → Grade Level (6/7/8 or F/S/Jr/Sr) → Ability Level

↳ Elite – Cat 1 Varsity (F/S/Jr/Sr), or Cat 1 JV (F/S/Jr/Sr), or Cat 1 Freshman, or Cat 1 Middle School (6/7/8)

↳ Intermediate - Cat 2 JV (F/S/Jr), or Cat 2 Freshman, or Cat 2 Middle School (6/7/8)

ABILITY LEVEL DESCRIPTIONS:

CAT 1- Racers that want to compete at an Elite level.

↳ OPEN TO F/S/JR & SR AND 6/7/& 8.

CAT 2- Intermediate racers with some racing history but not yet at the Elite level.

↳ OPEN TO F/S/JR & SR AND 6/7& 8.

CAT 3- Racers with little or no racing history.

↳ OPEN TO ALL – Cat 3 High School, Cat 3 Middle, or Cat 3 6th Grade

RACE START GROUPING- SEE SCHEDULE FOR START TIMES:

- Boys Varsity / Boys JV 1 & 2 / Cat 1 Boys Freshman
- Girls Varsity / Girls JV 1 & 2 / Cat 1 Girls Freshman
- Boys & Girls Middle School / Boys & Girls Cat 2 Freshman / All Cat 3

UPGRADES:

How will I be judged for an upgrade? Anyone can move to Cat 1 if they so choose. If you race as a Cat 2 in any race and your time would place you in the top 5 of the Cat 1 race in that same distance, you will be expected to move up to Cat 1. It is the racer/parent responsibility to register in the appropriate category.