



CROSS COUNTRY (XC) – USUALLY A MULTI LAP RACE ON A MIX OF FIREROAD AND SINGLETRACK.

ENDURANCE – A LONGER VERSION OF XC, USUALLY 35-50 MILES.

DOWNHILL – GRAVITY FED COURSE. USUALLY ONE RUN. A FULL FACE HELMET IS REQUIRED.

ENDURO – MULTIPLE TIMED STAGES. MIX OF TERRAIN.

REGISTERING:

GO TO TEAMBIGBEAR.COM, CHOOSE THE EVENT DATE THAT YOU WANT TO PARTICIPATE IN, AND CLICK THE REGISTRATION LINK FOR THAT EVENT. IT WILL TAKE YOU TO ACTIVE.COM OR BIKEREG.COM. YOU CAN ALSO DOWNLOAD AN ENTRY FORM FROM THE WEBSITE AND SEND IT IN.

CHOOSING YOUR CATEGORY:

THIS IS BASED ON AGE AND ABILITY LEVEL. CAT 3 IS CONSIDERED BEGINNER. CAT 2 IS CONSIDERED INTERMEDIATE. CAT 1 IS CONSIDERED ADVANCED. CHOOSE BASED ON ABILITY AND THEN THE APPROPRIATE AGE CATEGORY. RACE AGE IS AGE AS OF 12.31.2022.

LICENSING:

ALL NON-JUNIOR RACERS WILL NEED A USA CYCLING LICENSE. JUNIOR RACERS WILL NOT NEED A LICENSE IN 2022. PRO RACERS NEED AN ANNUAL LICENSE. ONE DAY LICENSES FOR CAT 1, 2 AND 3 CAN BE PURCHASED ON-SITE OR ONLINE DURING PRE-REGISTRATION FOR \$10. ANNUAL LICENSES CAN BE PURCHASED IN ADVANCE OR ON-SITE.

EVENT SCHEDULE/START TIMES:

SCHEDULE INFORMATION IS PROVIDED FOR EACH EVENT AT TEAMBIGBEAR.COM. YOU CAN FIND YOUR START TIME AND LAP COUNT UNDER EACH EVENT IF YOU CLICK ON THE "CATEGORY START TIMES/LAPS" LINK.

WHAT TO DO AT THE EVENT:

SHOW UP WITH ENOUGH TIME TO REGISTER ON-SITE IF YOU DID NOT PRE-REGISTER ONLINE. GO TO THE REGISTRATION AREA TO PICK UP YOUR BIB # (BIB'S GO ON THE FRONT OF THE BIKE – ZIP TIED OFF OF THE HANDLE BARS.) PLEASE LEAVE ENOUGH TIME TO GET THE REGISTRATION PROCESS COMPLETED AND GET TO THE START OF YOUR EVENT (MINIMUM OF 1 HOUR.) MOST COURSES ARE OPEN FOR PRE-RIDING AND PRACTICE AT DESIGNATED TIMES, SO REFER TO THE SCHEDULE TO SEE WHEN THOSE TIMES ARE.

OUR REGISTRATION STAFF WILL BE HAPPY TO HELP YOU WITH ANY QUESTIONS YOU MAY HAVE!