

FOURTH SUNDAY IN ORDINARY TIME

**“Blessed are the
poor in spirit,
for theirs is the
kingdom of heaven.”**

Matthew 5:3

Copyright © J.S. Paluch Co. Inc. • Photos: © AungMyo / AdobeStock • Excerpts from the *Lectionary for Mass* © 2001, 1998, 1997, 1986, 1970, CCD.

Father Stuart M Smeltzer

Sacred Heart Mass Schedule

Saturday Evening 5:30 p.m.

Sunday Morning 10:30 a.m.

Tuesday 5:30 p.m.

Thursday 8:00 a.m.

First Friday 8:00 a.m.
followed by Exposition and Adoration of the
Blessed Sacrament.

Sacraments

Baptism: Contact parish office

Sacrament of Penance: 30 minutes before
each Mass or by appointment

Anointing of the Sick: Contact parish
office or rectory

Matrimony: Contact parish office one year
before wedding date

Sacred Heart Catholic Church

1223 Madison

428 N. 12th St. Fredonia, KS

Office: 620 378 3658

Rectory: 620 378 2694

620 687 0876 (cell)

Office Hours: 7:00 to 11:00 a.m.

Mondays, Wednesdays, Thursdays, and Fridays

2:00 to 5:20 p.m. Tuesdays

Closed during 8:00 a.m. Mass

Parish Secretary: Deborah Jacobsen

Email: sacredheart.fkb@gmail.com

Pastor's Email: frsmeltzer@gmail.com

Website: sacredheartks.org

Bulletin Deadline: Mon.: 10:00 a.m.

January 29, 2023

Fourth Sunday in Ordinary Time

Mass Intentions

Sat.	01/28	5:30 pm	Pastor's Intentions
Sun.	01/29	8:30 am	Jack DeLong & Peysen Steele
		10:30 am	+Dennis Ely
Tues.	01/31	5:30 pm	+Tony Weber
Wed.	02/01	5:30 pm	Mass at St. Ignatius Parish
Thurs.	02/02	8:00 am	+Dan Howard
Fri.	02/03	8:00 am	Mike Fulghum

Followed by Exposition and Adoration of the Blessed Sacrament

Sat.	02/04	8:30 am	Mass at St. Ignatius Parish
------	-------	---------	-----------------------------

Fifth Sunday in Ordinary Time

Sat.	02/04	5:30 pm	Eck Family
Sun.	02/05	8:30 am	Mass at St. Ignatius Parish
		10:30 am	Pastor's Intentions

PRAYER REQUESTS: *Please pray for:*

Willard Glasgow	Homer Holmes	Nova Morris	Liz Choc
Larry Marshall	Finley Merrick	Michael Huser	Daryl Clark
Sophia Gonzales	Colleen Montag	Theresa Skinner	Mike Schneider
Mike Fulghum	Deanna Spoon	Devin Fritz	Lucinda Jewell
Rhonda Hunter	Linda Parrett	Zaya Bartoli	Harold Goodner
Betty Mintener	Wanda Timmons	Rob Collins	Darlene Owens
Kenny Streets	Dale Borrer	John Eck	April Rymer
Theresa Bowman	Rose Heffarn	Charlie Boaz	Sandy Borrer
Pauline Florez	Kristen Rettmann	Lewis Bambick	Lyle Mellen
All Priests	Mike Schoenecker	Peter Kerwin	David Knickerbocker

TREASURES FROM OUR TRADITION

You need more than water for a bath. Most family bathrooms contain an arsenal of soaps and emollients, lotions, shampoos, and conditioners to combat grime and honor the body. A bath without oil is still unthinkable. No wonder early Christians used lavish amounts of oil to “paint” the skin of people drawn dripping wet from the baptismal font on Easter. There were two oils used in baptism long ago. “Oil of exorcism” protected candidates from “evil spirits”; it strengthened their resolve and purified their purposes.

The second oil, slathered over them after baptism’s bath, “sealed” them, making them like Christ, the anointed one, the priest, the prophet, the king. Chrism has always had a powerful odor; rich resinous perfumes are stirred in before it is consecrated. As the newly baptized were embraced by new brothers and sisters in Christ, the scent permeated the hall of Eucharist, a sign of our connection to Christ and to one another.

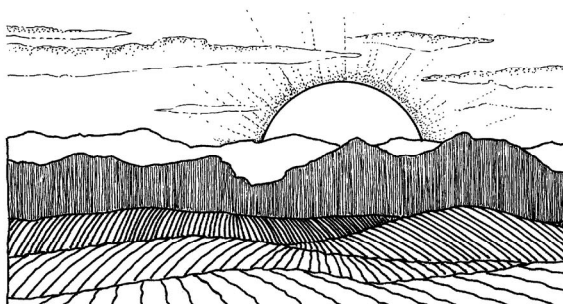
—Rev. James Field, Copyright © J. S. Paluch Co.

The Presentation of the Lord (February 2)

By Candlemas, forty days after Christmas, February 2, the season of Christ’s coming has depleted our candle supply. Soon, the parish will order a new paschal candle from a catalogue or candlemaker, or in some communities, wax will be collected to be melted and molded. Last year’s paschal candle shows the wear and tear of summer heat, or many funerals or baptisms. Paschal candles have been around since at least the fourth century, when Constantine’s biographer Eusebius reported that the night of the sacred vigil was “transformed into the brilliancy of day, by lighting throughout the city pillars of wax, while burning lamps in every place so that the splendor of this night was brighter than the brightest daylight.”

Light was a precious commodity in the ancient world, and this lavish use of precious beeswax was a sign of the Christian’s call to bear Christ’s light into the world’s darkness. In a pre-electric age, a whole city aglow from the paschal flame must have been a glorious sight, and a reminder to every baptized Christian of our vocation to “be the light of the world.”

—Rev. James Field, Copyright © J. S. Paluch Co.



**Fourth Sunday
in Ordinary Time
January 29, 2023**

“Blessed are the poor in spirit,
for theirs is the kingdom of heaven.”

— *Matthew 5:3*

St. Ignatius Mass Schedule

Sunday Morning 8:30 a.m.

Wednesday 5:30 p.m.

Friday 8:00 a.m.
(except first Fri.)

First Saturday 8:30 a.m.

Mother of Perpetual Help

Mother of Perpetual Help, you have been blessed and favored by God. You became not only the Mother of the Redeemer, but Mother of the redeemed as well. We come to you today as your loving children. Watch over us and take care of us. As you held the child Jesus in your loving arms, so take us in your arms. Be a mother ready at every moment to help us. For God who is mighty has done great things for you, and God's mercy is from age to age on those who love God. Intercede for us, dear Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, Mother of Perpetual Help. Amen.

Adoration of the Blessed Sacrament

The first Friday of each month, the 8:00 a.m. Mass is followed by Exposition and Adoration of the Blessed Sacrament. We are needing volunteers to commit an hour each month to spend time with Jesus in the daily chapel.

Please notify the parish office if you are interested.

**Sacred Heart Parish Council
Meeting:
January 31st, following the
5:30 p.m. Mass.**

READINGS FOR THE WEEK

Monday: Heb 11:32-40; Ps 31; Mk 5:1-20

Tuesday: Heb 12:1-4; Ps 22; Mk 5:21-43

Wednesday: Heb 12:4-7, 11-15; Ps 103;
Mk 6:1-6

Thursday: Mal 3:1-4; Ps 24:7-10; Heb 2:14-18;
Lk 2:22-40 [22-32]

Friday: Heb 13:1-8; Ps 27; Mk 6:14-29

Saturday: Heb 13:15-17, 20-21; Ps 23;
Mk 6:30-34

Sunday: Is 58:7-10; Ps 112:4-9; 1 Cor 2:1-5;
Mt 5:13-16

SAINTS AND SPECIAL OBSERVANCES

Sunday: Fourth Sunday in Ordinary Time;
Catholic Schools Week

Tuesday: St. John Bosco

Thursday: The Presentation of the Lord;
World Day for Consecrated Life;
Groundhog Day

Friday: St. Blase; St. Ansgar; First Friday;
Blessing of throats;

*SH: Adoration of the Blessed Sacrament in
Daily Chapel*

Saturday: Blessed Virgin Mary; First Saturday;
STI: 8:30 am Mass

CATHOLIC PRAYER CORNER

God Be in My Head

God be in my head, and in my understanding;

God be in my eyes, and in my looking;


God be in my mouth, and in my speaking;

God be in my heart, and in my thinking;

God be at my end, and at my departing.

—Attributed to Old Sarum Primer

saint snippets



Win these friends of yours not with blows, but with gentleness and kindness. So begin right now to show them that sin is ugly and virtue beautiful.

St. John Bosco
19th-century Italian priest who devoted his life to educating poor boys. He founded the Salesian Order in 1859.

January 31

Copyright © 2019, Michael Thimons

Around the Diocese

Making Sense of the Senses of Scripture

There are many ways to interpret the Bible, but not all of them are helpful. Thankfully, we can find guidance in the rich tradition of the Church and the authority of the Magisterium.

In this upcoming three-part series, Dr. Matthew Umbarger of Newman University will take you on a deep dive into contemporary and traditional methods of biblical interpretation.

February 1st, 7:00pm - 8:30pm

February 8th, 7:00pm - 8:30pm

February 22nd, 7:00pm - 8:30pm

Contact Spiritual Life Center for more Information: www.slcwichita.org

INTRO TO LIFE-GIVING WOUNDS

February 27th; 6:00pm - 9:00pm | Dr. Daniel Meola

This presentation is open to all as the impact of divorce and family brokenness affects virtually all of us: the children, all the adults involved, and the wider community. Dr. Daniel Meola, founder of the Life-Giving Wounds Ministry, will present on "what every Catholic needs to know about adult children of divorce." \$30

Contact Spiritual Life Center for more Information: www.slcwichita.org

SERIES: THE GOOD LIFE

March 21st, 28th, & April 4th; 7:00pm - 8:30pm | Dr. Joshua Papsdorf

Learn to live as disciples of Christ in the Modern Age. This three-part evening series will offer a roadmap for how to navigate through the confusion and live the "Good Life." Each session will draw on Scripture along with a range of Catholic and secular sources to establish general principles and to gain some specific recommendations to incorporate in our daily lives. \$30

Contact Spiritual Life Center for more Information: www.slcwichita.org

Weekly Reflection

Rescued, Responded, Rejoiced!

Zep 2:3, 3:12-13 / Ps 146:6-7, 8-9, 9-10 / 1 Cor 1:26-31 / Mt 5:1-12a

This year's artwork for Stewardship beautifully captures the Beatitudes in so many ways. Mary Magdalen appears meek, poor in spirit, merciful, pure, persecuted, comforted, childlike, satisfied...blessed! The artist seizes Mary's response to the rescue and rewards her with Jesus' outstretched hand. Mary is seeing God the Son. How will she respond? Her response is her reward!

There are so many Mary Magdalens that need rescuing—what is our response to this need? Can you imagine how it would make you feel to rescue? Paint that picture in your mind. To quote Audrey Ronnfeldt, the director of Stewardship of the diocese of Wichita, "rescued people, rescue people."

Have you been rescued? Then rescue, and **"Rejoice and be glad, for your reward will be great in heaven!"**

Provided by Wichita Diocese

February 2023

SUN	MO	TUE	WED	THU	FRI	SAT
			1 STI: 5:30 pm Mass Diaper Heaven AH: Altar Society	2 SH: 8 am Mass	3 SH: 8 am Mass Adoration	4 STI: 8:30 am Mass SH: 5:30 pm Mass
5 STI: 8:30 am Mass SH: 10:30 pm Mass	6	7 SH: 5:30 pm Mass	8 STI: 5:30 pm Mass SH: K of C Mtg	9 SH: 8 am Mass	10 STI: 8 am Mass	11 SH: 5:30 pm Mass
12 STI: 8:30 am Mass SH: 10:30 pm Mass	13	14 SH: 5:30 pm Mass SH: Finance Board	15 STI: 5:30 pm Mass Diaper Heaven	16 SH: 8 am Mass	17 STI: 8 am Mass	18 SH: 5:30 pm Mass
19 STI: 8:30 am Mass SH: 10:30 pm Mass	20 Office Closed	21 SH: 5:30 pm Mass	22 Ash Wednesday SH: 7 am Mass STI: 5:30 pm Mass	23 SH: 8 am Mass	24 STI: 8 am Mass	25 SH: 5:30 pm Mass
26 STI: 8:30 am Mass SH: 10:30 pm Mass	27	28 SH: 5:30 pm Mass				

Liturgical Ministers

Sacred Heart Catholic Church

Date	Sacristan	Usher	Lector	Gift Bearers	Altar Servers
01/28	Connie O'Neill	Jacobsens	Meredith Odell	Jacobsen Family	Kinzley Evans
Sunday 01/29	Lenita Staton	JoAnn Jones	Madeline Woolsey	Garcia Family	Jayce Camacho Millie McKenney
02/04	Joyce Bracken	Spoons	Deb Jacobsen	Johnson Family	Josiah Alexander
Sunday 02/05	Judy Puckett	Ed Bambick	Joe Bambick	Clinton Huser Family	Jayce Camacho Aidan Chard
02/11	Terri Settle	Kathy Beal	Deb Jacobsen	Signer Family	Lalia Jimenez
Sunday 02/12	JoAnn Jones	Clinton Huser	Stephanie Huser	McKenney Family	Vada Huser Millie McKenney

Thank You from Father Smeltzer

I appreciate the many cards, gifts, and treats provided for me during the Christmas season.

Jesus, Mary, and Joseph, pray for us.

Fr. Stuart Michael Smeltzer

Sacred Heart January Collection

\$12,610.00

Thank you to the instructors, parents, and sponsors for all the work they gave in preparing the Confirmation Class of 2023. Thank you to all who provided the reception.

Celebrate!

Join the Confirmation Class after the 10:30 a.m. Mass on Sunday, January 29th to celebrate the candidates receiving the Sacrament of Confirmation.

We will gather in the vestibule after Mass so you can personally congratulate the students and enjoy cupcakes.

Confirmation Class of 2023

Jayce Camacho

Kinzley Evans

Alfael Jimenez

Millie McKenney

Lynk Patry