

Our Staff

Alec Chatterton, Owner / Coach

Alec has had a lifelong involvement with gymnastics, including 15 years of competing at the Junior Olympic and collegiate levels.

Alec has been involved with coaching gymnastics for the last 10 years. He has experience coaching all different ages and skill levels.

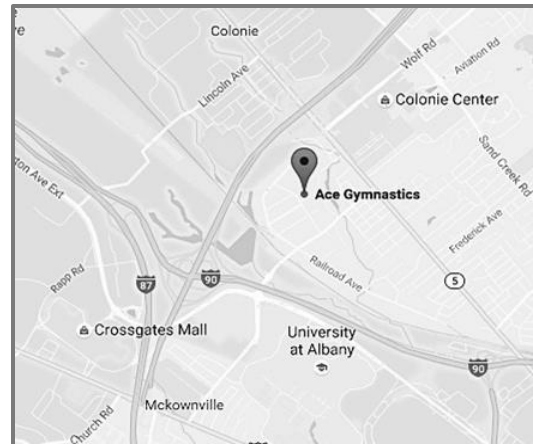
Bob Piehler, General Manager/Coach

Bob was a competitive gymnast for Lakeland High School and Springfield College. He was a Nine time All American gymnast at Springfield College as well as being named the NCAA Division 2 National Floor Exercise Champion in 1983. He is also a member of the Springfield College athletic hall of fame.

Bob was the founder and co-owner of World Class Gymnastics Academy, Latham, N.Y. 1991-2012. He was the head men's and women's team coach as well as the pre-school gymnastics director. He is the coach of numerous State, Regional and National USA Gymnastics champions; both men and women.

Location

We are conveniently located off of Exit 2E on I-87 and 5 minutes from Colonie Center or Crossgates Mall. Find us on Google Maps.



ACE Gymnastics
19 Warehouse Row Albany, NY 12205
518-977-3028

SESSIONS

Session #1: September 7th- November 1st

Session #2: November 2nd- January 6th
No class November 23rd-25th. Monday classes 7 weeks, \$114 1 hour class, \$150 1 ½ hour class. No classes December 25th-January 1st.

Session #3: January 8th- March 3rd

Session #4: March 5th- April 28th
No classes March 31st. Saturday classes 7 weeks, \$114 1 hour class, \$150 1 ½ hour class

Session #5: May 7th-June 16th
Monday classes 6 weeks, \$96 hour class, \$129 1 ½ hours. Tuesday-Saturday classes 7 weeks, \$114 1 hour class, \$150 1 ½ hour class



Gymnastics Classes 2017-2018

Call to Register Today

518-977-3028

ACE GYMNASTICS

19 WAREHOUSE ROW (off Fuller Road)
ALBANY, NY 12205

info@acegymnasticsalbany.com

www.acegymnasticsalbany.com

Why Gymnastics?



Gymnastics is considered by many to be one of the best developmental sports! Some of the physical benefits of gymnastics training are:

- Improved coordination
- Body awareness
- Balance
- Core strength
- Flexibility

Another positive aspect of gymnastics is its ability to increase anyone's confidence level. The progressive nature of our program leads to consistent improvement, which is a great way to increase someone's self-esteem!

Concentration is also improved by teaching the skill of goal setting. One more great reason why Gymnastics is fun!

Our Philosophy

At Ace Gymnastics our goal is to provide the finest gymnastics training in the capital region! From our state-of-the-art facility to our elite level staff everything about our program is first class. All of our students will be treated with respect and taught in a progressive and positive way.

Class structure

We offer 1 and 1 ½ hour classes. The average student ratio is seven to one. Classes meet once a week for 8 weeks. 1 hour: \$130.00, 1 ½ hours \$172.00. Additional days are available!

CLASS SCHEDULE

8-Week Sessions

Call to Register Today
518-977-3028

Classes meet once a week for 8 weeks. 1 Hour: \$130.00* 1 ½ Hours: \$172.00*	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GIRLS Grades K-3 (1 HOUR)	3:30 PM 4:30 PM 5:30 PM	3:30 PM 4:30 PM 5:30 PM	3:30 PM 4:30PM 5:30PM 6:30 PM	5:00 PM	4:30PM	9:00 AM 10:00 AM 11:00 AM
GIRLS Grades 3-6 (1 1/2 HOURS)	4:30PM	4:00PM 5:30PM	6:00PM	5:00PM	4:00PM	9:00AM 10:30AM
GIRLS JR. & SR. HIGH (1 1/2 HOURS)		7:00PM	7:30PM			
BOYS Grades K-3 (1 HOUR)	3:30PM 4:30PM		4:30PM	5:30PM		9:00AM
BOYS Grades 3-6 (1 HOUR)		7:00PM		6:30PM		10:00AM
TUMBLING Grades 5 and Up (1 HOUR)		7:30PM		7:30PM		
ADULT (1 ½ HOURS)		7:00PM				

*A one time \$30.00 yearly registration fee is required per student. **Contact us for multi-child family discounts.**