## **Our Staff**

### Alec Chatterton, Owner / Coach

Alec has had a lifelong involvement with gymnastics, including 15 years of competing at the Junior Olympic and collegiate levels.

Alec has been involved with coaching gymnastics for the last 10 years. He has experience coaching all different ages and skill levels.

### Bob Piehler, General Manager/Coach

Bob was a competitive gymnast for Lakeland High School and Springfield College. He was a Nine time All American gymnast at Springfield College as well as being named the NCAA Division 2 National Floor Exercise Champion in 1983. He is also a member of the Springfield College athletic hall of fame.

Bob was the founder and co-owner of World Class Gymnastics Academy, Latham, N.Y. 1991-2012. He was the head men's and woman's team coach as well as the pre-school gymnastics director. He is the coach of numerous State, Regional and National USA Gymnastics champions; both men and women.

### Location

We are conveniently located off of Exit 2E on I-87 and 5 minutes from Colonie Center or Crossgates Mall. Find us on Google Maps.



ACE Gymnastics 19 Warehouse Row Albany, NY 12205 518-977-3028

### **SESSIONS**

Session #1: September 7th- November 1st

Session #2: November 2<sup>nd</sup>- January 6<sup>th</sup>
No class November 23<sup>rd</sup>-25<sup>th</sup>. Monday
classes 7 weeks, \$114. No classes
December 25th-January 1<sup>st</sup>.

Session #3: January 8th- March 3rd

**Session #4: March 5<sup>th</sup>- April 28<sup>th</sup>**No classes March 31st. Saturday classes 7 weeks, \$114.

Session #5: April 30th-June 16<sup>th</sup>
No classes May 28<sup>th</sup>. Monday classes 6
weeks, \$98 hour class. Tuesday-Saturday
classes 7 weeks, \$114



# Pre-School Gymnastics Classes 2017-2018

Call to Register Today

518-977-3028

#### **ACE GYMNASTICS**

19 WAREHOUSE ROW (off Fuller Road) ALBANY, NY 12205

info@acegymnasticsalbany.com

www.acegymnasticsalbany.com

# Why Pre-School Gymnastics?

Gymnastics training at a young age has proven to be one of the best ways to help children improve in all the critical areas of development. Physically it provides an outstanding foundation for any future activity involving movement.

The confidence developed along with the benefits of interacting with other children and adults is invaluable. Children who have preschool gymnastics training are very well prepared for their early school years.

#### **CLASSES**

#### Mom and Minis- 1 to 2 years and walking

This class requires adult participation and is a wonderful way to make new friends, socialize, and play in a fun safe structured environment. Through The use of games, specialized preschool equipment and lots of moving around we will work on all of the age appropriate motor skills that children of this age need.

#### Little Jacks- 2 to 3 ½ years old

This class requires adult participation, and is a great chance for parents to spend quality time with their child. Classes will focus on teaching large motor skills in our beautiful new preschool gym, specifically designed for younger children. All of this is accomplished in a fun and safe way allowing for lots of socializing experience. Our progressive program will enable students to advance to our Jumping Jacks program.

#### Jumping Jacks- 3 ½ to 5 years old

At this age the students are introduced to all of the gymnastics basics, in a fun, safe and exciting environment. This is a great opportunity for children to learn to take direction from adults other than their parents. This can enhance your child's experience in school by improving their ability to learn.

# **Our Philosophy**

At Ace Gymnastics our goal is to provide the finest gymnastics training in the capital region! From our state-of-the-art facility to our elite level staff everything about our program is first class. All of our students will be treated with respect and taught in a progressive and positive way.

#### Class structure

We offer 1 hour classes.
The average student ratio is six to one. Classes meet once a week for 8 weeks, \$130.00. Additional days are available!

# Call to Register Today 518-977-3028

## **CLASS SCHEDULE**

### 8-Week Sessions

Classes meet once a week for 8 weeks. 1 Hour: \$130.00	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mom & Minis Walking to 2 years with parent participation		9:00AM				
Little Jacks 2-3 ½ years with parent participation	6:00 PM	10:00 AM 6:00 PM	11:00AM 1:00PM 5:30 PM	12:00 PM 5:30 PM		10:00 AM
Jumping Jacks 3 ½ -5 years	4:00 PM 5:00 PM	11:00 AM	10:00AM 12:00PM 4:30 PM	11:00 AM 1:00 PM 4:30 PM		9:00 AM 11:00 AM

\*A one time \$30.00 yearly registration fee is required per student. Contact us for multi-child family discounts.