

Sessions

Session #1: September 8th – November 1st

No Classes Friday, October 31st

Friday Classes ONLY 7 weeks and tuition prorated as follows:

60 minute classes- \$172.00
90 minute classes \$226.00

Monday through Thursday and Saturday Classes as follows:

45 minute classes: \$166.00
60 minute classes: \$196.00
90 minute classes: \$258.00

Session #2: November 3rd – January 10th

No Classes November 26th- November 29th

No Classes December 22nd - January 1st

Wednesday and Thursday classes only are 7 weeks and tuition prorated as follows:

45 minute classes: \$145.00
60 minute classes: \$172.00
90 minute classes: \$226.00

Monday, Tuesday, Friday & Saturday Classes priced as follows:

45 minute classes: \$166.00
60 minute classes: \$196.00
90 minute classes: \$258.00

Session #3: January 12th-March 14th

No Classes February 16th – February 21st

Session #4: March 16th-May 9th

Session #5: May 11th-June 27th

No Classes May 26th

Monday classes ONLY are 6 weeks and tuition prorated as follows:

60 minute classes: \$147.00
90 minute classes: \$194.00

Tuesday through Saturday classes are 7 weeks and priced as follows:

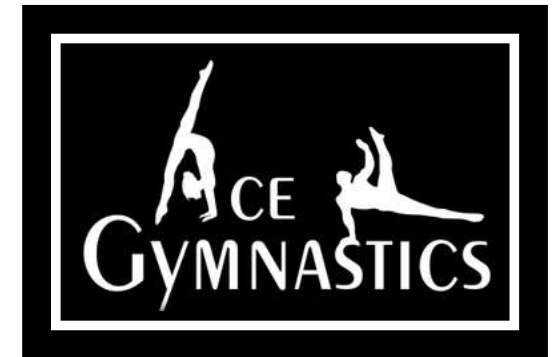
45 minute classes: \$145.00
60 minute classes: \$172.00
90 minute classes: \$226.00

Location

We are conveniently located off of Exit 2E on I-87 and 5 minutes from Colonie Center or Crossgates Mall. Find us on Google Maps.



Ace Gymnastics
19 Warehouse Row
Albany, NY 12205
518-977-3028
info@acegymnasticsalbany.com



2025-2026 Recreational & Preschool Gymnastics Classes

Call to Register Today!

518-977-3028

ACE GYMNASTICS
19 WAREHOUSE ROW (off Fuller Road)
ALBANY, NY 12205

info@acegymnasticsalbany.com

www.acegymnasticsalbany.com

Why Gymnastics?

Gymnastics is considered by many to be one of the best developmental sports! Some of the physical benefits of gymnastics training are:

- Improved coordination
- Body awareness
- Balance
- Core strength
- Flexibility

Another positive aspect of gymnastics is its ability to increase anyone's confidence level. The progressive nature of our program leads to consistent improvement, which is a great way to increase someone's self-esteem!

Concentration is also improved by teaching the skill of goal setting. One more great reason why Gymnastics is fun!

Call to Register Today
518-977-3028

CLASS SCHEDULE

8-Week Sessions

Classes meet once a week for 8 weeks. 45 minutes: \$166.00*; 60 minutes: \$196.00*; 90 minutes: \$258.00*	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Little Jacks (45 Minutes) 18 months to 3 years old with parent participation				5:00PM		9:00AM
Jumping Jacks 3 to 5 Years Old (60 Minutes)	4:00PM 5:00PM	4:30PM	4:00PM 5:00PM	4:00PM	4:00PM	10:00AM 11:00AM
GIRLS Grades K-3 (60 Minutes)	4:00 PM 4:30PM	4:30 PM 5:30 PM	4:00PM 5:00 PM 6:00PM	4:00PM 5:00 PM 6:00PM 6:30PM	4:00PM 5:00PM	9:00 AM 10:00 AM 11:00 AM
GIRLS Grades 3-6 (90 Minutes)	4:30PM	4:00PM 5:30PM	4:30PM 6:00PM	4:00PM 5:00PM	6:00PM	9:00AM 10:30AM
GIRLS JR. & SR. HIGH (90 Minutes)				7:30PM		
BOYS Grades K-3 (60 Minutes)	5:00PM			5:00PM		9:00AM
BOYS Grades 3-6 (60 Minutes)				6:30PM		10:00AM
TUMBLING Grades 5 and Up (60 Minutes)				7:30PM		
ADULT (90 Minutes)		7:00PM	7:30PM			

*A one-time \$40.00 yearly registration fee is required per student. Contact us for multi-class and sibling discounts.



Our Philosophy

At Ace Gymnastics our goal is to provide the finest gymnastics training in the capital region! From our state-of-the-art facility to our elite level staff everything about our program is first class. All of our students will be treated with respect and taught in a progressive and positive way.

We offer 45 minute, 60 minute and 90 minute classes.

Our student ratio is eight to one for ages 5 and up and six to one for preschool classes.

Classes meet once a week for 8 weeks. 45 minute classes: \$166.00; 60 minute classes: \$196.00, 90 minute classes \$258.00.