

## Sessions

**Session #1: September 8<sup>th</sup>- November 2<sup>nd</sup>**

**Session #2: November 3<sup>rd</sup> – January 8<sup>th</sup>**

No classes November 24<sup>th</sup>- November 28<sup>th</sup>  
No classes December 24<sup>th</sup> – January 2<sup>nd</sup>

**Friday & Saturday classes 7 weeks**  
1 hour Friday & Saturday classes- \$140.00

**Session #3: January 10<sup>th</sup> – March 12<sup>th</sup>**

No classes February 21<sup>st</sup> – February 27<sup>th</sup>

**Session #4: March 14<sup>th</sup> – May 7<sup>th</sup>**

**Session #5: May 9<sup>th</sup> – June 25<sup>th</sup>**

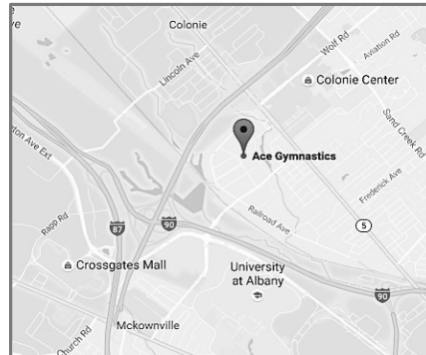
No classes May 30<sup>th</sup>

**Monday classes- 6 weeks**  
1 hour Monday classes- \$120.00

**Tuesday through Saturday classes 7 weeks**  
1 hour Tuesday-Saturday classes- \$140.00

## Location

We are conveniently located  
off of Exit 2E on I-87 and 5  
minutes from Colonie Center  
or Crossgates Mall. Find us  
on Google Maps.



**Ace Gymnastics**  
19 Warehouse Row  
Albany, NY 12205  
518-977-3028  
[info@acegymnasticsalbany.com](mailto:info@acegymnasticsalbany.com)



**Pre-School  
Gymnastics  
Classes  
2021-2022**

**Call to Register Today!**

**518-977-3028**

**ACE GYMNASTICS**  
19 WAREHOUSE ROW (off Fuller Road)  
ALBANY, NY 12205

[info@acegymnasticsalbany.com](mailto:info@acegymnasticsalbany.com)

[www.acegymnasticsalbany.com](http://www.acegymnasticsalbany.com)

## Why Pre-School Gymnastics?

Gymnastics training at a young age has proven to be one of the best ways to help children improve in all the critical areas of development. Physically it provides an outstanding foundation for any future activity involving movement.

The confidence developed along with the benefits of interacting with other children and adults is invaluable. Children who have preschool gymnastics training are very well prepared for their early school years.

## CLASSES

### Little Jacks- 18 months to 3 years old

This is a great chance for parents to spend quality time with their child. Classes will focus on teaching large motor skills in our beautiful new preschool gym, specifically designed for younger children. All of this is accomplished in a fun and safe way allowing for lots of socializing experience. Our progressive program will enable students to advance to our Jumping Jacks program.

### Jumping Jacks- 3 to 5 years old

Much like our Little Jacks class, the students are introduced to all of the gymnastics basics, in a fun, safe and exciting environment. This class can enhance your child's experience in school by improving their ability to learn.

## CLASS SCHEDULE

## 8-Week Sessions

Classes meet once a week for 8 weeks. 1 Hour: \$160.00	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Little Jacks</b> 18 months to 3 years with parent participation	4:00 PM	10:00 AM	11:00AM 1:00PM	12:00 PM 5:00PM		9:00 AM
<b>Jumping Jacks</b> 3 to 5 years	5:00 PM	11:00 AM	10:00AM 12:00PM 4:30 PM	11:00 AM 4:00 PM		10:00 AM 11:00 AM
*A one time \$35.00 yearly registration fee is required per student. <b>Contact us for multi-child family discounts.</b>						

## Our Philosophy

**At Ace Gymnastics our goal is to provide the finest gymnastics training in the capital region! From our state-of-the-art facility to our elite level staff everything about our program is first class. All of our students will be treated with respect and taught in a progressive and positive way.**

## Class structure

We offer 1 hour classes. Adult participation is required at the Little Jacks preschool level. Our preschool student ratio is six to one. Classes meet once a week for 8 weeks, \$160.00. Ask about our multi-class and sibling discount!

**Call to Register Today**

**518-977-3028**