

Sessions

Session #1: September 5th-October 30th

Session #2: November 1st-January 9th

No Classes November 27th- November 30th
No Classes December 23rd-January 1st

Wednesday classes in Session 2 are 7 weeks and the tuition will be \$161.00 for 60 minute classes and \$212.00 for 90 minute classes

Session #3: January 10th-March 13th

No Classes February 17th-February 22nd

Session #4: March 14th-May 8th

Session #5: May 9th-June 28th

No Classes May 26th

For Session 5 only

Monday classes are 6 weeks and tuition is prorated to \$138.00 for 60 minute classes and \$182.00 for 90 minute classes.

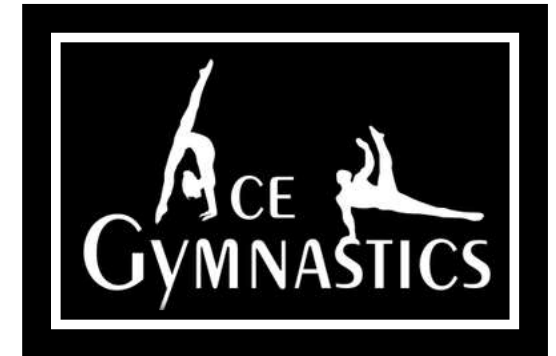
Tuesday through Thursday classes are 7 weeks and tuition is prorated to \$161.00 for 60 minute classes and \$212.00 for 90 minute classes.

Location

We are conveniently located off of Exit 2E on I-87 and 5 minutes from Colonie Center or Crossgates Mall. Find us on Google Maps.



Ace Gymnastics
19 Warehouse Row
Albany, NY 12205
518-977-3028
info@acegymnasticsalbany.com



2024-2025 Recreational & Preschool Gymnastics Classes

Call to Register Today!

518-977-3028

ACE GYMNASTICS
19 WAREHOUSE ROW (off Fuller Road)
ALBANY, NY 12205

info@acegymnasticsalbany.com

www.acegymnasticsalbany.com

Why Gymnastics?



Gymnastics is considered by many to be one of the best developmental sports! Some of the physical benefits of gymnastics training are:

- Improved coordination
- Body awareness
- Balance
- Core strength
- Flexibility

Another positive aspect of gymnastics is its ability to increase anyone's confidence level. The progressive nature of our program leads to consistent improvement, which is a great way to increase someone's self-esteem!

Concentration is also improved by teaching the skill of goal setting. One more great reason why Gymnastics is fun!

Call to Register Today
518-977-3028

CLASS SCHEDULE

8-Week Sessions

| Classes meet once a week for 8 weeks. 60 minutes: \$184.00* 90 minutes: \$242.00* | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|-------------------|--------------------|-------------------|---------------------------------------|------------------|---------------------------------|
| Little Jacks (60 Minutes) 18 months to 3 years old with parent participation | | | | 5:00PM | | 9:00AM |
| Jumping Jacks 3 to 5 Years Old (60 Minutes) | 4:00PM 5:00PM | 4:30PM | 4:00PM 5:00PM | 4:00PM | 4:00PM | 10:00AM 11:00AM |
| GIRLS Grades K-3 (60 Minutes) | 4:00 PM 4:30PM | 4:30 PM 5:30 PM | 4:00PM 5:00 PM | 4:00PM 5:00 PM 6:00PM 6:30PM | 4:00PM 5:00PM | 9:00 AM 10:00 AM 11:00 AM |
| GIRLS Grades 3-6 (90 Minutes) | 4:30PM | 4:00PM 5:30PM | 4:30PM 6:00PM | 4:00PM 5:00PM | 6:00PM | 9:00AM 10:30AM |
| GIRLS JR. & SR. HIGH (90 Minutes) | | | | 7:30PM | | |
| BOYS Grades K-3 (60 Minutes) | 5:00PM | | | 5:00PM | | 9:00AM |
| BOYS Grades 3-6 (60 Minutes) | | | | 6:30PM | | 10:00AM |
| TUMBLING Grades 5 and Up (60 Minutes) | | | | 7:30PM | | |
| ADULT (90 Minutes) | | 7:00PM | 7:30PM | | | |

*A one-time \$35.00 yearly registration fee is required per student. Contact us for multi-class and sibling discounts.

Our Philosophy

At Ace Gymnastics our goal is to provide the finest gymnastics training in the capital region! From our state-of-the-art facility to our elite level staff everything about our program is first class. All of our students will be treated with respect and taught in a progressive and positive way.

We offer 60 minute and 90 minute classes.

Our student ratio is eight to one for ages 5 and up and six to one for preschool classes.

Classes meet once a week for 8 weeks. 60 minute classes: \$184.00, 90 minute classes \$242.00. Ask about our multi-class and sibling discounts!