

# Breathe In Happy Valley

**August 28–30, 2026**

Check in: 2:00 pm, Friday, Aug 28

**August 27: Pre-Retreat (Set up)**

Check in: 4:00 pm, Thursday, Aug 27

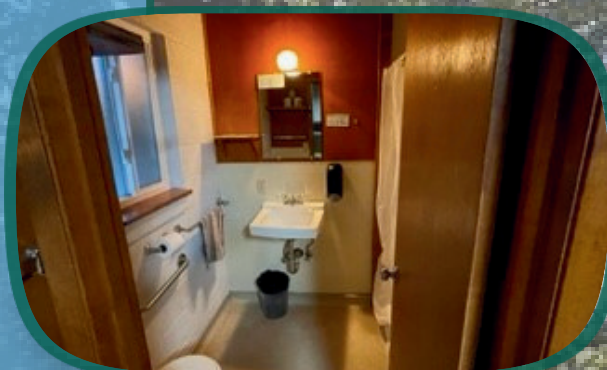
Room Check out: Sunday, Aug 30, 10:30 am

Depart: 2:00 pm (No Sunday Lunch)

**REGISTER NOW!**  
[BreatheInHappyValley.com](http://BreatheInHappyValley.com)

## Accommodations

- **Wood cabins with bunk beds (4–6 per room)**
  - Electricity in each room
  - Closet space, dresser, and nightstand
  - Heated / winterized cabins
- **Shared Bathroom Cabins (Redwood & Fir)**
  - 4 beds per room
  - Each pair of rooms shares a full bathroom
- **Ensuite Cabins (Laurel, Madrone, Pine)**
  - Private bathroom in each cabin
- **A-Frame Lodge Rooms**
  - 6–8 rooms (20–23 guests total)
  - Shared restrooms and private showers in hallways
- **Shared bathroom buildings with hot showers**
- **Peaceful redwood forest setting**
- **Bring your own bedding & towels**
- **If no cabin mate is requested, one will be assigned to you**
- **Wi-Fi available (signal may vary in some areas)**



## Meeting Schedule

**Friday, August 28**

7:30 pm AA/NA Meeting (The Steps)

**Saturday, August 29: "Onesie night"**

6:00 am Yoga 12-Step Meeting

9:30 am Al-Anon Meeting (Higher Power)

11:00 am 12-Step Sound Bath Meditation

2:00 pm Adult Child of Alcoholics Meeting (ACA)

4:00 pm AA/NA Meeting (Big Book Prayers)

7:30 pm AA/NA Meeting (The Slogans)

9:00 pm Headset Onesie Dance

**Sunday, August 30**

6:00 am Yoga 12-Step Meeting

9:30 am Closing Circle



**Bring your Super Soaker!**



**15-min Drive**

## Meals Included

**Friday: Dinner**

**Saturday: Breakfast, lunch, and dinner**

**Sunday: Breakfast**

## Activities Available

- **Swimming Pool access (scheduled use)**
- **Hiking trails and outdoor recreation areas**
- **Basketball court**
- **BRING YOUR SUPER SOAKER - Water Fight**
- **Arts & Crafts**
- **Meditation Labyrinth**

## Pricing

**\$325 / Person Basic Retreat Package**

**Per Person - Upcharge Options:**

+\$0 RV/Tent or Twin Upper Bunk

+\$20 Twin Lower Bunk

+\$30 Full Lower Bunk (Sleeps two people)

**\$150/Person Meals & Activities (No Lodging)**

**\$140/person Thursday Lodging & Dinner,  
Friday Breakfast & Lunch**

Limited number of partial scholarships available  
Please email us for details

## Retreat Questions

[BreatheInHappyValley@gmail.com](mailto:BreatheInHappyValley@gmail.com)

Text or Call Chris S: (408) 529-8668

## Venue Address

**Happy Valley Conference Center**

2159 Branciforte Dr

Santa Cruz, CA 95065

For Emergency: (831) 426-3001

