

Breathe In Happy Valley

August 28–30, 2026

Check in: 2:00 pm, Friday, Aug 28

August 27: Pre-Retreat (Set up)

Check in: 4:00 pm, Thursday, Aug 27

Room Check out: Sunday, Aug 30, 10:00 am

Depart: 2:00 pm

REGISTRATION OPENS

APRIL 1, 2026 (Online Only)

BreatheInHappyValley.com

Accommodations

- **Wood cabins with bunk beds (4–6 per room)**
 - Electricity in each room
 - Closet space, dresser, and nightstand
 - Heated / winterized cabins
- **Shared Bathroom Cabins (Redwood & Fir)**
 - 4 beds per room
 - Each pair of rooms shares a full bathroom
- **Ensuite Cabins (Laurel, Madrone, Pine)**
 - Private bathroom in each cabin
- **A-Frame Lodge Rooms**
 - 6–8 rooms (20–23 guests total)
 - Shared restrooms and private showers in hallways
- **Shared bathroom buildings with hot showers**
- **Peaceful redwood forest setting**
- **Bring your own bedding & towels**
- **If no cabin mate is requested, one will be assigned to you**
- **Wi-Fi available (signal may vary in some areas)**



Meeting Schedule

Friday, August 28

7:30 pm AA/NA Meeting (The Steps)

Saturday, August 29: "Onesie night"

6:00 am Yoga 12-Step Meeting

9:30 am Al-Anon Meeting (Higher Power)

11:00 am 12-Step Sound Bath Meditation

2:00 pm Adult Child of Alcoholics Meeting (ACA)

4:00 pm AA/NA Meeting (Big Book Prayers)

7:30 pm AA/NA Meeting (The Slogans)

9:00 pm Headset Onesie Dance

Sunday, August 30

6:00 am Yoga 12-Step Meeting

9:30 am Closing Circle



15-min Drive

Meals Included

Friday: Dinner

Saturday: Breakfast, lunch, and dinner

Sunday: Breakfast

Options Available

- **Swimming Pool access (scheduled use)**
- **Hiking trails and outdoor recreation areas**
- **Basketball court and lawn games**

Pricing

\$325 / Person Basic Retreat Package

Per Person - Upcharge Options:

+\$0 RV/Tent or Twin Upper Bunk

+\$20 Twin Lower Bunk

+\$30 Full Lower Bunk (Sleeps two people)

\$150/Person Meals & Activities (No Lodging)

**\$140/person Thursday Lodging & Dinner,
Friday Breakfast & Lunch**

Limited number of partial scholarships available
Please email us for details

Retreat Questions

BreatheInHappyValley@gmail.com

Text or Call Chris S: (408) 529-8668

Venue Address

Happy Valley Conference Center

2159 Branciforte Dr

Santa Cruz, CA 95065

For Emergency: (831) 426-3001

