



# Lake Forest News



[www.lakeforestassociation.com](http://www.lakeforestassociation.com)

April 2020

## President's Corner

In these trying times, I hope everyone is doing well. It is a time of adjustment for all of us but we will get through this because we are Americans -we are proud – we are strong! I am promoting the red, white, and blue in my backyard and a large American Flag in my front yard. As a Lake Forest community, would you like to join me by displaying our Flag? I think it would look nice as people drive through our community they will notice our tribute and see how united we are!

I know I have kept busy by doing indoor and outdoor projects that needed to be done. We have a 1000 piece puzzle that we are working on and maybe it will be finished by June!

On a positive note, let's not forget we are members of this beautiful lake association and soon we will have a lot to look forward to - just being outdoors with nature can definitely lift the spirits.

The LFA April 1<sup>st</sup> membership meeting has been canceled. I would like to assure you that your Board members and I are in continual contact and I will be sending out emails with any updates.

Below are upcoming items that you should be aware of:

- **Membership dues**—dues are now being collected for 2020. The dues price is the same as previous years. All dues must be paid before April 1<sup>st</sup> 2020; otherwise a 15% late fee is applied.

<b>Resident Membership</b>	<b>\$180.00</b>
<b>Summer Membership</b>	<b>\$210.00</b>
<b>Senior Membership*/**</b>	<b>\$135.00 (1-5 years Membership)</b>
	<b>\$108.00 (6-10 years Membership)</b>
	<b>\$ 90.00 (11+ years Membership)</b>

**Boat Stickers** \$ 5.00 per vessel whether it is a boat, canoe, or kayak, etc. (Paddle boards do not require a sticker).

\* Senior Membership available to those individuals age 65 or older.

\*\* If any of our lifetime members, who do not have to pay dues, would like to make a monetary donation to help with expenses, it will be greatly appreciated.

**New applications can be downloaded from our website at [www.lakeforestassociation.com](http://www.lakeforestassociation.com).**

- Please mail or drop off your checks for Membership Dues and Boat Sticker Fees to:

Nancy Teixeira  
165 Lakeside Drive  
Bridgeport, Ct 06606  
(203) 374-4400

[meeka1@optonline.net](mailto:meeka1@optonline.net) if you have any questions

- **Floating Docks**—With spring around the corner, some of you might be thinking about building a floating dock. If you are, remember plans **MUST** be submitted to the LFA Board for approval **BEFORE** the start of any construction.

If you have any questions or concerns, please feel free to contact me.

Cliff Roberts, President LFA  
(203) 414-4858  
[Cliff\\_bpt1@yahoo.com](mailto:Cliff_bpt1@yahoo.com)



## Calendar of Events

### April:

	1 <sup>st</sup>	April Fool's Day		5 <sup>th</sup>	Palm Sunday
	8 <sup>th</sup>	Passover Begins at Sundown		10 <sup>th</sup>	Good Friday
	12 <sup>th</sup>	Easter		15 <sup>th</sup>	Board of Directors Meeting 7:00 P.M.
	16 <sup>th</sup>	Passover Ends		17 <sup>th</sup>	Orthodox Good Friday
	19 <sup>th</sup>	Orthodox Easter		22 <sup>nd</sup>	Earth Day
	23 <sup>rd</sup>	Ramadan Begins at Sundown		23 <sup>rd</sup>	Ramadan Begins at Sundown
	24 <sup>th</sup>	Arbor Day		24 <sup>th</sup>	Arbor Day

### May:

	1 <sup>st</sup>	May Day
	5 <sup>th</sup>	Cinco de Mayo
	6 <sup>th</sup>	National Nurses Day
		Lake Forest Meeting 7:30 P.M.
	10 <sup>th</sup>	Mother's Day
	16 <sup>th</sup>	Armed Forces Day
	20 <sup>th</sup>	Board of Directors Meeting 7:00 P.M.
	23 <sup>rd</sup>	Ramadan Ends
	25 <sup>th</sup>	Memorial Day
	28 <sup>th</sup>	Shavout Begins at Sundown
	30 <sup>th</sup>	Shavout Ends



Fastest and quickest way to stay updated with everything that's going on!!! Look us up and send a friend request!!!

Lake Forest Association

## From the Desk of our Boat Warden Matt Cohen.....



The Docks will be placed by the 3rd week in April. We will notify everyone once they are in place. If anyone needs the large gate opened to launch their boat, they can call me at (203) 243-3219 and I will arrange a time to meet you at the lake. Carol and I hope you all stay safe and healthy.

### COVID-19 - How to Protect Yourself (<https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>)

**Older adults and people who have severe underlying medical conditions** like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.

#### Know How it Spreads

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- **The best way to prevent illness is to avoid being exposed to this virus.**
- The virus is thought to spread mainly from person-to-person.
  - Between people who are in close contact with one another (within about 6 feet).
  - Through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

#### Take steps to protect yourself

##### Clean your hands often

- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.

**Avoid touching your eyes, nose, and mouth** with unwashed hands.

##### Avoid close contact

- **Avoid close contact** with people who are sick
- **Put distance between yourself and other people** if COVID-19 is spreading in your community. This is especially important for [people who are at higher risk of getting very sick](#).

#### Take steps to protect others

##### Stay home if you're sick

**Stay home** if you are sick, except to get medical care. Learn [what to do if you are sick](#).

##### Cover coughs and sneezes

- **Cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.
- **Throw used tissues** in the trash.

Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

##### Wear a facemask if you are sick

**If you are sick:** You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then you should do your best to cover your coughs and sneezes, and people who are caring for you should wear a facemask if they enter your room. [Learn what to do if you are sick](#).

**If you are NOT sick:** You do not need to wear a facemask unless you are caring for someone who is sick (and they are not able to wear a facemask). Facemasks may be in short supply and they should be saved for caregivers.

#### Clean and disinfect

**Clean AND disinfect frequently touched surfaces daily.** This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.

**If surfaces are dirty, clean them:** Use detergent or soap and water prior to disinfection.

##### To disinfect:

Most common EPA-registered household disinfectants will work. Use disinfectants appropriate for the surface.

##### Options include:

- **Diluting your household bleach.** To make a bleach solution, mix:
  - 5 tablespoons (1/3rd cup) bleach per gallon of water OR
  - 4 teaspoons bleach per quart of water

Follow manufacturer's instructions for application and proper ventilation. Check to ensure the product is not past its expiration date. **Never mix household bleach with ammonia or any other cleanser.** Unexpired household bleach will be effective against coronaviruses when properly diluted.

- **Alcohol solutions.** Ensure solution has at least 70% alcohol.

**Other common EPA-registered household disinfectants.** Products with [EPA-approved emerging viral pathogens pdf icon\[7 pages\]](#) external icon claims are expected to be effective against COVID-19 based on data for harder to kill viruses. Follow the manufacturer's instructions for all cleaning and disinfection products.

**Lake Forest Clubhouse  
Event Rentals**

424 Frenchie rd  
Bridgeport, Ct. 06606  
203-371-7671

Now accepting all major credit cards

lakeforestassociation@gmail.com  
www.lakeforestassociation.com  
Facebook@Lake Forest  
Instagram@Lakeforestclubhouse

Report an issue today!

## Bridgeport 311

Have a problem you would like the City to know about? Easy fix!!! Report it on [SEELICKRX.COM](#). Get updated information when issue is addressed, worked on, and fixed.

Contact any of the following if you have specific questions/concerns:

President	Cliff Roberts (203) 414-4858 cliff_bpt1@yahoo.com
Boat Warden / Boat Stickers	Matt Cohen (203) 243-3219 mcohen@snet.net
Keys/fobs for beach	Gaby Topar @ LFA2ndVP@gmail.com or you may TEXT her at (203) 216-7887
Club rentals	Michele Barnes (203) 371-7671
Sunshine	Lorraine Tobin (203) 372-3044
Newsletter	Karen Pavlik karen.pavlik123@gmail.com
Dam	Bill Barfield (203) 243-3958 WilliamBarfield@icloud.com
Membership	Nancy Teixeira (203) 374-4400 If you see a new home has been purchased in LFA, please contact her so we can welcome them and ask them to join our association.



**50/50 Raffle winner for March meeting:** Dave Pavlik (to host May meeting).

#### USEFUL NUMBERS

For Noise complaints/loud music—issues with college students.

- Bridgeport Police Non-emergency number (203) 576-7671, if true emergency, call 911.
- Call Sacred Heart Public Safety Office at (203) 371-7995. They have their own security patrol on Thursday, Friday, and Saturday from September to the beginning of May. The college pays for the extra patrol/response from Bridgeport PD in our area. Patrols are not used during the summer so if you have an issue, contact Dean Larry Wielk at the number listed below.
- Call the Dean of Sacred Heart—Dean Larry Wielk at (203) 371-7916 (let him know how many times the same houses have been reported to Police and the same problems exist).
- For other issues with city services—abandoned vehicles, illegal dumping, tree issues, blight public works, etc., or to report a concern, go to [www.bridgeport.gov/Bridgeport311](http://www.bridgeport.gov/Bridgeport311).