



Lake Forest News



www.lakeforestassociation.com

April 2021

President's Corner

Looks like spring is here. I hope everyone is doing well. I am looking forward to having a good year on the Lake. It looks like we will be able to hold some functions at the Clubhouse and at the beach this year and we are working on an events calendar, which we will be posting soon.

If you live on the lake and anything happens to float up to your property, please remove it from the water. It would be a great help to us. The boat docks will be going in soon and the beach will be cleaned up. Hopefully, depending on the weather, we can open the beach soon.

Below are important items for you to be aware of:

- **Floating Docks**—Some of you might be thinking about building a floating dock. If you are, remember plans **MUST** be submitted to the LFA Board for approval **BEFORE** the start of any construction.
- **Volunteers Needed**—We are always looking for volunteers to help us and would love to have you work with us to keep our Association running. **We are currently looking for volunteers to help with the upkeep of all the LFA properties (e.g., mowing the grass at the Clubhouse, cleaning up the beach and bathrooms, painting, emptying trash cans, etc.).** Remember, this Association is run strictly by people who volunteer so if you can just spare a little bit of time to help, it will make a great difference for our community. It will also give you a chance to meet other LFA members, especially if you are new to Lake Forest. As we enter 2021, please consider stepping forward to volunteer your time to help us with **our** Association.
- **Membership Dues**—It is a new year so dues are now being collected for 2021. The dues price is the same as previous years and invoices will be going out shortly. All dues must be paid before April 7th, 2021; otherwise late fees are applied.

Resident Membership	\$180.00
Summer Membership	\$210.00
Senior Membership*/**	\$135.00 (1-5 years Membership)
	\$108.00 (6-10 years Membership)
	\$ 90.00 (11+ years Membership)

Boat Stickers \$ 5.00 per vessel whether it is a boat, canoe, or kayak, etc. (Paddle boards do not require a sticker).

* Senior Membership available to those individuals age 65 or older.

** If any of our lifetime members, who do not have to pay dues, would like to make a monetary donation to help with expenses, it will be greatly appreciated.

Note: New applications can be downloaded from our website at www.lakeforestassociation.com.

Please mail or drop off your checks for Membership Dues and Boat Sticker Fees to:

Nancy Teixeira
165 Lakeside Drive
Bridgeport, Ct 06606
(203) 374-4400

meeka1@optonline.net if you have any questions

If you would like to update any phone number or email address, please contact Nancy at (203) 374-4400 or meeka1@optonline.net. If you have new neighbors, please invite them to join our Association. All info is on our website www.lakeforestassociation.com.

As always, feel free to contact me with any questions.

Cliff Roberts, President LFA
(203) 414-4858
Cliff_bpt1@yahoo.com



Calendar of Events

April:

- 1st April Fool's Day
- 2nd Good Friday
- 4th Easter
- Passover Ends
- 12th Ramadan Begins at Sundown
- 15th Tax Day
- 21st Board of Director's Meeting 7:00 P.M.
- 22nd Earth Day

May:

- 5th Lake Forest Meeting 7:30 P.M.
- Cinco de Mayo
- 9th Mother's Day
- 11th Ramadan Ends
- 15th Armed Forces Day
- 19th Board of Director's Meeting 7:00 P.M.
- 31st Memorial Day

50/50 Raffle winner for March meeting:

Dave Pavlik (to host next in person meeting).



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Fastest and quickest way to stay updated with everything that's going on!!! Look us up and send a friend request!!!
Lake Forest Association

Thank You!

Healthcare Workers
First Responders
Essential Workers

Stay Safe

From the Desk of our Boat Warden Matt Cohen.....



I'd like to thank and welcome Scott Herde who will be taking on the position of assistant boat warden. He can be reached at 203-895-9792. When you see him on the water be sure to say "hi".

Many thanks to Charlie Haas and Vinnie Stanton for donating their time to repair the boats docks. They are both great assets to Lake Forest and are very appreciated. Thanks again to both of you.

35 Things to Do in Connecticut this April

- 1. Reel in fish.** It's fishing season! Cast your lines [inland](#) or try deeper waters on a fishing trip aboard [Middlebank II](#), [Osprey Sport Fishing](#), [North Coast Charters](#), or [FlyingConnie Fishing Charters](#).
- 2. Hike to the top.** Get out in the spring air and hike to new heights. Try these trails with [incredible views](#) or the state's top [hiking destinations](#). Looking for more spots? Explore these [hiking trails in every county](#).
- 3. Adventure in the trees.** Challenge yourself on ropes courses or zip through the trees on ziplines at [Adventure Park at the Discovery Museum](#) in Bridgeport or [Adventure Park at Storrs](#).
- 4. Destroy things.** At Connecticut's first rage room, let out your emotions – and laugh a lot too. At [Smash Avenue](#) in West Hartford, you'll use all your might to safely destroy breakable items while draped in protective gear.
- 5. Have a rockin' day.** When April showers come down, go indoor rock climbing at [City Climb Gym](#) in New Haven, [Rock Climb Fairfield](#), [Stone Age Rock Gym](#) in Manchester, or [Prime Climb Mountain Fun](#) in Wallingford.
- 6. Shred the trails.** Go mountain biking at [Powder Ridge Mountain Park & Resort](#) in Middlefield, try cycling on bike trails like the [Farmington River Trail](#) in Simsbury or the [Farmington Canal Linear Trail](#) in New Haven, or explore these bike [trails for all speeds](#).
- 7. Go off-roading.** Rent a UTV and experience a guided tour through privately owned trails in the Northwest Hills of Connecticut with [Backyard Adventure UTV Tours](#) in Canaan.
- 8. Treat yourself to a facial or massage.** Whichever you prefer, a visit to spas like [The Spa at Litchfield Hills](#) in Litchfield, [The Spa at Norwich Inn](#) in Norwich, [Delamar Spa](#) in West Hartford, or [Mandara Spa](#) in Uncasville will help ease your way into the new season.
- 9. Relax in a salt cave.** Try holistic healing and relieve stress in salt caves such as [Salt Cave of Darien](#), [Newtown Salt Spa](#), [Soulshine Salt Cavern](#) in Durham, or [Spa Soil](#) in West Hartford.
- 10. Try sound healing.** Embark on a sound journey and achieve a state of deep relaxation as a way to retune and rebalance at [The Sound Retreat](#) in Chester.
- 11. Pick daffodils.** Spend a rejuvenating day outside with family and friends picking your own daffodils at [Halfinger Farms](#) in Higganum. Or stroll through the shoreline town of Madison and tour the [Daffodil Trail](#) at historic sites and local parks.
- 12. Get your float on.** Relieve anxiety and release endorphins when floating sense-free in water and Epsom salt at [Imagine Float](#) in Avon.
- 13. Tour historic homes and gardens.** Connecticut is filled with landmarks steeped in rich history – and gorgeous grounds. Explore [these spots](#) and discover the beauty around every corner.
- 14. Take an art class.** Whether you prefer painting, pottery, or more, dive into your creative side by taking art classes for all levels at [Washington Art Association](#) or [Farmington Valley Arts Center](#) in Avon.
- 15. Explore unique museums.** Learn about something new at less typical history museums such as the [Greater Middletown Military Museum](#), [Mystic Seaport Museum](#), [Vintage Hi Fi Museum](#) in West Hartford, [New England Motorcycle Museum](#) in Vernon, the [New England Carousel Museum](#) in Bristol, or the [Institute for American Indian Studies](#) in Washington.
- 16. Visit a new gallery.** Six Summit Art Gallery opened a new 3,500 square foot gallery space in Westbrook called the [Grand Art Salon](#). Tour the space and admire works from a variety of creators, including the first exhibit "Resurgence," which represents the ongoing struggles of the pandemic.
- 17. Try new brews.** Despite the challenges of 2020, many new businesses still opened – including craft breweries. Visit newly opened spots such as [Phantom Brewing Company](#) in Hartford, [Dockside Brewery](#) in Milford, [Half Full Brewery](#) in Stamford, [Clocktown Brewing Company](#) in Thomaston, or [NewSylum Brewing Company](#) in Newtown.
- 18. Dine outside.** As the weather warms up, take advantage and enjoy [outdoor dining](#) at any of these restaurants around the state.
- 19. Enjoy at-home dining.** Let someone else do the cooking tonight! Help #SupportCTbusinesses by ordering [takeout](#), [delivery](#), or trying these ways to [dine out while staying in](#).
- 20. Eat a la carte.** Enjoy the spring air and sample foods of all kinds. Take a walking tour of nearly 30 food trucks offering tasty treats at [Food Truck Paradise](#) by Long Wharf in New Haven, savor flavors under string lights at [GastroPark](#) in Hartford, or try over-the-counter meals at [Essex Public Market and Food Hall](#) – from Mexican fare, to a noodle bar, to gelato.

Contact any of the following if you have specific questions/concerns:

President	Cliff Roberts (203) 414-4858 cliff_bpt1@yahoo.com
Boat Warden/Boat Stickers	Matt Cohen (203) 243-3219 mcohen@snet.net
Assistant Boat Warden	Scott Herde (203) 895-9792
Keys/fobs for beach	Nancy Teixeira (203) 374-4400
Club rentals	Michele Barnes (203) 371-7671
Sunshine	Lorraine Tobin (203) 372-3044
Newsletter	Karen Pavlik karen.pavlik123@gmail.com
Dam	Bill Barfield (203) 243-3958 WilliamBarfield@icloud.com
Membership	Nancy Teixeira (203) 374-4400 If you see a new home has been purchased in LFA, please contact her so we can welcome them and ask them to join our Association.

21. Go brunching. There's something about spring that just says "brunch" – especially brunch that looks as superb as it tastes. Snap an Instagram shot (and send your taste buds to heaven) at these [photo-worthy brunch spots](#).

22. Devour donuts. Add some extra happiness to your morning pick-up delicious (and sometimes even photo-worthy) donuts from [Blazing Fresh Donuts](#) in Guilford, [Donut Crazy](#) in multiple locations across the state, or the newly opened [Neil's Donuts](#) in Wallingford.

23. Take a pizza tour. Did you know that New Haven is home to not one, not two, but *four* of the nation's top pizza places (including [America's #1](#))? Explore the city and sample a [slice of history](#). Discover even more spots along the [Connecticut Pizza Trail](#). [America's #1](#)? Explore the city and sample a [slice of history](#). Discover even more spots along the [Connecticut Pizza Trail](#).

Visit <https://www.ctvisit.com/articles/35-things-do-connecticut-april> to see the remaining items.

USEFUL NUMBERS

For Noise complaints/loud music—issues with college students.

- Bridgeport Police Non-emergency number (203) 576-7671, if true emergency, call 911.
- Call Sacred Heart Public Safety Office at (203) 371-7995. They have their own security patrol on Thursday, Friday, and Saturday from September to the beginning of May. The college pays for the extra patrol/response from Bridgeport PD in our area. Patrols are not used during the summer so if you have an issue, contact Dean Larry Wielk at the number listed below.
- Call the Dean of Sacred Heart—Dean Larry Wielk at (203) 371-7916 (let him know how many times the same houses have been reported to Police and the same problems exist).
- For other issues with city services-abandoned vehicles, illegal dumping, tree issues, blight public works, etc., or to report a concern, go to