

# Lake Forest News



[www.lakeforestassociation.com](http://www.lakeforestassociation.com)

February 2021

## President's Corner

I would like to start out by thanking individuals for their quick response about helping to print the monthly newsletter. First, **Thank You** to Brad and Gaby Topar for committing to do them for 2021; Scott Herde for printing 150 copies for the membership raffle; John O'Neill for his donation to purchase ink for the annual dues invoices; Mina Giacomini for her offer to help print things when needed for LFA; Patricia and Keith Cunningham for their offer to help with printing throughout the year as needed; and Fred Castaldo, Jr. for the delivery of the newsletters.

A lot of things get done behind the scenes and a big **Thank You** to John Hammond, John Hammond, Jr., Mark Hammond, and Fred Castaldo, Jr. for their help fixing the fence at the dam that was damaged by a fallen tree. I cannot tell you how much money all these volunteers have saved LFA.

I have been working with Councilwoman Rosalina Roman Christy to get some more speed bumps and flashing stop signs by Lake Forest beach. As the warm weather approaches, we will be looking to get teams together to help with the upkeep of our properties. My goal is to keep the LFA area one of the best areas in The City Of Bridgeport and I can only do this with everyone's help. I

Below are important items for you to be aware of:

- **LFA Membership Raffle**—Don't forget there is still time to purchase tickets for the LFA Membership Raffle. Since, we were not able to rent out our Clubhouse last year, our Association is in need of generating income. We are holding a raffle and the winner receives a 2021 Membership to Lake Forest Association. The cost is \$10.00 per ticket—please consider purchasing a few raffle tickets to help us with this fundraiser (see next page).
- **Volunteers Needed**—We are always looking for volunteers to help us and would love to have you work with us to keep our Association running. This Association is run strictly by people who volunteer (whether it be for testing the water for swimming, maintenance at the beach or Clubhouse, or helping with fundraisers or events) so if you can just spare a little bit of time to help, it will make a great difference for our community. It will also give you a chance to meet other LFA members, especially if you are new to Lake Forest. As we enter 2021, please consider stepping forward to volunteer your time to help us with **our** Association.
- **Membership Dues**—It is a new year so dues are now being collected for 2021. The dues price is the same as previous years and invoices will be going out shortly. All dues must be paid before April 1<sup>st</sup> 2021; otherwise late fees are applied.

**Resident Membership**      **\$180.00**

**Summer Membership**      **\$210.00**

**Senior Membership\*/\*\***      **\$135.00 (1-5 years Membership)**  
    **\$108.00 (6-10 years Membership)**  
    **\$ 90.00 (11+ years Membership)**

**Boat Stickers**      **\$ 5.00 per vessel whether it is a boat, canoe, or kayak, etc. (Paddle boards do not require a sticker).**

\* Senior Membership available to those individuals age 65 or older.

\*\* If any of our lifetime members, who do not have to pay dues, would like to make a monetary donation to help with expenses, it will be greatly appreciated.

**Note: New applications can be downloaded from our website at [www.lakeforestassociation.com](http://www.lakeforestassociation.com).**

Please mail or drop off your checks for Membership Dues and Boat Sticker Fees to:

Nancy Teixeira  
165 Lakeside Drive  
Bridgeport, Ct 06606  
(203) 374-4400

[meeka1@optonline.net](mailto:meeka1@optonline.net) if you have any questions

If you would like to update any phone number or email address, please contact Nancy at (203) 374-4400 or [meeka1@optonline.net](mailto:meeka1@optonline.net). If you have new neighbors, please invite them to join our Association. All info is on our website [www.lakeforestassociation.com](http://www.lakeforestassociation.com).

In closing, I would like to reiterate to everyone that we run this Association by people volunteering so I would like to ask everyone to think about volunteering in some way 1 hour a week to help us out. We will be setting up a schedule of things that need to be done for the upcoming year. I look forward to hearing from you.

Cliff Roberts, President LFA  
(203) 414-4858  
[Cliff\\_bpt1@yahoo.com](mailto:Cliff_bpt1@yahoo.com)



**50/50 Raffle winner for March meeting:**

Dave Pavlik (to host next in person meeting).



### 33 Things to Do in Connecticut This February

Looking for something to do in Connecticut in February? Even with all the COVID-19 safety restrictions, there is still so much to see and do — and you can be sure businesses are working hard to keep you safe. Whether you want something active or relaxing, cultural or nature-oriented, historic or trendy, Connecticut's got you covered. Here are some highlights for February.

At this time, attractions are working diligently to [prioritize safety](#). Just be sure to check with each location before venturing out as hours may change due to COVID-19.

**1. Climb to the top.** Ever think you could climb a waterfall? Well you can — when it's frozen. **Ascent Climbing** offers guided ice climbing lessons for adventurers of all experience levels.

**2. Rock it out.** Ice climbing a little too intimidating? Don't worry, adventure can happen anywhere — including indoors. Try out an exciting day of rock climbing at one of Connecticut's rock climbing gyms like **City Climb Gym** in New Haven or **Central Rock Gym** in Glastonbury.

**3. Stride cross-country.** Swap the downhill runs for a peaceful glide through nature when cross-country skiing at **James Goodwin State Forest** in Hampton, **White Memorial Foundation** in Litchfield, or **Winding Trails Cross Country Ski Center** in Farmington.

**4. See eagles soar.** Did you know Connecticut is the winter home of eagles who travel south from Maine and Canada when their habitats freeze over? This means that seeing these majestic creatures in person is easier than you think! Catch amazing views of eagles at the **Shepaug Dam** in Southbury.

**5. Try new moves on the slopes.** Try out some new snowy activities like night skiing at **Ski Sundown**, tubing at **Mohawk Mountain Ski Area**, ski biking at **Powder Ridge Mountain Park Resort**, or riding e-bikes through the snow at **Covered Bridge Electric Bike Rental** for a wonderful winter outing.

**6. Break the ice.** Visit a local bait shop before cutting the ice to fish for bass, pike, and perch at **Bantam Lake** or **Lake Waramaug**. You might even stop by **Cabela's** for some extra gear.

**7. Pamper your "Galentines."** Celebrate Galentine's Day on February 13 with all your best girlfriends — take a well-deserved spa day at one of Connecticut's beautiful [spas](#).

**8. Escape through the page.** Curl up in a cozy place and travel to wherever you want — with a good book. Explore one of the best [places to read and relax](#) in Connecticut and spend an overnight in a spot with a tie to literature.

**9. Float your cares away.** Experience peace like you never have before with sensory deprivation therapy at **The PuREST Float** in Trumbull, **Imagine Float** in Avon, or **Surrender to the Float** in Guilford. This activity has even been known to lower blood pressure!

**10. Shavasana in a salt cave.** Practice yoga in a blissful new location: a salt cave. Try a yoga class at **Salt Cave of Darien** or meditation-based yoga at **Soulshine Salt Cavern** in Durham for a whole new level of relaxation.

**11. Marvel at the murals.** Winter weather keeping you indoors? Check out all the captivating larger-than-life artwork that [Connecticut art museums](#) have to offer.

**12. Go on the (antique) hunt.** Connecticut is filled with fascinating vintage treasures waiting to be found. Start your treasure hunt on the [Antiques Trail](#).

**13. See stunning art.** Discover Connecticut's artistic treasures along the award-winning [Connecticut Art Trail](#) which includes [21 world-class museums](#) and historic sites, ranging from bucolic farms, art studios and former artists' boarding houses to grand and modern downtown art museums.

**14. Snap some winter beauty.** Take advantage of the winter wonderland sights at these [Instagrammable winter locations](#) and get the shot that will captivate your followers.

**15. Enjoy art virtually.** Embrace arts and culture from the comfort of your home! Attend virtual talks like Artists in Conversation with [Ingrid Pollard](#) or [Joy Gregory](#).

**16. Explore history.** Tour one of Connecticut's many [history museums](#) including the **Keeler Tavern Museum** in Ridgefield, the **Hill-Stead Museum** in Farmington, and the **Greenwich Historical Society**.

**17. Go on a foodie tour.** Indulge in Connecticut's authentic and tasty [pizza](#), [chocolate](#), or [chowder](#) trails.

**18. Celebrate food holidays.** Did you know February is filled with great holidays dedicated to some of your favorite treats? Connecticut has got your celebrations covered. For National Bagels and Lox Day on February 9, visit the boutique "bagelry" at **OLMO** in New Haven for unique bagel creations. After a bagel breakfast, celebrate with a pizza lunch for National Pizza Day which is also on February 9 — take a bite out of the [best pizza in America](#) or snap some shots of [Instagrammable pizza](#). If you're a seafood fan, visit some of Connecticut's [best spots for clam chowder](#) on February 25 for National Clam Chowder Day. Go to <https://www.ctvisit.com/articles/34-things-to-do-february-in-connecticut> to see the remaining things to do.

### Lake Forest Association 2021 Membership Raffle

\$10 per ticket for a chance to win a 2021 Membership  
(No limit on number of tickets that can be purchased)

**Raffle ENDS February 15, 2021**

Winner will be selected at the February Board meeting

Even those of you with a reduced dues rate will benefit from purchasing a raffle ticket. Your participation helps to pay our taxes, insurance and other necessary expenses necessary to keep our Association and our beautiful Lake the Best in the City!



**Make Checks Payable To: Lake Forest Association**

Fill out the information below and **mail or drop off this sheet**

**AND payment to: Nancy Teixeira, 165 Lakeside Dr., 06606**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_


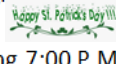

\*Refund will be given to the winner if they have already paid their dues.

### Calendar of Events

#### February:

2<sup>nd</sup> Groundhog Day   
12<sup>th</sup> Chinese New Year   
14<sup>th</sup> Valentine's Day   
15<sup>th</sup> President's Day   
17<sup>th</sup> Ash Wednesday  
Board of Director's Meeting 7:00 P.M.  
25<sup>th</sup> Purim Begins   
26<sup>th</sup> Purim Ends

#### March:

14<sup>th</sup> Daylight Savings Time Begins   
17<sup>th</sup> St. Patrick's Day   
Board of Director's Meeting 7:00 P.M.  
20<sup>th</sup> First Day of Spring   
27<sup>th</sup> Passover Begins at Sundown  
28<sup>th</sup> Palm Sunday

**From the Desk of our Boat  
Warden Matt Cohen.....**



Contact any of the following if you have specific questions/concerns:

President	Cliff Roberts (203) 414-4858 cliff_bpt1@yahoo.com
Boat Warden / Boat Stickers	Matt Cohen (203) 243-3219 mcohen@snet.net
Keys/fobs for beach	Nancy Teixeira (203) 374-4400
Club rentals	Michele Barnes (203) 371-7671
Sunshine	Lorraine Tobin (203) 372-3044
Newsletter	Karen Pavlik karen.pavlik123@gmail.com
Dam	Bill Barfield (203) 243-3958 WilliamBarfield@icloud.com
Membership	Nancy Teixeira (203) 374-4400 If you see a new home has been purchased in LFA, please contact her so we can welcome them and ask them to join our association.



### USEFUL NUMBERS

For Noise complaints/loud music—issues with college students.

- Bridgeport Police Non-emergency number (203) 576-7671, if true emergency, call 911.
- Call Sacred Heart Public Safety Office at (203) 371-7995. They have their own security patrol on Thursday, Friday, and Saturday from September to the beginning of May. The college pays for the extra patrol/response from Bridgeport PD in our area. Patrols are not used during the summer so if you have an issue, contact Dean Larry Wielk at the number listed below.
- Call the Dean of Sacred Heart—Dean Larry Wielk at (203) 371-7916 (let him know how many times the same houses have been reported to Police and the same problems exist).
- For other issues with city services—abandoned vehicles, illegal dumping, tree issues, blight public works, etc., or to report a concern, go to [www.bridgeport.gov/Bridgeport](http://www.bridgeport.gov/Bridgeport) 311.