



Lake Forest News



www.lakeforestassociation.com

May 2020

President's Corner

Wow, have things changed! Whether it's being quarantined or some other term, we are all now into social distancing and other practices to keep us and our loved ones safe. The increase of confirmed cases and death is alarming to all of us. How this pandemic will affect Lake Forest this spring and summer is unknown at this point. We have already had General Membership meetings and Board of Director meetings postponed. Possibly the Board of Director's meeting for the month of May will be held by Zoom with the help of Karen Pavlik. I will be sending out updates by email and our Lake Forest web site. Most important in all of this is for everyone to stay safe!

Below are upcoming items that you should be aware of:

- **Membership dues**—dues are now past due and a 15% late fee is assessed.

Resident Membership

\$180.00

Summer Membership

\$210.00

Senior Membership*/**

\$135.00 (1-5 years Membership)

\$108.00 (6-10 years Membership)

\$ 90.00 (11+ years Membership)

Boat Stickers

\$ 5.00 per vessel whether it is a boat, canoe, or kayak, etc. (Paddle boards do not require a sticker).

* Senior Membership available to those individuals age 65 or older.

New applications can be downloaded from our website at www.lakeforestassociation.com.

- Please mail or drop off your checks for Membership Dues and Boat Sticker Fees to:

Nancy Teixeira

165 Lakeside Drive

Bridgeport, Ct 06606

(203) 374-4400

meeka1@optonline.net if you have any questions

- **Floating Docks**—With spring around the corner, some of you might be thinking about building a floating dock. If you are, remember plans **MUST** be submitted to the LFA Board for approval **BEFORE** the start of any construction.

- **Summer Activities/Events**—Many activities and events are being planned for the summer. Once the pandemic subsides and we know more about guidelines for getting together, we will let you know what is planned.

As always, if you have any questions or concerns, please feel free to contact me.

Cliff Roberts, President LFA

(203) 414-4858

Cliff_bpt1@yahoo.com



From the Desk of our Boat Warden Matt Cohen.....

Don't know what these new times will bring. I do know that our lake will be there to enjoy as soon as we can do so in a safe way. Here's to that day!!

Carol and I hope all are healthy and safe.



May:

1st May Day

5th Cinco de Mayo

6th National Nurses Day

10th Mother's Day

16th Armed Forces Day

20th Board of Directors Meeti

23rd Ramadan Ends

25th Memorial Day

28th Shavout Begins at Sundown

30th Shavout Ends



June:

3rd Lake Forest Meeting 7:30 P.M.

14th Flag Day

17th Board of Directors Meeting 7:00 P.M.

20th First Day of Summer

21st Father's Day



Thank You!
Healthcare Workers
First Responders
Essential Workers
Stay Safe

STAY HOME

SAVE LIVES

How to Celebrate Moms in the Wake of Coronavirus this Mother's Day (<https://indyschild.com/how-to-celebrate-moms-in-the-wake-of-coronavirus-this-mothers-day/>)

Celebrations of any kind are a little tricky at the moment.

If it was up to us, we'd postpone Mother's Day to give us the opportunity to celebrate it how we want. Much to our chagrin, we have no say in the matter. Instead, we put together ways for you to still share the love and celebrate the mothers in your life – yourself included, if you're a mom – despite coronavirus restrictions.

Celebrating Moms at Home

- A tried-and-true classic: Breakfast in bed. Make mom feel like she's in a five-star hotel with an indulgent experience! Toss in some chocolate chips or mom's favorite fruit for a real treat.
- Order a special meal at home from mom's favorite restaurant. Nothing says "we love you" like a cooking- and cleaning-free day!
- Offer mom some time alone to soak in a tub, read a book or take a nap (or all three!).
- Get mom her new favorite book.
- Brighten mom's day with a fresh bouquet of flowers. There are a lot of fabulous local floral shops in Indy to help you out with that.
- Or kick the flower game up a notch and get out in the garden together! Many garden centers are offering curbside pickup.
- Get outside and take a family hike.
- Set up a salon at home for a much-needed mani/pedi.
- Game night – let mom pick the game!
- Get your hands on a puzzle and work on it as a family.
- Host an at-home wine & canvas night! The wine's just for parents, of course.
- Flex your finest Pinterest skills and enjoy a craft-ernoon.
- Bake something sweet together.
- Pick up Mother's Day-themed craft kits for mom to work on at home.
- Have the kids make a special keepsake craft.
- Have a family picnic on the living room floor with mom's favorite foods.
- Be mom's bartender with a DIY cocktail bar. Lots of local breweries and bars – are offering to-go cocktail kits.
- Is the mom in your home a fan of the arts? Give her some time to enjoy the arts virtually.
- Hire a local photographer for a porch session to help document the quarantined Mother's Day.
- Buy mom a salon gift card – they will reopen again, we know it!
- Find an online comedy show and give mom some much-needed laugh therapy!
- Is there a local shop that mom loves but can't currently visit? Chances are they're selling gift cards. Do some poking around and gift mom a virtual shopping spree at a shop you know she'll love.
- Give mom control of the remote.
- Does mom enjoy giving back? Find a way to virtually volunteer as a family.

Celebrating Moms From a Distance

Can't be with that special mom on Mother's Day? Here are a few ways to celebrate from afar:

- Write and mail a letter. USPS is not canceled (yet).
- Airbnb Experiences are typically designed for traveling and sightseeing purposes, but they've pivoted to now offer **Online Experiences**. Find one to participate in together!
 - Find a recipe you both love and set up a call to virtually bake or cook together.
 - Order and send a customized puzzle with a photo of you together or even a collage of baby pictures.
- Pre-arrange a fancy virtual tea hour. Wear your best hat and accessories and enjoy crustless sandwiches and fancy cups and saucers.
- Get out the old photo albums and either share them through a video chat or offer to scan the photos to create a digital photo album.
- Put that DIY cocktail bar to use and have a virtual happy hour.
- Find a local florist in mom's community and send flowers!
- Have the grandkids make a special craft and stick it in the mail for a special mail surprise.
- If mom is within driving distance, safely drop off a special meal or treat from a local business!
- Alternatively, order delivery from mom's favorite restaurant!
- Is mom a reader? Sign her up for a **Book of the Month** subscription.
- Create and send a playlist of songs that remind you of your mom. Services like Spotify makes it easy! Perhaps add in tech support if you anticipate mom needing a little help.
- Have a virtual wine tasting and set up a video chat. Maybe you can even gift mom a **wine subscription box** membership! And of course, you can always order a gift online.

No eggs, milk or butter? 'Depression cake' is making a comeback (<https://www.today.com/food/depression-cake-or-wacky-cake-making-comeback-t179436>)

This Depression-era recipe has become a trend among quarantine bakers.

Ingredients:

- 1½ cups all-purpose flour
- 1 cup sugar
- 1/4 cup unsweetened cocoa powder (or black cocoa)
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1 tablespoon white or apple cider vinegar
- 1 teaspoon vanilla extract
- 6 tablespoons vegetable oil
- 1 cup cooled brewed coffee (or water)

Instructions:

1. Preheat to 375°F. Grease an 8-inch round or square pan.
2. Mix the flour, cocoa, baking soda, salt and the sugar. Poke three holes into the mix. Pour the vanilla, vinegar, and oil into each hole.
3. Add the coffee and stir the ingredients until well blended. Add to the pan.
4. Bake for 35 minutes, or until the top is set but springy. Cool the cake in the pan, then top with the frosting of your choice or enjoy plain.

50/50 Raffle winner for March meeting:

Dave Pavlik (to host June meeting).



Fastest and quickest way to stay updated with everything that's going on!!! Look us up and send a friend request!!!
Lake Forest Association

Lake Forest Clubhouse Event Rentals



424 Brentford rd
Bridgeport, Ct. 06606
203-371-7671
Now accepting all major credit cards
lakeforestassociation@gmail.com
www.lakeforestassociation.com
Facebook@Lake Forest
Instagram@Lakeforestclubhouse



Report an issue today!
Have a problem you would like the City to know about? Easy to file! Report it on SECURITY.COM. Get updated information when issue is addressed, worked on, and fixed.



Contact any of the following if you have specific questions/concerns:

President	Cliff Roberts (203) 414-4858 cliff_bpt1@yahoo.com
Boat Warden / Boat Stickers	Matt Cohen (203) 243-3219 mcohen@snet.net
Keys/fobs for beach	Gaby Topar @ LFA2ndVP@gmail.com or you may TEXT her at (203) 216-7887
Club rentals	Michele Barnes (203) 371-7671
Sunshine	Lorraine Tobin (203) 372-3044
Newsletter	Karen Pavlik karen.pavlik123@gmail.com
Dam	Bill Barfield (203) 243-3958 WilliamBarfield@icloud.com
Membership	Nancy Teixeira (203) 374-4400 If you see a new home has been purchased in LFA, please contact her so we can welcome them and ask them to join our association.

USEFUL NUMBERS

For Noise complaints/loud music—issues with college students.

- Bridgeport Police Non-emergency number (203) 576-7671, if true emergency, call 911.
- Call Sacred Heart Public Safety Office at (203) 371-7995. They have their own security patrol on Thursday, Friday, and Saturday from September to the beginning of May. The college pays for the extra patrol/response from Bridgeport PD in our area. Patrols are not used during the summer so if you have an issue, contact Dean Larry Wielk at the number listed below.
- Call the Dean of Sacred Heart—Dean Larry Wielk at (203) 371-7916 (let him know how many times the same houses have been reported to Police and the same problems exist).
- For other issues with city services—abandoned vehicles, illegal dumping, tree issues, blight public works, etc., or to report a concern, go to www.bridgeport.gov/Bridgeport311.