# Beta Psí Today

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# HOLIDAY EDITION—DECEMBER 2017



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# SEASON'S GREETINGS!

The holiday season is upon us again and my the time has flown by!

Our year started out a little slow but we managed to pull some amazing events: President Workshop; Sickle Cell

mia Foundation Drive/Donation;

Race for the Cure; Etiquette Workshop; 1st Interest Meeting; Make a Difference Day Activities (3 events); Lights on Afterschool event; American Education Week—Apple for the Teacher; and our McAllister's fundraiser. I want to thank you for your time and support of all of our activities.

This time of year fill our hearts with joy and the spirit of giving. Let's reflect on our many blessings and continue to bless those who are not as fortunate as we are...not just for this season, but throughout the new year.

Sisterly, Soror Evelyn S. Mosley, Ph.D.

#### November Reflections

In our November newsletter, we high-lighted our Essay contest participant and recognized the Educators and staff at our adopted school, J. S. Clark. As part of that recognition, we received two cases of apples donated by Brookshire's Grocery Store. The store manager was a former student of J. S. Clark and was thrilled to donate the apples to us. Soror Willie Myers was instrumental in obtaining the donation.



Above—Soror Myers with Store Manager, Jamone Marshall and Produce Manager Paul Lawrence.—below



### In this edition:

- President's Greetings
- November/December Reflections
- Career Exploration
- Birthdays Wishes
- Upcoming Events
- Health Tip

## Beta Psi Fundraiser

On November 30, 2017, Beta Psi hosted its first fundraising event for this Sorority year at McAllister's. Deli. Sorors Myers, Mims, Pender-Russell, and E. Mosley along with MOIs Henry Mosley, Joseph Myers and FIL Ayren Esters participated in the event. Caddo Parish Schools Chief Operations Officer James Woolfolk and wife Liesa Woolfolk supported the event. The event was advertised by Facebook, emails, word of mouth and flyers. The fundraiser idea was shared by Epsilon Chi, Tanesha Mosley, President.





Our Hosts



Soror & MOI Mosley; Fil Esters.



Soror & MOI Myers; Soror Mims



Our Guests



**MOI Myers & Server** 

# Toys for a Less fortunate Family



Beta Psi once again participated in the Needy Family Annual Christmas Toy Drive sponsored by Caddo Parish Public Schools McKinney-Vento . Beta Psi selected a family of 8 children and filled at least one item on each of their wish lists. The toys were presented to the organization on December 21, 2017.

Above—Sorors Myers and Mosley pose with a doll for the one of the children .

Right—Sorors Mosley, Myers, Samuel and Mims present toys to Kimberly Capers, CPSB Homeless Liason.



### DECEMBER IS CORRESPONDENCE

Greeting cards were mailed to White Rose Queens and New Year e-cards were sent to Chapter Presidents and Regional Officers.



Don't Forget Iota Thursdays!!



Sorors, remember to wear lota colors and/or paraphernalia on Thursdays. Great conversation starter and visibility tool!!

# Career Exploration

On January 2, 2018, Beta Psi Chapter started the New Year off with an "Etiquette Workshop" presented to the Youth Group at St. Rest Baptist Church. The workshop presented by Sorors Willie Myers and President Evelyn Mosley included several areas of etiquette with the main focus on table etiquette. The group was introduced to basic table setting, sitting, standing, and hand shaking. Soror Myers emphasized to the young men to always pull out the chairs for the ladies and informed the young ladies to allow the young men to be gentlemen. President Mosley engaged the group in a teambuilding exercise and informed them of the importance of be a team player. The workshop concluded with the youth setting the table for a hearty lunch. During lunch, proper handing of silverware and condiments were discussed. It was an exciting experience for the group and for us.







Special Birthday Wishes to our Charter Member, Soror Mamie "Love" Wallace. Soror Wallace celebrated her 96th Birthday on December 5, 2017. We love you Soror Wallace and pray that God continue to Bless and Keep you!

And Happy Birthday To ALL with December Birthdays!!!



Our thoughts and prayers for the sick and shut-in in lotaland.

Condolences to all bereaved families in lotaland.

Be Strong! Be Encouraged!!

#### **REGIONAL THEME:**

Affirming the Legacy, Bonding in Sisterhood and Committing to Business.

# Reomine EVENTS

January 15—MLK Celebration

January 27—FIL Round-up

January 31—Scholarship Deadline

February 1—Regional Conference Registration
Deadline

February 3—Sorority Meeting

February 4—Black History Month Celebration

February 9—Chapter Report Due





Unlike a cold, <u>flu symptoms</u> usually come on suddenly. Another key difference is a fever, which might not happen with a cold. You might also have:

Severe aches in muscles and joints; Pain and tiredness around your <u>eyes</u>; <u>Weakness</u> or extreme <u>fatigue</u>; Warm, flushed <u>skin</u> and red, watery <u>eyes</u>; A <u>headache</u>; A dry <u>cough</u>; A <u>sore throat</u> and <u>runny nose</u>.

Adults with seasonal <u>flu</u> don't usually vomit or have <u>diarrhea</u>, but children might. Some symptoms can mean your illness is severe. Get immediate medical help if you have any of the following: <u>Trouble breathing</u> or shortness of breath; Pain or pressure in your chest or belly; Sudden <u>dizziness</u>;

Confusion or Severe vomiting.



#### **NATIONAL THEME:**

Business and Professional Women Furthering the Dream of Economic Independence.