

Epsilon Chi EXpress



IOTA PHI LAMBDA SORORITY, INC.

Epsilon Chi Chapter

EXceptional Women Doing EXtraordinary Things



Share

Share



President's Message

Greetings Sorors,

October was an exciting month for our chapter. Epsilon Chi inducted five members into Iota Phi Lambda Sorority, Inc. and we welcome these EXceptional women into our sisterhood. Each new Soror has been assigned a mentor, who will be a resource for training and development in the history and traditions of Iota Phi Lambda Sorority, Inc. Our new sisters have hit the grown running. Each one has identified the committees where they would like to serve. They are excited about contributing their talents and professional skills to further the aims and ideals of the sorority.

In This Issue

- President's Message
- Calendar of Events
- Chapter Activities
- Soror Spotlight

FILs Spotlight
Entrepreneur Corner
Wellness Tips
Financial Tips
Regional and National News
EX Officers
Let's Support National!

Calendar of Events

American Education
Week
November 12-16,
2018

Chapter Social Event
PanIQ Escape Room
Houston
November 18, 2018

"Cozy Christmas
Raffle" monies &
tickets DUE
December 8, 2018

Drawing of the "Cozy
Christmas Raffle"
Winner Announced
December 15, 2018

Epsilon Chi is on the move. I like that we have a professionally diverse group of women in our chapter representing various businesses, careers and industries.

October was Breast Cancer Awareness month. Throughout the month, Epsilon Chi brought awareness by providing resources on our Facebook page for warrior women and men who are still in the fight and warrior women and men who are survivors.

Also, Epsilon Chi Chapter had representation at the sorority's i3 Symposium in Chicago. Soror Tanesha Mosley is excited to share with her chapter the symposium agenda and it's objectives.

The sorority's very own Past National President, Soror Lillian Parker, initiated a group effort for the six chapters in the Houston area to celebrate the sorority's 90 years of service on National Make A Difference Day. Each chapter was charged with donating 90 packages of pampers to their selected organization that provide services to mothers needing assistance. Our chapter donated 90 packages of pampers to the Pregnancy Help Center of West Houston. Epsilon Chi members demonstrated what we can do when we come together as a chapter. Also, the Houston area chapters demonstrated what we can do when we work together toward a common goal.

I hope every Soror took the time to vote during the recent mid-term election. Our ancestors sacrificed so much for us to have this right as a citizen of this country.

Later this month, as you prepare to spend time with family and friends during the Thanksgiving holiday, remember those who are less fortunate than you. Demonstrate your thankfulness by finding a way to serve others and be a blessing to them.

In Sisterhood & Service,

Gloria Davis | Epsilon Chi Chapter President

CHAPTER ACTIVITIES

EPSILON CHI RECOGNIZES BREAST CANCER AWARENESS

In recognition of Breast Cancer Awareness Month, Epsilon Chi Sorors posted our pink pictures every Thursday to increase awareness about this disease.

[#OnThursdaysEXwearspink](#), [#ThinkPinkThursday](#), [#BreastCancerAwareness](#)



EPSILON CHI WELCOMES FIVE NEW MEMBERS

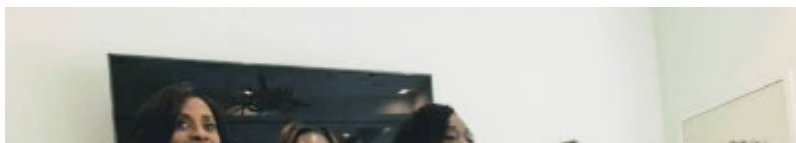
On October 21st, Epsilon Chi welcomed five new members into the fold. It was with great honor that we welcomed our newest sorors to the EXtraordinary Epsilon Chi Chapter of

Iota Phi Lambda Sorority, Inc. They are "FIVE STAR", 5 Women of Excellence. You have climbed the ladder sorors and are now in Iotaland! Job well done. It was indeed a pleasure to have visiting officers and sorors to attend our induction ceremony. Thank you to Amanda Dutton, National Treasurer; Rosetta Davis, Assistant SWRD; Valencia Dutton, SWR Journalist; Linda Cannon, Immediate Past SWRD; Carolyn Jones, President Alpha Kappa Chapter and Soror DeRouesselle for gracing us with your presence and support. It was greatly appreciated!



FIVE STAR RAISES FUNDS FOR EPSILON CHI CHAPTER



Our five newly inducted Sorors presented a \$1,929 check to Epsilon Chi Chapter to be symbolic of the year Iota Phi Lambda Sorority, Inc. was founded. The ladies held a fundraiser to support Epsilon Chi Chapter and its community initiatives. They raffled off a gift card to Spa Envy, Typhoon Texas waterpark Tickets, a 40in tv and a gift card to Perry's steakhouse. They earned a total of \$2,365 in ticket sales. Job well done to Five Star!





EPSILON CHI DONATES OVER 90 PACKAGES OF DIAPERS

In recognition of Make A Difference Day and Iota's 90th Anniversary, Epsilon Chi donated over 90 packages of diapers to the Pregnancy Center of West Houston. Epsilon Chi wants to give special kudos to Soror Lilian Parker, our 18th National President, for her vision of bringing all Metro Houston Chapters together for one cause and Soror Rosetta Davis our Asst. SWRD for coordinating the effort. We collectively contributed 540 diapers to various organizations.

Iota Phi Lambda Sorority Incorporated
Epsilon Chi Chapter
 Katy, Texas

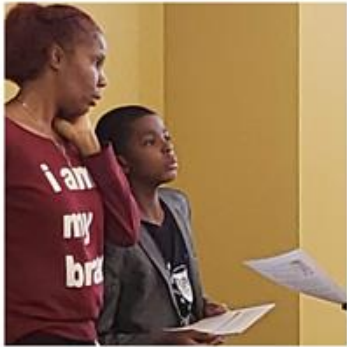
D.I.A.P.E.R. Drive
 Developing Initiatives and Providing
 Educational Resource Services

Epsilon Chi Chapter donated
 90 packages of diapers to the
 Pregnancy Help Center of
 West Houston



EPSILON CHI ATTENDS THE LMPF I3 SYMPOSIUM IN CHICAGO

The LMPF held its I3 Symposium on October 26-28, 2018 in Chicago, IL. Soror Tanesha Mosley and FIL Kayla Mosley joined other sorors for the symposium on Youth Leadership and Innovation. The symposium was held at the Microsoft Technology Center giving youth and adults alike an opportunity to learn about the innovation happening at Microsoft. This



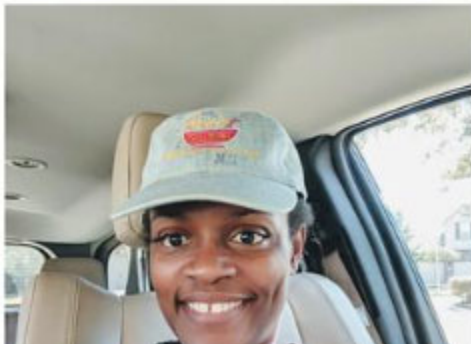
EPSILON CHI SALUTES ALL VETERANS

Epsilon Chi recognizes all of our Sorors across Iotaland that have served our country! We salute you and thank you for your service!



**YOUR VOTE...YOUR VOICE!
EPSILON CHI MAKES A DIFFERENCE THROUGH VOTING**

Members of Epsilon Chi exercised their right to vote during Early Voting and on Election Day, November 6th. Every vote counted during the mid-term elections.





EPSILON CHI COZY CHRISTMAS FUNDRAISER

It's that time of year again! Epsilon Chi kicks off the holiday season with a Cozy Christmas fundraiser. We will be raffling a basket worth \$200 filled with many holiday goodies to make any time warm and cozy. Stay tuned for a notification to get your tickets!

	<p>Iota Phi Lambda Sorority, Inc. Epsilon Chi Chapter Presents A Cozy Christmas Fundraiser Prize: Gift basket of cozy goodies Estimated Value: \$200 Drawing: December 15, 2018 Need not be present to win Price: \$10.00</p>	<p>Name _____ Phone _____ Email _____ Price: \$10.00</p>
---	---	---

SOROR SPOTLIGHTS

Soror Dottrey participated in the MS walk to show support for her best friend as she continues to battle this disease.





Soror Sheri Marshall received the African American Youth Harvest Foundation Changing the Story Business Award at the Gala on November 8, 2018.



Soror Sheri Marshall was featured in the November 2018 issue of the Austin Woman Magazine.



FIL SPOTLIGHTS

EX FILS Kennedy Mitchell and Lauren Mitchell participated in the Diaper Drive for “Make A Difference Day” on October 27, 2018.



The LMPF held its I3 Symposium on October 26-28, 2018 in Chicago, IL. FIL Kayla Mosley joined other FILs from around the country for the symposium on Youth Leadership and Innovation held at the Microsoft Technology Center. This year's theme was to "Inform, Inspire, and Ignite" our FILs. There were workshops and speakers who shared their experiences in youth activism, technology innovations, and youth entrepreneurship.





Epsilon Chi FILs held its first FIL meeting November 4, 2018. EX FIL Officers (Kya Carpenter-President, Aliyah Herbert-Cyres-Vice President (not pictured) Kennedy Mitchell-Recording Secretary, Kayla Mosley-Correspondence Secretary, Isaiah Copeland-Treasurer, and Alexys James-Historian).





ENTREPRENEUR CORNER

In this section we highlight EX Members that have their own business. This month we highlight Soror Theresa Cooper. (Click emblem for more information.)



Dazzling Bling of Houston, Texas is your one stop shop for all things Blinged. The Bling Lady, Soror Theresa Cooper, prides herself on providing the highest quality, and ultimate creativity in each product. She offers something for everyone no matter the budget or style. Her craftsmanship is second to none. Products featured are accented with high quality, authentic "SWAROVSKI" crystals and gemstones. The quality and elegance of anything created by Dazzling Bling is undeniable.

WELLNESS TIP OF THE MONTH

November has been designated as National Healthy Skin Month by the American Academy of Dermatology (AAD), a time when everyone is encouraged to learn about the functions of the skin and how to keep it working and looking its best. The goal is to raise awareness about the importance of keeping your skin fresh and hydrated, not only during the winter but all year round.

Click the image below to learn more.

TIPS FOR NATIONAL HEALTHY SKIN MONTH

YOUR SKIN IS YOUR BODY'S LARGEST ORGAN, SO IT'S
IMPORTANT TO TAKE GOOD CARE OF IT.

Keep your skin in good shape during National Healthy Skin Month in November — and all year-round — by following these **TIPS** from the American Academy of Dermatology.

FINANCIAL TIP OF THE MONTH

Budgeting

How can budgeting help me?

A budget is going to give you an action plan and clear picture of where your money is ending up each month. Budgeting will help you achieve the goals you're working toward—whether that's getting out of debt, saving for retirement, or just trying to keep your grocery bill from getting out of hand.

When you see planning a budget as simply spending your money intentionally, you can actually find more freedom to spend! Once something has been budgeted for, you'll be able to spend that money without feeling guilty. Many people even say they find "extra" money after they create a realistic budget and stick with it. How amazing is that?

15 Practical Budgeting Tips

1. Budget to zero before the month begins.
2. Do the budget together.
3. Every month is different.

4. Start with the most important categories first.
5. Pay off your debt.
6. Don't be afraid to trim the budget.
7. Make a schedule (and stick to it).
8. Make it a team effort.
9. Create a buffer in your budget.
10. Cut up your credit cards.
11. Use cash and the envelope system for certain budget categories that trip you up.
12. Try an online budget tool.
13. Be content and quit the comparisons.
14. Have goals.
15. Give yourself lots of grace.

Rachel Cruze
[The Truth About Budgeting Blog](#)
Dave Ramsey.com

You're Not Actually on a Budget If... by Rachel Ramsey Cruze



REGIONAL AND NATIONAL NEWS

REGIONAL NEWS

Regional Assessments Due to Regional Secretary - November 15, 2018

Evelyn D. Wilkey National Youth Essay Contest Deadline - November 20, 2018

Alma I Mackey Scholoship Deadline - January 31, 2019

Chapter Reports Due to Assistant Southwestern Region Director (w/documentation) - February 22, 2019

Chapter Reports Due to Southwestern Region Director (w/o documentation) - February 22, 2019

Dwala Brown Technology Awarded Applications Due - February 22, 2019

72nd Southwestern Region Conference Registration Deadline - February 28, 2019

Hotel Reservation Deadline - February 28, 2019

72nd Southwestern Region Conference (Conference Focus "The Power of Sisterhood") (Conference Challenge "Each One Bring One") - March 28-31, 2019

Scrapbooks/Crazy Hats Due - March 29, 2019

NATIONAL NEWS

American Education Week - Essay (Theme: In recent years cyberbullying has become a national problem. What are some forms of cyberbullying that you are familiar with and how would you address the problem?) - November 12-16, 2018

National Assessments Due to National Secretary - November 15, 2018

The Fredda Witherspon National Scholarship Deadline - January 31, 2019

Mid Winter Board Meeting - Washington, D.C. - January 24-27, 2019

National FIL Scholarship Deadline - February 28, 2019

Dorethea N. Hornbuckle National Scholarship Deadline - March 15, 2019

Alice P. Allen National Scholarship Deadline - April, 1, 2019

Founder's Day - June 1, 2019

National Convention - Shreveport, LA - July 24-28, 2019

2018-2019 EPSILON CHI CHAPTER OFFICERS

President - Soror Gloria Davis

Vice President - Soror Katrina Warren

Recording Secretary - Soror Tonya Tompkins

Corresponding Secretary - Soror Brandy Edwards

Financial Secretary - Soror Adria James

Treasurer - Soror Wanda McKinnies

Journalist - Soror Tanesha Mosley

Dean of Intake - Soror Donna Mitchell



LET'S SUPPORT NATIONAL!

LOLA MERCEDES PARKER FOUNDATION
(Click emblem below for more information.)



The Lola Mercedes Parker Foundation for the Economic Empowerment of Business and Professional Women (LMPF) is committed to the professional development of youth and women within our communities.

Donate to the Lola Mercedes Parker Foundation Today. Your Donation is tax deductible and for a great cause!

AMAZONSMILE

Shop with a purpose. Amazon will donate 0.5% of the price of eligible AmazonSmile purchases to the Lola Mercedes Parker Foundation for the Economic Empowerment of Business and Professional Women.

(Click AmazonSmile below to shop.)





Support Lola M Parker Foundation for the Economic Empowerment of Business A by shopping at AmazonSmile.

When you shop at AmazonSmile, Amazon...

SMILE.AMAZON.COM

RAISING MONEY FOR A CAUSE ON GIVING TUESDAY

The Lola Mercedes Parker Foundation for Economic Empowerment of Business and Professional Women (LMPF) Board of Directors and volunteers want you to join us this November 27th as we take time to volunteer, raise funds, and simply give.

[#LMPFGivingTuesday2018](#)

Click the emblem below to support Iota!



SORORITY MEETING

2nd Saturday of every Month
10:00 a.m. - 12:00 p.m.

EPSILON CHI CHAPTER

P.O. Box 6398
Katy, Texas 77491

WEBSITE - iotaepsilonchi.org

EMAIL - @lotaEpsilonChi

FACEBOOK - facebook.com/lotaEpsilonChi

TWITTER - [@lotaEpsilonChi](https://twitter.com/@lotaEpsilonChi)

NATIONAL THEME

Business and Professional Women : Furthering the Dream of Economic Independence

Stephanie Dilworth - 22nd National President

REGIONAL THEME

Affirming the Legacy, Bonding in Sisterhood and Committing to Business

Vahnita D. Loud - Southwestern Regional Director

National Headquarters

IOTA PHI LAMBDA SORORITY, INC.

1325 G Street NW, Suite 500
Washington, D.C. 20005

Phone: (202) 462-IOTA

Email: iotahq1@gmail.com

Website: www.iota1929.org

