

# Epsilon Phi Observer

Epsilon Phi Chapter

Iota Phi Lambda Sorority, Inc.

Volume 4 - 4th Edition

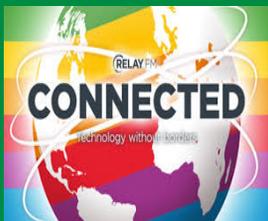
2018



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## President's Message

Soror Audrey Dutton Davis, NWOY



What can I say?..... Sorors, this month has been one of the most event-filled months of the new Sorority year. We have been involved in every awareness recognized during the month of October. In addition to those indicated, the Pelati, FILs, and Men of Iota have performed large activities this month for Halloween and assisted with other community activities. It is great to be surrounded by Sorors and our auxiliaries as we continue to reward the communities we serve. We are reaching out to schools to fulfill the designated request for essays and scholarships in addition to anxiously waiting for National American Education Week activities. Plans are finalized and ready to be executed. We chose a recipient to distribute our 90+ diapers from the Houston Area Iota Chapters Diaper Drive for "Make a Difference Day" held on October 27, 2018, with Alpha Kappa, Beta Delta, Beta Psi, Epsilon Sigma, and Epsilon Chi chapters. Enjoy Sorors!!!!

Moving forward..... Know that "Ability is what you're capable of doing. Motivation determines what you do but.... Attitude determines how well you do it."— Lou Holtz



Soror Lillian Bell--5th  
Pelati Marla Love--9th  
Soror Amanda Dutton--27th  
Soror Naomi Sonnier Williams--29th  
Soror Tamara Bayson--30th

**Halloween Party (Pelatis) -**  
October 31, 2018 ~ 6:30PM to 8:30PM  
165 Zachary Street  
(Dimples A\*CAT\*A\*ME)  
Houston, Texas 77029

**Chapter Meeting -**  
November 10, 2018 ~ 10:30 AM  
Clayton Library Center Carriage House  
5300 Caroline St.  
Houston, Texas 77004

**Evelyn D. Wilkey National Youth Essay Contest **Deadline:**  
NOVEMBER 18, 2018**

**Essay Topic:** "In recent years cyberbullying has become a national problem. What are some forms of cyberbullying that you are familiar with and how would you address the problem?"

\*For more details go to [iota-epsilonphi.org](http://iota-epsilonphi.org).



**Dates to Remember From the Finance Committee**

**MEMBERSHIP RENEWAL**  
*Annual Dues*

**National and Regional Assessments**  
Due November 15th

**72nd Regional Conference Registration (\$200) Deadline to our Chapter is February 17th**



**Iota Phi Lambda Sorority, Inc.**

Sorors, below is the information for the upcoming Regional Conference in 2019. Are you prepared for to celebrate? Let's get ready to show our E-Phi spirit in DeSoto, Texas.

*SWR Theme: "Affirming the Legacy, Bonding in Sisterhood and Committing to Business"*

**72ND SOUTHWESTERN REGIONAL CONFERENCE**

MS. VAHNITA D. LOUD, REGIONAL DIRECTOR  
MARCH 28-31, 2019  
EPSILON TAU HOST CHAPTER



**EPSILON TAU, HOSTS**

Epsilon Tau is so excited to host its first Southwestern Regional Conference. We welcome you with open arms and hearts. We look forward to rolling out the green carpet for our sisters across the Southwestern Region and pray in advance for safe travels as you come to join us in Rockwall, TX by way of Desoto. Make your plans today to come and experience Dallas-Ft. Worth area in ET-style.

**DALLAS HILTON/LAKEFRONT**

2055 Summer Lee Drive, Rockwall, Texas 75082  
USA TEL: +1-214-771-3700 FAX: +1-214-771-3701  
Room Rates: \$ 149.00. Deluxe -169.00 (lakefront)  
Group Code is LOT. Due: 2/28/19  
WEBLINK: COMING SOON

**HOTEL ATTRACTIONS**

Located 22 miles east of downtown Dallas, the Hilton Dallas/Rockwall Lakefront hotel is a beautiful waterfront destination in the exclusive lakeside community of Rockwall. This Lake Ray Hubbard hotel is set in The Harbor Rockwall, a stunning Mediterranean-style boardwalk development featuring excellent shopping, dining and entertainment.

**THE HARBOR ROCKWALL**

- Restaurants like Dodie's Seafood, Campisi's Pizza, and Gloria's Mexican
- Ice Cream, Nail Salons, etc.
- Movie Theater

**PLAZAS AT ROCKWALL**

- about 2 miles east of the hotel is shopping with Target, Belks, TJ Maxx, Best Buy, Ulta, J.C. Penney
- Restaurants
- Shenaniganz Entertainment Center



**Topic: Cyberbullying**

**American Education Week 2018**



Please mark your calendars for this important week. This is a time to present all American educational supporters with a celebration for all they do in public education and honoring individuals that are making a difference in educating our children with quality education. Sorors, we will be participating each day of American Education Week. Remember to scout out your youth for essay submissions. The date is quickly approaching and we are ready to get in gear.



**Iota Needs Your Support!**

The Epsilon Phi Chapter in conjunction with Iota Phi Lambda Sorority, Inc. National Executive Board would like for you to "support the Lola Mercedes Parker Foundation by purchasing through the Amazon Smiles program. Amazon donates .5% of the price of eligible Amazon Smile purchases to the Lola Mercedes Parker Foundation."



# What's Happening with Epsilon Phi?

## 2nd Annual I3 Symposium

The Epsilon Phi Chapter showed up and were ready to learn in Chicago, Illinois at the I3 Symposium.

Epsilon Phi FILs are pictured on the top left with the Southwestern Regional Director, Soror Vahnita Loud. These young FILs experienced all that was offered during this trip and were excited to attend.



SWR Chapters present were Epsilon Phi, Epsilon Tau, Epsilon Chi and Psi.



The event took place October 26-28, 2018, with youth and adult facilitators.



The ladies of Epsilon Phi displayed our purple attire for Domestic Violence Awareness Day. We are continuously educating others and working hard to stop the violence. Way to go ladies!

### Domestic Violence Awareness



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October 18, 2018



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Epsilon Phi painted the town pink on October 19, 2018. Our Sorors the ladies showcased their pink attire at work and around town for Breast Cancer Awareness Day. Keep up the good work ladies!

### Pink out for Cancer

October 19, 2018



Epsilon Phi



## Breast Cancer Awareness Month

### Epsilon Phi "Afternoon Stroll"

Our ladies took a stroll for Breast Cancer in the Clinton Park located in the east side of Houston. This walk took place on Sunday, October 21, 2018, and the ladies strolled around the track for 90 minutes. Thanks ladies!



## What's Happening with Epsilon Phi?

November's Chapter meeting was held at Soror Teresa's house on October 13th. This meeting was a great success! We all wore our Breast Cancer Awareness Shirts and after the meeting we held a gathering to reclaim some of our past members. It was a relaxing and fun evening as we bonded even closer with one another.



**Epsilon Phi**  
**Meeting at Soror Teresa's house**

**October 13, 2018**

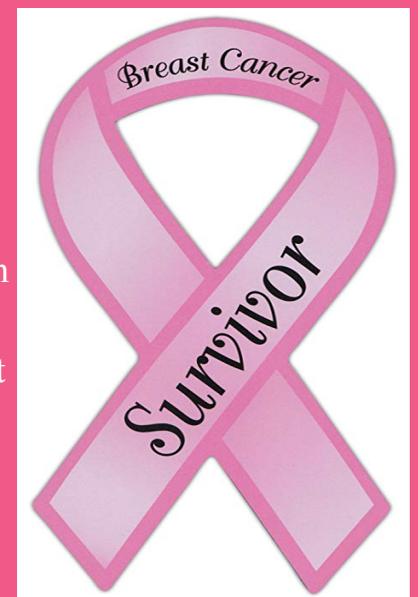


## Breast Cancer Survivor Highlight

Ms. Sandra Thomas Williams

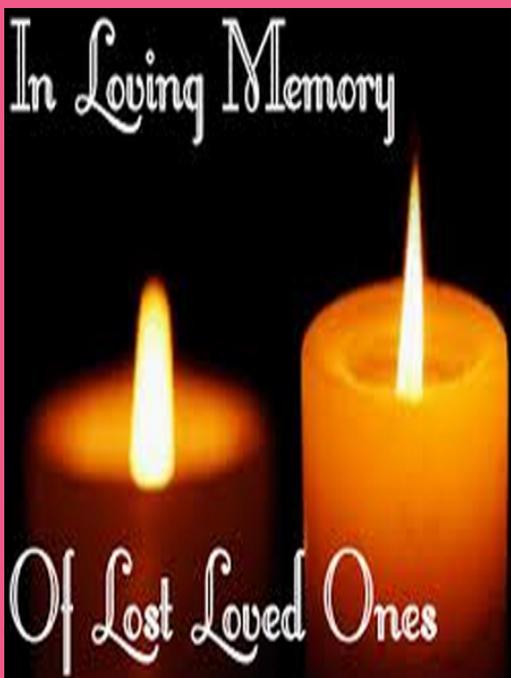


Sandra was diagnosed with breast cancer in May of 1997. She had her first surgery in May 1997. A little knot came back the same month and it was cancerous. She was sent to MD Anderson at the end of the month. From May to September 1997, she had to undergo treatment. On September 15, 1997, she had her breast removed and reconstructed. On September 16, 1997, she was told she was cancer free. She has been cancer free for 21 years. We took our Breast Cancer Afternoon Stroll for ladies and gentlemen like her.



Submitted by: Soror Naomi Williams

## Cancer Sucks!



**Soror Roxanne Grant- Lewis's grandmother.**  
**Past Nurse at Kirby Middle School.**  
**Pattie Thomas--6/2003**

**Soror Roxanne Grant-Lewis's**  
**Pharmacist Manager**  
**Shannan Hooper--2017**

**Soror Naomi Williams' mother**  
**Child Care Worker and Life Guard for City of**  
**Houston Parks and Recreation**  
**Berenice L. Shelby--11/25/1998**



# Halloween 2018 E Phi

Epsilon Phi ladies dressed to impress for Halloween. We have a witch, the roaring 20's, a gum ball machine and a cat. Way to go ladies! Who said Halloween is just for kids?

## E-Phi Sorors Halloween 2018

Naomi



Lynnette

Roxanne



Eboniece



Halloween Party



Halloween Party



Epsilon Phi's Pelatis hosted a wonderful Halloween party for the local youth and FILs together with the Clinton Park Area community. As you can see they know how to party. Each item donated by Chapter Sorors and Pelatis were in increments of ninety as we continue to highlight our support for the upcoming 90th National Convention.



## Auxiliaries

October 14, 2018, Pelatis meeting with The Men Of Iota

The meeting was called to order by President Birdie Armstrong. Prayer and song by MOI Wesley Jenkins. Discussion of the day was as follows: Regional Conference, National Convention, New Members, and Introduction of all new members with a plaque (*see below*).

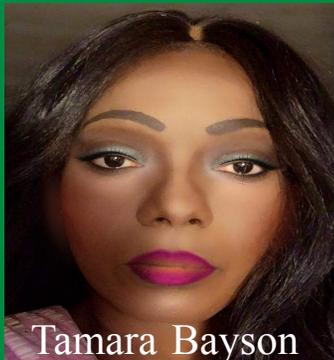


## ANNOUNCEMENTS

Epsilon Phi would like to welcome Soror Tamara Bayson back to the Chapter. As you may know, Soror Tamara was out due to illness. She is up and ready to join in on our efforts. She also attended the October meeting and gathering.

**Welcome Back Soror !**

**Yeah**



Tamara Bayson

**Yeah**

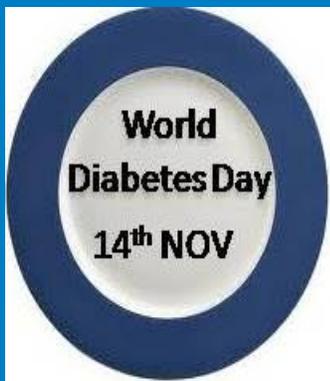


**Just a little something on the Journalist mind...**

I think we should take a real look at our surroundings. We, as Americans, need to take some time and really focus on our society. Prayer is needed more now than ever. We are living in a time where a man sent 14 bombs through our postal system to very important people in our society. Another walked into a synagogue and thought it was okay to gun down people he didn't know. He stated, "All Jews must die." Another white man went to a Kroger and executed two black people, then our president suggests that he could make an executive order against our constitution. None of the gunmen were immigrants so how do we handle this?



## November 14---World Diabetes Day



World Diabetes Day is celebrated every year on November 14th in order to create awareness of diabetes and ways to keep watch on such diseases by opting for healthy lifestyle and reducing (if not entirely avoiding) the intake of packaged and processed food, cold drinks, chocolates and other products that attract not just children, but people of all age groups.

Why is November 14th World Diabetes Day? November 14th is a significant date in the diabetes calendar because it marks the birthday of the man who co-discovered insulin, Frederick Banting. Banting discovered insulin in 1922, alongside Charles Best. The logo of World Diabetes Day is a blue circle, and this is recognized by hundreds of thousands of people with diabetes throughout the world.

For more information, visit the International Diabetes Federation website at: <https://www.idf.org/e-library/epidemiology-research/54-our-activities/455-world-diabetes-day-2018-19.html>.



KEEP  
CALM  
AND  
SUPPORT  
WORLD DIABETES DAY



world diabetes day  
14 November



## November is Carcinoid Cancer Awareness Month

Carcinoid tumors are rare, slow-growing cancers that usually start in the lining of the digestive tract and lungs, but can also occur in other areas, including the testes and ovaries. These tumors are a type of neuroendocrine tumor--growths that begin in the cells of the nervous and hormonal systems. Carcinoid cancer often does not produce symptoms in the early stages, and is often diagnosed inadvertently during an x-ray for an unrelated reason. Some carcinoid tumors produce symptoms that are not specific to this disease, such as facial flushing, diarrhea, abdominal pain, rash and intestinal bleeding.

\*Learn more at <https://www.carcinoid.org>.



# Chapter Highlights

## Soror Spotlight

As our National Treasurer, Soror Amanda has stepped up to the plate. She is always on the go and travels all the time for the Sorority. Amanda just returned from Chicago, Illinois and helped with our FILS at the I3 Symposium, October 26-28th. Please congratulate our November Soror of the month. Way to go Soror Amanda!

**Amanda Dutton**



**National Treasurer**



## Pelati of the Month



**\$\$Tanyaniki Perry \$\$**



**Treasurer**

Pelati Tanyaniki Perry (Treasurer) was chosen as November Pelati of the Month. We want to thank her for all the hard work she has done as a treasurer of the organization. Thanks again!

## FILS Spotlight



Our FILs really know how to show their support for the home team. Pleasantville Elementary School showed their spirit by wearing Astro shirts on Friday, October 5, 2018, and FILs J'Vari, J'Mari, and J'Mornei participated in their personalized attire.



## Men of Iota Spotlight

**Jermaine Kingsberry**



Jermaine Kingsberry is one of our new Men of Iota. He has stepped in and immediately started to work for the community. Thanks for your support!

**“Alright”**

## Important Reminders



### VOTE 2018 HOUSTON

Sorors, we hope that each of you were able to get out to the polls to vote and made your voice heard. November 6, 2018, was the day to make it count. Harris County definitely made history by electing 19 African American female judges. Let's make sure we continue to go to the polls and support others as well as more elections come in the future.



## Quote of the Month



There is a difference between interest and commitment. When you are interested in doing something, you do it only when circumstances permit. When you are committed to something you accept no excuses only results.

~~~~Unknown Author

### Want to Know More?

You can learn more about Epsilon Phi via our:

Chapter Website: [www.iota-EpsilonPhi.org](http://www.iota-EpsilonPhi.org)



Chapter Email: [ephi2016ipl@gmail.com](mailto:ephi2016ipl@gmail.com)



<https://www.facebook.com/Ephi2016ipl>



[https://www.instagram.com/iotaphilambda\\_ephi](https://www.instagram.com/iotaphilambda_ephi)



Ephi2016ipl

Sorority Website:  
[www.iota1929.org](http://www.iota1929.org)

Southwestern Region Website:  
[www.iotaswr.org](http://www.iotaswr.org)

### CHAPTER OFFICERS

President - Audrey Dutton Davis

1st Vice-President - Teresa Ward

2nd Vice-President - Tamara Bayson

Corresponding Secretary - Lynnette Ross

Recording Secretary - Roxanne Grant-Lewis

Financial Secretary - Cynthia Brown

Treasurer - Amanda Dutton

Journalist- Naomi Sonnier Williams

Dean of Intake - Dr. Valencia Hall

