

Epsilon Chi EXpress

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IOTA PHI LAMBDA SORORITY, INC.

Epsilon Chi Chapter

EXceptional Women Doing EXtraordinary Things

HAPPY NEW YEAR

2019



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President's Message

Happy New Year Sorors !

With every end, marks a new beginning. The start of a new year is a time of reflection and renewal. As you make resolutions or goals for the new year, remember Epsilon Chi Chapter.

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Calendar of Events

Epsilon Chi Chapter Meeting
January 12, 2019

MLK Grande Parade Participation
January 17, 2019

Executive Committee Meeting
January 26, 2019

Fredda Witherspoon National Scholarship Due
January 26, 2019

Alma L Mackey Scholarship Due
January 31, 2019

We are embarking upon a time in the sorority year, when there is a lot of activity. Sorors are hard at work planning to implement a myriad of programs and projects that will have an impact in the Katy and West Houston communities. Stay focused and do not lose sight of your goals.

FIL Advisors, Soror Brandy Edwards and Soror Tanesha Mosley are doing a remarkable job with our youth auxiliary. Epsilon Chi Chapter has awesome Future Iota Leaders (FIL), whom have been very busy. In December, the FILs had a Christmas holiday social and decorated the cutest ornaments. Also, the FILs along with Epsilon Chi Sorors and Men of Iota spread some holiday cheer singing Christmas carols to the residents of Grace Care Center of Cypress, a healthcare and rehabilitation center. During the FILs first meeting of 2019, I had the pleasure of presenting three FILs, who participated in the essay contest, with a certificate and monetary award from Epsilon Chi Chapter. Congratulations to FIL Kya Carpenter, FIL Kennedy Mitchell, and FIL Lauren Mitchell. Your essays were very impressive and insightful. To the Fundraising Committee, Epsilon Chi thanks you for your efforts in coordinating a raffle that raised funds for the chapter. It was a very nice way to end 2018.

In a few months Sorors within the Southwestern Region will converge upon Rockwall, TX for the 72nd Southwestern Regional Conference. I am excited that most of the Sorors in Epsilon Chi are planning to attend, many of whom will experience the conference as a first-timer.

The year 2018 was an amazing year for our chapter. I look forward to seeing what Epsilon Chi will accomplish in 2019. In Sisterhood & Service,

Gloria Davis | Epsilon Chi Chapter President

HOPE EPISCOPAL CHURCH NATIVITY SCENE VISIT

Soror Rosetta Davis (Alpha Kappa) and Soror Donna Mitchell (Epsilon Chi) accepted the invite from Soror Carolyn Jones, president of Alpha Kappa chapter, to bring the FILs out to enjoy the live Nativity presentation/scene and activities at Hope Episcopal Church on Saturday, December 15, 2018.



CELEBRATING SISTERHOOD

Sorors Donna Mitchell, Micah Moore and Redessa Shaw had a fun time socializing with Soror Sheri Marshall prior to her departure back home to Austin. Soror Sheri looks forward to meeting the new sorors and reconnecting with the old sorors at our January meeting.



EPSILON CHI GIRLS WEAR PEARLS!

According to “The National Day Calendar” Today is National Wear Your Pearls Day! “The beautiful result of nature’s design, one irritating grain of sand can cause an iridescent pearl to form. National Wear Your Pearls Day on December 15 reminds us that when life throws dirt our way, we all have value in the end.”

“Just as pearls come in a variety of shapes, sizes, and colors, so do people and the kinds of trials thrown into our lives. We create our own beauty from the tragedies of our lives but often do not see it. Like pearls, we develop a process to protect ourselves from further damage, layer by layer becoming stronger and more resourceful. Recognizing the collective value of our strengths is like wearing our pearls.”

Sorors, Family, Friends & Guest Join Iota Phi Lambda Sorority, Inc. - Epsilon Chi Chapter in observing this day by Wearing your Pearls Today and Commenting with a picture of you wearing your pearls!

When life throws dirt your way, put on your pearls as a reminder that you have value regardless of your current circumstances.



COZY CHRISTMAS FUNDRAISER WINNER

The Fundraising Committee had the Cozy Christmas Raffle drawing yesterday. Our very own FIL Kya Carpenter was on hand to do the drawing for us. The WINNER of the Cozy Christmas is: Dharmesh Tailor of Houston, TX! Mr. Dharmesh Tailor was very excited to give this basket full of goodies to his wife. Congratulations Mr. Tailor and thank you for supporting Iota Phi Lambda Sorority, Inc. and Epsilon Chi Chapter.



EPSILON CHI COMMUNITY SERVICE CHRISTMAS PROJECT

Iota Phi Lambda Sorority, Inc - Epsilon Chi, Future Iota Leaders, and Men of Iota Are Blessed to Be A Blessing! Giving Back Our Time & Our Voices This Christmas Season!

Iota Phi Lambda Sorority, Inc woke up this Christmas morning with Service on their minds and Giving in their hearts! EX, FILS, MOI & Family had an amazing time blessing the residents at the Grace Care Center of Cypress by singing Christmas Carols!

Community Service

Iota Phi Lambda Sorority, Inc
Epsilon Chi Chapter
Joins The Holiday Project

**Christmas Morning
9:30-11 am**

SING CHRISTMAS CAROLS

Grace Care Center of Cypress
9602 Huffmeister Rd.
Houston, Texas 77095

EX



FILS



SORORS SPOTLIGHTS

On December 16, 2018 Soror Redessa Shaw and her company, H.E.R.B.S of Nature, LLC which are acronyms for (Healing, Energizing, Revitalizing, Bodies, Systematically) hosted their first informational of many, on the Journey to Alkalinity and Beyond.

Special thanks to Soror Wanda Mckinnies, her Husband, which is a man of IOTA and Soror Micah Moore for attending the event and purchasing a detox package.

Congratulations Soror Micah for being the winning recipient of the Mucus Buster Package. Dr. Sebi Inspired: Journey to Alkalinity and Beyond is Soror Redessa's Facebook group if you are interested in joining and learning more about this lifestyle.

ALAKLINITY & BEYOND

Herbs of Nature

- SUNDAY -
December 16, 2018
2 P.M. to 3 P.M.

Come and join me
as I speak about
detoxing and the
Alkaline lifestyle!



WHERE
303 Main Street
Spring, TX 77373

CONTACT

HOSTED BY:
REDESSA SHAW



Soror Marchrisha Dottrey's Women's Empowerment Group R.A.W. (Releasing All Worries) collected and donated over 80 unwrapped gifts to local foster homes in the Houston area in December.



Congratulations to Soror Micah Moore on officially becoming a Licensed Professional Counselor with the State of Texas. We are super proud of you and your accomplishment Soror Moore!!!



Soror Corinne Herbert-Copeland was the winner of the Sassy Classy gift basket for selling the most raffle tickets. Congratulations Soror Copeland!



FIL SPOTLIGHTS

Our wonderful FILS had their Christmas party and bonded while completing two ornament activities. I love seeing how well they work together. They had lots of fun and it was truly a pleasure. Love those kiddos 💕



FIL Kennedy Mitchell (Epsilon Chi) and FILs Gabrielle Davis, Kamyille Davis (Alpha Kappa) came out to enjoy the live Nativity presentation/scene and activities at Hope Episcopal Church on Saturday, December 15, 2018.



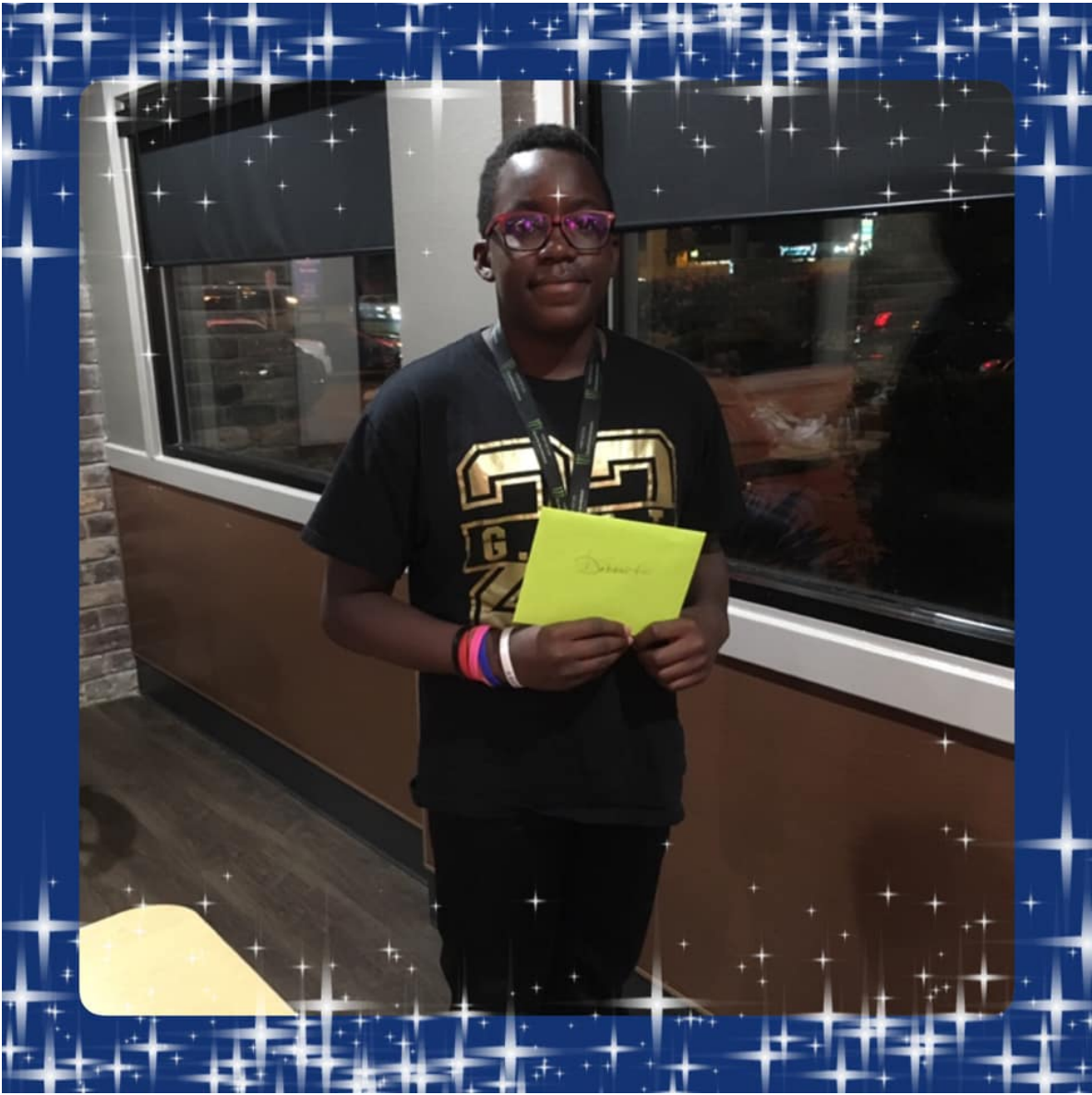
Epsilon Chi Chapter of Iota Phi Lambda Sorority, Inc. would like to wish our FIL Lauren Mitchell a very Happy Birthday



FILs Elijah, Aliyah, and Isaiah spent their Christmas morning at a local nursing home. Way to give back to the community.



Epsilon Chi Chapter of Iota Phi Lambda Sorority, Inc. would like to wish FIL Dobeart Williams a very Happy Birthday



Epsilon Chi FILs conducted their first meeting of 2019. Madam President Soror Gloria Davis was in attendance to present the EX essay contest winner with a certificate and monetary award from Epsilon Chi. Congratulations to FIL Kya Carpenter for winning 1st place and FIL Kennedy Mitchell 2nd place in the high school division. Congratulations to FIL Lauren Mitchell for winning 1st place in the middle school division. Each first place winner will be submitted to the Southwestern Region to compete at the regional level. Epsilon Chi is turtle proud of each of you for your accomplishment!





Calling all female high school seniors! It's that time of year for you to apply for the Fredda Witherspoon National Scholarship!

Epsilon Chi Chapter

Scholarships



Iota Phi Lambda Sorority, Inc.

THE FREDDA WITHERSPOON NATIONAL SCHOLASTIC SCHOLARSHIP

is awarded annually to a female graduating high school senior wishing to pursue a college degree in business related fields.

- Student Application Form
- A current official/certified academic transcript with SAT or ACT scores
- Two letters of recommendations
- A 300-500 word autobiographical essay that includes career aspirations, leadership experiences, and significant achievements.

REQUIREMENTS

Deadline 1.26.19

For More Information Contact

Katrina Warren
Scholarship Chair
318-564-5754
warrenhouse92@gmail.com

Mail applications to:
Iota Phi Lambda Sorority, Inc
Epsilon Chi Chapter
P.O. Box 6398 Katy, TX 77491
Website | www.lotaEpsilonChi.org

COMMITTEE SPOTLIGHT

This month, Epsilon Chi spotlights our ingenious Hospitality Committee. Members include Soror Theresa Cooper, Soror Brandy Edwards, Soror Eureka Patton and Soror Tanesha

Mosley. These wonderful ladies make sure each and every occasion is exceptionally decorated! Thanks so very much for all that you do ladies!



CHAPTER BIRTHDAYS

Epsilon Chi wishes a very happy birthday to Sorors Corrine Herbert-Copeland (Jan. 8) and

Soror Eureka Patton (Jan. 8). Happy Birthday Sorors!



WELLNESS TIP OF THE MONTH

January is Cervical Cancer Awareness Month!

The United States Congress designated January as Cervical Health Awareness Month. Nearly 13,000 women in the United States are diagnosed with cervical cancer each year, but the disease is preventable with vaccination and appropriate screening (Pap and HPV tests).

During January, NCCC and its many local chapters across the country highlight issues related to cervical cancer, HPV disease and the importance of early detection. While NCCC chapters host events throughout the year, January is a month with a special focus as chapters celebrate Cervical Health Awareness Month and work to spread the word in their communities.

NCCC and the American Sexual Health Association (ASHA) also offer a range of resources (listed below) to educate the public and healthcare providers about cervical health, from fact sheets to episodes of ASHA's Sex+Health podcast.

Click the image below to learn more.



January is

CERVICAL CANCER

Awareness Month

FINANCIAL TIP OF THE MONTH

January is also Financial Awareness Month!

Six Tips to Get Your Financial House in Order

If you want to get a jump on your 2019 finances, here are six tips on how to allocate your time and money to help ensure you are saving and investing in the right places:

- No. 1: Pay off all Holiday Bills.
- No. 2: Plan the Family Vacation Schedule.
- No. 3: Set Aside Money to Fund our Individual Retirement Accounts.
- No. 4: Fund 529 College Education Savings Plans for our Children.
- No. 5: Fund Our Health Savings Account.
- No. 6: Increase Our 401(k) Retirement Fund contributions.

Click the image below to learn more.



REGIONAL AND NATIONAL NEWS

REGIONAL NEWS

Alma I Mackey Scholoship Deadline - January 31, 2019

Chapter Reports Due to Assistant Southwestern Region Director (w/documentation) - February 22, 2019

Chapter Reports Due to Southwestern Region Director (w/o documentation) - February 22, 2019

Dwala Brown Technology Awared Applications Due - February 22, 2019

72nd Southwestern Region Conference Registration Deadline - February 28, 2019

Hotel Reservation Deadline - February 28, 2019

72nd Southwestern Region Conference (Conference Focus "The Power of Sisterhood") (Conference Challenge "Each One Bring One") - March 28-31, 2019

Scrapbooks/Crazy Hats Due - March 29, 2019

NATIONAL NEWS

Mid Winter Board Meeting - Washington, D.C. - January 24-27, 2019

The Fredda Witherspon National Scholarship Deadline - January 31, 2019

National FIL Scholarship Deadline - February 28, 2019

Dorethea N. Hornbuckle National Scholarship Deadline - March 15, 2019

Alice P. Allen National Scholarship Deadline - April, 1, 2019

Founder's Day - June 1, 2019

National Convention - Shreveport, LA - July 24-28, 2019

2018-2019 EPSILON CHI CHAPTER OFFICERS

President - Soror Gloria Davis

Vice President - Soror Katrina Warren

Recording Secretary - Soror Tonya Tompkins

Corresponding Secretary - Soror Brandy Edwards

Financial Secretary - Soror Adria James

Treasurer - Soror Wanda McKinnies

Journalist - Soror Tanesha Mosley

Dean of Intake - Soror Donna Mitchell



LET'S SUPPORT NATIONAL!

LOLA MERCEDES PARKER FOUNDATION
(Click emblem below for more information.)



The Lola Mercedes Parker Foundation for the Economic Empowerment of Business and Professional Women (LMPF) is committed to the professional development of youth and women within our communities.

Donate to the Lola Mercedes Parker Foundation Today. Your Donation is tax deductible and for a great cause!

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SORORITY MEETING

2nd Saturday of every Month
10:00 a.m. - 12:00 p.m.

EPSILON CHI CHAPTER

P.O. Box 6398
Katy, Texas 77491

WEBSITE - iotaepsilonchi.org

EMAIL - @IotaEpsilonChi

FACEBOOK - facebook.com/IotaEpsilonChi

TWITTER - [@IotaEpsilonChi](https://twitter.com/@IotaEpsilonChi)

NATIONAL THEME

Business and Professional Women : Furthering the Dream of Economic Independence

Stephanie Dilworth - 22nd National President

REGIONAL THEME

Affirming the Legacy, Bonding in Sisterhood and Committing to Business

Vahnita D. Loud - Southwestern Regional Director

National Headquarters

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