

Epsilon Chi EXpress

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IOTA PHI LAMBDA SORORITY, INC.

Epsilon Chi Chapter

EXceptional Women Doing EXtraordinary Things



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Business Month 2019



President's Message



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Greetings Sorors,

Are you still whirling from our Membership Mixer, Toys U Can't Return Teen Pregnancy Prevention program, 72nd Southwestern Regional Conference and Youth MPower Business Forum? Well, I am. We have a lot to celebrate. Thanks to the Dean of Intake, Donna Mitchell and the Membership Committee for an incredible Membership Mixer with 13 guests in attendance. Our guests interacted with Epsilon Chi Chapter members in a relaxed setting and we engaged in some fun activities to get to know them better. Many of the women in attendance expressed interest in learning more about the sorority and attending our next RUSH.

Thank you to Co-chairs, Soror Corinne Herbert-Copeland, Soror Marchrisha Dottrey and the Toys U Can't Return committee for the successful planning and implementation of an EXtraordinary event. The teenagers in attendance were presented with information on the challenges of being a

Financial Tips
Regional and National News
EX Officers
Let's Support National!

Calendar of Events

Youth MPower
Business Forum
April 6, 2019

2019 Business Month
Forum
April 13, 2019

Gulf Coast
Organization Scholars
Reception
April 13, 2019

Epsilon Chi Chapter
Monthly Meeting
April 14, 2019

Epsilon Chi Spa Day
April 28, 2019

teenage parent from presenters who were teenage parents themselves. The youth (and adults) in attendance are more educated on ways to prevent teen pregnancy and sexually transmitted infections (STI). The Houston Health Department presented valuable information and statistics and they are looking forward to partnering with Epsilon Chi Chapter next year to impact more teenagers.

Epsilon Chi Chapter had 15 Sorors attending the 72nd Southwestern Regional Conference in Rockwall, Texas and 7 were first-timers. The regional conference was a wonderful time for us to fellowship and connect with Sorors across the region. Soror Tanesha Mosley represented Epsilon Chi Chapter well during the Leadership Forum. She was also recognized for 15 years of service to Iota Phi Lambda Sorority, Inc. Soror Donna Mitchell was recognized for her efforts as Dean of Intake of Epsilon Chi Chapter.

At the regional conference, we looked good in our chapter gear that showcased our new chapter seal with our chapter core values: Commitment, Communication, Accountability, Supportive, Sisterhood, Transparency and Professionalism. I am so proud to be the President of Epsilon Chi Chapter. You are truly EXceptional women. All of our hard work is not going unnoticed in the Southwestern Region. Our chapter received 6 awards for Future Iota Leaders, Chapter Growth, Mileage, Attendance, Networking, Community Service and a certificate for reclaiming Sorors. Epsilon Chi Chapter is on the move.

Seven long stem white roses to our FIL Advisors, Soror Brandy Edwards and Soror Tanesha Mosley for all that you are doing to develop the leadership skills of our FILs and instill in them a passion for community service. You and the FILs are the reason our chapter won first place for our FIL auxiliary. We appreciate you.

Epsilon Chi Chapter kicked off Business Month partnering with our 501(c)(3) non-profit, Acorn to Excellence Foundation to host a Youth MPower Business Forum for youth ages 13-18 that EXceeded our EXpectations. The Youth MPower Business Forum was an opportunity for teenagers to hear from young entrepreneurs regarding the challenges of starting a business and their business successes. Attendees also participated in a session to understand the importance of having a vision and created vision boards.

April 13th, Epsilon Chi Chapter will host our second event of Business Month, a forum and luncheon, BMW – Bold Men & Women Excelling in Business. The Business Month

committee has been hard at work planning this event and I am certain that it will be EXemplary.

The last weekend of Business Month, we will wind down and relax from all the activities of the last two months by patronizing Massage Envy – Aliana, owned by Soror Eureka Patton.

Sorors, let's remain committed to using our collective strengths to develop, implement and sustain effective programs and initiatives that are designed to enrich lives in the Katy and West Houston communities.

In Sisterhood & Service,

Gloria Davis | Epsilon Chi Chapter President

CHAPTER ACTIVITIES

EPSILON CHI DONATES 100 SOCKS IN HONOR OF IOTA PHI LAMBDA SORORITY, INC CELEBRATING 90 YEARS

In honor of Iota Phi Lambda Sorority, Inc Celebrating 90 years, Epsilon Chi Chapter collected 90 pairs of socks!!! In total we were able to bless Clothed by Faith with a total of 100 pairs of socks. Sorors Micah Moore and Donna Mitchell delivered the donations and had a great time touring the facility and learning more about the vision and mission of such a great organization. Thank you Sorors for your support and work in the community. It is because of you that we are able to give back and reach those in need.

Clothed by Faith is a nonprofit 501c3 in Katy, TX with the vision of demonstrating God's love through the provision of gently used clothing to those in need.



EPSILON CHI MEMBERSHIP MIXER

We want to thank all of our beautiful guests who attended our mixer. We enjoyed the

company, laughs and getting to know you. We missed those who were unable to attend. However May 18th is our RUSH...Save the date! We will discuss our intake process and next steps for membership. We look forward to your presence.
#lotaEpsilonChi #lotaPhiLambdaSororityInc #MembershipMixer



**EPSILON CHI'S
TOYS U CAN'T RETURN EVENT**

TEEN PREGNANCY PREVENTION PROGRAM

Ours first Toys U Cant't Return event was a huge success! Thanks to all the speakers, FILS and Sorors for your support.







EPSILON CHI'S YOUTH MPOWER BUSINESS FORUM: YOUR MONEY, MIND AND MOTIVATION

Acorn to EXcellence Foundation, our non-profit organization, in partnership with the Epsilon Chi Chapter of Iota Phi Lambda Sorority, Inc. hosted a unique and motivational one day forum featuring local Gen Z and Millennial entrepreneurs, business role play exercises, interactive break-out sessions, prizes, networking and more! It was a fun-filled day that will cultivate leadership potential by focussing on subjects in the fields of business and entrepreneurship while inspiring youth to live out their dreams.

It was a pleasure to partner with the Iota Phi Lambda Sorority, Inc. - Epsilon Chi Chapter in hosting the Youth Mpower Business Forum. Donna Mitchell president of ATEX and Gloria Davis president of the Epsilon Chi chapter kicked the day off with a smile.









EPSILON CHI'S 2019 BUSINESS FORUM

Join the ladies of Epsilon Chi as we present BMW - Bold Men and Women Excelling in Business. Guest Speakers include Howard L. White, The Business Growth Consultant and International Empowerment Speaker Tosha Evans. You don't want to miss this historic event! Click the image to learn more and get your tickets.

[#epsilonchi](#) [#iotaophilambda](#) [#seminar](#) [#forum](#) [#entrepreneur](#) [#business](#) [#businessmonth](#)

2019 Business Month Forum
BMW | Bold Men & Women
EXcelling in Business



Howard L. White

Guest
Speakers



Tosha Evans

ACORN TO EXCELLENCE FOUNDATION RECOGNIZED BY GULF COAST ORGANIZATION

We are pleased to announce that Acorn to EXcellence Foundation will be recognized as an honoree at the [Gulf Coast Organization](#) Scholars Reception on April 13, 2019. The reception raises scholarship funds for high school seniors while recognizing servant leaders and entrepreneurs in the community. Congratulations to the non-profit charitable arm of the Epsilon Chi Chapter! Their efforts are being recognized in the community. Click the image to purchase tickets to the wonderful event.

GULF COAST  ORGANIZATION

EPSILON CHI CHAPTER SHINES AT THE 72ND SOUTHWESTERN REGIONAL CONFERENCE

All of our hard work is not going unnoticed in the Southwestern Region. Our chapter received 6 awards for Future Iota Leaders, Chapter Growth, Mileage, Attendance, Networking, Community Service and a certificate for reclaiming Sorors. Epsilon Chi Chapter came thru and we are on the move!

Southwestern Regional Committee and Epsilon Tau, thank you for everything. We know that planning a conference is a lot of work.

72nd SWR Conference



QUADFIDENT CLOVERS CELEBRATE THEIR IOTAVERSARY

Epsilon Chi Chapter would like to wish a Happy Iotaversary to QuadfidentClovers!

These are EXceptional Women Doing EXtraordinary Things! Thank you for all that you do for IOTA and EX! #IotaEpsilonChi #Calypsorose #Stricklybusiness #DRunner #Shockvalue



**CONGRATULATIONS TO EPSILON CHI'S
2019 OUTSTANDING BUSINESS WOMAN OF THE YEAR
SOROR SHERI MARSHALL**

Sheri Marshall is a successful business owner of two companies, Umoveit - WeCleanit Enterprises - Commercial Cleaning Contractor and Best Choice Mobile Notary and Document Signing Services. Sheri is a Mortgage Loan Closer for title companies, lenders and banks across the globe. Sheri is the "Preferred Notary" for several rehabilitation hospitals, nursing homes, retirement centers and Attorneys in the metro Austin area. She provides free services to senior citizens, whom are not able to pay for her services. Sheri also provides free services to inmates in the city jail in the Austin metro. She is a Texas notary public trainer in the Austin & Houston areas. She trains new notaries for local credit unions and banks. Sheri has held notary trainings in Austin, Houston, Dallas and Beaumont.

This business owner won the Best Creative Business in 2004 by the Austin Chamber of Commerce.

Sheri is also the proud owner of Umoveit-WeCleanit Enterprises (UMWC). UMWC is a commercial janitorial company that has numerous contracts with high-end stores such as Tesla, Michael Kors, and Stage stores, DSW, Coach and Prada. Sheri is the only African American female owned contractor in the Austin Metro. The company does post construction final clean for new stores and buildings. UMWC is recognized from Austin to Houston. UMWC has grown from 3 contracts to 26 contracts. UMWC is contacted repeatedly from contractors in various states for renovations, new construction and remodels in the Austin Metro and Houston area. The primary focus in starting this company was to train and put men and women back to work that have been in the criminal justice system and to help them turn their lives around, build a better future and a good work history. Sheri Marshall has formed a partnership with the Texas Department of Criminal Justice System (TDCJ) and the Probation officers to hire ex-offenders that meet the criteria. UMWC is a 2nd chance employer that is widely recognized for the work they are doing with the criminal justice system.

We are turlle proud to present our 2019 Outstanding Business Woman of the Year Mrs. Sheri Marshall!



SORORS SPOTLIGHTS

Epsilon Chi Vice President Katrina Warren and Soror Micah Moore ran their first marathon of the year. They completed a 10k (6.2 miles) in the Inaugural 2019 Pearland Half Marathon. They joined their fellow sole runners of Black Girls Run! Way to go Ladies!



Soror Sheri Marshall taught a Dress for Success training which included not only what you

should wear to work but also Social Media, how to deal with bullies, tattooing, where tatoos should be on your body, and the use of cell phones while working. These students and their parents attended the first session of the summer hire program where they filled out their applications and we made copies of there social security cards.





FIL SPOTLIGHTS

Epsilon Chi Chapter of Iota Phi Lambda Sorority, Inc. would like to wish FILs Kennedy Mitchell, Aaliyah Herbert-Cyres, and Alexys James a very happy birthday!









FILS Kayla Mosley and Kya Carpenter represented the Epsilon Chi Chapter at the 72nd Southwestern Regional Conference, March 28-31 in Rockwall, TX. While at the conference they met many FILS from other chapters and learned more about STEM, how to create a vision board, goals and financial literacy. Also while at the conference, the Epsilon Chi Chapter won 1st place for the Future Iota Leaders. Well done FILS!!!





*Iota Phi Lambda Sorority, Inc.
72nd Southwestern Regional Conference
Rockwall, TX*

*Presents the
FUTURE IOTA LEADERS (FIL) award
for*

*1st Place
Epsilon Chi Chapter*

*this day
Saturday, March 30, 2019*

*Vahnita Loud, Regional Director
Rosetta Davis, Assistant Regional Director*

*"Affirming the Legacy, Bonding in Sisterhood,
and Committing to Business"*

FIL Kya Carpenter volunteered at the Houston Museum of Natural Science, with the Fort Bend Teen Service League, for the Children's Tea Party event. Kya had a great time helping the children with many different games.





CHAPTER BIRTHDAYS

Happy 85th birthday to Epsilon Chi charter member Lois Fort! Soror Fort joined Iota in 1982 through Beta Pi chapter and has served as a past president and on various committees. She is well known for her talents with creating the scrapbook and crazy hat. Her love for Iota is neverending and she is a great example of an Iota Woman. Some of the FILS and ladies of Epsilon Chi surprised Soror Fort with a birthday lunch to show their love and appreciation. We presented her with gifts and a plant. She is the most senior member of our chapter and a charter member.



Epsilon Chi Chapter would like to wish our President, Soror Gloria Davis a very Blessed and Happy Birthday! We celebrate you today for the EXceptional woman that you are and the EXtraordinary things you have lead us to accomplish! Thank you for your service, leadership and commitment to EX! We hope you had a fabulous day!!!



WELLNESS TIP OF THE MONTH

April is National Stress Awareness Month!

According to a Special Health Report from Harvard Medical School, stress doesn't have to ruin your life or your health. Constant stress - whether from a traffic-choked daily commute, unhappy marriage, or heavy workload - can have real physical effects on the body. It has been linked to a wide range of health issues, including mood, sleep, and appetite problems - and yes, even heart disease.

Learn 5 ways to de-stress and help your heart.

Click the image below to learn more.



FINANCIAL TIP OF THE MONTH

April is Financial Literacy Month: Tips and Resources for 2019

Since its inception in 2004, Financial Literacy Month has grown not only in popularity and promotion, but also in the number of available resources meant to enhance personal finance education among all age groups and income levels. In 2019, there are more outlets for boosting your financial literacy than ever before. To make the most out of [Financial Literacy Month](#) this year, we have put together a list of the most helpful tools and educational materials made available at no cost to individuals looking to increase their knowledge about financial wellness and stability.

Click the image below to learn more.



FINANCIAL
LITERACY MONTH

April 2019

ENTREPRENEUR SPOTLIGHT

Soror Eureka Patton is having a Mom & Prom promotion at her Massage Envy - Aliana location.

PERFECT FOR MOM & PROM.

60-MINUTE INTRO
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REGIONAL AND NATIONAL NEWS

REGIONAL NEWS

Business Month Observance - April 2019

Founder's Day Observance - June 1, 2019

NATIONAL NEWS

Founder's Day - June 1, 2019

National Convention - Shreveport, LA - July 24-28, 2019

2018-2019 EPSILON CHI CHAPTER OFFICERS

President - Soror Gloria Davis

Vice President - Soror Katrina Warren

Recording Secretary - Soror Tonya Tompkins

Corresponding Secretary - Soror Brandy Edwards

Financial Secretary - Soror Adria James

Treasurer - Soror Wanda McKinnies

Journalist - Soror Tanesha Mosley

Dean of Intake - Soror Donna Mitchell



LET'S SUPPORT NATIONAL!

LOLA MERCEDES PARKER FOUNDATION
(Click emblem below for more information.)

The Lola Mercedes Parker Foundation for the Economic Empowerment of Business and Professional Women (LMPF) is



committed to the professional development of youth and women within our communities.

Donate to the Lola Mercedes Parker Foundation Today. Your Donation is tax deductible and for a great cause!

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SORORITY MEETING

2nd Saturday of every Month
10:00 a.m. - 12:00 p.m.

EPSILON CHI CHAPTER

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TWITTER - [@lotaEpsilonChi](https://twitter.com/@lotaEpsilonChi)

NATIONAL THEME

Business and Professional Women : Furthering the Dream of Economic Independence

Stephanie Dilworth - 22nd National President

REGIONAL THEME

National Headquarters

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