



IOTA PHI LAMBDA SORORITY, INC.

THE BUSINESS CHRONICLE

Volume 7 Issue 4

Epsilon Tau Chapter

December 2019

Greetings Sorors,

As 2019 draws to a close, I would like to THANK all of my sorors for their trust and support throughout this past year. Each of us has faced personal challenges and have had to "tighten our belts" as we all struggled and endured over this past year. As true IOTA women we have preserved. Prayerfully 2020 will bring us perfect vision, growth and prosperity.

The month of November was hectic. There was lots of work, service, and planning that occurred. I am excited for the programs and projects we are executing and planning. So don't get weary in well–doing sorors; it's temporary. Our year 2019 will end with the induction of two more ladies into our sisterhood. This Lomepa Club, "Double Take" will be great assets to our chapter. They are talented, energetic, and we look forward to them joining our sisterhood.

Seven gavel taps for Soror Monique Smith and the ET Toys You Can't Return committee and its media campaign for "Thanks, Birth Control." Seven gavel taps to the FIL for election of their officers and to Soror Demekia Biscoe and the Education/ Scholarship Committee for conducting our Local Essay Contest for American Education Week. Seven gavel taps to FIL Evan Beaty our Middle School essay winner and Shenessa Anthony our High School winner. Seven gavel taps to Regional Recording/Financial Secretary and ET Dean of Intake and the Membership Committee for our 2019-2020 intake club, "Double Take". Seven gavel Ttps to the sorors who served with us and the FIL at the 2019 Dallas Baskets for Good. We can not be successful as a chapter without you and your support. Thank you, sorors.

Sorors, "This is my wish for you: peace of mind, prosperity through the year, happiness that multiplies, health for you and yours, fun around every corner, energy to chase your dreams, joy to fill your holidays!" --D.M. Dellinger. Happy Holidays, Michelle

#ComeSeeET #EveryoneTogether. #ETWEAREWHY

Southwestern Region



Michelle Peace Epsilon Tau President

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Epsilon Tau Chapter ROCKS the VOTE!



All too often many Americans sit on the sidelines during midterm or off-year elections, but not the sorors of Epsilon Tau Chapter.

The November 4, 2019 statewide elections in Texas brought to the ballot State constitutional amendments that govern the everyday lives of Texans. Sorors from Epsilon Tau voted on relaxation of taxes for flood stricken areas, prohibition of state income tax, funding for State parks, cancer research and much more.

Man of Iota Melvin Randle, knows the importance of having representation and a voice in a local cities. He announced his candidacy for the Sachse City Council this month, elections will be held in January. It is very important that every American citizen educate themselves on the candidates, the issues and vote intelligently. Thank you ET sorors for exercising your VOICE.

Epsilon Tau Chapter Celebrates American Education Week











The National Education Association's American Education Week was celebrated by Epsilon Tau Chapter with the recognition of chapter educators; gifts for teachers at the Irving ISD Student Resource Center and Uplift Williams Preparatory Schools.

Epsilon Tau Chapter also conducted a local contest for the Evelyn D. Wilkey Essay Contest. The Epsilon Tau Chapter winning essays were written by FIL Evan Beaty, a middle school student at Harry Stone Montessori Academy and Shenessa Anthony, a high school student at the Dubiski High School in Grand Prairie. Epsilon Tau extends its congratulations and best wishes to our winners as they go on to compete on the Regional level.







Shenessa Anthony

Take a close look at the final picture in the National Education Week Header....do you see faces you recognize? It's the ET FIL featured in the National Header!



ET Thanks Birth Control

On November 13, 2019, Epsilon Tau chapter recognized the online awareness campaign telling the world about why birth control matters is more important than ever. Birth control creates possibilities. If you're not ready for kids or to have more kids or if you don't ever want them, birth control lets you pursue your dreams and goals without having to worry about getting pregnant. It can also have tons of great benefits besides pregnancy prevention, like managing awful periods. It's not just about sex, it's about living life on your own terms.

As part of the Epsilon Tau Toys You Can't Return Program, Epsilon Tau sent this letter to the editor, made several online posts to FaceBook, Twitter, and Instagram. One of our posts was liked by bedsider.org one of the main sponsors along with the powertodecide.org.



Dorothy M. White National President

EPSILON TAU IOTA PHI LAMBDA SORORITY

November 13, 2019

5 Reasons People Use (Love) Birth Control Lauren Kernan, MA www.bedisders.org

Dear Lauren:

Dear Lauren:
As a member of lota Phi Lambda Sorority, Epsilon Tau Chapter committee
Chair of "Toys You Can't Return" a teen pregnancy prevention project, if elt
compelled to write the letter of support after reading the article "5 Reasons
People Use (and Love) Birth Control" – not getting pregnant is a key, but it's not
everything, written by Lauren Kernan, M.A. This article ran in your publication
Bedsider on November 13, 2018.

While we know that most women choose birth control to prevent pregnancy, this piece brought about awareness that there are other reasons as to why women use birth control. Bedsder recently surveyed 1,000 women ages 18 to 29 about their birth control use. Of those who were surveyed, indicated that birth control is used for much more than birth control and the prevention of STI. The survey resulted in 79% use it to prevent pregnancy, 5% use it to time a prepancy, and 12% use it to prevent STIs. Other reasons were also mentioned as reason to use birth control; 84% to regulate periods and ease pairful cramp, 44% have better or more stress-free sex, 19% control ance, 9% used for treating medical conditions, and 5% used for timing of pregnancy.

I went on the pill to alleviate chronic pain associated with my period and also because I wanted to avoid an unplanned pregnancy. Access to birth control allowed me the opportunity to prevent and space my pregnancies which benefited my family as a whole. Thus, birth control provided me with the opportunity to pursue the fire I wanted and realize my full potential.

Despite what many may think, birth control is not controversial and support for birth control runs deep. In fact, nearly all women (99%) have used contraception at some point in their lives. Of the 62 million women in their childbearing years (ages 15 to 44), 7 in 10 are sexually active and do not want to become pregnant. Further, 80% of all adults recently surveyed believe that everyone in the U.S. deserves access to the full range of contraceptive methods.

Access to birth control provided me with the power to decide when and under what circumstances to get prepnant and have a child and live my best life. So today, let's all say #ThxBirthControl for the ability to fulfill our dreams without apology or compromising our potential.

Monique Smith, Chair, "Toys You Can't Return" Monique Smith, Chair, "Toys You Can't Return" Epsilon Tau Chapter, lota Phi Lambda Soronty, Inc. moniquesmith@panoramicvision.org

ET Membership Activities













On November 16, 2019, Ms. Calinda Jones and Ms. Crystal Brown began the journey into our sisterhood.

Soror Robin Mack and the membership committee, presented a very welcoming program. The ladies were assigned two wonderful mentors; Sorors Wendy B. Jacques and Nicole Walker.

15 Epsilon Tau Sorors were on hand to support these two new ladies in their journey. Epsilon Tau chapter was excited to have National

President Elect, Charlotte

Berry extend impromptu greetings and words of encouragement to our membership candidates.

Epsilon Tau Chapter www.iota-et.org

Southwestern Region www.iotaswr.org

Iota Phi Lambda Sorority, Inc. www.iota1929.org

an Epsilon Tau Monthly Publication



ET Future Iota Leaders





Epsilon Tau Chapter Future Iota Leaders are on their way to a successful year! They inducted 5 new FIL and elected officers at their meeting on November 6, 2019. The FIL will kick off their year with Evelyn D. Wilkey Essay submissions and volunteering at Baskets for Good. The 2019-2020 Officers are President Shandrell Fisher, Vice President Andrell Fisher, Secretary Kinzey Ross, Treasurer Kayla Davis and Parliamentarian Riley Parker.

"YOUTH IN PURSUIT OF EXCELLENCE"





Epsilon Tau Chapter Future Iota Leaders led the efforts build baskets for area families. The FIL and Sorors donated vegetables, cereals, rice, and noodles to assist in building the baskets. On Saturday, November 23, 2019, ET sorors, Lomepas and the FIL helped build over 500 baskets.

The FIL submitted 4 of the 5 essays in our local Evelyn D. Wilkey Essay Contest.

ET/ETO cosponsored the Breaking Barriers Career Conference II















Epsilon Tau Chapter along with Epsilon Tau Outreach cosponsored the 2nd Annual **Breaking Barriers Career** Conference with Heart of Courage Organization on November 15, 2019.

The conference featured workshops on Selling Yourself; Being Job Ready; and Planning and Telling Your Story. There was an eye-opening discussion regarding the Work Readiness Panel.

The conference's keynote speaker was Coach D who inspired the conference participants to #DoItAfraid.

ET/ETO Shops Small Saturday

Epsilon Tau Chapter sorors conducted a small business crawl at the Grow DeSoto Marketplace for the 10th Anniversary of American Express Small Business Saturday. Small Business Saturday is held on the Saturday following Black Friday and consumers are encouraged to Shop Small.

The Grow DeSoto Market Place is located in DeSoto, TX. The facility houses a variety of restaurants, retail spaces, and offices for small business owners.

ET sorors visited several vendors inside the MarketPlace: Heyyy Healer Holistic Health and Wellness Studio; Bold Prints Fashions; Peace. Love, Eatz; Delightful Sweets; and ASE Ronny J.

It was an enjoyable afternoon celebrating the entrepreneurial spirit.



















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ET Soror Spotlight

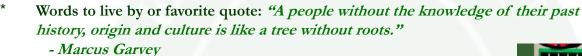
Eriele Johnson

- * Birth date: 8/10
- * How long have you been in the sorority? 4 years
- * What is or was your occupation?

 Middle School History Teacher
- * What is your fondest Iota memories?

 My induction day. The love and support I received was amazing.

 Lomepa Fun Night. 2019 Founders Day After Party.



- * Have you ever won an award?

 Yes, I won several awards in district and state level Volleyball
 (High School & College)
- * Favorite food: Sushi & Tacos
- * I enjoy doing: Crafting, Singing and Watching movies
- * What are you most proud of: My Growth!
- * Favorite dessert: Kessler Vanilla Sugar Cookie & Blondie
- * Favorite sound: My niece's voice
- * If could have dinner with anyone who would it would be:

 Maya Angelou
- * Share something that no one knows about you:

 I am 100% sure that
 I was a DANCER!









Happy Birthday Sorors **December Babies**

Soror Nicole Walker – 12/12

Soror Tasha Kwarteng – 12/13



Soror Katrina Stevens – 12/23

Soror Mary Andrews – 12/29





73rd Southwestern Regional Conference March 26-29, 2020

Houston CityPlace Marriott at Springwoods Village 1200 Lake Plaza Dr., Spring, TX 77389 281-350-4000, ext. 4944 (Office) www.marriottspringwoodsvillage.com

(Single, Double)Rooms \$159 per night Conference Registration fees: \$200 Soror, \$200 Guest, \$200 MOI, \$200 Pelati, \$75 FIL Deadline: January 31, 2020





The Business Chronicle

an Epsilon Tau Monthly Publication



Chapter Officers

President

~Michelle Peace

1st Vice President

~ Eriele Johnson

2nd Vice President

~ Twyla Williams

Recording Secretary

~ Malika Walker

Corresponding Secretary

~ Vena Thomas

Treasurer

~ Mary Andrews

Financial Secretary

~ Nicole Walker

Dean Of Intake

~ Robin Mack

Journalist

~ LaToya Randle

Calendar of Events

December 1, 2019

December 3, 2019

FIL Meeting

Giving Tuesday for Epsilon Tau Outreach

December 5, 2019

Lomepa Workshop and **Business Presentation**

December 7, 2019

ET FIL Community Service -Operation

Christmas Child

December 8, 2019

ET Chapter Meeting and

Christmas Party, Bar Louie's Park Lane

December 14, 2019

ET Lomepa Activities

December 15, 2019

ET Induction Ceremony,

Meeting Location

December 25, 2019

Christmas Day

CONTACT EPSILON TAU CHAPTER:

Email: epsilontau2013@gmail.com

Mailing Address:

P.O. Box 241, DeSoto, TX 75123

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Newsletter Quiz: Did you find Shelly the ET turtle in this issue?



Contributors to this Issue: Soror Michelle Peace, Soror Shelia Fisher & Soror LaToya Randle