

Epsilon Chi EXpress

I
Φ
Λ



IOTA PHI LAMBDA SORORITY, INC.

Epsilon Chi Chapter

EXceptional Women Doing EXtraordinary Things



f Share

Share



In This Issue

President's Message
Calendar of Events

President's Message

Greetings Sorors,

We are now in the second month of 2019 which is recognized as Black History Month, one of the sorority's national programs. So, why do we recognize Black History Month? Black History month is designed to commemorate the history, experiences, achievements and contributions of African-Americans in the United States.

In 1976, President Gerald Ford officially recognized Black History Month, urging the public to "seize the opportunity to

Chapter Activities
Sorors Spotlight
FILs Spotlight
Chapter Birthdays
Wellness Tips
Financial Tips
Regional and National News
EX Officers
Let's Support National!

Calendar of Events

Epsilon Chi Chapter Meeting
February 9, 2019

Chapter Reports on National Reporting Form (with documentation) - Due to Asst. SWR Director
Feb 22, 2019

Chapter Reports on National Reporting Form (without documentation) - Due to SWR Director
Feb 22, 2019

Dwala Brown Technology Award - Applications Due to SWR Journalist
Feb 22, 2019

72nd SWR Conference Registration Deadline
February 28, 2019
Hotel Room Reservations Deadline
February 28, 2019

Epsilon Chi Membership Mixer
March 22, 2019

honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history.” As we remember people and events during Black History Month, let’s not forget to reflect on the 90 years of service of Iota Phi Lambda Sorority, Inc. and that our sorority is a part of black history.

The turn of the 20th century was a tumultuous time for the United States. Within a few years of the start of World War I, there was the Great Migration of Blacks from the South to the Northern cities seeking greater opportunities and a more tolerant society.

These changes underscored the need for Blacks to learn new skills. These skills would hopefully ensure a better way of life for Blacks that had migrated northward.

Lola Mercedes Parker, a graduate of Chicago Business College, was one of the great visionaries of this time. She realized that Black women who were discriminated against on the basis of both race and gender needed to not only improve their existing skills but also motivate and inspire other women to achieve the highest level of proficiency in their chosen professions.

Joining together with Ethel T. Edwards, Mildred G. Hardin, Harriet M. Robinson, Ophelia Harrison, Burdette Trigg and Marjorie Tyndall, Lola M. Parker founded Iota Phi Lambda Sorority on June 1, 1929 to carry out these objectives. As the organization grew, Mrs. Parker soon began to realize her dream of an organization that would encourage, nurture and promote the ideals of higher education, increased business acumen and a standard of professionalism for Black women.

In 1935, as the sorority’s National President, Lola Mercedes Parker was instrumental in Iota Phi Lambda Sorority being present when Dr. Mary McLeod Bethune held the historic first meeting of the National Council of Negro Women on December 5, 1935, in Harlem. Iota Phi Lambda Sorority, Inc. was one of three sororities present, along with representation from other national organizations.

Epsilon Chi Chapter, let’s keep in mind that we are making history also. 90 years from now, Sorors will be remembering our contributions to the Katy/West Houston communities.

Toys U Can't Return:
Teen Pregnancy
Prevention Program
March 23, 2019

Let's continue to serve each other and the community with
humility and always have a servant heart.
In Sisterhood & Service,
Gloria Davis | Epsilon Chi Chapter President

CHAPTER ACTIVITIES

OUR NON-PROFIT ACORN TO EXCELLENCE FOUNDATION LAUNCHES NEW WEBSITE

Our chapter non-profit stream Acorn To EXcellence Foundation has launched its website.
Click the image below to see our website!



EPSILON CHI SEAL

Epsilon Chi sorors worked together to create our new chapter seal. Check it out!



**OUTSTANDING BUSINESS WOMAN OF THE YEAR
SOROR SHERI MARSHALL**

Epsilon Chi's 2019 Outstanding Woman of the Year is Soror Sheri Marshall. Soror Marshall is the owner of Umoveit-Wecleanit Commercial Janitorial and the President of the National Association of Black Accountants - Austin Cen-Tex Chapter. Congratulations Soror Marshall!



EPSILON CHI PARTICIPATES IN THE 41ST ANNUAL MLK PARADE

Epsilon Chi Chapter Sorors and FILs celebrated, honored and marched for KING in the Black Heritage Society's 41st Annual "Original" MLK parade on January, 21 2019. The day was filled with fun, laughter, and excitement as we made our way through downtown Houston. We supported our Greek brothers of Alpha Phi Alpha and Iota Phi Theta. We even made the news ABC13. Kudos to Soror Micah Moore for spearheading and all the sorors and FILs that showed up.



SAVE THE DATE - EPSILON CHI MEMBERSHIP MIXER

[#SaveTheDate](#) You do not want to miss out on meeting the Illustrious Ladies of the Epsilon Chi Chapter. Come Mix and Mingle during National Woman's History Month at the EX Membership Mixer! Be on the Look out next month for RSVP details!

IOTA PHI LAMBDA SORORITY INCORPORATED. 

THE FIRST AFRICAN AMERICAN GREEK-LETTERED BUSINESS SORORITY

EPSILON CHI CHAPTER



MEMBERSHIP MIXER

COME MIX AND MINGLE WITH
THE ILLUSTRIOUS WOMEN OF
IOTA PHI LAMBDA

SAVE THE DATE

Friday, March 22, 2019
6pm-9pm

EPSILON CHI ATTENDS THE FEDERATION OF FHPW QUARTERLY MEETING

Epsilon Chi was represented well as Madam President Soror Gloria Davis, Soror Kisten Rhodes, Soror Wanda McKinnies and Soror Tanesha Mosley attended the Federation of Houston Professional Women's 1st Quarterly Meeting of 2019. Sorors Rhodes, Mosley, and Soro Mitchell (not pictured) serve on the FHPW Board of Directors. Soror McKinnies

volunteered at the registration table to assist in making sure all guests were signed in. Excellent work sorors!



**EPSILON CHI'S
TOYS U CAN'T RETURN TEEN PREGNANCY PREVENTION PROGRAM**

Do you guys know any Teens, boys and girls in the Katy, Houston, Cypress and surrounding areas that would benefit from this educational event on preventing Teen pregnancy? It's FREE! Please share and invite. Have a daughter or son; bring them and have them bring a friend. Click the image below to register!

IOTA PHI LAMBDA SORORITY, INC.
 EPSILON CHI CHAPTER

TOYS 'U' CAN'T RETURN

NATIONAL TEEN PREGNANCY PREVENTION PROGRAM

ROOM
106
 TRINI MENDENHALL
 COMMUNITY CENTER

11 A.M.
 TO
 2 P.M.

23
MARCH
 2019

★ **FOR AGES 14 TO 18** ★
 1414 WIRT ROAD, HOUSTON, TEXAS 77055

EPSILON CHI GOES RED ON NATIONAL WEAR RED DAY

Today, February 1, 2019 is National Wear Red Day. Green Goes Red! Epsilon Chi Chapter of Iota Phi Lambda Sorority, Inc is Relentless in the Support of Women's Health! [#EXGoesRed](#) to Raise Awareness about Cardiovascular Disease and Save Lives. When We Come Together, there's Nothing We Can't Do! Love your Heart and Soul! [#WomensHealth](#) [#GreengoesRed](#) [#IotaPhiLambdaSororityInc](#) [#NationalWearRedDay](#) [#GoRedForWomen](#) [#EpsilonChiChapter](#)

Green

Go *es*

*Love your heart
and soul*

Red

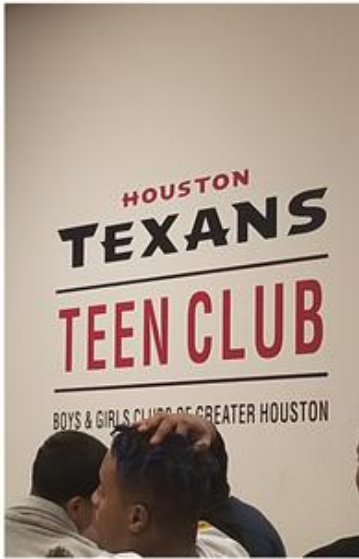
for women





SORORS SPOTLIGHTS

Soror Dr. Pamela Williams conducted her PJ College Readiness Program at the Houston Texans Boys and Girls Teen Club Greater Houston. Congratulations on a successful event and thank you for all that you do for the youth in our community!



Our very own Soror Eureka Patton will be recognized as a Top 50 Black Professional & Entrepreneurs in Texas by d-mars.com on February 28, 2019 at the HESS Club in Houston, Texas. Congratulations Soror Patton!



Congratulations

EUREKA PATTON

**2019 TOP 50
BLACK PROFESSIONALS
& ENTREPRENEURS OF
TEXAS**



Join Us As We Celebrate
Our Honorees at the
Top 50 Black P&E Awards Ceremony!

**THURSDAY,
FEBRUARY 28, 2019
6PM-10PM**

The HESS Club
5430 Westheimer Rd. - Houston, TX 77056



#dmars #Top50PE

Visit www.d-mars.com/tickets
to purchase tickets
or call 281.748.8111 for
sponsorship opportunities.

Soror Wanda McKinnies and MOI Johnny McKinnies celebrated 30 years of marriage in January. Congratulations McKinnies!



Soror Sheri Marshall, took the new Voters Registration class for the upcoming elections.



Soror Sheri Marshall, also President of NCNW Greater AUSTIN Chapter, served as a Deputy Registrar for the Annual Black Elected Officials Reception which was sponsored by the Greater Black Chamber of Commerce.



Soror Marshall gave a Texas Notary Public Training



Soror Marshall assisted the African American Youth Harvest Foundation with helping over 250 students get employment applications filled out for summer employment with the City of AUSTIN.



FIL SPOTLIGHTS

Epsilon Chi Chapter Sorors FILs marched in the 41st Annual MLK parade on January 21st. The day was filled with fun, laughter, and excitement as we made our way through downtown Houston. Kudos to the FILs for their participation in this event.



Epsilon Chi FIL group and sorors decorated lunch bags for Lunches of Love on Saturday, February 10th at the FIL meeting for their community service project. Lunches of Love is a non-profit organization committed to helping end childhood hunger in Fort Bend County by providing a free nutritious sack lunch during extended school holidays and weekends. The FILs and sorors alike had fun creating inspirational saying and drawings on the bags. Kudos to these kiddos for doing their part!



ENTREPRENEUR SPOTLIGHT

Soror Eureka Patton's Massage Envy location is ready for Valentine's Day! Love is in the cards.

THIS VALENTINE'S DAY,

LOVE IS IN THE CARDS



Massage Envy®

KEEP YOUR BODY WORKING

ALIANA

10237 W. Grand Parkway S., Suite 107
Richmond, TX 77407
(346) 762-1700

M-F 8am - 10am | S 8am - 6pm | Su 10am - 6pm

Disclaimer: Rates and services may vary by franchised location and session. For a specific list of services, check with specific franchised location or see MassageEnvy.com. Gift cards are not redeemable for cash or credit except where required by law. Other rules may apply. Check with franchised location for additional details. Each location is independently owned and operated. ©2019 Massage Envy Franchising, LLC. ME 4364

ME-DNLD-1802-00-001-04X6

CHAPTER BIRTHDAYS

Epsilon Chi wishes a very happy birthday to Sorors Adria James (Jan. 5). Happy Birthday

Soror!



WELLNESS TIP OF THE MONTH

February is Heart Health Month!

February is heart health month, which makes it a perfect time to increase awareness about heart disease, and what you can do to prevent it.

Heart disease is the leading cause of death in the United States. The most common form of heart disease, [Coronary Artery Disease \(CAD\)](#) is the build-up of plaque in the arteries, causing a narrowing or full-blockage of the arteries.

Click the image below to learn more.



February HEART MONTH

www.iabhp.com - Bringing Wellness to the Workplace

FINANCIAL TIP OF THE MONTH

Frugal February Challenge

Since February is a short month, it is a great time to take part in a frugal challenge. This is similar to a spending fast, but not quite as extreme. If you are trying to get your budget to work as one of your New Year's Resolutions or you just want to find ways to save extra money, try to take one or more of these five challenges. Just one can help you save more money in February, but doing all five can really help you save money in your budget.

Click the image below to learn more.

FRUGAL *February*



REGIONAL AND NATIONAL NEWS

REGIONAL NEWS

Chapter Reports Due to Assistant Southwestern Region Director (w/documentation) - February 22, 2019

Chapter Reports Due to Southwestern Region Director (w/o documentation) - February 22, 2019

Dwala Brown Technology Awarded Applications Due - February 22, 2019

72nd Southwestern Region Conference Registration Deadline - February 28, 2019

Hotel Reservation Deadline - February 28, 2019

72nd Southwestern Region Conference (Conference Focus "The Power of Sisterhood") (Conference Challenge "Each One Bring One") - March 28-31, 2019

Scrapbooks/Crazy Hats Due - March 29, 2019

NATIONAL NEWS

National FIL Scholarship Deadline - February 28, 2019

Dorethea N. Hornbuckle National Scholarship Deadline - March 15, 2019

Alice P. Allen National Scholarship Deadline - April, 1, 2019

Founder's Day - June 1, 2019

National Convention - Shreveport, LA - July 24-28, 2019

2018-2019 EPSILON CHI CHAPTER OFFICERS

President - Soror Gloria Davis

Vice President - Soror Katrina Warren

Recording Secretary - Soror Tonya Tompkins

Corresponding Secretary - Soror Brandy Edwards

Financial Secretary - Soror Adria James

Treasurer - Soror Wanda McKinnies

Journalist - Soror Tanesha Mosley

Dean of Intake - Soror Donna Mitchell



LET'S SUPPORT NATIONAL!

LOLA MERCEDES PARKER FOUNDATION
(Click emblem below for more information.)

The Lola Mercedes Parker Foundation for the Economic Empowerment of Business and Professional Women (LMPF) is committed to the professional development of youth and women within our communities.



Donate to the Lola Mercedes Parker Foundation Today. Your Donation is tax deductible and for a great cause!

AMAZONSMILE

Shop with a purpose. Amazon will donate 0.5% of the price of eligible AmazonSmile purchases to the Lola Mercedes Parker Foundation for the Economic Empowerment of Business and Professional Women.

(Click AmazonSmile below to shop.)



Support Lola M Parker Foundation for the Economic Empowerment of Business A by shopping at AmazonSmile.

When you shop at AmazonSmile, Amazon...

[SMILE.AMAZON.COM](https://smile.amazon.com)

SORORITY MEETING

2nd Saturday of every Month
10:00 a.m. - 12:00 p.m.

EPSILON CHI CHAPTER

P.O. Box 6398
Katy, Texas 77491

WEBSITE - iotaepsilonchi.org

EMAIL - @lotaEpsilonChi

FACEBOOK - facebook.com/lotaEpsilonChi

TWITTER - [@lotaEpsilonChi](https://twitter.com/@lotaEpsilonChi)

NATIONAL THEME

Business and Professional Women : Furthering the Dream of Economic Independence

Stephanie Dilworth - 22nd National President

REGIONAL THEME

National Headquarters

IOTA PHI LAMBDA SORORITY, INC.

1325 G Street NW, Suite 500
Washington, D.C. 20005

Phone: (202) 462-IOTA

Email: iotahq1@gmail.com


Website: www.iota1929.org



[View this email in your browser](#)

You are receiving this email because of your relationship with Iota Phi Lambda Sorority, Inc. | Epsilon Chi Chapter. Please [reconfirm](#) your interest in receiving emails from us. If you do not wish to receive any more emails, you can [unsubscribe here](#).

This message was sent to iota.epsilonchi@gmail.com by epsilonchijournalist@gmail.com @mail.benchmarkapps.com
872 Bettina Ct. Apt. 222, Houston, Texas, 77024

 [Unsubscribe](#) | [Manage Subscription](#) | [Forward Email](#) | [Report Abuse](#)

