



THE LINK



2019-2020

Officers & Appointees

Casey Preston
President

Ada R. Thomas
Vice President /
Journalist

Brenda Sanders
Recording Secretary

Mildred Williams
Financial Secretary

Jacqueline Guillory
Correspondence
Secretary

Lana J. Samuel
Treasurer

Ronique Hinch
Dean of Intake

Pamela Broady
Parliamentarian

Ada Tasso
Chaplain

Dorothy M. White, 23rd National President

National Theme:

“Business and Professional Women Building the Foundation for Generational Financial Empowerment”

Vahnita Loud, SWR Director

Regional Theme:

“Affirming the Legacy, Bonding in Sisterhood and Committing to Business and Developing Leaders”

New Year Poem on Life

Another fresh New Year is here...
Another year to live!
To banish worry, doubt, and fear,
To love and laugh and give!

This bright new year is given me
To live each day with zest...
To daily grow and try to be
My highest and my best!

I have the opportunity
Once more to right some wrongs,
To pray for peace, to plant a tree,
And sing more joyful songs!

~William Arthur Ward

Greetings Sorors,

I pray that your holiday season was all that you hoped it to be. We now welcome 2020 with open arms to accept all lessons, trials, and blessings as we continue the work of Iota Phi Lambda Sorority, Inc. I am so excited for everyone to see the programs, projects and fundraisers that Beta Pi has in the works! We hope that everyone has a chance to support and celebrate with us. I am also excited as we prepare to participate in our 73rd Southwestern Regional Conference here in Houston, Tx.

As we move forth in the work, I would like to leave you with this thought. Making a difference starts with one step, with one foot, then the next. I am elated to be taking those steps with a such a dynamic group of ladies.

As always, I am forever grateful for the love and support shown from the BRILLIANT Beta Pi Chapter,

Yours in Service,
Casey C. Preston, M.Ed.
Chapter President

Casey Preston, Chapter President

Chapter Theme: “A New E.R.A.: Emphasizing Rededication & Action”





Beta Pi Chapter of
Iota Phi Lambda Sorority, Inc.
Cordially invites you to a
Chat and Chew
Informational Session
Saturday, January 11, 2020
Freed Montrose Neighborhood Library
4100 Montrose
Houston, Texas 77006
2 p.m. to 4 p.m.





“
Our lives begin
to end the day
we become silent
about things that
matter.”

“Intelligence
plus character -
that is the true goal of
education.”

Honoring
DR. MARTIN
LUTHER
KING JR.

“Faith is taking
the first step
even when you don't
see the whole staircase.”

“EVERYBODY CAN BE
GREAT...BECAUSE
ANYBODY CAN SERVE.
YOU DON'T HAVE TO
HAVE A COLLEGE DEGREE
TO SERVE. YOU DON'T
HAVE TO MAKE YOUR
SUBJECT AND VERB
AGREE TO SERVE. YOU
ONLY NEED A HEART
FULL OF GRACE. A SOUL
GENERATED BY LOVE.”

MADGE BUSH TRANSITIONAL LIVING CENTER

* HOME SWEET HOME *

COMMUNITY SERVICE ACTIVITY

FEBRUARY 15, 2020 ~ 8:30 AM

IOTA PHI LAMBDA SORORITY, INC.

Beta Pi Chapter

Community Service Project

Unit Adoption and Preparation

at

Madge Bush Transitional Living Center (MBTLC)

3410 Drew Street ♦ Houston, TX

“PREPARING FAMILIES FOR SELF-SUSTAINABILITY”

Saturday, February 1, 2020 ♦ 8:30 am

Beta Pi Sorors, please join us as we make a house a home for a deserving family by decorating and preparing a one bedroom unit at the MBTLC. Please wear your IOTA gear, bring your donated items, and come ready to work. Men of Iota, FILs, family and friends are welcome to participate. Lets show up and show out in the name of Iota!! Please email me the items you are planning to bring.

ITEMS NEEDED:

Color Scheme: Green & White (w/ accent colors)

Gently used items are WELCOMED!

Whatnots and doodads for counters, tables, dressers and shelves; children books; plastic storage bins (2); dish washing liquid and laundry detergent; toilet paper and paper towels; mop with bucket and broom with dust pan; household cleaning products; shower curtain with hooks and shower curtain liner; bathroom rugs (2 - medium size); towels (3-sets at least.), throw rugs (1- for the bedroom / 1- large size for the living room area - 5x7); shear curtains 84 in length (double windows in living room / 2 pair four panels) your color choice, shear curtains 63 in length (1 pair 2 panels) your color choice, and tension curtain rods (2- on for living room-large and bed room-medium); twin size bed-in-a-bag and twin bed sheets (2 sets); personal hygiene items: toothbrush, toothpaste, deodorant, soap, tampons, pads, hair oil/moisturizer, shampoo, hair conditioner.

(The pictures on this flyer are an example of an existing unit at MBTLC.)



Beta Pi Chapter Celebrating the 2019 Holiday Season



Peace & Joy

*from The Brilliant Beta Pi Chapter
of Iota Phi Lambda Sorority, Inc.*

Casey Preston, President
Ada Raglin-Thomas-Vice President

“Good news from heaven the angels bring,
Glad tidings to the earth they sing:
To us this day a child is given,
To crown us with the joy of heaven.”

Brilliant
BETA PI
CHAPTER
IOTA PHI LAMBDA SORORITY, INC.
EST. 1940



Beta Pi Chapter

Celebrating the 2019 Holiday Season



To make Christmas wishes and dreams come true, Beta Pi Chapter adopted Cameron, a seven-year-old residing with his mother at Madge Bush Transitional Living Center. Beta Pi blessed Cameron with gifts of his favorite character, Captain America, along with other toys, and clothing. Not only was Cameron on a Christmas high, but he was also awaiting a celebration of his birthday the day after Christmas. Beta Pi Santa also surprised Cameron's mother with comfy pampering gifts. Cameron and his mother blessed us with their joyous smiles and excitement.



Happy Valentine's Day!





Financial Fitness for Your New Year

With the New Year comes New Year Resolutions: to eat healthier, be more responsible, spend more time with family, the list goes on. But have you ever thought about focusing on your financial fitness? At a time when we want to focus on healthier bodies, we should also focus on healthier bank accounts and personal financial strategies. Here are four simple ways to improve your finances this year:

1.) Be prepared. In a time of trauma, could you locate your trust, will, mortgage statements or insurance policies? Start the New Year by being prepared. Make sure you have the right documents in the right places. We suggest keeping original documents in a safety deposit box along with copies of your driver's licenses and some cash. Here are the documents you may want to collect:

- Birth certificates, marriage license, death certificates, trust and will documents
- Credit cards
- Driver's licenses
- Insurance policies
- Mortgage/house deeds or statements
- Bank statements

It's also a good idea to keep copies of these documents, including insurance policies and extra cash, in an emergency kit.

2.) Pay down debt, but don't forget about you! Be wise with any bonus check, tax refund or holiday money you have received this year. Pay down your **debt** starting with the highest interest rate. Set a monthly amount to pay and if that number is right, you'll be paying off your debt right on schedule! We also recognize that you've worked hard and want to treat yourself; we get it! Set a little aside to splurge while putting the rest away.

3.) Create a teaching moment for your kids. Did your children or grandchildren receive holiday money for Christmas? This is a great time to start talking to them about their own financial future, especially if they are at that age where they are starting to explore the world on their own. Use this time to discuss saving and spending and consider opening a savings account for them.

4.) Tune-up your finances. Set yourself up for success by actually doing the "I'll do this tomorrow" things you've been saying for months:

- Start a rainy-day fund; this way, you can't be tempted to spend money you never see, and you save a bit of money in case of a disaster.
- Make sure to check your bank and credit card accounts regularly for any suspicious activity. Data breaches are more frequent these days; download your **mobile banking app** and set up balance alerts to catch any unauthorized withdrawals from your accounts.
- Does your company offer a 401(k)? If so, make sure you contribute enough to get the full amount of your company's match. This is essentially free money!

With these tips in mind, what are your financial goals for the New Year?



Stop the Silence

Beta Pi, it's time to lace up and hit the pavement for a good cause, the Sister's Network, Inc. Stop the Silence Breast Cancer Awareness Walk. We're calling on all sorors, MOIs, Pelatis FILs, family and friends to help Beta Pi make a big presence in support of breast cancer awareness.

10th ANNUAL

sisters network inc
stop the silence
National African American breast cancer walk

SATURDAY, APRIL 25, 2020

Discovery Green Park
1500 McKinney Street
Houston, TX. 77010

SPONSORS
AS OF 01.10.20

Eisai

Comerica Bank

REGISTRATION IS OPEN

\$35.00 Discounted Registration
January 13, 2020–March 13, 2020

\$40.00 Regular Registration
March 14, 2020–April 10, 2020
(guaranteed t-shirt)

Online Registration closes on April 17, 2020
(T-shirt is not guaranteed)

For more information, call 713-781-0255 or 866-781-1808 or email: stopthesilencewalk@sistersnetworkinc.org

The 10th Stop the Silence 5K Walk/Run

Saturday, April 25, 2020
Discovery Green Park
1500 McKinney Street | Houston, TX 77010
Registration Open at 7:00 AM

Last day to [register online](#) and guaranteed a walk t-shirt - April 10, 2020

Online registration closes April 17th @ midnight!



7:00 AM	Registration & T-Shirt Distribution Opens
8:00 AM	Exhibits/Vendors Open Walk WARM UP - Main Stage
8:15/8:30 AM	Opening Ceremony Karen E. Jackson, Founder/CEO Sisters Network, Inc. Opening Prayer Greetings - Honorary Chairs
9:00 AM	Parade to Start/Finish Line
9:30 AM	Runners Begin Walkers Immediately Following
10:00 AM	Walk Registration/T-Shirt Distribution Closes
10:45 AM - 11:00 AM	Awards Presentation Closing Ceremony
12:00 PM	Exhibits/Vendors CLOSE Walk Ends

Iota Phi Lambda Sorority, Inc.

Alpha Kappa Chapter
Scholarship Western Dance

Love
is in
the
air

FRIDAY 14, 2020



St. Nicholas Parish Hall
2501 Bell Street
Houston, Texas 77004

9 p.m. – 1:00 a.m.

Donation: \$25.00

Food, door prizes, and best dressed

Supporting

IΦΛ

Sister



Chapters

Iota Phi Lambda Sorority, Inc.

Southwestern Regional Conference

Host Chapter: Epsilon Phi

March 26 - 29, 2020

Host Chapter Community Service Project

◆ Student Uniform Drive ◆

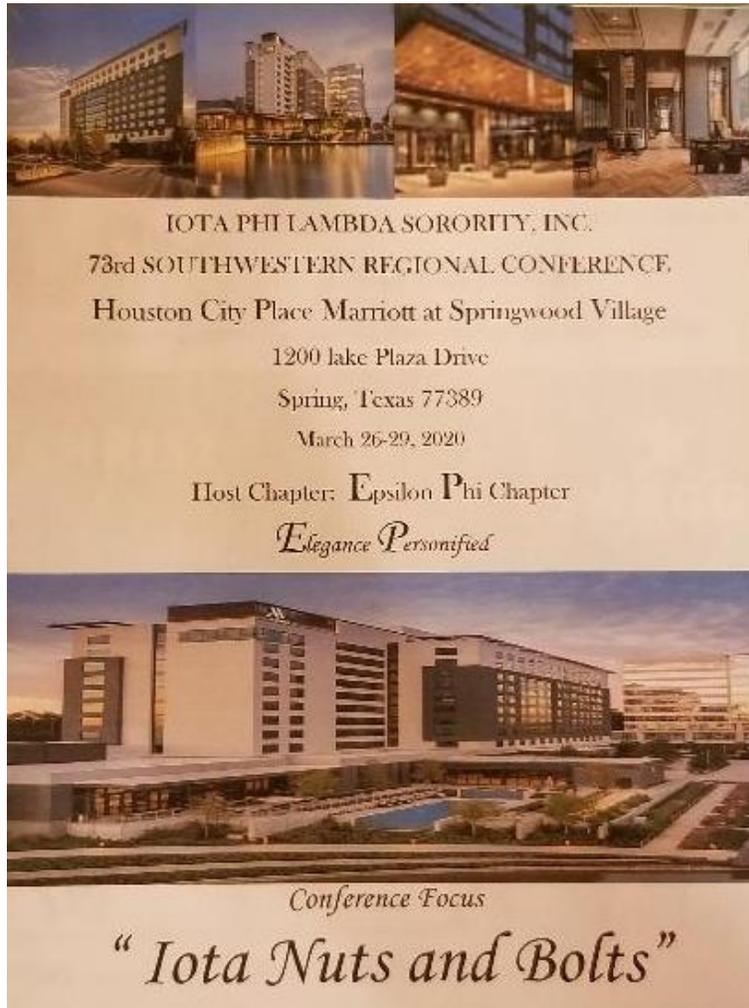


Beta Pi is collecting monetary donations of \$20 (or more) to purchase a gift card to The Uniform Superstore to support our sister chapter Epsilon Phi's community service project, benefitting students at Pace Youth Programs, Inc.

*** Deadline: Saturday, March 18, 2020 ***



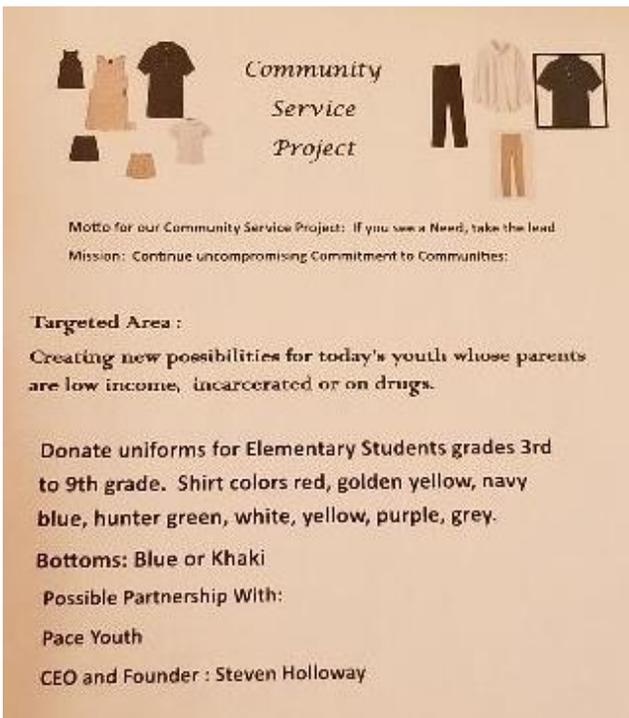
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IOTA PHI LAMBDA SORORITY, INC.
 73rd SOUTHWESTERN REGIONAL CONFERENCE
 Houston City Place Marriott at Springwood Village
 1200 lake Plaza Drive
 Spring, Texas 77389
 March 26-29, 2020
 Host Chapter: Epsilon Phi Chapter
Elegance Personified

Conference Focus
"Iota Nuts and Bolts"

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Community Service Project

Motto for our Community Service Project: If you see a Need, take the lead
 Mission: Continue uncompromising Commitment to Communities:

Targeted Area :
 Creating new possibilities for today's youth whose parents are low income, incarcerated or on drugs.

Donate uniforms for Elementary Students grades 3rd to 9th grade. Shirt colors red, golden yellow, navy blue, hunter green, white, yellow, purple, grey.
 Bottoms: Blue or Khaki
 Possible Partnership With:
 Pace Youth
 CEO and Founder : Steven Holloway

S
W
R
C



Jerseys and Jeans Evening Musical Celebration
 Sorors*Pelati*Men of Iota*Phi
 73rd Regional Conference
 Epsilon Phi Chapter Scholarship Fundraiser
 Friday, March 27, 2020 8:30 pm-12:00 a.m.

Featuring
 Minister-Gospel Rapper-Motivational Speaker-Author

CHRIST CLEAR
 #SWAGG
 GOD 1ST

JAZZ
 Rock & Roll
 HOD HOD
 Gospel

PrizesAdditional Information Coming Soon