SI PEARLS



Volume 32 Issue 30

June 2021

Message from the President

reetings Sorors!

Congratulations to our Graduates!! Soror Kandre Covington graduated from Dallas Christian College and Soror Tonya Cooper, who is now Dr. Cooper, graduated from Abilene Christian University.

Many thanks to Soror Deloris James, MOI President Edwin James and MOI Auxiliary for hosting the Diaper Drive. All the contributions made to it were appreciated.

Buckner Shoes for Orphan Souls and Minnie's Food Pantry are the last two Community Service Projects on the calendar. Let's finish the year strong and support both of them.

June 1, 2021, marked another milestone as we celebrated Founders Day nationwide and paid tribute to our Founder, Lola M. Parker. This was another extraordinary virtual program from the lighting of the candles to Sorors rededicating themselves to sisterhood. Psi Pearls to Soror Wonda Traylor, Chair, and to all who participated in this effort. It was heartwarming.

There is still more to celebrate. Juneteenth, also known as Freedom Day in Texas. President Abraham Lincoln issued the preliminary Emancipation Proclamation on September 22, 1862, that all slaves in the rebellious states would be freed January 1, 1863. Texas did not get the news until three years later in 1865.

As we close out this Sorority year, I would like to thank you for your continued dedication, loyalty and support. Our success this year would not have been possible without your commitment, hard work and positive thinking. It is an honor for me to be leading a great chapter and I look forward to a very successful year ahead.

Sisterly, Soror Judy Reeves

"Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business".

Psi Chapter President

PSI CHAPTER OFFICERS

President	Judy Reeves
1st Vice President	Vicki Sellers
2nd Vice President	.Wonda Traylor
Recording Secretary	.Tonya Cooper
Corresponding Sec	.Stevette Bauman
Financial Secretary	.Lucille Tolliver
Treasurer	Dwala Brown
Journalist	.Vee M. Jordan
Dean of Intake	LeTitia Speed

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2021 Founder's Day By Soror W. Traylor



2021 Founder's Day Celebration

Celebrating 92-Years of Service

On June 1st throughout lota land members of lota Phi Lambda Sorority Inc., gather together to pay homage to our founder Soror Lola Mercedes Parker and the vision she shared with six other women who organized lota Phi Lambda Sorority Inc. A vision that is a living legacy of the work that began over 92 years ago.

This year, due to the pandemic, we celebrated our 2nd Annual Virtual Founder's Day program through zoom technology where 48 members were in attendance. The National Founder's Day Message was delivered by our National President Elect, Soror Charlotte Berry and the Southwestern Regional message was read by the Southwestern Regional Director, Soror Vahnita Loud. Members reflected on the basic principles of "Intelligence, Friendship, Courage, Honesty, Loyalty, Truth and Work" and the importance of having these principles visible and interwoven in our daily lives as we carry out the projects and programs of lota Phi Lambda Sorority Inc.

Also included in this year's program was a special "Ode to Omega" memorial service honoring our sister, Soror Nancy Diggs, by Soror Juanda Wallace. Members ended the celebration with a "live" toast pledging their friendship Love and Loyalty at all times.

Psi Peals to the 2021 Founder's Day Chair Soror Wonda Traylor, Co-Chair Soror Vee Jordan and the outstanding Founder's Day Committee and participants for another successful Founder's Day program.

Founder's Day Program (Opening)



Opening Screen From Our Founder Soror Lola M. Parker



Welcome From Soror Wonda Traylor Chair



Prayer From Soror Kandre Covington



Our Creed Soror Dwala Brown



Founder's Day Song Soror Rhonda Jones



National President's Founder's Day Message Dorothy White Read By National President-Elect Soror Charlotte Berry



Southwestern Region Director Soror Vahnita Loud Founder's Day Message



National Founder's Day Litany Soror Stevette Bauman



Reading of the Prologue Soror Joyce Hodges



2021 Founder's Day Celebration



Candlelight Service

Soror Carolyn Parker

The Light of Intelligence

Soror Carolyn Parker

Founder's Day Candlelight Service

Candlelight Service CANDLELIGHT SERVICE LIGHT OF FRIENDSHIP Sarar Callette Janes

The Light of Friendship Soror Collette Jones



The Light of Honesty Soror Juanda Wallace



The Light of Courage Soror Shelia Fadipe



The Light of Loyalty Soror LeTitia Speed



The Light of Truth Soror Mary Ann Collier



The Light of Work
Soror Rita-White Ross



Pledge of Sisterhood Soror Beverly Moore



Loyalty Pledge Soror Rhonda Jones

Candlelight Service Ode To Omega



Soror Nancy Diggs January, 2021

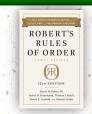


ROBERTS'S RULES OF ORDER BY SOROR DR. NICKSON, PHD



What Does Robert Say? The Parliamentarians of Psi

P.R.N. – Parliamentary Rules Noted



Voting Types

All members whose rights have not been suspended due to disciplinary or financial interests have the right to vote. However, the presiding officer (chair) is required to maintain an appearance of impartiality, not participating in debate unless relinquishing the chair until disposal of the issue being debated.

As a follow up to the <u>Methods of Voting on a Motion</u>, members also need to be aware of the votes that are needed for the motion to be adopted or accepted.

- Majority (more than half or the number of votes casts by persons entitled to vote)
- Two-thirds (2/3 of the votes casts by persons entitled to vote in particular circumstances)
- Majority of the Entire Membership (a majority of the total members of those who are members of the voting body at the time of the vote)
- Tie vote (requires the chair to cast the tie-breaking vote; rules restricting the chair participation in voting and debate do not apply in committee meetings or small boards)
- Plurality vote (largest number of votes casts when there are three or more alternatives)
- Unanimous Consent (a motion adopted or accepted without the chair stating the question on the motion)
- Vote by Acclamation (unanimous vote used only when one name is presented for nomination)

Reference: Roberts Rules of Order, Newly Revised In Brief, New York: 2020, pgs. 66-79.

"The Sounding Block Unit"

Psi Chapter has a history of effective parliamentarians including those who are currently members of the National Association of Parliamentarians (NAP), an organization whose mission states: "NAP is dedicated to educating leaders throughout the world in effective meeting management through the use of parliamentary procedure."

MEMBERS OF A LOCAL UNIT OF NAP, "THE SOUNDING BLOCK UNIT"



Soror Nona Fisher Registered Parliamentarian & Southwestern Region Parliamentarian



Soror Dr. Mary Nickson Psi Chapter Parliamentarian



Soror Daphne Hornbuckle



Soror Joyce Hodges



Let everything be done decently and in order.



2021 COMMUNITY SERVICE BY SOROR W. TRAYLOR



Buckner's Children Home Humanitarian Community Service Project

During the Month of May and June, members of lota Phi Lambda Sorority Inc., Psi Chapter participated in the Buckner's Children Home Humanitarian community service project. For the second year, due to the pandemic, our community service initiative consisted of writing inspirational notes and messages to send to underprivileged children around the world.

This year's goal was 1,000 inspirational notes or messages and as of today's date we have sent over 906 inspirational messages! If you have not sent your inspirational note or message please do so by our deadline of June 15, 2021. Please send your inspirational notes by email to Lexie Davis at ldavis@buckner.org. and reference lota Phi Lambda Sorority Inc., Psi Chapter and copy Soror Rita Heath Powell and Soror Wonda Traylor.

We want to thank the members of Psi Chapter for their willingness to serve and their continued support of the Buckner Children's Home Humanitarian and Shoes for Orphan Souls community programs. Kudos to Sorors Vicki Sellers, Judy Jenkins, Shelia Fadipe and Chair Soror Rita Heath Powell and Co-Chair Soror Wonda Traylor for their contributions to our 2021 community service initiative.

We look forward to continuing our face-to-face, volunteerism and community service programs as restrictions are lifted for the upcoming sorority year.

2021 Spotlighting Psi Soror

Congratulations!! Soror Kandre Covington

Iota Phi Lambda Sorority Incorporated "Psi Chapter" would like to recognize Soror Kandre Covington for her outstanding achievements and for completing her educational goals. Soror Covington graduated on May 7th, 2021, from Dallas Christian College with a dual major- BS in Business Administration and Bible.

She graduated Magna Cum Laude, received Biblical Studies honors, and won the 2021 Lucille L. Perkins award as the top graduating senior who exhibited Christian character, academic achievement, and commitment to Christian service with an administrative content. While completing her final semester in college, Soror Covington also received a certification in Nonprofit Management from Collin College. Job well done!





2021 SPOTLIGHTING FIL BY FIL DANIEL YOUNG PRESIDENT



Red Oak High School Honorable FIL AWARDED OUTSTANDING ACHIEVEMENTS



FIL Daniel Young President



On Thursday, May 13, FIL President Daniel Young received an award for his outstanding achievements in his architecture class titled **Architectural Design 1**. He was recognized for being ahead of the class and his intricate house designs that he completed in a timely manner.

Congratulations!!!

House Design



Floor Plan



2021 FIL VIRTUAL MEETING
BY FIL PRESIDENT
FIL DANIEL YOUNG



Psi Chapter FIL Virtual The Arts of Culinary



On May 16, 2021, Psi Chapter FIL learned about the culinary arts with facts presented by FIL Chair Soror Danielle Young. This was followed by her teaching the youth and guests how to make a charcuterie board.

FIL President Daniel Young taught them how to make a strawberry lemonade smoothie, and FIL Co-Chair Soror Collette Jones concluded the presentation with a lesson on how to make banana nut bread. The youth had the opportunity to ask the presenters different questions based on the snacks prepared. Furthermore, the youth had great fun with this engaging and nutritious lesson.



FIL PRESIDENT DANIEL YOUNG
DEMONSTRATES HOW TO MAKE A
STRAWBERRY SMOOTHIE



FIL CHAIR DANIELLE YOUNG CHARCUTERIE
BOARD



Psi Chapter FIL Spotlight



FIL Kylie Moore Future Iota Leaders (FIL)

Cedar Hill High School Graduating Class 2021



Kylie Moore is currently attending Cedar Hill High School as a senior and will be graduating on June 11, 2021, she has a 3.7 GPA. She is also a member of the Cedar Hill Longhorn Red Army Band.

Kylie states that this fall that she will be attending KD Conservatory in Dallas TX, in pursuit of a Film Degree. KD Conservatory is one of the top 5 film schools in the country.

Kylie is excited about pursuing a career in Film Production because it as a key that unlocks the emotions that you never knew were inside of you. "When you see a childhood television show, memories come rushing back and that gives you a feeling that is indescribable". That is why Kylie has decided to further her education in the field of Film Production.

Congratulations!!





2021 SPOTLIGHTING PSI SOROR

Congratulations!!

Soror Mona Fisher

Congratulations to Soror Nona Fisher, PRP. On May 1, 2021, she was elected as Southwestern Region Parliamentarian of the National Association of Negro Musicians (NANM). Founded in 1919, it is the mission of NANM to promote, preserve, and support all genres of music created or performed by African Americans. Soror Fisher currently serves as Southwestern Region

Parliamentarian of Iota Phi Lambda Sorority, Inc.





2021 SPOTLIGHTING FORMER BUSINESS MONTH HONOREE BY SOROR HUDSON



Congratulations!! FORMER 2018 BUSINESS MONTH HONOREE

Mikki Wilson

Psi Chapter congratulates Nikki Wilson, April, 2018, Business Month Corporate Achievement Award Honoree, who was recently appointed as The Richards Group first Chief Talent and Culture Officer. A former Human Relations and Labor Relations director at General Motors, Nikki will oversee the integration of initiatives into the entire agency's culture and operations, act as the agency's champion for all employee resource groups, and lead all human resources functions. For the entire announce-ment go to: https://www.prnewswire.com/news-releases/the-richards-group-announces-new-

chief-talent-and-culture-officer-301279441.html





2021 HAPPY FATHER'S DAY



Father's Day is celebrated worldwide to recognize the contribution that **fathers** and father figures mean in the lives of their children. This **day** celebrates fatherhood and male parenting. Although it **is celebrated** on a variety of dates worldwide, many countries observe this **day** on the third Sunday in June.





2021 JUNETEENTH FREEDOM DAY

WHY IS IT CALLED JUNETEENTH?

The name is a combination of "June" and "nineteenth" in honor of the date of Granger's announcement and first appeared around 1903. It is also known as African American Freedom Day or Emancipation Day. ...

Juneteenth is recognized as a state holiday or special day of observance in 45 states.





2021 HAPPY 4TH OF JULY

The Declaration of Independence

We celebrate American Independence Day on the Fourth of July every year. We think of July 4, 1776, as a day that represents the Declaration of Independence and the birth of the United States of America as an independent nation.











CALENDAR FOR JUNE 2021

DATE	NAME OF EVENT	TIME	LOCATION
Tuesday, June 1	2021 2nd Annual Virtual Founder's Day Program	6pm	Virtual (Zoom)
Saturday, June 12	PELATI MEETING	llam	Conference Call
Monday, June 14	VIRTUAL PINNING CEREMONY NEW CHAPTER	7pm	Virtual (Zoom)
Saturday, June 19	Business Meeting	10am	Virtual (Zoom)
Sunday, June 20	Future lota Leaders (FIL) Meeting	3pm	Virtual (Zoom)
Saturday, June 26	Soror Recognition Program		Virtual (Zoom)



Rosma Newell 6/6



SORORS' JUNE BIRTHDAYS



Lalanii Jones 6/26



Nona Fisher 6/23



Sorors' July Birthdays



Brenda Napier 7/4



LeTitia Speed 7/6



Cheryl Dawes 7/13







SORORS' JULY BIRTHDAYS



Collette Jones 7/16



Rhonda Molett 7/21



Juanda Wallace 7/23



Daphne Hornbuckle 7/28



Charlotte Berry 7/29









All news articles are due the **25th of each month** or before. Email all written news articles and pictures to: journalistiotapsi@gmail.com

Please enjoy this edition of **Psi Pearls** and many more to come, and know it has ultimately been our pleasure to serve you.

Sisterly,

SOROR VEE M. JORDAN

PSI CHAPTER JOURNALIST/PUBLIC RELATIONS CHAIR IOTA PHI LAMBDA SORORITY, INC.



HEALTH TIPS

By Soror Ross, RN



June is National Cataract Awareness Month

A cataract is a dense, cloudy area that forms in the lens of the eye. A cataract begins when proteins in the eye form clumps that prevent the lens from sending clear images to the retina. It sends the signals to the optic nerve, which carries them to the brain. It develops slowly and eventually interferes with your vision. You might end up with cataracts in both eyes, but they usually don't form at the same time. Cataracts are common in older people. Over half of people in the US have cataracts or have undergone cataract surgery by the time they are 80 years old, according to the National Eye Institute Trusted Source.

Symptoms of Cataracts:

Common symptoms of cataracts include blurry vision, trouble seeing at night, seeing colors as faded, increased sensitivity to glare, halos surrounding lights, double vision in the affected eye, a need for frequent changes in prescription glasses.

What Causes Cataracts?

There are several underlying causes of cataracts. These include an overproduction of oxidants, which are oxygen molecules that have been chemically altered due to normal daily life, smoking, ultraviolet radiation, the long-term use of steroids and other medications, certain diseases, such as diabetes, trauma, and radiation therapy.

Risk Factors of Cataracts:

Risk factors associated with cataracts include older age, heavy alcohol use, smoking, obesity, high blood pressure, previous eye injuries, a family history of cataracts, too much sun exposure, diabetes, exposure to radiation from X-rays and cancer treatments.

Diagnosing Cataracts:

Your doctor will perform a comprehensive eye exam to check for cataracts and to assess your vision. This will include an eye chart test to check your vision at different distances and tonometry to measure your eye pressure.

Treatment of Cataracts:

Surgery is recommended when cataracts prevent you from going about your daily activities, such as reading or driving. It's also performed when cataracts interfere with the treatment of other eye problems.

Prevention of Cataracts:

To reduce your risk of developing cataracts: protect your eyes from UVB rays by wearing sunglasses outside, have regular eye exams, stop smoking, eat fruits and vegetables that contain antioxidants, maintain a healthy weight, keep diabetes and other medical conditions in check.





Jota Phi Lambda Sorority, Inc. Southwestern Regional News

Southwestern Region Theme: "Affirming the Legacy, Bonding in Sisterhood, Committing to Business and Developing Leaders"





Wahnita Loud, 19th SWR Director

NEW CHAPTER IN LITTLE ROCK, AR

Coming Soon!!

On June 14, 2021, Southwestern Region Virtual Pinning Ceremony will be held at 7pm for the new prospective members of a new chapter in Little Rock, AR.

ODE TO OMEGA

Southwestern Region Mourns the loss of our Sister Soror Ruth Taylor ,Alpha Kappa Chapter







Jota Phi Lambda Sorority, Inc. National HQ News

NATIONAL VIRTUAL CONVENTION July 28th-July 31, 2021



REGISTRATION EXTENDED TO JUNE 15TH

- Registration has been officially extended to **June 15th** for ads, vendors, and getting your seat at the virtual lota table. See you there!
- Remember, members with voting privileges that are Past National Officers have the right to vote. Make sure to select that option on your registration.
- New feature with Whova registration. If you have dual roles, such as a First Timer and Voting Delegate or a Past National Officer and Voting Delegate, you may select both now.
- If you registered with your Chapter, do not register using Whova as an Individual. Have that conversation before registering.

Email, <u>executive.director@iota1929.org</u>, if you need to correct information with your original registration. Do not submit a second registration to show updated information.





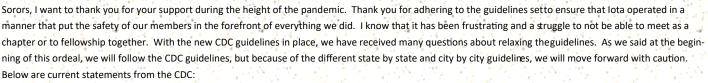


Tota Phi Lambda Sorority, Mational HQ News

"Business and Professional Women Building the Foundation for Generational Financial Empowerment"

Soror Dorothy M. White 23RD NATIONAL PRESIDENT

COVID-19 Guideline Updates June 8, 2021



CDC Guidelines for fully vaccinated people:

Currently authorized vaccines in the United States are highly effective at protecting vaccinated people against symptomatic and severe COVID-19. Additionally, a <u>arowing body of evidence</u> suggests that fully vaccinated people are less likely to have asymptomatic infection or transmit SARS-CoV-2 to others. How long vaccine protection lasts and how much vaccines protect against emerging SARS-CoV-2 variants are still under investigation.

Fully vaccinated people my resume activities without wearing masks or physically distancing, except where required by federal, state, local, tribal, or territorial laws, rules and regulations, including local business and workplace guidance. If you have a condition or are taking medications that weaken the immune system, you may NOT be fully protected even if you are fully vaccinated. Even after vaccination, you may need to continue taking precautions

Remember, in addition to our national Bylaws and standing rules, all sorority members are expected to abide by any guidelines/regulations developed by the National Board for the safety of our members. Because the Convention and Regional Planning Meeting are already planned virtual events, the 2020-2021 sorority year is nearly over, and the health and age of our membership, we will plan for a September 1 Opening. After discussing the above CDC guidelines with the National Executive Board and taking in consideration the age levels of our diverse membership and the fact that we cannot guarantee that all of our members are vaccinated we are recommending the following:

INDOOR/OUTDOOR MEETINGS: Indoor facilities should be large enough to accommodate social distancing and have good circulation of air. If you are meeting **OUTDOORS**, the space should be large enough to accommodate social distancing and a mask is not needed if vaccinated, your personal choice.

We will continue to wear mask and observe frequent handwashing for indoor meetings and activities

Recommend hybrid meetings, if possible, to accommodate unvaccinated members and members with medical issues, who choose not to attend in person meetings.

Prepackaged refreshment only, no buffet style refreshments, including coffee, served at meetings

CHAPTER ACTIVITIES

- 1. Chapter may resume social and community gathering with caution.
 - *Recommend the wearing of mask and social distancing, until further notice
- 2. May resume participation in community activities wearing lota gear
- 3. May resume in-person membership recruitment with limited contact, remember everyone has not been vaccinated and we cannot require them to do so or ask if they have been vaccinated. Keeping that in mind, we recommend wearing a mask during interaction with any prospective Lompa.

We will continue to assess the situation as we get closer to September 1, to see if any changes to these guidelines are needed. For now, the National Board ask that you adhere to these guidelines, that are subject to change as the CDC continues to update recommendations for both vaccinated and unvaccinated people. In the meantime, let's encourage everyone we know, who is eligible to get vaccinated, if they have not done so.

Sisterly,

Dorothy M. White

Dorothy M. White 23rd National President Iota Phi Lambda Sorority, Inc.





Psi Chapter Information

If you would like to email President Judy Reeves, Journalist Vee M. Jordan or visit Psi Chapter's website click on the highlighted links listed below.

Judy Reeves, Psi Chapter President judyreeves4@att.net

Iota Phi Lambda Sorority, Inc. Psi Chapter P.O. Box 223871 Dallas, Texas 75222-3871

PSI CHAPTER WEBSITE Undercontruction

Chapter Theme:

"Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business"



https://twitter.com/psi1936

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Judy Jenkins
Rita Heath Powell
Wonda Traylor
Rita White Ross
Shelia Fadipe
Deloris James
Carolyn Parker

Southwestern Region Information

If you would like to send an email to our Southwestern Regional Director, National President or visit the Southwestern Region or National websites. Click on the highlighted links listed below.

<u>Vahnita Loud</u>, Southwestern Regional Director

Southwestern Region Website, http://www.iotaswr.org

Southwestern Region Theme: "Affirming the Legacy, Bonding in Sisterhood, Committing to Business and Developing Leaders"

National Information

Dorothy White, National President

National Website, http://www.iota1929.org

National Theme:

"Business and Professional Women Building the foundation for generational Financial Empowerment"



Founder: Mrs. Lola M. Parker "Upward and Onward in Efficient Service"