

Message from the President

reetings Sorors!

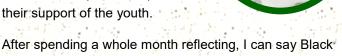
It is time to celebrate Women's History Month honoring those women who have had an impact on your life, and while doing so let us reflect on our Black Heritage.

We have had some amazing Black History programs such as "Black Family: Representation, Identity and Diversity, which covered how black families were stereotyped and vilified from days of slavery to the present time. Congratulations to Pelatis E. Louise William and MOI Ronny E. Reeves for hosting this event.

Then there was Trivia Night to test Sorors' knowledge of Black History. We moved on to the main event, The African American and the Vote-A Thoughtful Conversation, which included four dynamic panelists who discussed Voting, Black Lives Matter and the Black Movement of the early 60's. This was truly a refresher course. Psi Pearls to Soror Juanda Wallace and her committee for this excellent journey.

I cannot forget the FIL's presentation and discussion on Recovering and Re-examining our Roots, featuring Soror

Juanda Wallace and Jahmicah Dawes, a former FIL. Both presented videos of history and had exciting and engaging panel discussions. Psi Pearls to Soror Danielle Young, Chair and Soror Collette Jones, Co-Chair, for their support of the youth.



History is a Heritage of UNSHAKABLE FAITH!

There is more to come with the Leadership Forum which I am sure will be a huge success.

Also, the 74th SWR Conference is fast approaching which should be interesting.

Sisterly, Soror Judy Reeves Psi Chapter President

"Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business".

PSI CHAPTER OFFICERS			
President	Judy Reeves		
1st Vice President	Vicki Sellers		
2nd Vice President	Wonda Traylor		
Recording Secretary	Tonya Cooper		
Corresponding Sec	Stevette Bauman		
Financial Secretary	Lucille Tolliver		
Treasurer	Dwala Brown		
Journalist	Vee M. Jordan		
Dean of Intake	LeTitia Speed		

PSI TABLE OF CONTENTS	PAGE #
Message From the President & Psi Chapter Officers	1
Black History	2
Future lota Leaders—Black History Program	3
How Black Churches Shaped Their Lives	4
Mackey-Tillman Scholarship Winner & Soror In The Spotlight	5
Celebrating Women's History Month	6
Robert's Rules of Order	7
Calendar for February 2021 & March Birthdays	8
Message from The Journalist & Health Tips and Comparing COVID-19	9-10
Re-Elect-Campaign	11
Regional Information	12-13
National Information	14-15
Information Page	16



2021 BLACK HISTORY MONTH By Soror JUANDA WALLACE



BLACK HISTORY CULMINATION



2

The concluding event of Psi Chapter's Annual Black History Celebration was held on February 13, 2021 with a public virtual program entitled, "African Americans and the Vote – A Thoughtful Conversation", the 2020 theme for The Association for the Study of African American Life and History (ASALH).

The program was centered around acquiring new knowledge and information in the long ongoing struggle of Black Americans in exercising their rights as American citizens. The presentation focused on conversations between community leaders and the audience with the goal of educating and informing others with thoughtful dialogue.

Subjects and Panelists included:

Voter Suppression -Janis Dunn, Tri-City NAACP, President Another Point of View---The History of the Republican Party ----Dr. LaTrese Adkins The Stories Through the Eyes of a Lens - Vernon Bryant, Dallas Morning News Staff Photographer Inspiration During the Pandemic – Soror Mary Nickson, Psychologist

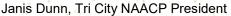
Norma Adams Wade, long time columnist for The Dallas Morning News, performed as moderator.

The final activity was a collaboration between the FIL and Black History Committee with their program entitled, "Past and Present of Black History". A discussion was held centered around past FIL Jahmicah Dawes, who now owns his own business, "Slim Pickens Outfitters" in the small predominantly White community of Stephenville, Texas, with a bi-racial family and as an entrepreneur of a non-traditional black business. The second half of the program was a comparison of the early 60's civil rights movement of which Soror Juanda Wallace was an active participant and the civil rights movement of today.

Questions and answers were entertained at the end of both program events.

A black entertainment reference guide of current movies, books, TV shows, etc. was compiled and sent to all chapter members to be used doing this troubling Pandemic period.

Our Panelists Received Certificates for Sharing their Knowledge on Black History



Dr. LaTrese Adkins-Weathersby

Dr. Mary Nickson



Vernon Bryant Staff Photographer





Norma Adams-Wade Moderator



FIL VIRTUAL BLACK HISTORY PROGRAM

By Soror Young



CELEBRATING BLACK HISTORY MONTH Advancing With Purpose: Recovering & Re-examining Our Roots



On February 21, 2021, Psi Chapter FIL celebrated Black History Month with a panel discussion on Advancing with Purpose: Recovering and Re-examining Our Roots. Guest Panelist Speakers were our very own Soror Juanda Wallace, who is an advocate, historian and a leader in the Dallas community. Jahmicah Dawes, a former FIL was also a panelist who has the nation's first Black-Owned gear shop. Slim PickIns Outfitters has been a community mainstay, and a beacon of light within the community.

Panelist Soror Wallace provided context to Dallas historic images and times during the freedom rider era and how various individuals like Juanita Craft played a vital role in activism within the Dallas community. Jahmicah Dawes discussed his business and the initial racism he experienced within his community. It has now been a fixture within the community that brings together people from all walks of life, and is the town's "go-to" supplier of outdoor and adventure-ready goods and services.

Psi Chapter FIL President Daniel Young was the moderator for the program, where he had the panelists and participants to consider challenging questions about race, identity, and economic justice today. Soror Collette ended the Black History program with Black History Trivia, where FIL had an opportunity to learn about Black History and have fun while doing it.

2021 FIL BLACK HISTORY

CELEBRITING BLUER (USTORY



Dallas Historic Images





Former FIL Jahmicah Dawes, Slim PickIns Outfitters Click the link to learn more about his story. <u>https://youtu.be/DHnd2aj61G8</u>



Black History Trivia







2021 BLACK HISTORY HOW BLACK CHURCH SHAPED THEIR LIVES

Where Everybody Could Be Somebody': North Texans Share How The Black Church Shaped Their Lives

Reporter, KERA NEWS

KERA | By <u>Alejandra Martinez</u>

The Black church has given Garland resident Rita White-Ross, lota Phi Lambda Sorority, Inc., Psi Chapter the platform to become a leader.

"The Black church provides an opportunity for me to be a leader in the church from my grade school days, all the way through high school," said Rita White-Ross, who is a member of the African Methodist Episcopal Church. "I still practice those leadership skills today in my career and in my current church".

"The Black church has shaped me so that I can trust God in His infinite wisdom, no matter what." The Black church is where Rita White-Ross learned what it meant to be a servant leader.

She said her experience at church led her to pursue nursing and transformed her into the person that she is today. To hear move about How The Black Church Shaped Their Live, click on the link below and then click on "LISTEN"

https://www.keranews.org/news/2021-02-24/where-everybody-could-be-somebody-north-texans-share-how-the-black-church-shaped-their-lives



Soror Rita White-Ross became a leader at the African Methodist Episcopal Church in Wichita Falls.

2021 Black History

2021 THE BLACK CHURCH BY DR. LOUIS GATES, JR.



The Black Church

<u>The Black Church: This Is Our Story, This Is Our Song</u> interviews with Oprah Winfrey, John Legend, Jennifer Hudson, Bishop Michael Curry, Cornel West, and Pastor Shirley Caesar.

Henry Louis Gates, Jr. talks about the origins of the Black church and its continued influence as the spiritual, cultural, and political epicenter of the African American community. Tune in or stream The Black Church: This Is Our Story, This Is Our Song starting Tues., Feb. 16 at 9/8c.

Click to Hear More About "The Black Church"

The Black Church | Inside Look | PBS - YouTube



5

MACKEY-TILLMAN SCHOLARSHIP AWARD BY SOROR YOUNG



MACKEY-TILLMAN SCHOLARSHIP WINNER

"Ms. MYA PEYTON" CEDAR HILL HIGH SCHOOL

Congratulations to Mya Peyton winner of the Mackey-Tillman Scholarship

Mya Peyton is a senior at Cedar Hill High School (CHHS) where she is currently pursuing an endorsement in Business and Industry. Mya is a very active member of Cedar Hill High School Student Council, National Honor Society, and in her church youth group.

Mya is an Honor Roll student and has received several awards during her high school education. Mya's community service efforts span over a two-year time period where she has volunteered at various organizations within the community such as volunteering at Cornerstone Kitchen feeding the homeless.

Mya enjoys gymnastics, working with her church youth group, and hanging out with her family and friends. In the fall, Mya plans on attending Texas State University, where she will pursue a degree in Business Administration with a focus on Health and Fitness Management.

Mya Peyton MACKEY-TILLMAN

SCHOLARSHIP WINNER



SUGAR MAMA VIRTUAL BOOK TOUR KICKS OFF WOMEN'S HISTORY MONTH

March 1st is the official start of Women's History Month 2021, it also marks the kick-off of authors Treavion Davenport's and Soror Lalanii Wilson Jones' **"Sugar Mama Virtual Book Tour"** presented by the African Americans On the Move Book Club [AAMBC], founded by Tamika Newhouse, to develop interactive literacy-based programs centered around African American books and those who write them. The next novel in the series is slated to hit bookshelves in winter, 2021. Learn more at <u>www.ultimatesugarmama.com</u>. Purchase the Kindle digital version or paperback via <u>www.Amazon.com</u>. Email <u>sugarmamabook@gmail.com</u> for other inquiries.

Soror Lalanii Wilson-Jones

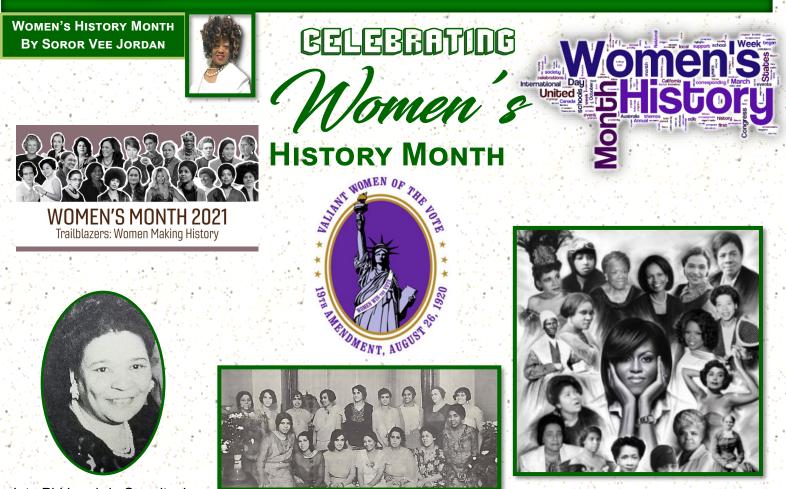
ongratulations



Co-Author Treavion Davenport



6



Iota Phi Lambda Sorority, Inc., Lola M. Parker, Founder

> The Past Presidents of Psi Chapter have collaborated to produce a commemorative 70th Anniversary Book that provides a synopsis of Psi Chapter's History and shares the wisdom of its leaders as a roadmap to excellence for years to come.

> > In memory Of Soror Dorethea N. Hornbuckle Psi Chapter's First National President



D. Brown 1982-1985 H. Clark 1985-1989 J. Wallace 1991-1995 T. Jacques 1999-2003



"她就就你说,我们放了了,,你她就能你说,我们放了了,,你她就是你的吗?我们放了了,,你她就是你你说,我们放了了,,你她就是你你说,我们放了了,,你她就是你吗?





What Does Robert Say? The Parliamentarians of Psi



7

P.R.N. – Parliamentary Rules Noted

According to Robert's Rules of Order, Newly Revised, 11 Ed., a quorum is defined as "the number of members who must be present in order that business can be validly transacted".

In mass meetings the *quorum* is the number of persons present.

In organizations such as churches and some societies with no dues or membership rolls, the *quorum* generally consists of those who attend the meeting.

At a convention, the *quorum* is a majority of the number who have been registered as attending.

In a deliberative assembly with membership whose bylaws do not specify a quorum, the quorum is a majority of all the members.

In committees and boards, the *quorum* is a majority of the members of the board or committee, unless indicated differently by:

the bylaws; rule of the parent organization; or the motion establishing the particular committee.

In the absence of a quorum, any business transacted, other than procedural actions, is null and void.

"The Sounding Block Unit"

Psi Chapter has a history of effective parliamentarians including those who are currently members of the National Association of Parliamentarians (NAP), an organization whose mission states: "NAP is dedicated to educating leaders throughout the world in effective meeting management through the use of parliamentary procedure."

MEMBERS OF A LOCAL UNIT OF NAP, "THE SOUNDING BLOCK UNIT"



NAP

Soror Joyce Hodges



Soror Dr. Mary Nickson Psi Chapter Parliamentarian



Soror Daphne Hornbuckle





National



Soror Nona Fisher Registered Parliamentarian & Southwestern Region Parliamentarian

Let everything be done decently and in order. 1 Corinthians 14:40



CALENDAR FOR MARCH, 2021

DATE	NAME OF EVENT	TIME	LOCATION
Saturday, March 13	Pelati Meeting		Conference call
Saturday, March 20	BUSINESS MEETING	: 10am	Virtual (Zoom)
Sunday, March 21	Future Iota Leaders Meeting	3pm	Virtual (Zoom)
Friday, March 26	74th SWR Conference	8am	Virtual (Zoom)
Saturday, March 27	74th SWR Conference	8am	Virtual (Zoom)







All news articles are due the **25th of each month** or before. Email all written news articles and pictures to: <u>journalistiotapsi@gmail.com</u>

Please enjoy this edition of **PSI Pearls** and many more to come, and know it has ultimately been our pleasure to serve you.

Sisterly,

SOROR VEE M. JORDAN

PSI CHAPTER JOURNALIST/PUBLIC RELATIONS CHAIR IOTA PHI LAMBDA SORORITY, INC.



HEALTH TIPS



March is National Kidney Month

Get to know your hard working kidneys

Longstanding disease of the kidneys leading to renal failure.

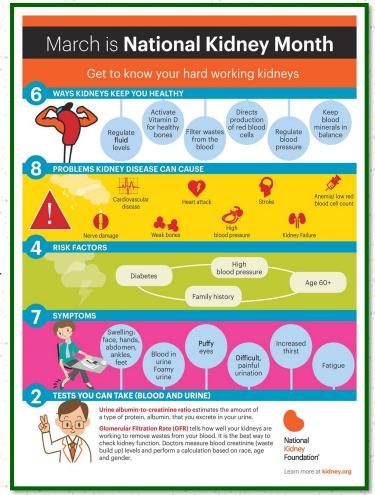
The kidneys filter waste and excess fluid from the blood. As kidneys fail, waste builds up.

Symptoms develop slowly and are not specific to the disease. Whole body: fatigue, high blood pressure, loss of appetite, malaise, or water-electrolyte imbalance.

Also common: kidney damage, abnormal heart rhythm, failure to thrive, fluid in the lungs, insufficient urine production, itching, kidney failure, severe unintentional weight loss, or swelling.

Some people have no symptoms at all and are diagnosed by a lab test. Medications help manage symptoms. In later stages, filtering the blood with a machine (dialysis) or a transplant maybe needed. Source: Kidney.org.

Rita White-Ross, RN, BSN, CCM



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HEALTH TIPS

COMPARING COVID-19 NUMBERS MISLEADING By SOROR FADIPE, R.N.



Comparing Covid-19 vaccine efficacy numbers can be misleading



The best Covid-19 vaccine for you is most likely still the first one you can get.

Three different <u>Covid-19</u> vaccines are now being distributed across the United States, and all three are highly effective at the <u>most important thing</u>: preventing hospitalizations and deaths from Covid-19. But some people remain worried that Johnson & Johnson's vaccine is less effective at preventing disease to begin with. Scientists say that this is the wrong way to think about Covid-19 vaccines, and that judging the Johnson & Johnson vaccine as inferior based on its lower reported efficacy is misleading.

Such actions are especially worrying at the current stage of the pandemic. Covid-19 has killed more than <u>500,000 Americans</u>, and while cases seem to be declining, the virus is still spreading, <u>new variants</u> are gaining ground, and some parts of the country are already relaxing precautions (which health officials warn could end up <u>prolonging the pandemic</u>).

Turning down vaccine doses while supplies of all Covid-19 vaccines are still stretched thin undermines the campaign to curb the pandemic.

In clinical trials, the vaccines produced by Pfizer/BioNTech, by Moderna, and by Johnson & Johnson reduced the fatality rate of Covid-19 by 100 percent compared to their placebo groups. They also kept all recipients out of the hospital. That means they can potentially downgrade Covid-19 from a public health crisis to a manageable problem.

"The goal of a vaccine was really to defang or tame this virus, to make it more like other respiratory viruses that we deal with, so when you look at the three approved vaccines in the US, all of them are extremely good at that metric," said <u>Amesh Adalja</u>, a senior scholar at the Johns Hopkins Center for Health Security.

The vaccines do have some important differences. The Johnson & Johnson vaccine is one dose, while the others require two. It also can be stored at refrigerator temperatures, while the others require freezer temperatures. The Johnson & Johnson vaccine is also less expensive, about <u>\$10 per dose</u>, roughly half as much as the Pfizer/BioNTech vaccine. The Moderna vaccine costs between <u>\$25 and \$37 per dose</u>.

These factors give Johnson & Johnson an edge in logistics and could help the shots get to people in harder-toreach places. <u>Saad Omer</u>, the director of the Yale Institute for Global Health, told Vox last month that it's a vaccine that "can increase equity."

But when Johnson & Johnson filed for an emergency use authorization from the Food and Drug Administration for its Covid-19 vaccine in early February, it reported that its overall efficacy in preventing Covid-19 cases that produced symptoms was 66.1 percent. The Moderna vaccine and the Pfizer/BioNTech vaccines reported efficacy levels around 95 percent.

That gap in efficacy numbers is fueling some people's perception that the Johnson & Johnson Covid-19 vaccine isn't as good. However, scientists say that these numbers can't be fairly compared to one another. The efficacy levels of the Covid-19 vaccines are specific to the clinical trials that produced them, and those trials were not conducted in the same ways.

In addition, health officials have been emphasizing that the most important numbers — how well the vaccines prevent hospitalizations and deaths — are consistent across the board and are arguably more comparable. Even after these vaccines have begun distribution, researchers are finding that Covid-19 vaccines are doing a <u>remarkable job of keeping people alive</u>.

That's why the recommendation remains that the best Covid-19 vaccine for the vast majority of people is the first one they can get. "That's how I think of these vaccines, as basically interchangeable," said Adalja.



CAMPAIGNING

RE-ELECT

Rev. LeTitia Speed, MBA

Southwestern Regional Treasurer

te

itia R. Speed



Inducted in Psi Chapter, 2015 MBA Strayer University, Business & Health Services Administration, 2015 BBA Northwood University Business & Finance, 2012 Licensed & Ordained Minister, 2000 Certified Chaplain, 2017 / Cert. Police Chaplain, 2018 U.S. Veteran/ARMY Retired Comp/Pen)



IOTA EXPERIENCE

Attended 5 Regional Conference 2016-2021 Attended 1 National Conference 2019 SWR Treasurer 2020-Present SWR Budget Committee Chair 2020-2021 SWR Dean of Intake Committee 2020-2021 Psi Chapter Dean of Intake 2020-Present SWR Chaplain Committee 2017-Present SWR Registration Committee 2016, 2017 Psi Chapter Education/Scholarship Chair 2019-2020 Psi Chapter Business Month Committee 2016-Present Psi Chapter Rules Committee 2020-2021 Psi Chapter Business Committee 2020-2021 Psi Chapter Business Committee 2020-2021





Southwestern Region Theme: "Affirming the Legacy, Bonding in Sisterhood, Committing to Business and Developing Leaders"

74th Southwestern Regional Virtual Conference March 26-27, 2020



Vahnita Loud,

19th SWR Director

Theme: "Developing Leaders"

Greetings Sorors,

How exciting is it that the 74th Southwestern Regional Virtual Conference is almost here! Mach 26 and 27, 2021 will be memorable as our 2nd Southwestern Regional Virtual Conference!

We have received your registration. We are grateful for your presence and Thank you for joining us!

We look forward to the opportunity to once again Affirm our Legacy, Bond in Sisterhood, Commit to Business, and Develop Leaders!

It is an honor and a pleasure having our National President, Soror Dorothy White, President Elect Soror Charlotte Berry, our very own Past National President, Soror Lillian Parker, National Treasurer, Soror Amanda Dutton and National Parliamentarian, Soror Betty Wilson Jones with us.

The attendance also of my National Officer board members is greatly appreciated; Central Regional Director, Soror Jessica Brown, Southern Regional Director, Soror Phyllis Moore and Far Western Regional Director, Pamela Paige.

This year's conference focus is **"Developing Leaders"** and is taken from the 4th and final focus of my theme as your 19th Southwestern Regional Director."

Welcome Sorors! Welcome Pelati! Welcome MOI! Welcome FIL! Welcome Guests! Let the conference begin!

Serving lota,

Vahnita D. Loud

Vahnita D. Loud, 19th Southwestern Regional Director





Southwestern Region Theme: "Affirming the Legacy, Bonding in Sisterhood, Committing to Business and Developing Leaders"

Southwestern Region Mourns the loss of our Sister <u>Soror Pamela Y,</u> Denmon, Alpha Kappa Chapter

> OMEGA CHAPTER Celebration of Life

Pamela Y. Denmon, Alpha Kappa Chapter



Vahnita Loud, 19th SWR Director



Pamela Y, **Denman** We are extending our heartfelt and deepest sympathy

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Our prayers are with her family and chapter.

in the loss of our sister.

We send our peace, love and comfort.

Sisterly, Southwestern Region



14



lota Scholarship Programs

Soror Charlotte Berry NATIONAL PRESIDENT-ELECT

IOTA PHI LAMBDA SORORITY, INC.

2020 – 2021 Essay and Scholarships Procedural Reminders

Updated Scholarship Criteria/Scoring Rubric

This information is also located on the national website in the members only section under scholarships.

Dorethea N. Hornbuckle Scholarship applications are due postmarked by **March 15, 2021** sent to the National President Elect.

Alice P. Allen Scholarship applications are due postmarked by April 1, 2021 sent to the National President Elect.

<u>ALL</u> essay and scholarship applications <u>MUST</u> be submitted with documentation, recommendations and sponsorships from an active chapter in lota Phi Lambda Sorority to the National President Elect with the designated postmark dates for each essay or scholarship with official postal marking dates.

Please make sure that your chapter and regional websites indicate those scholarships that are specifically awarded by them and not National Scholarships. There is no reason that scholarship applications should be sent from around the country if the information is posted with clear directions. **Again, no National essay and/or scholarship applications are accepted without chapter endorsement and submission.**

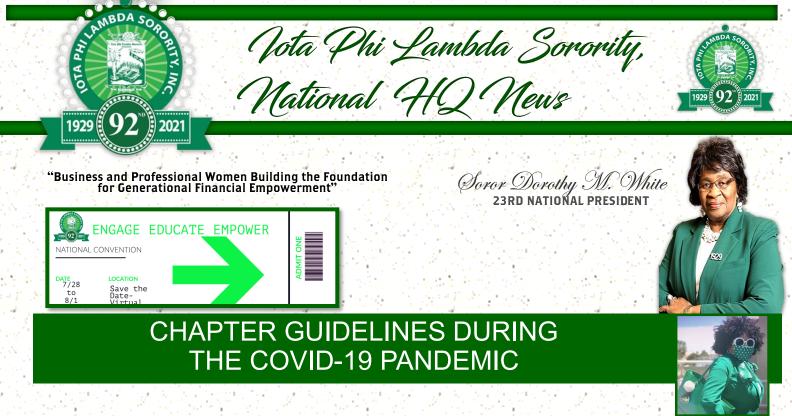
Evelyn D. Wilkey Essay 2020 American Education Week Theme "How Social Media Affects Teens"

GOOD LUCK IN YOUR SUBMISSIONS!

"Business and Professional Women Building the Foundation for Generational Financial Empowerment"



15



Sorors,

I want to thank you for your support during this pandemic. It is very frustrating to many of us as we struggle to adjust to this new way of life, but it is also true that several of our sorors, their families, and friends have been impacted by the Coronavirus pandemic. We are dealing with an invisible enemy that affects every element of life, personally, financially, and professionally. That is why it is so very important that we keep ourselves and our families as safe as possible.

Sorors, we have set guidelines in place that limits the amount of person-to-person contact because we care and we wish to protect you, your families, and lota. We do not want to unknowingly put anyone in danger of contracting the virus at any lota event, meeting, or social gathering while wearing lota gear. It has been awesome to see so many of you working to conduct lota programs while operating within the stated National guidelines.

Remember, in addition to our national Bylaws and standing rules, all sorority members are expected to abide by any guidelines/regulations developed by the National Board for the safety of our members. Those guidelines are:

1. No in-person chapter meetings for sorors or auxiliaries.

2. No in-person group gatherings involving sorors or auxiliaries, this includes social gatherings that show members wearing lota gear.

3. No in-person events that require groups of sorors to gather in one location. *Sorors may individually drop off or pick up items, supplies, etc.

4. No in-person membership recruitment, virtual-only!

Dorothy White 23rd National President



Psi Chapter Information

If you would like to email President Judy Reeves, Journalist Vee M. Jordan or visit Psi Chapter's website click on the highlighted links listed below.

Judy Reeves, Psi Chapter President judyreeves4@att.net

Iota Phi Lambda Sorority, Inc. Psi Chapter P.O. Box 223871 Dallas, Texas 75222-3871 PSI CHAPTER WEBSITE

http://www.iota-psi.org

Chapter Theme: "Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business"



https://twitter.com/psi1936

Vee M. Jordan, Journalist/ Public Relations Chair journalistiotapsi@gmail.com

Public Relations Committee Daphne Hornbuckle Jewel Hudson Judy Jenkins Rita Heath Powell Wonda Traylor Rita White Ross Shelia Fadipe Deloris James Carolyn Parker

Southwestern Region Information

If you would like to send an email to our Southwestern Regional Director, National President or visit the Southwestern Region or National websites. Click on the highlighted links listed below. <u>Vahnita Loud</u>, Southwestern Regional Director

Southwestern Region Website, http://www.iotaswr.org

Southwestern Region Theme: "Affirming the Legacy, Bonding in Sisterhood,

Committing to Business and Developing Leaders"

National Information

Dorothy White, National President

National Website, <u>http://www.iota1929.org</u> National Theme: "Business and Professional Women Building the foundation for generational Financial Empowerment"



Founder: Mrs. Lola M. Parker

"Upward and Onward in Efficient Service"