

The Beta Delta Times

“Highlighting the Beat of Beta Delta”



Volume 4, Issue 2 - May 2020

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President's Corner

My Dear Sorors of Iota Phi Lambda Sorority Inc.:

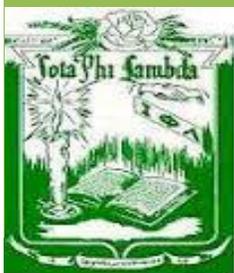
Greetings, I hope that this message finds you healthy and safe! Over the past few weeks we all have had to make some serious adjustments in our daily lives both personally and professionally due to this COVID-19 public health crisis. Even under these difficult circumstances, as we struggle to understand this disaster, Beta Delta is keeping its promise and commitment to exemplify the ideals of Friendship and Love for which Iota Phi Lambda Sorority Inc., stands for. Individually and collectively our chapter and members are extending kindness to our health professionals that are on the front lines of this pandemic, individuals, and community organizations by donating financial resources along with sweat equity to help feed those with the greatest need in our communities and to provide encouraging words to those on the front lines.

This pandemic has challenged us in so many ways, such as having to rely on technology for business meetings and to stay connected with our friends and family. Yes, it takes some of us out of our comfort zone, but sometimes change can be good. Although the public health officials continue to forecast uncertainties and darkness, I see a light at the other side of this pandemic.

I am proud and honored to serve alongside of the women of the Beta Delta Chapter. I am thankful for all that you have done, are doing and will do in the days ahead. There is no higher honor than to serve those in need. I look forward to seeing all of our sisters at the Southwestern Regional Conference if circumstances allow it to take place, and to celebrate Founders Day.

Wishing you all peace and good health!

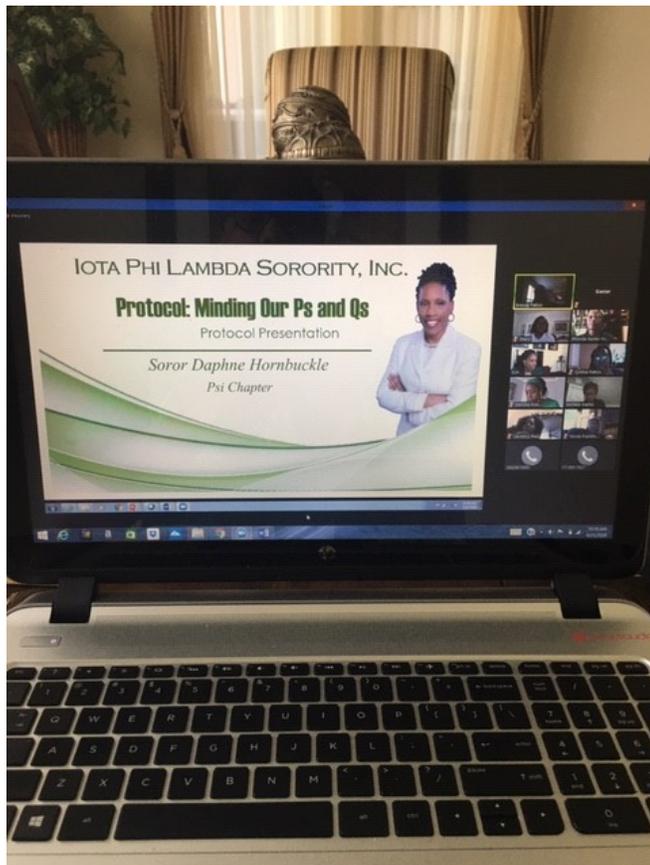
Soror Brenda Patton, President
Beta Delta Chapter



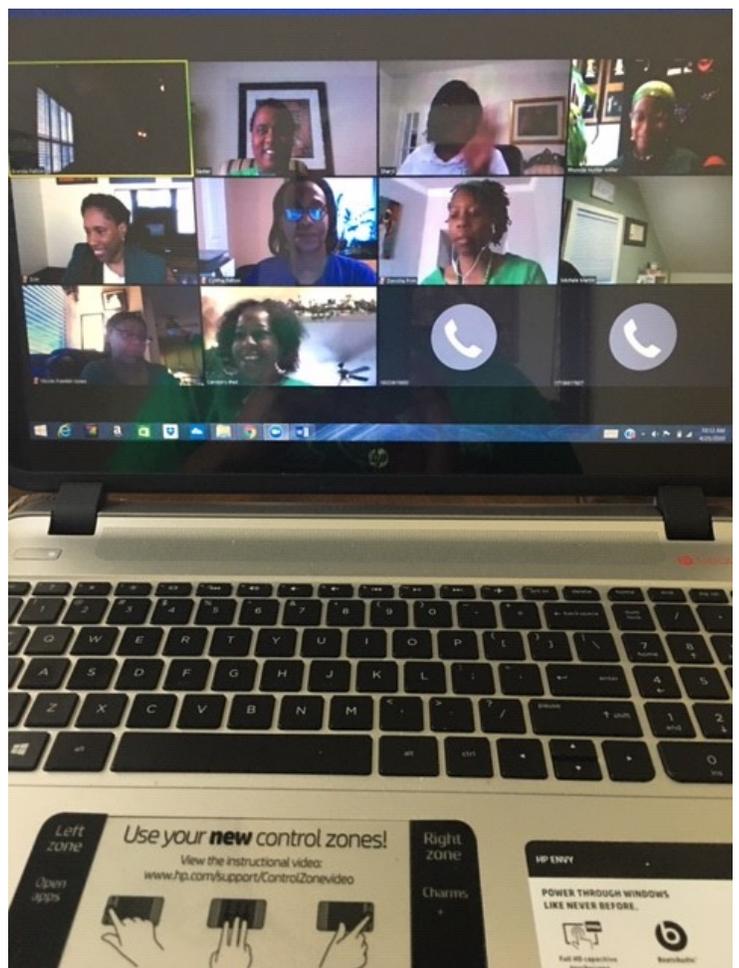
National Theme:

*“Business and Professional Women Building the Foundation for
Generational Financial Empowerment”*

Virtual Chapter Meeting



Beta Delta hosted its April meeting virtually and we were excited to have Soror Daphne Hornbuckle from PSI Chapter join our meeting to present to our members “Protocol: Minding our Ps and Qs”. This is the first of many leadership sessions to come, an initiative that our Chapter President Brenda Patton is kicking off and encouraging our chapter to participate and to lead sessions as well.



Business Month

Business Spotlight



**Life-Medicare-Real Estate-
Auto-Home**
P.O. Box 405, Fresno TX 77545



Soror Michele Sanders
michelesanders@gmail.com
(832) 407-9551

Stanley Sanders - MOI
sbsanders56@yahoo.com
(713) 927-1072



Business Spotlight

Denisha Prim M.S.
Consultant/Life Coach
(310) 897-8044

DLW Training Institute
<https://www.facebook.com/seemeducate/>
seeme1027@yahoo.com



Business Spotlight

Mental
Health Care Solutions LLC
-The Answer Is Closer Than You Think-



OUR APPROACH

Mental Health Care Solutions provides referrals to housing, home health care, medication management and coordination of care to individuals diagnosed with mental illness who may have medical conditions needing continuous observation. By providing housing, home health care, and medication management, we seek to manage psychiatric and medical care in a home-like environments providing all the comforts of home.

Eric Prim -Owner

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info@mhesolutions.org
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The month of April kicks off Iota Phi Lambda Sorority Inc., Business Month Program. Chapters are encouraged to observe this program in various ways throughout the month of April. Due to the COVID-19 Pandemic facing the nation, we were not able to host our planned program. Beta Delta rose to the occasion and figured out ways to do more virtually. The Chapter showcased several of our members on our social media sites displaying their business ventures and participated in other chapter's virtual events.

Domestic Violence Awareness

DOMESTIC VIOLENCE DURING COVID 19 PANDEMIC

Over the past few weeks, our lives have been intensely disrupted and changed. Large gatherings have been canceled, schools closed and businesses shuttered their doors. Those who are able to have been working from home, many are juggling full time jobs and caring for and home schooling their children. We have been hearing words such as "unprecedented" from the media, colleagues, neighbors and family used to describe the Novel Corona Virus (COVID- 19) public health crisis that's debilitating our community, nation and the world.

Millions are now without a job and struggling to make ends meets. With the enforcement of the stay at home orders people in abusive relationships have been put in a more difficult situation. Hence, reports of domestic violence are on the increase, with some counties in Texas seeing an increase of 35- 40% in 911 calls about domestic violence.

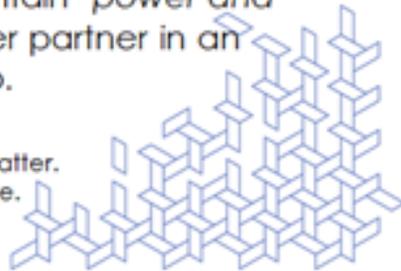
The Beta Delta Chapter want you to know that you are not alone! With the assistance of our very own Soror, Nicole Davis we are sharing some information and resources on the subject of Domestic Violence. We hope that you will find this information useful, and hope that you will share these important facts and resources with your colleagues, family and friends.

IT COULD HELP SOMEONE YOU KNOW AND LOVE!

WHAT IS DOMESTIC VIOLENCE?

Domestic violence is a systematic pattern of *abusive behaviors* used by one partner to maintain *power and control* over another partner in an intimate relationship.

It's more than just a family matter.
It's a public health issue.



TYPES of Abuse



Types of abusive behaviors in a relationship that are used to gain and/or maintain power and control over another.



GENERATIONAL CYCLES OF VIOLENCE

Violence is a learned behavior, a learned way of coping and trying to solve problems.

Children learn what they live.



First Impression Video

<https://www.youtube.com/watch?v=brVOYiNMmkk>



Domestic Violence Awareness (Cont'd)

AVDA SERVICES

For Victim/Survivors

Free Legal Representation

- Protective Order
- Divorce
- Child Support/Custody

Advocacy

- Safety Planning
- Crime Victims Compensation
- Referral
- Financial and Tuition Assistance

Counseling

- Individual, group
- Adults, children

For Abusers

Battering Intervention and Prevention Program (BIPP)

- Psychoeducational Counseling
- 18 weeks minimum
- State accredited
- Group format (19 grps)
- 2019 983 Abusers were seen
- Accountability based
- Victim safety components

BIPP for Gay, Bisexual and Transgender men

Youth Education and Prevention

Community Outreach

Safety Plan

The moment you decide to leave puts you in most danger, so planning your safety in your relationship or prior to leaving can save your life.

- If things escalate, stay in a room with quick access to an exit.
- Keep your phone fully charged.
- Give your children, friend or family members a 9-1-1 code word.
- Know where weapons are stored in the house.
- Take breaks from the house and get outdoors, if possible.
- Call the 24/7 free and confidential domestic violence hotlines.
- In an emergency, call or text 911.

avda-tx.org/safety
713-224-9911

Hotline
1-800-799-7233

24 Hr HAWC 713-528-2121

Domestic Violence 101

For more Information

Nicole Franklin-Jones,
Director, Outreach
Aid to Victims of Domestic Abuse

713.224.9911

Or

nicolef@avda-tx.org

<https://avda-tx.org/>



*Beta
Delta*



T EACHERS



APPRECIATION

Thank You!

Teachers change the world by spreading knowledge and making an impact on their students from the classroom through the rest of their lives.

With over 7.2 million teachers in the United States, more than half of them function full time in elementary and secondary schools. The average teacher works more than 50 hours a week with almost half of them working 20 additional hours outside of the classroom unpaid.

We at Beta Delta Chapter would like to take this opportunity to thank you for all the work you do daily to better the lives of your students.



Beta Delta Shout Outs



*Happy Birthday Wishes
to our Sorors Celebrating April*



*Ayanna Tasby 4/3
Carolyn Williams 4/12
Michele Sanders 4/25
Rhonda Miller 4/26*

*Happy Anniversary Wishes MOI
Eric and Soror Sharyl Butler
Celebrating April 29th*

*Happy
IOTAVERSARY
Soror Brenda Patton
22 Years*



Calendar of Events

- **Chapter Virtual Happy Hour - May 8, 2020**
- **Chapter Virtual Team Building Session - May 14, 2020**
- **Beta Delta Chapter Meeting - May 23, 2020**

Southwestern Regional Theme: "Affirming the Legacy, Bonding in Sisterhood, Committing to Business and Developing Leaders"

www.swregion-iota.org

Upcoming Event(s)

- **Iota Phi Lambda Sorority Inc., Founders Day - June 1, 2020**
- **73rd Southwestern Regional Conference (Virtual) - June 6, 2020**