

EPSILON CHI EXPRESS

EXceptional Women Doing EXtraordinary Things



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WELCOME

by Soror Tanesha Mosley, Epsilon Chi Journalist

Greetings Sorors and Friends,

Welcome to this edition of the Epsilon Chi EXpress for 2019-2020. Thank you for viewing our newsletter!

We look forward, each month, to sharing with you the works of Epsilon Chi Chapter. We strive to present the most useful and interesting information in each issue of our newsletters.

Thanks again for viewing our newsletter!



NOVEMBER IS NATIONAL

DIABETES

AWARENESS MONTH

"Finding the Cure Starts with Identifying the Cause"

CALENDAR OF EVENTS

FIL Meeting
November 3, 2019

Evelyn D. Wilkey National Youth Essay
Contest Deadline - Epsilon Chi
November 3, 2019

National American Education Week
November 18-22, 2019

"I AM BEAUTIFUL" Fall Extravaganza
November 22, 2019

Evelyn D. Wilkey National Youth Essay
Contest Deadline - Region
November 30, 2019



PRESIDENT'S MESSAGE



Greetings Sorors,

I am humbled to serve a second year as the President of Epsilon Chi, a chapter of dynamic, dedicated and hardworking women who get it done. Within the past three years, we have been enthusiastically serving the Katy and West Houston communities with vigor.

Our theme for this sorority year, “Building on Our Legacy”, speaks to our commitment to lay a solid foundation for future Sorors to build upon. While we represent a diverse membership in our educational backgrounds, professional careers, and personal interests, we share a common goal to make a positive impact in the lives of women and youth by providing innovative programs and projects.

I am so very appreciative of the Sorors who have willingly stepped up to serve in a leadership capacity in our chapter as a committee chair and/or officer. If this is your first time taking on a leadership role in our chapter, I want you to know that we will support you as you develop and grow in your role. I do not take it lightly when a Soror takes on a leadership role in our chapter and is doing her best to meet the expectations of that position. I salute you.

Our 501(c)(3), Acorn to EXcellence Foundation, has a new President and Vice President at the helm. Congratulations Wanda McKinnies and Eureka Patton. We look forward to seeing what you have in store for Acorn to EXcellence Foundation in the next two years as Epsilon Chi Chapter partner and collaborate with the foundation to bring more visibility to the sorority and raise needed funds to make a greater impact in the community.

I am so proud of our EXtraordinary group of FIL’s whom are being groomed by our FIL Advisors to be leaders and serve others in the community. Sorors, let’s be more visible with our FIL’s and support them in their efforts.

Epsilon Chi Chapter is growing. LaSandra Collins, Jana Gaskin, LaFonda Smith, Trina Moore, Miriam Charles, Genitra Hypolite, and Tierra King, we are elated and it brings me great joy to welcome you into our sisterhood. We look forward to getting to know you better and building a lifelong friendship with each of you.

As we embark upon year four of our chapter existence, let’s forge ahead and be guided by the principles and ideals of our Founder, Lola Mercedes Parker.

May we continue to EXemplify EXcellence, while we are Building on Our Legacy.

In Sisterhood & Service,

Gloria Davis | Epsilon Chi Chapter President

CHAPTER ACTIVITIES

EPSILON CHI INDUCTION CEREMONY AND NEW MEMBER PRESENTATION



On Saturday, October 19, 2019, Epsilon Chi Chapter inducted seven new members into our Chapter.

Their line name was 7° Of IOTAtude. It is with great pleasure that we introduce to you Soror LaSandra Collins, Soror Miriam Charles, Soror LaFonda Smith, Soror Genitra Andrews-Hypolite, Soror Jana Gaskin, Soror Trina Moore and Soror Tierra King.



Welcome to our Sorority Sorors. We are happy to have you all and can't wait to see the great work you will do for Iota Phi Lambda Sorority Incorporated.



CHAPTER ACTIVITIES

EPSILON CHI CHAPTER FIRST LEGACY SORORS



For the first time in the history of the Epsilon Chi Chapter we have Legacy Sorors. Soror LaSandra Collins, legacy of Soror Redessa Shaw and Soror Tierra King Legacy of Katrina Warren. Sister/sister and mother/daughter duos. EXceptional women doing EXtraordinary things.



CHAPTER ACTIVITIES

EPSILON CHI SPECIAL THANKS



Thanks to the White Rose Queen, Soror Lillian Parker for the beautiful charge she provided to the new Sorors of Epsilon Chi Chapter. It was truly an honor to have the charge presented by the 18th National President. At the end of the charge White Rose Queen stated that “today is our PAYDAY” and presented PAYDAY candy bars to Madam President, Madam Dean and to the newly inducted Sorors.



CHAPTER ACTIVITIES

EPSILON CHI CHAPTER TO HOST AN "I AM BEAUTIFUL" FALL EXTRAVAGANZA

EPSILON CHI CHAPTER
IOTA PHI LAMBDA SORORITY, INCORPORATED

Friday, November 22nd | 8PM

"I Am Beautiful"

SEMI-FORMAL ATTIRE

DANCE PARTY

Food Music Fun Door Prizes

FALL EXTRAVAGANZA

ADMISSION \$35 | BYOB

Fundraiser to fund Scholarships, Future Iota Leaders (FIL) Youth Program, Career Exploration and Business Programs

Hampton Inn & Suites Missouri City
4909 Hwy 6
Missouri City, TX 77459

Made with PosterMyWall.com

"FALL" in line to join Epsilon Chi Chapter for an EXtravagant fun time at our "I Am Beautiful Fall EXtravaganza" fundraiser. Purchase your ticket today.

<https://www.paypal.me/EpsilonChilota>

CHAPTER ACTIVITIES

EPSILON CHI MAKES A DIFFERENCE ON NATIONAL MAKE A DIFFERENCE DAY



On “Make a Difference Day”, the Houston Area Chapters had another successful DIAPER Drive collaboration.

The event took place at Bayou Hermann Park on October 26, 2019 with an inaugural Iota Mother’s Assistance Walk. The Houston Area Chapters were able to bless mother’s all over Houston and the surrounding areas with diaper donations. Medals were presented to all who walked for this cause.



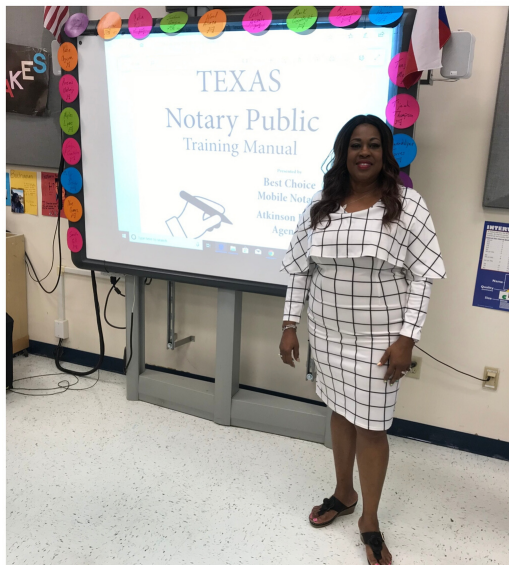
Epsilon Chi Chapter will donate diapers to the Pregnancy Help Center of West Houston. The Pregnancy Help Center of West Houston is dedicated to meeting the physical, emotional and spiritual needs of anyone affected by an unplanned pregnancy.



SOROR SPOTLIGHT



On October 10-12, 2019, the National Association of Black Accountants Western Region held its 40th Annual Western Region Student Conference. Soror Sheri Marshall serves as the Scholarship Coordinator and spoke to the students in attendance.



On October 14, 2019, Soror Sheri Marshall conducted yet another Texas Notary Training for Dallas Fort Worth ISD Administrators. Soror Marshall trains Texas Notaries all over the State of Texas.

SOROR SPOTLIGHT



On October 19, 2019, the National Council of Negro Women - Greater Austin Section held their Harmabee Brunch 2019. The Honorable Wilhelmina Delco was the guest speaker, she talked about our Black is still Beautiful! Soror Sheri Marshall, serving as the Section President, sashed 13 Life Members at the brunch.



FIL SPOTLIGHT



Epsilon Chi Chapter's FIL President, Kya Carpenter, has started her journey into entrepreneurship with Kya's Candy Pops. She is off to a great start. Kya has been selling out as soon as she makes them. Don't miss out on your yummy treat from our FIL!!!



MOI SPOTLIGHT



Epsilon Chi Chapter would like to thank one of our Men of Iota, Tim Warren for lending a helping hand and assisting with the room set-up for the Induction ceremony and New Member Presentation.

SOROR BIRTHDAYS



The Epsilon Chi Chapter would like to wish Soror Micah Moore a Happy Birthday! Soror Moore's birthday is November 4th.



WELLNESS TIPS



NOVEMBER IS NATIONAL **DIABETES** AWARENESS MONTH

"Finding the Cure Starts with Identifying the Cause"

November is National Diabetes Awareness Month.

The designation is intended to increase public understanding of the disease, including its prevalence, screening and prevention, treatment options, and resources for the more than 29 million men, women, and children in the United States affected by the disease.

Did you know that according to the Centers for Disease Control (CDC), diabetes is the sixth leading cause of death in the United States?

Did You Know?

There are at least three types of diabetes: type 1, type 2, and gestational diabetes.* Type 1 diabetes, previously known as juvenile diabetes, accounts for about 5 to 10 percent of diabetics and is a chronic condition in which the pancreas produces little or no insulin, a hormone needed to allow sugar (glucose) to enter cells and produce energy.

Click the image above to learn more.

FINANCIAL TIP OF THE MONTH

A WOMAN'S GUIDE TO BUILDING GENERATIONAL WEALTH



According to financial advisor Lola C. West, who has been educating people about money for over 20 years, building the type of wealth that can be passed down to future generations is easier than we might think. In fact, a lot of it has to do with awareness and the right mindset.

The key to generational wealth is having awareness and the right mindset.

Click the image above to learn more.

REGIONAL AND NATIONAL NEWS

SOUTHWESTERN REGION NEWS



Sorors, the time is NOW!

Below is the link to book your hotel reservation for the 73rd SWR Conference.

2019 Conference Theme: “Committing to Business”

Conference Focus: Iota Nuts and Bolts (Revised)

Conference Challenge : “Each One, Bring One”

Conference Theme Song : (All Aboard the Love Train)

Conference Host Chapter : Epsilon Phi

The SWR Executive Committee is hopes to see you there!

72rd SWR Conference Hotel - Marriott CityPlace Springwoods Village

MARRIOTT HOTELS | TRAVEL BRILLIANTLY

Houston CityPlace Marriott at Springwoods Village

1200 Lake Plaza Dr, Spring, TX 77389

P: 281-350-4000

www.marriottspringwoodsvillage.com

REGIONAL AND NATIONAL NEWS

NATIONAL NEWS

**National President Dorothy White
presents**

Monthly Series: Articles for Generational Wealth Building

- **Developing A Wealth Plan.** *An article in support of the National theme, Business and Professional Women Building the Foundation for Generational Financial Empowerment”*

When you are living paycheck to paycheck or marred in debt, it can be difficult to imagine a world where you are suddenly building wealth. But remember, you have to start somewhere if you are going to help your family establish a pathway to generational wealth. And no matter what you hear and read, there is no one right way to start building wealth. You have to make a plan that you are comfortable with and fits your lifestyle. Todd Tresidder at FinancialMentor.com says “The principles to building wealth are-spend less than you make and invest the difference wisely. How you accomplish that objective is up to you”

During my reading for this article, I came across this plan from the FEDERAL RESERVE BANK OF DALLAS, it sounds simple and easy to follow. Most articles state the most important strategies are to persevere and to stay focused. The steps outlined by the Federal Reserve Bank are:• Educate yourself about money. • Establish financial goals. • Create a budget. • Save each month, using an automatic deduction. • Take advantage of tax-deferred investments.

NEXT MONTH: ESTABLISHING FINANCIAL GOALS

REGIONAL AND NATIONAL NEWS

NATIONAL NEWS

Iota Alerts and Updates

- Iota Bylaws 2019 have been updated thanks to National Recording Secretary Soror Jennifer Porter and Past National Secretary Erma Braithwaite-LaMotta. An updated version should be accessible through your Chapter President and Regional Director.
- National American Education Week - November 18-22, 2019. This year's Iota's essay concept for the Evelyn D. Wilkey National Youth Essay Contest is **"CYBER BULLYING" . . . its impact on today's youth**. DEADLINE SUBMISSION – NOVEMBER 30, 2019.
- Members are you ready? Post your AEW 2019 activities online. Tag all posts with #Iota1929AEW2019. Get Social for American Education Week. <http://www.nea.org/grants/68932.htm>
- Iota's Lola Mercedes Parker Foundation for the Economic Empowerment of Women (LMPF) is seeking board members. They are seeking qualified individuals to serve on the board. Talents and skills in fundraising, grants writing, governance are all needed. Visit here for more details: <https://mailchi.mp/df2481f13d3f/calling-all-sorors-lmpf-announcement>
- The National Publicity Committee (NPC) Visibility Campaign 2019 to 2020: One Day at A Time kicked off early September 28, 2019 and has received 132 views with 9 likes. Thanks to chapter presidents and chapter journalists that are spreading the word.

REGIONAL AND NATIONAL NEWS

NATIONAL NEWS

Iota Alerts and Updates

- The next NPC committee meeting will be November 21st. All chapter journalists are welcomed. To gain access contact your Regional Journalists for further details.
- NPC has collected ten (10) Chapter newsletters so far for the service year July 2019 to June 2020. Thanks, and kudos to Beta Psi, Epsilon Psi, Epsilon Tau, Epsilon Zeta, Gamma Zeta, and Psi chapters for submitting their chapter newsletters to the NPC chairwoman and National Executive Board. Upload your PDF newsletter here: **Newsletter Drive**
- Get your 90th Anniversary Limited Edition Commemorative Pin while they last. Also available 90th-anniversary mugs. Cost for the pin is \$30 and the mug is \$15. Both prices include shipping. **Payments can be submitted using PayPal (Friends and Family option) or send a money order to National Recording Secretary, Jennifer L. Porter, P.O. Box 76645, Washington, DC 20013.** Questions can be emailed to iotahq1@gmail.com.
- Save the date. LMPF Symposium 2020 is coming. More exciting news forthcoming. Visit <http://Impfdn.org> for more details. Did you miss Symposium 2018, no worries check out the video: [LOLA Mercedes Parker | Ignite Gala & Youth Leadership and Innovation](#)
- Kappa Chapter announced that Soror Dr. Geraldine Hooper passed away during the late afternoon of October 17th and has now been committed to Omega chapter. Please keep the Hooper family in your prayers.

2019-2020 EPSILON CHI CHAPTER OFFICERS

President - Gloria Davis
1st Vice President - Donna Mitchell
2nd Vice President - Katrina Warren
Recording Secretary - Cynthia Patton
Corresponding Secretary - Eureka Patton
Financial Secretary - Adria James
Treasurer - Wanda McKinnies
Journalist - Tanesha Mosley
Dean of Intake - Redessa Shaw



LET'S SUPPORT NATIONAL!

AMAZON SMILE



Shop with a purpose!

Amazon will donate 0.5% of the price of eligible AmazonSmile purchases to the Lola Mercedes Parker Foundation for the Economic Empowerment of Business and Professional Women.

(Click AmazonSmile below to shop.)

LOLA MERCEDES PARKER FOUNDATION



The Lola Mercedes Parker Foundation for the Economic Empowerment of Business and Professional Women (LMPF) is committed to the professional development of youth and women within our communities.

Donate to the Lola Mercedes Parker Foundation Today.

Your Donation is tax deductible and for a great cause!

Click the image to learn more!



CHAPTER THEME

Building on our Legacy

Gloria Davis - Chapter President

SORORITY MEETING

2nd Saturday of every Month
10:00 a.m. - 12:00 p.m.

EPSILON CHI CHAPTER

P.O. Box 6398
Katy, Texas 77491

WEBSITE - iotaepsilonchi.org

EMAIL - @IotaEpsilonChi

FACEBOOK - facebook.com/IotaEpsilonChi

TWITTER - [@IotaEpsilonChi](https://twitter.com/@IotaEpsilonChi)



REGIONAL THEME

Affirming the Legacy, Bonding in Sisterhood and Committing to Business and Developing Leaders

Vahnita D. Loud - Southwestern Regional Director



NATIONAL THEME

Business and Professional Women Building the Foundation for Generational Financial Empowerment

Dorothy White - 23rd National President