IOTA PHI LAMBDA SORORITY, INC.



The Beta Delta Times

"Highlighting theBeat of Beta Delta"



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President's Corner

By the Time you read this message, November 3rd will have come and gone. Today on November 2nd, as I compose this message, all I can think about is what will be the outcome of tomorrow's election. Admittedly, I am a bit anxious about the outcome. The divisions are already evident and in all likelihood it's going to get worse before it gets better. There will be some who will be excited and hopeful while others will be upset, scared and sad. There will be some in this country who may decide to act out in extreme ways. This election, pandemic, and overall state of our country will probably be the greatest most extreme collective experience we have had to contend with at least that I'm aware of in my lifetime.

How do we prepare for such an extreme collective experience? As believers we pray, trusting on his blessed assurance. Remember that the only way out is through. Remember to give yourself permission to feel and find an appropriate outlet for expression. Lean on your support system such as your Sorors, friends, and family (spend time with your family). Take care of your physical and mental health, eat right, and exercise. Remember you are capable-and you are not in this alone. WE ARE ALL IN THIS TOGETHER!!

Sisterly,

Soror Brenda Patton, President Beta Delta Chapter

National Theme: "Business and Professional Women Building the Foundation for Generational Financial Empowerment"



Breast Cancer Awareness

The Breast Cancer Awareness Month, marked in countries across the world every October, helps to increase attention and support for the awareness, early detection and treatment as well as palliative care of this disease. There are about 1.38 million new cases and 458 000 deaths from breast cancer each year (IARC Globocan, 2008). Breast cancer is by far the most common cancer in women worldwide, both in the developed and developing countries. In low- and middleincome countries the incidence has been rising up steadily in the last years due to increase in life expectancy, increase urbanization and adoption of western lifestyles.

Source: World Health Organization Website



Getting Out to Vote!

There's a good chance we won't know who won the presidential election on election night. More people than ever are voting by mail this year due to the pandemic, and mail ballots take longer to count than ballots cast at polling places. But because each state has its own rules for how votes are counted and reported, some will report results sooner than others.

Those disparate rules may also make initial returns misleading: The margins in some states may shift toward Democrats as mail ballots (which are overwhelmingly cast by Democrats) are counted, while states that release mail ballots first may experience a shift toward Republicans as Election Day votes are tallied.



WE VOTED!!

Social Hour Time



Beta Delta and Epsilon Phi had an awesome virtual social hour time! It was a time for us to bond and get to know each other. We played various games and found out which Sorors are most competitive. Three of Beta Delta members was successful at being winners in the scavenger hunt game and costume contest. Great time had by all!



Recognizing Chapter Educators

Soror Carolyn Bullard -<u>Williams</u> has been a member with lota Phi Lambda Sorority, Inc., Beta Delta Chapter for 34 years of dedicated services. She has served as President along most capacity of other offices within the Sorority.

Now, Soror Williams, a retiree after 30 years with Christus Visiting Nurse Association of Houston.

Is a part time Educator with Humble I.S.D. as a Guest Teacher.

Some of her favorite quotes are: "If you don't remember your past, you won't have History", "Everyone has a purpose in Life", and the "Race is not given to the swift, it's given to the person who endures to the end."

Soror Shandra Butler

I'm an Elementary Dyslexia Specialist at Fort Bend ISD. I've worked in education for 23 years.

My role as a dyslexia specialist is to provide identified dyslexic students with small group instruction that focuses on specific skills and strategies.

In which instructions is taught sequentially and multi- sensory in delivery.



Soror Cynthia Patton

I am an Adjunct Faculty member for Houston Community College. I have worked as an educator for the past 3 years.

I have enjoyed my time tremendously and look forward to working for many years to come because I am motivated by the students I serve everyday.



Keep Spreading the Good News

Soror Rhonda Miller delivered the sermon at Trinity East United Methodist Church. As a trained Lay Servant, Soror Miller delivered a dynamic, though-provoking message; Red Jello Moments. You can listen to the message on Facebook at trinity umc – houston or YouTube at https://www.youtube.com/wa tch?v=2Y4qa0JWnMQ. Keep spreading the good news, Soror Miller.



FIL Townhall Afterschool Alliance Report

Our FIL participated in Our Lights Afterschool Youth Town Hall virtual on Thursday,

October 22, 2020. This youth symposium was presented to us to participate by Beta Psi

Chapter, in Shreveport, Louisiana. Soror Evelyn Mosley was the coordinator. A great way to add useful content to this newsletter is to develop The program begin at 5:00 PM and went on until 6:25 PM. Ms. Jodi Grant, Afterschool

Alliance Executive Director presented the event. There were four youth leaders from the

Afterschool Program who spoke on their afterschool experiences (present and during

COVID). They discussed what youth need to think

about with the elections coming up, and

what the leaders need to do to make sure all youth can reach their full potential.

The FIL got a chance to hear the panelist discussed their learning opportunity and

mental health supports that youth need. The FIL was amazed that one of the panelist speaker was Aundre Smith, age 15, from the Boys and Girls Club of Houston.

One of the interested questions to the FIL was asked "what make you hopeful about your future" The FIL who attended the Zoom meeting were Barry Newell Jr, Aaliyah Newell and our

Jr. FIL Semaj Bullard.

Respectfully Submitted By: Mrs. Carolyn B. Williams Soror Carolyn B. Williams FIL Chair







Leadership Activities

Members of Beta Delta attended the first session of IOTA. talks Web Series "Building Capacity to Lead" held on October 18, 2020. The topic discussed "Evolution of Membership Graduate & Undergraduate Progression. This was an excellent refresher session for members to obtain guidance and clarity on these processes. The panel was great sharing a wealth of knowledge from their experiences as we navigate in these virtual times. Looking forward to the remaining series to come!



Happy Birthday Wishes

Sharyl Butler October 10th Denisha Prim October 27th



Happy Anniversary

MOI George & Soror Ester Lunnon, Jr. October 26th

Happy IOTAVERSARY

Cynthia Patton October 20th 2 years





Beta Delta Chapter Officers:

Brenda Patton, President Ester Lunnon, 1st Vice President Rhonda Miller, Treasurer Sharyl Butler, Financial Secretary Nicole Davis, Recording Secretary Ester Lunnon, Journalist

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Calendar of Events

American Education Observance	November 16-20, 2020
Beta Delta Chapter Meeting	TBD
IOTA.talks Web Series – Exploring the National Website, National Vendor Protocol, & National Database	November 15, 2020



Chapter Fundraiser

We cordially invite you to click on this link <u>African American Expressions</u> and join our fundraising campaign where you will find accessories, stationery, greeting cards, home décor, drinkware and more! This is a great way to continue to safeguard the health and safety of our families because the items you purchase will be shipped directly to you, and a portion of your purchase goes towards our scholarship fund.

Instructions to place an order:

Click this link: <u>African American Expressions</u> Select: "Find my Fundraiser" at the very top of the page. Enter the Beta Delta Account no. 21368 Select Beta Delta Make sure that the cart at the top indicates "Shopping with Beta Delta" Start shopping! After you pay online for your order, it will be shipped directly to you and a portion of your payment will be sent to Beta Delta's scholarship fund.

