

PSI PEARLS



Volume 32 Issue 23

November 2020

Message from the President

Greetings Sorors!

As we enter the Holiday season of Thanksgiving, I reflected on the first Thanksgiving in the winter of 1620-21 at Plymouth Colony, Massachusetts, and the devastation the pilgrims suffered. Half the population died from diseases and malnutrition but, despite the harsh conditions, they gathered and gave thanks.

Here we are in 2020 facing similar circumstances, the pandemic, illness, and the loss of many lives, but it is still possible to feel gratitude and give thanks for the Spirit of God who has sustained us. We can be grateful for all the healthcare workers and first responders.

I am grateful for all the committees and Sorors who are working hard to find a way to keep Psi Chapter in the forefront during this adverse and challenging time.

Psi Pearls to the President's Workshop committee for hosting an awesome workshop with the focus on **INSPIRING A POSITIVE CORPORATE CULTURE IN A VIRTUAL WORLD**

The three dynamic speakers were:

- Presenter 1: "Legislative Issues" Ms. Khanay Turner
- Presenter 2: "Surviving in a Virtual World" Soror Lalani Jones
- Presenter 3: "Public Relations" Soror Vivian Jordan

Congratulations to all those who participated in "The Sister Walk for Breast Cancer" and all the Breast Cancer survivors.

The Youth had their second big event for the year, Toys U- Can't Return, hosted by Sorors Juanda Wallace and Danielle Young. Not only was it engaging for the kids but enlightening for the parents.

Psi Pearls to Sorors Wonda Traylor and Juanda Wallace for assisting with the Committee Chairs Workshop kickoff, which was a guideline for better leadership.

Sorors, we can continue to look back at other activities and congratulate ourselves for all that we have achieved. However, much remains to be done. Let us continue.

Sisterly,
Soror Judy Reeves
Psi Chapter President



"Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business".

PSI CHAPTER OFFICERS

- PresidentJudy Reeves
- 1st Vice PresidentVicki Sellers
- 2nd Vice President..... Wonda Traylor
- Recording Secretary.....Tonya Cooper
- Corresponding Sec.Stevette Bauman
- Financial Secretary.....Lucille Tolliver
- Treasurer.....Dwala Brown
- JournalistVee M. Jordan
- Dean of Intake.....LeTitia Speed

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COMMUNITY SERVICE

MEETING THE NEEDS BY SOROR NAPIER



MEETING THE NEEDS OF OUR ADOPT-A-SCHOOL SCHULTZ ROAD ELEMENTARY

On Thursday, October 8, 2020, Psi Chapter's Adopt-A-School committee donated 400 bottles of water to one of their adoptive schools, Schultz Road Elementary. Due to Covid-19, students in the Richardson School District are not allowed to use the school's water fountain. Students are required to bring a personal water bottle from home and fill their water bottle from water stations throughout the school.

Soror Napier was notified of the need for small bottles of water due to some children not bringing a water bottle to school due to financial hardship, young children losing their water bottle and/or children forgetting their water bottle. Psi Chapter looks forward to serving and providing a meaningful and positive impact to our adoptive schools while maintaining all Covid-19 protocols.

Soror Brenda Napier



Soror Judy Jenkins



Soror LeTitia Speed



AMERICAN EDUCATION WEEK BY SOROR YOUNG



American Education Week FUTURE IOTA LEADERS VIRTUAL WORKSHOP AND INDUCTION



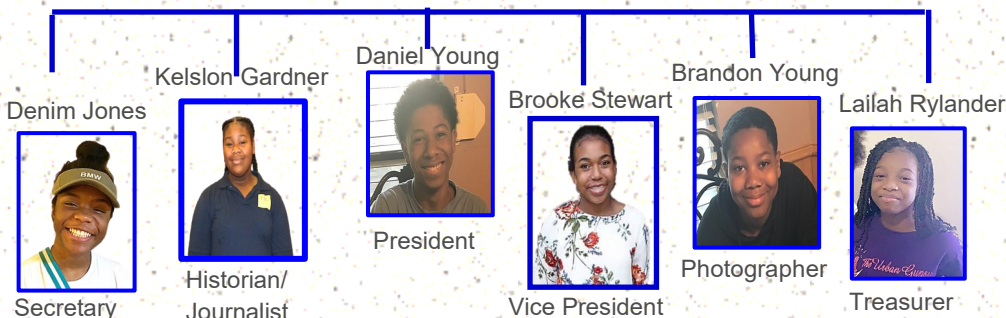
The Future Iota Leaders (FIL) of Psi Chapter, Iota Phi Lambda Sorority, Inc. held their FIL Monthly Meeting October 18, 2020 virtually via Zoom @ 3:00 p.m.

Psi Chapter FIL held their induction ceremony of our 2020-2021 FIL officers. Kudos to our new and returning officers for the 2020-2021 sorority year. We are looking forward to seeing their leadership, talents, and business acumen grow as they continue to develop these skills. Soror Young provided the FIL with an introduction of the Evelyn D. Wilkey National Youth Essay theme for the year and the application requirements. The FIL had a chance to share their thoughts and ideas about how social media affects teens.

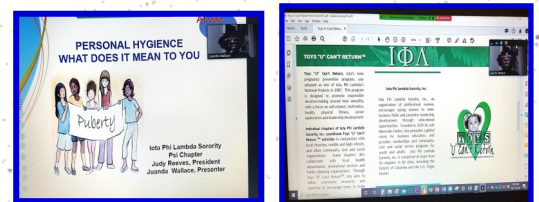
PSI Chapter FIL had an opportunity to attend the Toys U Can't Return Workshop held by Soror Wallace and Soror Young. The topics of discussion were self-esteem and the importance of communication. They enjoyed themselves as they learned new ways on how to communicate with their peers, family, and adults in various settings. They also discussed mindfulness techniques and learned how their everyday activities with family and friends can help boost and improve their self-esteem.

We closed our meeting with discussion on their ideas they will showcase virtually for our Thankful Art, and Social Media and Teen Expressions for our next meeting held in November.

2020-2021 FIL Officers



Toys U Can't Return Workshop



2020 VIRTUAL R.U.S.H.
BY SOROR DEAN SPEED



2020 Virtual Fall R.U.S.H.

2020 has been a year! One that has uniquely transitioned us from the norm, to a new way of *virtual life*. As we embrace these radical changes, Psi Chapter has shown unrelenting resilience in the face of change, as Membership remains, the lifeline of our organization. On Sunday, September 27, 2020, Psi Chapter's Membership Committee held its very first Virtual Membership Informational Rush, under the direction of Membership Chair, Soror LeTitia Speed.

The Event was held in the afternoon at 2:30 pm and would yield over 50 participants! Collectively in attendance, there were ten prospective members who would be both excited, and nervous to learn more about our Iota Business Organization.

This dynamic group of professional women expeditiously exemplified the core values which Iota Phi Lambda Sorority, Inc., was built upon. These young women would

come from a variety of career platforms, ranging from Attorney's, Non-Profit Analysts, Business Consultants and Entrepreneurial Service Providers. Event highlights began with beautiful presentations, prepared by the combined efforts of our Membership and Technology Committees.

Iota Programs and Projects, as well as our Civic Involvements presentations, demonstrated our commitment to become reinvigorated with creative hope, as our affected norm has not stopped our willingness to achieve our goals. Hats off to these great ladies, who truly expressed the reason IOTA is their premier choice for fraternal excellence.

Words of encouragement were overwhelmingly received, from National President Elect, Charlotte Berry, Southwestern Regional Director Vahnita Loud, and Psi Chapter President, Judy Reeves. Special "thanks" to Psi Chapter Sorors for your continued support!



PSI CHAPTER'S HONORED GUEST




Iota Phi Lambda Sorority, Inc.
Psi Chapter 2020 Fall Rush
 MEMBERSHIP INFORMATION
Let's GET ACQUAINTED



2020 PRESIDENT'S WORKSHOP

PRESIDENT'S WORKSHOP
BY SOROR REEVES



2020 Virtual President's Workshop

THEME:
**"INSPIRING A POSITIVE CORPORATE
CULTURE IN A VIRTUAL WORLD"**

The President's Workshop on October 10, 2020, was phenomenal, with the main focus on how to maneuver through the challenges of the pandemic.

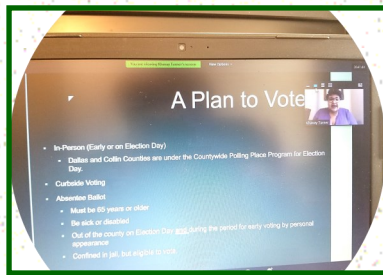
The Theme was **"INSPIRING A POSITIVE CORPORATE CULTURE IN A VIRTUAL WORLD"**

Each presenter shared information that was beneficial during this challenging time. They covered information on Social Media, Technology and Voting, all were key factors in this virtual world.

Ms. Khanay Turner presented information on Legislative Issues (voting), Soror Lalanii Jones' presentation was

Surviving in a Virtual World, (technology) and Soror Vivian Jordan's presentation was Public Relations (social media). This has been the goal of President Judy Reeves, to keep the Chapter connected and continue to move forward. Each presenter was very knowledgeable, professional and did an excellent job.

1st Vice President Dr. Soror Vicki Sellers and 2nd Vice President Soror Wonda Traylor concluded the workshop reviewing the Chapter goals and community projects. This event was rewarding and well attended.



Guest Speakers

Soror Lalanii Jones

Khanay Turner

Soror Vee M. Jordan



PSI CHAPTER PELATIS
ON THE MOVE
BY SOROR TRAYLOR



2020 Virtual President's Workshop Pelatis on the Move!

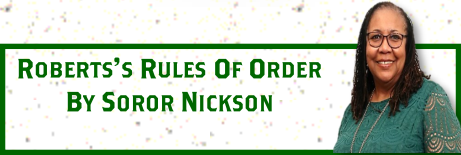


Psi Chapter's Virtual October President's Workshop was held on October 10, 2020, with 43 members and three members of the Chapter's Pelati Auxiliary in attendance.

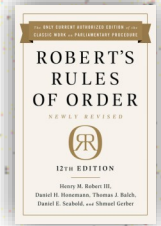
Pelati members in attendance were President Beverly Williams, Marie Bates and E. Louise Williams. They were welcomed and greeted virtually by members of Psi Chapter.

Psi Chapter's Pelatis





What Does Robert Say? The Parliamentarians of Psi



P.R.N. – *Parliamentary Rules Noted*

Iota Phi Lambda Sorority, Inc. is an organization whose stated purpose is to promote and encourage leadership and intellectual development of women in pursuit of business and professional accomplishments. As we conduct our business and committee meetings, having a process to conduct business efficiently is a priority that allows us to get the work done. When questions of the organization are not covered by the bylaws or standing rules, the current edition, 12th, of Roberts Rules of Order Newly Revised (RONR) is the Sorority's parliamentary authority.

During the 2020-2021 program year, a parliamentary rule or concept will be featured in the monthly newsletter, Psi Pearls, to assist us in becoming familiar with the rules for conducting meetings.

This month the basic form for discussing or presenting an idea to the committee or organization is the main motion.

“A **main motion** introduces business or a proposal to the committee or assembly.”

To introduce the motion, the speaker after being acknowledged by the chair of the meeting, says, **“I move that....”**. **The motion is generally followed by a second, which indicates that there is another member of the group that wants to discuss the proposal.**

Until next month, Stay Calm and Consider Following the Rules.

“The Sounding Block Unit”

Psi Chapter has a history of effective parliamentarians including those who are currently members of the National Association of Parliamentarians (NAP), an organization whose mission states: “NAP is dedicated to educating leaders throughout the world in effective meeting management through the use of parliamentary procedure.”

MEMBERS OF A LOCAL UNIT OF NAP, “THE SOUNDING BLOCK UNIT”



Soror Joyce Hodges



Soror Dr. Mary Nickson
Psi Chapter Parliamentarian



Soror Daphne Hornbuckle



Soror Nona Fisher
Registered Parliamentarian &
Southwestern Region Parliamentarian



Let everything be done decently and in order.

1 Corinthians 14:40

BREAST CANCER AWARENESS BY SOROR TRAYLOR



“THE SISTER STAND DOWN”

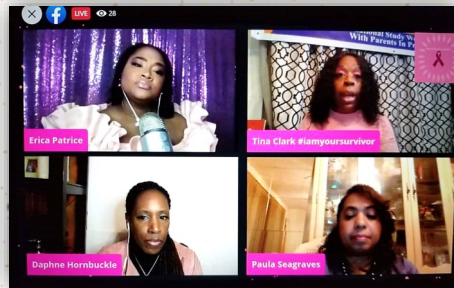


Breast Cancer Awareness Month is coming to an end but host Erica Patrice will make sure that friends, family and counterparts are aware and well informed about Breast Cancer. On October 26, 2020 at 7 p.m., host Erica Patrice will have some amazingly strong survivors of Breast Cancer to tell their stories & relay important information that can save lives.

Host Erica Patrice will interview and introduce to you her dynamic panel Tina M. Clark, Daphne Hornbuckle, cardiology tech Paula Seagraves. On “The Sister Stand Down”.

To hear more about their stories, just click the link below.

https://m.facebook.com/story.php?story_fbid=10225154786639136&id=1303952012&sfnsn=mo



VETERANS DAY BY SOROR TRAYLOR



IOTA PHI LAMBDA SORORITY, INCORPORATED

VETERANS DAY

NOVEMBER 11TH

PSI CHAPTER SALUTES

Soror LETITIA SPEED

United States Army Paratrooper AFC Rank E-3 1977-1979



THANK YOU

FOR YOUR

BRAVERY & SERVICE

CALENDAR FOR NOVEMBER

DATE	NAME OF EVENT	TIME	LOCATION
SATURDAY, 11/12/2020	BLACK HISTORY MEETINT	7PM	VIRTUAL
SATURDAY, 11/14/2020	MEMBERSHIP PINNING CEREMONY	2:30P.M.	VIRTUAL
SATURDAY, 11/14/2020	PELATI MEETING	11AM	CONFERENCE CALL
SUNDAY, 11/15/2020	FIL MEETING	3PM	VIRTUAL
SUNDAY, 11/15/2020	IOTA.TALKS	5PM	VIRTUAL
SATURDAY, 11/16-20/2020	AMERICAN EDUCATION WEEK		
SATURDAY, 11/21/2020	CHAPTER BUSINESS MEETING	10AM	VIRTUAL



SORORS' NOVEMBER BIRTHDAYS

Suzanne Cole-Lyons-11/2



Stevette Bauman 11/17



Helen Hurd 11/9



Vahnita Loud 11/11



Wonda Traylor 11/26





FROM THE

Journalist

All news articles are due the **25th of each month** or before. Email all written news articles and pictures to: journalist@iota-psi.org

Please enjoy this edition of **PSI Pearls** and many more to come, and know it has ultimately been our pleasure to serve you.

Sisterly,

SOROR VEE M. JORDAN

PSI CHAPTER JOURNALIST/PUBLIC RELATIONS CHAIR

IOTA PHI LAMBDA SORORITY, INC.



HEALTH TIPS

COVID-19 VACCINE RACE? BY SOROR FADIPE



Q&A: Where Are We in the COVID-19 Vaccine Race?



REUTERS

NEW YORK (Reuters) - Drugmakers and research centers around the world are working on COVID-19 vaccines, with large global trials of several of the candidates involving tens of thousands of participants well underway.

As some companies close in on unveiling their initial findings — with Canadian and European regulators already reviewing early data on some vaccines — the following is what we know about the race to deliver vaccines to help end the coronavirus pandemic that has claimed over a million lives:

Who is furthest along?

U.S. drugmaker Pfizer Inc with German partner BioNTech SE, U.S. biotech Moderna Inc and Britain-based AstraZeneca Plc in conjunction with University of Oxford researchers could provide early analyses of data from their various large trials over the next two months. Johnson & Johnson is not far behind.

What happens in these trials?

The companies are testing their vaccines against a placebo - typically saline solution - in healthy volunteers to see if the rate of COVID-19 infection among those who got the vaccine is significantly lower than in those who received the dummy shot. Neither trial participants nor researchers know who has received the vaccine or placebo until the data is ready for review, or unblinded. The studies rely on subjects becoming naturally infected with COVID-19, so how long it takes to generate results largely depends on how pervasive the virus is where the trials are being conducted. In areas with large outbreaks and community spread, infections will pile up faster.

How will we know if the vaccine works?

The United States, the European Union, the United Kingdom and the World Health Organization have all set similar minimum standards for effectiveness. Vaccines must demonstrate at least 50% efficacy - meaning at least twice as many infections among volunteers who got a placebo than in the vaccine group. Independent panels oversee the trials to monitor for safety and effectiveness since the data is hidden from companies and researchers. These data safety monitoring boards take a peek at the interim results at pre-determined milestones, such as after a certain number of people have become infected. If the vaccine is looking significantly better than the placebo, the companies can apply for emergency use, and the study may be halted or continue to its intended conclusion. A trial also can be halted if the panel determines the vaccine to be unsafe.

Will regulators ensure a vaccine is safe before making it available to the public?

The U.S. Food and Drug Administration has said it will not approve a vaccine unless it is both effective and safe. On Tuesday, it added more stringent safety guidelines for U.S. vaccines. The FDA wants developers to follow trial subjects for at least two months after they receive their final vaccine dose to check for any side effects that may crop up. The agency will consider an emergency use authorization (EUA) once that data is collected from at least half of the trial's participants. The UK Medicines and Healthcare products Regulatory Agency will review the vaccines for the UK and the European Medicines Agency will review vaccines for European Union use.

HEALTH TIPS

ALZHEIMER'S AWARENESS
MONTH
BY SOROR ROSS

NOVEMBER IS ALZHEIMER'S AWARENESS MONTH

Five Ways You Can Promote a Healthy Brain

There is no proven way to prevent or cure Alzheimer's disease. Recent research is showing that there are strategies that can help your brain to stay healthier longer.

Beverage Choice

A daily cup of tea has been associated with a 50 percent reduction of risk of cognitive impairment in those over the age of 65, according to a March 2017 study. Women who are genetically at risk of developing Alzheimer's disease experienced an 86% reduction by drinking tea. (Any kind) have anti-inflammatory properties that protect the brain from **vascular damage** & neurodegeneration, which may contribute to Alzheimer's disease.

Dance the Night Away

Findings conclude that **dancing improves brain health** because it requires the practice of learning and mastering new choreography, which in turn engages the memory and focus functions of the brain. Dancing can also serve as a social activity, which can positively boost brain health. Challenge a friend, family member, or grandchild to a dance off. Choose a music video you enjoy on YouTube (either an old classic or a new favorite) and practice learning the routine.

Train Your Brain

A 2018 study found cognitive activities could reduce the risk of mental decline, **promoting a healthy brain**. Some of the training exercises used in the study include using visual imagery to activate the memory function in the brain to remember names of new people and using associations to remember shopping lists. Commit to learning a new skill, even something as simple as drawing a cartoon. Other skills that do not require spending a lot of money are knitting, painting, sketching, or writing. Add in **brain games to improve cognitive health** to your after supper routine. If you have a partner at home, try playing Scrabble. You can also play games such as Sudoku alone, or try finding a game to play online either by yourself or with distant friends. There are any number of games available from strategy games such as Monopoly, or card games such as Memory or Bridge.

Swap Oils

Canola oil has been linked to worsened memory, worsened learning ability, and weight gain. The scientists found that canola oil increased the formation of plaques in the brain, which can increase the risk of cognitive decline. On the other side, separate research found **consuming extra-virgin olive oil** preserves memory and helps protect the brain against Alzheimer's disease.

Make Music

Scientists at Baycrest Health Sciences have found a link between music & positive brain health. **The power of music in dementia care** has also shown how music can help those with cognitive decline or dementia. Research findings conclude that learning to create a musical sound alters brain waves to improve listening and hearing skills. That rewiring of the brain is believed to be able to help us ward off age-related cognitive decline. There is no time like the present to learn to make music. If you have never learned to play an instrument you can start with something as simple (and inexpensive) as a penny whistle. If you already have an instrument in the house, you can use YouTube tutorials to brush up on your skills or even hire a virtual music teacher.



Iota Phi Lambda Sorority, Inc. Southwestern Regional News

SOROR IN THE SPOTLIGHT

Blog Talk Radio With Norma Adams-Wade

Dallas-area guests from different generations are able to give their viewpoints of ongoing news events. The show is designed to help listeners and viewers better understand the context of what's happening today. Host Norma Adams-Wade is a Dallas native and veteran print media journalist. As guests add to the background of current events, what's happening around us today can help us see from whence we came and where we may be headed as Dallas and society moves ever forward.

The guest on October 14, 2020 was none other than our very own, Vahnita Loud, 19th SW Regional Director, Iota Phi Lambda Sorority Inc. The one-hour show focused on the organization's background and response to the COVID-19 environment and what adjustments if any were being made to operate virtually.

Soror Loud said the organization is best described as the first sorority for African American business and professional women, founded in 1929 in Chicago, Illinois and is celebrating more than 90 years of existence. She explained that the distinction of Iota is that we are not Greek. Iota is non – PanHellenic. She talks of how she became personally interested in Iota because of her sister, Juanda Wallace who is also a member. She was “sold” on deciding to become a member because of the organization's community involvement and giving of educational scholarships.

She is also proud of the fact that Mrs. Lola Mercedes Parker and 6 friends had a vision of improving the lives of women in business and promoted sisterhood, leadership and service to the community. Her role models are her mom; the late Dr. Ida Vee Loud and her sister, Ms. Juanda Wallace, who have always been very visible, active and involved in the community.

After joining and prior to becoming Regional Director, she has served as various committee chairs, Dean of Intake, 2nd Vice President, 1st Vice President, President, and Assistant Regional Director. Her focus was and is always about doing “good” for the organization with a theme of Affirming the Legacy, Bonding in

Sisterhood, Committing to Business and Developing Leaders.

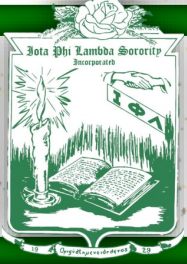
Since joining Iota, she has noticed a change within the organization from pen and paper to advances in technology. She believes that change is good as long as the organization evolves and remains focused on the vision and mission of the founder. Iota continues to keep itself moving forward by being open and inclusive to the new generation while embracing the virtual world and social media.



Some of the latest Iota achievements that make her proud are the reinstatement of the Iota Relief Fund, Scholarships for women in business, working with the 2020 Census in partnership to make sure everyone is counted, writing senators and congress to protect the voting rights of 1965, and actively participating in the fight against voter suppression.

Her assessment is that COVID-19 and the pandemic has greatly affected the organization and its operations. The organization is under a mandate from the National President, Soror Dorothy White and National President Elect Charlotte Berry, that all meetings and events must now be planned for a virtual format with no in – person, or face to face contact until further advised. As a result, the organization has become more creative using Zoom, planning webinars, participating in blogs and performing podcasts.

Iota has a rich history and a legacy of leadership and inspiration for women. A platform has been developed recognizing that it is now more critical than ever to support current and future business women of this country to become stronger, more precise and more effective than ever before.



Iota Phi Lambda Sorority, Inc. National HQ News



Iota Scholarship Programs

IOTA PHI LAMBDA SORORITY, INC.

Soror Charlotte Berry
NATIONAL PRESIDENT-ELECT

2020 – 2021 Essay and Scholarships Procedural Reminders



Evelyn D. Wilkey National Essay - essays are to be postmarked by **December 30, 2020** sent to the National President Elect.

Fredda Witherspoon National Scholarship - scholarships are to be postmarked by **January 31, 2021** sent to the National President Elect.

National FIL Scholarship applications are due postmarked by **February 28, 2021** sent to the National President Elect.

Dorethea N. Hornbuckle Scholarship applications are due postmarked by **March 15, 2021** sent to the National President Elect.

Alice P. Allen Scholarship applications are due postmarked by **April 1, 2021** sent to the National President Elect.

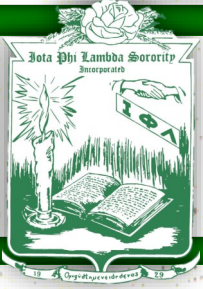
ALL essay and scholarship applications **MUST** be submitted with documentation, recommendations and sponsorships from an active chapter in Iota Phi Lambda Sorority to the National President Elect with the designated postmark dates for each essay or scholarship with official postal marking dates.

Please make sure that your chapter and regional websites indicate those scholarships that are specifically awarded by them and not National Scholarships. There is no reason that scholarship applications should be sent from around the country if the information is posted with clear directions. **Again, no National essay and/or scholarship applications are accepted without chapter endorsement and submission.**

Evelyn D. Wilkey Essay
2020 American Education Week Theme
“How Social Media Affects Teens”

GOOD LUCK IN YOUR SUBMISSIONS!

*“Business and Professional Women Building the Foundation
for Generational Financial Empowerment”*



Iota Phi Lambda Sorority, Inc. National HQ News



"Business and Professional Women Building the Foundation for Generational Financial Empowerment"

Soror Dorothy M. White
23RD NATIONAL PRESIDENT



IOTA.TALKS WEB SERIES "BUILDING CAPACITY TO LEAD"

Iota.talks are designed to build leadership capacity and enhance Sorors knowledge of Iota Phi Lambda (IPL's) foundation, basic operations, protocols and leadership growth; driven by National Board members and other leaders throughout the organization.

"The single biggest way to impact an organization is to focus on the leadership development. There is almost no limit to the potential of and organization that recruits good people, raises them up as leaders and continually develops them." -John maxwell

IOTA PHI LAMBDA SORORITY, INC.

IOTA.talks WEB SERIES



BUILDING CAPACITY TO LEAD

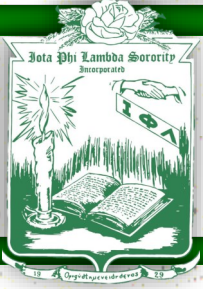
"The single biggest way to impact an organization is to focus on leadership development. There is almost no limit to the potential of an organization that recruits good people, raises them up as leaders and continually develops them."

- John Maxwell

**Sunday, November 15th at 5 PM CST -
"Exploring the National Website,
National Vendor Protocol & National
Database"**

CONTACT YOUR REGIONAL DIRECTOR TO REGISTER





Iota Phi Lambda Sorority, Inc. National HQ News



"Business and Professional Women Building the Foundation for Generational Financial Empowerment"

Soror Dorothy M. White
23RD NATIONAL PRESIDENT




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NATIONAL LEADING THE WAY!



Soror Tangila N. Sanders



Tangila N. Sanders is a consecutive 11-year member of Iota Phi Lambda Sorority, Inc. Ms. Sanders is the immediate past President of Gamma Chapter of Iota Phi Lambda Sorority, Inc. in Washington, DC, current Undergraduate Teacher National Chair for Iota Phi Lambda, Graduate Advisor for Delta Phi Chapter of Iota Phi Lambda Sorority, Inc., Charter Representative of Phi Kappa Phi, Secretary and board member of Bowie State University's College of Arts & Science Board of Advisors. Tangila has a love and interest in growing this organization, thanks to the beloved late Soror Jean P. East. Tangila has assisted in the charting of several chapters in the Eastern and Southern Regions. In the span of 6 years, Ms. Sanders is responsible for recruiting and enrolling over 110 Sorors into Iota Land. Totalling over 100 Sorors that are still active and financial.


"Membership is the golden gate to our successful growth. Each experience and experience matters to it and it matters to our sisterhood."

Soror Denise Ratliff Brandon

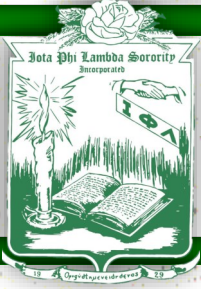


Denise Ratliff Brandon, native of Durham, North Carolina, joined Iota Chapter of Iota Phi Lambda Sorority, Inc. in January 1998. Immediately following her induction, she was given opportunities to make use of her talents by serving as Dean of Iota, Chairperson of various local, regional and national committees, 1st Vice President and President of her chapter. At the regional level, she served as Southern Regional Treasurer and Assistant Regional Director. She has the distinct honor of representing the Southern Region as an Soror of the Year from 2005-2007. She continued her commitment to serve while serving as National Treasurer and the Southern Regional Director. While serving as Regional Director, from 2015-2018 six chapters were chartered in Tennessee, Florida, South Carolina and North Carolina. She was the recipient of the National 2015-2017 and 2017-2019 Outstanding Service Awards, the 2016-2017 National Outstanding Regional Director's Award, the 2015-2017 National Area B Hughes Regional Growth Award, and the 2018-2019 Outstanding Regional Director's Award.

Every Soror has the opportunity of working new members.



Closing Remarks
Soror Charlotte Berry, National President Elect



Iota Phi Lambda Sorority, Inc. National HQ News

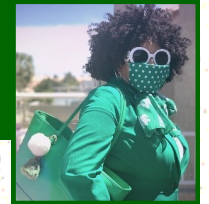


"Business and Professional Women Building the Foundation for Generational Financial Empowerment"

Soror Dorothy M. White
23RD NATIONAL PRESIDENT



CHAPTER GUIDELINES DURING THE COVID-19 PANDEMIC



Sorors,

I want to thank you for your support during this pandemic. It is very frustrating to many of us as we struggle to adjust to this new way of life, but it is also true that several of our sorors, their families, and friends have been impacted by the Coronavirus pandemic. We are dealing with an invisible enemy that affects every element of life, personally, financially, and professionally. That is why it is so very important that we keep ourselves and our families as safe as possible.

Sorors, we have set guidelines in place that limits the amount of person-to-person contact because we care and we wish to protect you, your families, and Iota. We do not want to unknowingly put anyone in danger of contracting the virus at any Iota event, meeting, or social gathering while wearing Iota gear. It has been awesome to see so many of you working to conduct Iota programs while operating within the stated National guidelines.

Remember, in addition to our national Bylaws and standing rules, all sorority members are expected to abide by any guidelines/regulations developed by the National Board for the safety of our members. Those guidelines are:

1. No in-person chapter meetings for sorors or auxiliaries.
2. No in-person group gatherings involving sorors or auxiliaries, this includes social gatherings that show members wearing Iota gear.
3. No in-person events that require groups of sorors to gather in one location. *Sorors may individually drop off or pick up items, supplies, etc.
4. No in-person membership recruitment, **virtual-only!**

Dorothy White
23rd National President

2020 PRESIDENTIAL ELECTION

PRESIDENTIAL ELECTION BY SOROR NICKSON

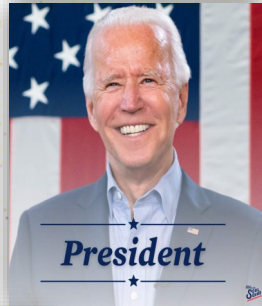


Congratulations!!!!



President-Elect Joe Biden

Vice President - Elect Kamala Harris



Dr. Jill Biden

Doug Emhoff



HAPPY THANKSGIVING

Happy Thanksgiving!



Psi Chapter Information

If you would like to email President Judy Reeves, Journalist Vee M. Jordan or visit Psi Chapter's website click on the highlighted links listed below.

Judy Reeves, Psi Chapter President
judyreeves4@att.net

Iota Phi Lambda Sorority, Inc.
 Psi Chapter
 P.O. Box 223871
 Dallas, Texas 75222-3871

PSI CHAPTER WEBSITE
<http://www.iota-psi.org>

Chapter Theme:

"Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business"



You can Find us On



<https://twitter.com/psi1936>

Vee M. Jordan, Journalist
journalist@iota-psi.org

Public Relations Committee

- Daphne Hornbuckle
- Jewel Hudson
- Judy Jenkins
- Rita Heath Powell
- Wonda Traylor
- Rita White Ross
- Shelia Fadipe
- Theresa Banks
- Carolyn Parker

Southwestern Region Information

If you would like to send an email to our Southwestern Regional Director, National President or visit the Southwestern Region or National websites. Click on the highlighted links listed below.

[Vahnita Loud](#), Southwestern Regional Director

Southwestern Region Website, <http://www.iotaswr.org>

Southwestern Region Theme: "Affirming the Legacy, Bonding in Sisterhood, Committing to Business and Developing Leaders"

National Information

[Dorothy White](#), National President

National Website, <http://www.iota1929.org>

National Theme:

"BUSINESS AND PROFESSIONAL WOMEN BUILDING THE FOUNDATION FOR GENERATIONAL FINANCIAL EMPOWERMENT"



Founder: Mrs. Lola M. Parker

"Upward and Onward in Efficient Service"