



EPSILON CHI EXPRESS

EXceptional Women Doing EXtraordinary Things



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WELCOME

by Soror Tanesha Mosley, Epsilon Chi Journalist

Greetings Sorors and Friends,

Welcome to the first edition of the Epsilon Chi EXpress for 2019-2020. Thank you for viewing our newsletter!

We look forward, each month, to sharing with you the works of Epsilon Chi Chapter. We strive to present the most useful and interesting information in each issue of our newsletters.

Thanks again for viewing our newsletter!



OCTOBER
Breast
CANCER
AWARENESS MONTH

CALENDAR OF EVENTS

90th Iota Phi Lambda Sorority, Inc.

Founder's Day

June 1, 2019

Epsilon Chi Chapter Monthly Meeting

October 12, 2019

LOMEPA Induction & New Member
Presentation

October 19, 2019

Houston Area Chapters D.I.A.P.E.R Drive

October 26, 2019

National Make A Difference Day

October 26, 2019

Evelyn D. Wilkey National Youth Essay

Contest Deadline - Epsilon Chi

November 2, 2019

National American Education Week

November 18-22, 2019

Evelyn D. Wilkey National Youth Essay

Contest Deadline - Region

November 30, 2019



CHAPTER ACTIVITIES

EPSILON CHI WINS FIRST PLACE FOR CHAPTER GROWTH



Epsilon Chi Chapter attended our 90th National Convention Awards Ceremony in colorful style.

We are so proud of our chapter accomplishments and commitment to Iota as we serve the community.



Great job to all the ladies of the Epsilon Chi Chapter!

- Chapter Growth Award
- Donna and Harry Mitchell, National President Recognition
- Corinne Copeland, Legacy pin
- Tanesha Mosley, 15yr membership pin
- Wanda McKinnies, 10yr membership pin
- Harry Mitchell, MOI membership pin

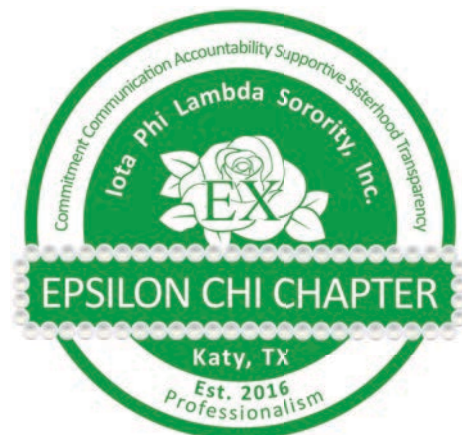


CHAPTER ACTIVITIES

EPSILON CHI FIRST TIMERS AT NATIONALS



Congratulations to our First Timers at the National Convention: Sorors Corinne Herbert, Redessa Shaw, and Katrina Warren. These sorors represented our chapter with the utmost class!



CHAPTER ACTIVITIES

EPSILON CHI ATTENDS THE FEDERATION OF HOUSTON PROFESSIONAL WOMEN QUARTERLY MEETING



Chapter President Gloria Davis, Dean Donna Mitchell and Journalist Tanesha Mosley (not pictured) attended the Federation of Houston Professional Women Quarterly meeting as they unveil the 2019 Women of Excellence. Epsilon Chi is a member organization of FHPW. FHPW is an extension of business women's current member organization that provides stewardship, mentorship, and partnerships in the Greater Houston and surrounding communities to connect and transform the networking experience by recognizing women of excellence and building pathways to help members achieve their aspirations.

Congratulations to Eureka Patton (in center) who was chosen as our Woman of Excellence!

CHAPTER ACTIVITIES

CELEBRATING TOP 30 RECOGNITION OF SOROR EUREKA PATTON



Sorors and friends enjoyed an afternoon at Escalante's in City Centre...Celebrating Top 30 Recognition for Soror Eureka Patton. Every year the Top 30 Influential Women of Houston are selected from women who are shaping the economic future of large and small corporations or independent firms.



CHAPTER ACTIVITIES

2019-2021 ACORN TO EXCELLENCE (ATEX) BOARD OF DIRECTORS

Acorn to EXcellence Foundation (ATEX)
Announces 2019-2021 Board of Directors

Acorn to EXcellence Foundation



Wanda McKinnies
President
Executive Board Member



Acorn to EXcellence
FOUNDATION

2019-2021 Board of Directors



Eureka Patton
Vice President
Executive Board Member



Vanessa Hawkins
Secretary
Executive Board Member



Redessa Shaw
Treasurer
Executive Board Member



Gloria Davis
Board Member



Katrina Warren
Board Member



Adria James
Board Member

About ATEX:

Acorn to EXcellence (ATEX) is a 501(c)(3) organization whose mission is to empower women and youth interested in a career in entrepreneurship, business-related fields, science, technology, engineering, and mathematics (STEM). Through our affiliates, partnerships and supporters, we collaborate on innovative programming that will develop the next generation of leaders. We are grateful for your investments in our programming and appreciate your support in our mission to transform the lives of women and youth. For more information, email us at acornstoexcellence@gmail.com.

Congratulations Acorn to EXcellence Foundation 2019-2021 Board of Directors!!!

Acorn to EXcellence Foundation (ATEX) is a 501 (c)(3) organization, founded by the charter members of Epsilon Chi Chapter of Iota Phi Lambda Sorority, Inc., whose mission is to empower women and youth interested in a career in entrepreneurship, business-related fields, science, technology, engineering, and mathematics (STEM).

CHAPTER ACTIVITIES

EPSILON CHI CELEBRATES 3 YEARS OF IOTA SERVICE



Iota Phi Lambda Sorority, Inc.

"Business and Professional Women Building the Foundation for Generational Financial Empowerment"



Lila M. Parker
Founder

September 10, 2019

Dorothy M. White
National President

To the Sorors of Epsilon Chi:

It is my pleasure to extend greetings and well wishes to the members of Epsilon Chi on your 3rd Anniversary. I congratulate you on the work that you have achieved in the short period of your existence. The establishment of your nonprofit has allowed you to create great partnerships in your community, and your outstanding work with youth is to be commended and applauded. Efficiency, results and hard work are the major attributes of an outstanding chapter and you have certainly demonstrated these traits. Again, I congratulate you on your achievements and I encourage you to up your game by participating in our scholarship programs. The poem below demonstrates my hope for your future.

Be That Winner

Be that winner, and rise to the top
Continue on your voyage; Do not ever stop
Inspire others, Just be your best
Fight your way through obstacles
Strive for excellence.

Author Unknown

Happy anniversary to you!!!

Sisterly,

Dorothy M. White
23rd National President
Iota Phi Lambda Sorority, Inc.



September 10, 2019

Congratulations Epsilon Chi and Happy 3rd Anniversary!

Thank you for all of the contributions you have made to your chapter, the Southwestern Region and Iota Phi Lambda Sorority, Inc.

Remain focused, stay visible and continue to promote business women of substance.

Our National President, Soror Dorothy White has asked that we instill financial independence in our youth while encouraging them to achieve and complete their education.

As you celebrate today, we continue to celebrate 90 years of service to Iota. We recognize that your community involvement and participation in the programs and projects of our Founder, Mrs. Lila Mercedes Parker are invaluable.

I applaud your work ethics and I am appreciative of the work that you have done, are doing and will do in the name of Iota.

Again CONGRATULATIONS and MUCH CONTINUED SUCCESS!
Upward and Onward in Increased Efficiency!

Sisterly,

Vahnita Loud

Soror Vahnita Loud, 19th Southwestern Regional Director



Soror Rosetta Davis, Assistant Regional Director
Soror Wonda Traylor, Treasurer
Soror Robin Mack, Financial Recording Secretary
Soror Valencia Hall, Journalist

It's our Anniversary!

September 10th marks 3 years of performing excellent projects, programs and service in the community. We look forward to elevating each other and our chapter as we continue to build on our legacy! Epsilon Chi ROCKS!

The night was such an amazing night celebrating our 3rd birthday! These ladies are living up to being EXceptional, EXtraordinary Women of EXcellence! Here's to many more birthdays to come! A special thank you to our National President, Dorothy White and Regional Director, Vahnita Loud for your recognition of our 3 year anniversary.

Happy Birthday Epsilon Chi Chapter!

CHAPTER ACTIVITIES

HAPPY BIRTHDAY WHITE ROSE QUEEN LILLIAN PARKER



President Gloria Davis attended a surprise birthday luncheon Alpha Kappa Chapter of Iota Phi Lambda Sorority, Incorporated for White Rose Queen Soror Lillian Parker. The ladies of Epsilon Chi Chapter wish you a wonderful birthday and many more to come!

CHAPTER ACTIVITIES

ATEX FOUNDATION PARTNERS FOR FALL 2019 YOUTH SYMPOSIUM



Acorn To EXcellence Foundation in partnership with Gulf Coast Organization Fall 2019 Symposium in Cypress, Texas. Grades 8-12 participated in workshops that covered SAT/ACT test prep as well as basic principles of accounting, budgeting, and entrepreneurship.

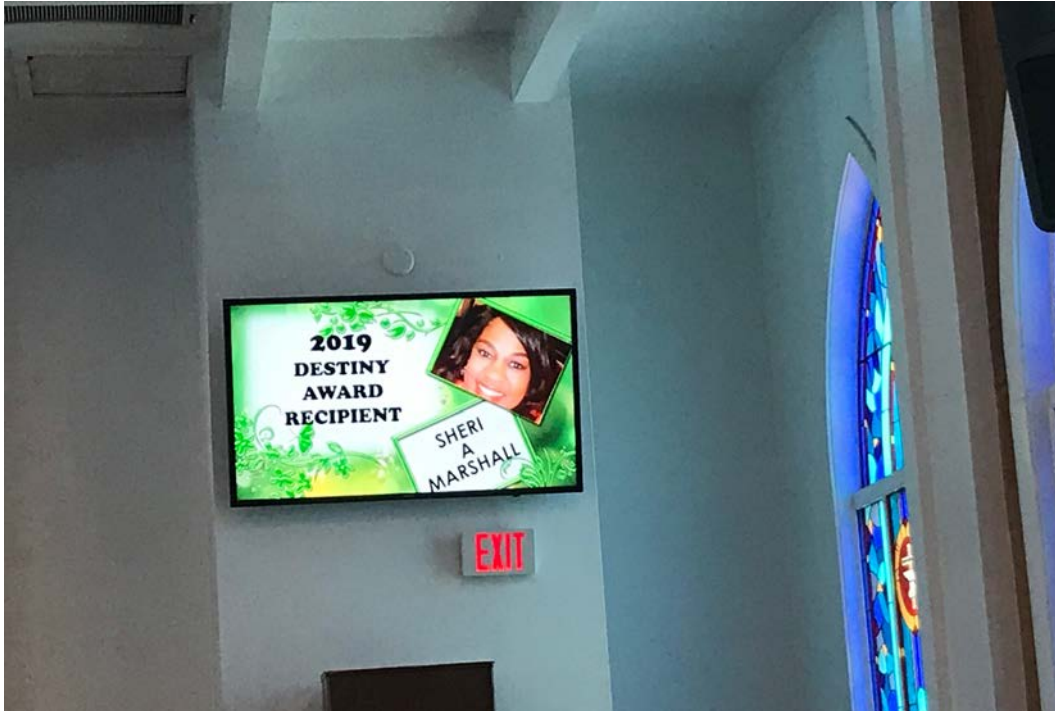
CHAPTER ACTIVITIES

ATEX FOUNDATION PARTNERS FOR FALL 2019 YOUTH SYMPOSIUM



FILs Dobeart Williams and Kya Carpenter were in attendance.

SOROR SPOTLIGHT



Soror Sheri Marshall was the 2019 Destiny Award recipient for Metropolitan AME Church one of the oldest churches in Austin. The Award was for exceptional community service in Austin and the surrounding metro.

Soror Marshall also received a Proclamation in her honor.

SOROR SPOTLIGHT



Soror Sheri Marshall gave her 3rd Texas Notary Training to six women who graduated with their Notary Completion and sworn in as New Notaries. She is a notary-public trainer for the State of Texas. She holds monthly training sessions in Austin, Houston and Dallas.

SOROR SPOTLIGHT



Soror Sheri Marshall was selected as a Finalist for the Austin Business Journal. She was named as one the 25 Most Influential Women-in Central Texas. An article appeared in the September issue of Austin Business Journal.



Soror Sheri Marshall was featured as “A Woman to Watch” in the Austin Women Magazine September issue.

SOROR SPOTLIGHT



Soror Sheri Marshall was recognized at the Austin Woman's Sweet Seventeen Anniversary!

The Anniversary Celebration was the Austin Woman magazine's opportunity to celebrate another year of celebrating women in Austin with a full day of breakout sessions, networking and growth!

SOROR SPOTLIGHT



Soror Marshall gave her 4th Texas Notary Training September 30, 2019. Soror Marshall is a registered notary trainer with the State of Texas.



SOROR SPOTLIGHT



An amazing time was had as we celebrated our 2019 Woman Of Excellence Soror Eureka Patton. Each member organization has a woman from their organization representing them as a Woman of Excellence. The Federation of Houston Professional Women annually recognizes women in Houston that are making an impact in their individual organizations and the Houston community. Soror Eureka Patton represented Epsilon Chi Chapter as a Woman of Excellence.

Congratulations Soror!

SOROR SPOTLIGHT



Soror Eureka Patton was recognized as a Top 30 Influential Women of Houston in August. The Top 30 Women sponsor an annual gala,

The Top 30 Influential Women of Houston Awards, devoted to acknowledging leaders from all industries and sectors, including medicine, design, finance, law, fashion, construction and more.

The Top 30 Women also produce The Top 30 Influential Women of Houston Speaker Series. This panel discussion brings together a diverse group of leaders to share their insights, analyze trends and make guided predictions on our ever-changing world.

Congratulations Soror!

SOROR SPOTLIGHT

ECONOMIC EMPOWERMENT WORKSHOP
BUSINESS & CAREER SUCCESS

JOIN US...
for this Economic Empowerment Workshop!
You'll gain expert insights for Entrepreneurial Endeavors...
Knowledge for Financial Planning...
Success Keys for Career Building...
Guidance for Various Financial Products and Services...
and Strategies for Growing Your Business!

THE COMMUNITY OF FAITH
1024 Pinemont Drive, Houston, TX • September 28, 2019 • 9AM – 12PM
FREE Admission • FREE Registration www.thecommunityoffaith.org
Featuring Dr. James Dixon, II and Dorian & Eureka Patton
Continental Breakfast Served 8:15AM

Dr. James Dixon, II - Host

PIC-COLLAGE

Soror Eureka Patton and her husband Dorian Patton hosted a workshop at the Community of Faith Church. The Economic Empowerment Workshop was a success. It was well attended and great information was presented.

The audience was engaging and energized about the workshop and starting their journey to entrepreneurship or taking their career to the next level.

SOROR SPOTLIGHT



Soror Sheri Marshall with Top Ladies of Distinction presented A Salute to Seniors where they honored 25 Seniors that are Trailblazers in the City of Austin and all over 80 years of age.

Soror Marshall was able to recognize her own mother at this event by awarding her with the medallion of Honor.



FIL SPOTLIGHT



Epsilon Chi Chapter's Toys U Can't Return Chair, Soror Corinne Copeland, stepped in last minute to lead the FILs in a workshop on Toys U Can't Return (Body Image, Personal Hygiene & Self Esteem). She did an amazing job and kept the FILs engaged.



FIL SPOTLIGHT



The Epsilon Chi Chapter FIL club had their 1st meeting of the 2019-2020 year. The FILs had a successful meeting and gained 5 new members.

FIL SPOTLIGHT



Our FILs Kya Carpenter and Dobeart Williams attended the Gulf Coast Organization in partnership with Acorn To Excellence Foundation Fall Symposium for students in grades K-12 and participated in workshops that covered SAT/ACT test prep and the basic principles of accounting, budgeting, and entrepreneurship.

FIL President Kya Carpenter also had the opportunity to speak to some of the guests about the Epsilon Chi Chapter FIL program.

SOROR BIRTHDAYS



The ladies of Epsilon Chi Chapter would like to wish the following Sorors a very happy birthday!

- Soror Katrina Warren - August 1st
- Soror Pamela Williams - August 12th
- Soror Kisten Rhodes - September 1st
- Soror Rhalita Thorton - September 4th
- Soror Sheri Marshall - September 14th
- Soror Wanda McKinnies - September 19th



FIL BIRTHDAYS



The ladies of Epsilon Chi Chapter would like to wish the following FIL members a very happy birthday!

- Jayson James - September 8th
- Kya Carpenter - September 18th
- Elijah Herbert-Copeland - September 29th



WELLNESS TIPS



Breast cancer is a disease in which malignant (cancer) cells form in the tissues of the breast. 1 in 8 women will develop breast cancer in her lifetime. According to the World Health Organization, breast cancer is the most common cancer among women worldwide, claiming the lives of hundreds of thousands of women each year and affecting countries at all levels of modernization. Although rare, men get breast cancer too. The lifetime risk for U.S. men is about 1 in 1,000. Let's do what we can to make this cancer disappear.

[Click the image to learn more](#)



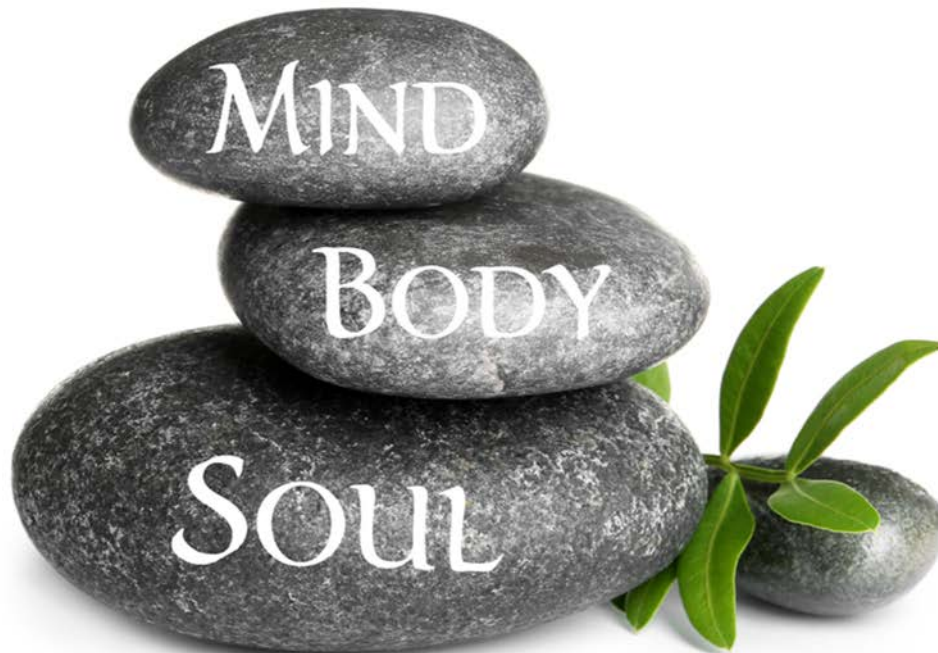
OCTOBER IS

**domestic violence
awareness month**

National Domestic Violence Awareness Month is an annual designation observed in October. For many, home is a place of love, warmth, and comfort. It's somewhere that you know you will be surrounded by care and support, and a nice little break from the busyness of the real world. But for millions of others, home is anything but a sanctuary. The U.S. Department of Justice estimates that 1.3 million women and 835,000 men are victims of physical violence by a partner every year. Every 9 seconds, a woman in the U.S. is beaten or assaulted by a current or ex-significant other. 1 in 4 men are victims of some form of physical violence by an intimate partner.

[Click the image to learn more.](#)

WELLNESS TIPS



TOP 5 HEALTH & WELLNESS TIPS FOR OCTOBER

This year we got inspired by “Go Sober for October”, one of the most renowned fundraising campaigns by Macmillan Cancer Support and have gathered our top 5 wellness tips to follow for a healthier, alcohol-free October.1. Do not neglect your diet2. Stay active3. Hydrate, hydrate, hydrate!4. Boost your immune system5. Let go of what is unnecessaryClick the image below to learn more details.

FINANCIAL TIP OF THE MONTH

OCTOBER IS FINANCIAL PLANNING MONTH: ARE YOU ON TRACK TO MEET YOUR FINANCIAL GOALS?



October is Financial Planning Month, which serves as a useful, annual checkpoint to make sure you are on track to meet your long-term financial goals. You can use this time to learn about all of your options and prioritize your goals going into the New Year. Are you ready?

[Click the image to learn more.](#)

ENTREPRENEUR CORNER

2 FREE

30-MINUTE UPGRADES WHEN YOU JOIN NOW THROUGH OCTOBER 20, 2019.

Massage Envy.
KEEP YOUR BODY WORKING.™

Expand the benefits of any 60-minute session by adding a 30-minute upgrade. You'll enjoy new ways to combine services to enhance your experience.

MASSAGE **FACIALS** **STRETCH**

ALIANA
10237 W. Grand Parkway S., Suite 107
Richmond, TX 77407
(346) 762-1700
M-F 8a - 10p | S 8a - 6p | Su 10a - 6p

*Offer ends October 20, 2019. Promotional voucher redeemable at Massage Envy franchised locations nationwide between October 21, 2019 through October 20, 2020. A 12-Month Wellness Agreement must be signed to be eligible for the 30-minute upgrade voucher(s). Not valid online or for existing members. Check with franchised location concerning details of its Wellness Agreement. Cannot be combined with other offers. Thirty (30) minute upgrade vouchers must be used in conjunction with the purchase or redemption of an accrued service(s) for a 60-minute session, and is not valid for a PCA Chemical Peel or a Microderm Infusion™ treatment. Voucher cannot be used on the day a Wellness Agreement is signed. Session times include a total of 10 minutes of time for consultation and dressing, which occurs pre and post-service. Additional taxes and fees may apply. Prices subject to change. Rates and services may vary by location and session. Not all Massage Envy franchised locations offer every service or enhancement. For a specific list of services, check with specific franchised location or see MassageEnvy.com. Each location is independently owned and operated. TERMS AND CONDITIONS ARE APPLIED TO VOUCHERS. ©2019 ME SPE Franchising, LLC. ME 4364

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Soror Eureka Patton is offering an October promotion at her Massage Envy - Aliana location.

REGIONAL AND NATIONAL NEWS

SOUTHWESTERN REGION NEWS



Sorors, The time is NOW!

Below is the link to book your hotel reservation for the 73rd SWR Conference.

2019 Conference Theme: “Committing to Business”

Conference Focus: Iota Nuts and Bolts (Revised)

Conference Challenge : “Each One, Bring One”

Conference Theme Song : (All Aboard the Love Train)

Conference Host Chapter : Epsilon Phi

The SWR Executive Committee is Hoping to See You There!

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1569868698018&key=GRP&app=resvlink>

MARRIOTT HOTELS | TRAVEL BRILLIANTLY

Houston CityPlace Marriott at Springwoods Village


1200 Lake Plaza Dr, Spring, TX 77389

P: 281-350-4000

www.marriottspringwoodsvillage.com

REGIONAL AND NATIONAL NEWS

NATIONAL NEWS



IOTA PHI LAMBDA SORORITY, INC.
PRESENTS

Dorothy M. White
23rd National President

BUSINESS AND PROFESSIONAL WOMEN BUILDING THE
FOUNDATION FOR GENERATIONAL FINANCIAL
EMPOWERMENT



IOTA PHI LAMBDA SORORITY, INC.
PRESENTS ITS

2019-2021
National Executive Board
& National Executive Director

CHARLOTTE BERRY, NATIONAL PRESIDENT ELECT
JENNIFER PORTER, NATIONAL RECORDING SECRETARY
AMANDA DUTTON, NATIONAL TREASURER
JESSICA BROWN, CENTRAL REGIONAL DIRECTOR
SHIRLEY DEAN JOHNSON, EASTERN REGIONAL DIRECTOR
PAMELA PAIGE, FARWESTERN REGIONAL DIRECTOR
PHYLLIS MOORE, SOUTHERN REGIONAL DIRECTOR
VAHNITA LOUD, SOUTHWESTERN REGIONAL DIRECTOR
NATIONAL EXECUTIVE DIRECTOR, VONETTA MARTIN

The ladies of Epsilon Chi Chapter would like to welcome the 2019 to 2021 National Executive Board and leadership for Iota Phi Lambda Sorority, Inc. Congratulations to each of you for being elected to serve our organization.

We look forward to seeing the new heights you continue to take Iota Phi Lambda Sorority, Inc.

REGIONAL AND NATIONAL NEWS

AMAZON SMILE



Shop with a purpose!

Amazon will donate 0.5% of the price of eligible AmazonSmile purchases to the Lola Mercedes Parker Foundation for the Economic Empowerment of Business and Professional Women.

(Click AmazonSmile below to shop.)

LET'S SUPPORT NATIONALS!



The Lola Mercedes Parker Foundation for the Economic Empowerment of Business and Professional Women (LMPF) is committed to the professional development of youth and women within our communities.

Donate to the Lola Mercedes Parker Foundation Today.

Your Donation is tax deductible and for a great cause!

Click the image to learn more!

2019-2020 EPSILON CHI CHAPTER OFFICERS

President - Gloria Davis
1st Vice President - Donna Mitchell
2nd Vice President - Katrina Warren
Recording Secretary - Cynthia Patton
Corresponding Secretary - Eureka Patton
Financial Secretary - Adria James
Treasurer - Wanda McKinnies
Journalist - Tanesha Mosley
Dean of Intake - Redessa Shaw





SORORITY MEETING

2nd Saturday of every Month
10:00 a.m. - 12:00 p.m.

EPSILON CHI CHAPTER

P.O. Box 6398
Katy, Texas 77491

WEBSITE - iotaepsilonchi.org

EMAIL - @IotaEpsilonChi

FACEBOOK - facebook.com/IotaEpsilonChi

TWITTER - [@IotaEpsilonChi](https://twitter.com/@IotaEpsilonChi)



REGIONAL THEME

Affirming the Legacy, Bonding in Sisterhood and Committing to Business

Vahnita D. Loud - Southwestern Regional Director



NATIONAL THEME

Business and Professional Women : Furthering the Dream of Economic Independence

Stephanie Dilworth - 22nd National President

National Headquarters
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Washington, D.C. 20005
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Website: www.iota1929.org

