SI PEARLS



Volume 32 Issue 21

SEPTEMBER 2020

Message from the President

reetings Sorors!

Welcome back from a long, hot summer, I hope you are rested and geared up for another incredible year. This year will be full of challenges and changes like we have never seen before. The Covid-19 has made us re-elevate ourselves and prioritize our plan of work, but it hasn't stopped progress. We are Business and Professional Women Building the Foundation for Generational Financial Empowerment" and we can achieve our goals. The method may change but the process is still the same.

As we continue to work together in unity, harmony and peace, we will take our chapter to new heights not just locally but Regionally and Nationally as well.

Sorors, over 100 years ago on August 18,1920, with the passing of the 19th Amendment to the US Constitution women were given the right to vote. Let's celebrate these women who fought for that right by letting our voices be heard in the November election. Go to the polls, cast your ballot for the party that will do the best for all American people.

Psi Pearls to the Executive Committee for kicking off the year reconnecting as sisters planning and sharing information. We have achieved a lot through the years and we will continue to move forward through Branding, Networking, Social Media and Virtual meetings.

Psi Pearls to Soror Danielle Young, Fil Chair, for hosting the Back to School drive and to all committee chairs as they begin outlining their plans for the year.

lota Rose to the ASWR Director Soror Rosetta Davis for hosting a Developing Leaders meeting for Chapter Presidents. It was a boost everyone needed to start the year.

Sorors, it's a privilege to serve as your chapter president and I will continue on with the support of the chapter members and past presidents.



Now my sisters we are on the move. Let's stay focused, committed and true to our Sorority.

Sisterly Soror Judy Reeves Psi Chapter President

"Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business"

PSI CHAPTER OFFICERS

President	Judy Reeves
1st Vice President	Vicki Sellers
2nd Vice President	Wonda Traylor
Recording Secretary	Tonya Cooper
Corresponding Sec	Stevette Bauman
Financial Secretary	Lucille Tolliver
Treasurer	Dwala Brown
Journalist	Vee M. Jordan
Dean of Intake	LeTitia Speed

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2020-2021 Psi Chapter New Officers

Psi Chapter Officers for 2020-2021

Congratulations!!









Above L-R: Soror Judy Reeves-President; Soror Dr. Vicki Sellers-1st Vice President; Soror Wonda Traylor-2nd Vice President; Soror Tonya Cooper-Recording Secretary

Below L-R: Soror Stevette Bauman-Corresponding Secretary, Soror Lucille Tolliver-Financial Secretary, Soror Dwala Brown-Treasurer, Soror Vee M. Jordan-Journalist, Soror LeTitia Speed-Dean of Intake















2020 VIRTUAL SOROR RECOGNITION PROGRAM By SOROR TRAYLOR



2020 VIRTUAL SOROR RECOGNITION PROGRAM

On June 27, 2020, lota Phi Lambda Sorority Inc., Psi Chapter, closed the Sorority Year with a Phenomenal 2019-2020 "Virtual Soror Recognition Program". The highlight of this program, the "Exceptional Soror Awards." honored and recognized sorors who excelled and exceeded expectations throughout the sorority year. Their commitment, love for lota, perseverance and leadership contributed greatly to the success of the 2019-2020 sorority year's projects and programs. Awards were also given for Years of Service and Perfect Attendance.

This year was an extraordinary year due to the COVID-19 pandemic, which changed the way we function as an organization and how we conduct lota business. We were challenged to think out of the box and make changes that will be remembered throughout our lifetime. With those changes we remained resolved, steadfast and unmovable, focused on the

work of lota.

Chaired by 2nd Vice President Soror Wonda Traylor, the amazing membership committee and extraordinary technology team, this was definitely "A Year of Firsts" and our "Virtual Soror Recognition Program" was presented in grand style, with live music, video presentations and outstanding virtual awards. We are history in the making! Our names are being written in the history books and archives of lota Phi Lambda Sorority Inc

and the winners are.....

The 2020 Exceptional Soror Awards were presented to:













2020 VIRTUAL SOROR RECOGNITION PROGRAM By SOROR TRAYLOR



2020 VIRTUAL SOROR RECOGNITION PROGRAM

Service Awards were presented to:

5 Years Of Service

5 Ladies of Grace, Year 2015 Soror LeTitia Speed





Soror Henrietta Morris



10 Years Of Service

Soror Newtonia Hemphill

Elegant Emeralds, Year 2020 Soror Wonda Traylor



Soror Stevette Bauman



20 Years Of Service The Emerald Line, Year 2000





25 Years Of Service Year 1995 Soror Brenda Jackson-Napier



30 Years Of Service Year 1990 Soror Brigitti Perry



45 Years Of Service Year 1975 Soror Rosa Henderson



Soror Shirley Pleasant



35 Years Of Service Year 1985 Soror Charlotte berry



Soror Vahnita Loud





2020 PERFECT ATTENDANCE AWARD By SOROR TRAYLOR



2020 VIRTUAL SOROR RECOGNITION PROGRAM

2020 Perfect Attendance Award

2020 Perfect Attendance Awards presented to:

Dwala Brown



Kandre Covington



Rhonda Molett



Judy Reeves



Vicki Sellers



Wonda Traylor



Juanda Wallace

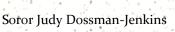


85th Anniversary By Soror Powell





85th Anniversary Fundraiser Winner





2020 President Awards By Soror Reeves



2020 VIRTUAL SOROR RECOGNITION PROGRAM President Awards

Extra Mile Awards: Sorors Wonda Traylor, Letitia Speed, Vicki Sellers, Jewel Hudson, Carolyn Parker, Mary Nickson and Danielle Young

Outstanding Committee Award: Soror Tonya Cooper

Recording Secretary Award: Soror Rhonda Jones

Presidents Award: Soror Vivian Jordan



Congratulations Sorors!!!!



PSI CHAPTER FIL

BACK TO SCHOOL DRIVE By Soror Traylor



PSI CHAPTER SUPPORTING OUR FUTURE IOTA LEADERS (FIL) BACK TO SCHOOL DRIVE



lota Phi Lambda Sorority Inc., Psi Chapter, Kicked off the 2020-2021 Sorority Year with their Annual Back to School Supply Drive, held Saturday August 29, 2020 at the Polk-Wisdom library parking lot. This "drive by" event supports our FIL (Future lota Leaders) as well as contributes to school supply donations to members of the community and other organizations. Several members were present to contribute to the success of the drive. Kudo's to FIL Chair, Soror Danielle Young and the Psi Chapter volunteers.

THANK YOU FOR SUPPORTING OUR FUTURE IOTA LEADERS (FIL)!!!!



Chapter Business Meeting by Soror Traylor



PSI CHAPTER EXECUTIVE COMMITTEE MEETING "IT'S A NEW SEASON, IT'S A NEW DAY"

On August 29, 2020, The Executive Committee of lota Phi Lambda Sorority Inc., Psi Chapter, kicked off the 2020-2021 Sorority year with a virtual meeting to prepare for activities in a virtual environment. We are looking forward to GREAT things in 2020-2021!





CALENDAR OF EVENTS FOR SEPTEMBER

DATE	NAME OF EVENT	TIME	LOCATION
SATURDAY, 9/12/2020	Pelati Meeting	ТВА	CONFERENCE CALL
SATURDAY, 9/12/2020	SCHOOL SUPPLIES PICK-UP FUTURE IOTA LEADERS	11:30am to 12:30pm	POLK WISDOM LIBRARY PARKING LOT
Saturday, 9/19/2020	ZOOM BUSINESS MEETING	10 a.m.	SHELTER-AT-HOME
ТВА	FUTURE IOTA LEADERS ZOOM MEETING	3pm to 4:30pm	SHELTER-AT-HOME
Saturday, 9/26/2020	74TH SWR VIRTUAL DIGITAL PLANNING MEETING	9am to 2:30pm	SHELTER-AT-HOME







Sorors' August Birthdays

Martha Richmond 8/5



LaJuna Piper 8/5



Cynthia Lister 8/2



Shelia Fadipe 8/16



Judy Dossman-Jenkins 8/25











SORORS' SEPTEMBER BIRTHDAYS

Judy Reeves9/4



Theresa Banks 9/11



Jewel Hudson 9/15



Lori Mason 9/18



Dorothy Glover 9/19



Vicki Sellers 9/20



Henrietta Morris 9/23







All news articles are due the **25th of each month** or before. Email all written news articles and pictures to: journalist@iota-psi.org

Please enjoy this edition of **PSI Pearls** and many more to come, and know it has ultimately been our pleasure to serve you.

Sisterly,

SOROR VEE M. JORDAN

PSI CHAPTER JOURNALIST/PUBLIC RELATIONS CHAIR

IOTA PHI LAMBDA SORORITY, INC.

HEALTH TIPS

How to Protect Your Health By Soror Ross



September Is National Ovarian Cancer Awareness Month

The ovaries are small, almond-shaped organs located on either side of the uterus. Eggs are produced in the ovaries. Ovarian cancer can occur in several different parts of the ovary.

Symptoms of ovarian cancer

Early stage ovarian cancer may not have any symptoms. That can make it very difficult to detect.

However, some symptoms may include:

frequent bloating, quickly feeling full when eating, frequent, urgent need to urinate, pain or discomfort in the abdomen or pelvis These symptoms have a sudden onset. They feel different from normal digestion or menstrual discomfort. They also do not go away.

Other symptoms of ovarian cancer can include:

<u>lower back pain, pain during intercourse</u> ,<u>constipation,indigestion</u> <u>fatigue</u>, a change in the menstrual cycle, weight gain, weight loss <u>vaginal bleeding</u>, <u>acne</u>, back pain that worsens

If you have these symptoms for longer than two weeks, you should seek medical attention.

Causes of ovarian cancer

Researchers do not yet understand what causes ovarian cancer to form. Different risk factors can increase a woman's chances of developing this type of cancer, but having those risk factors doesn't mean you will develop the cancer.

YOUR VOICE

YOUR VOTE



BY BETTY WILSON-JONES NATIONAL CHAIR, THE LEGISLATIVE COMMITTEE

100th Anniversary of Women's Right to Vote



Dear Sorors,

Tomorrow marks another historic moment for 2020. August 18, 2020, is the 100th Anniversary granting Women the Right to Vote. Please see the attached article and share it with all Sorors. A Special Thank You to our National President, Dorothy White for allowing me to share this article.

100th Anniversary of the Women's Right to Vote

As a result of the women's suffrage movement, the 19th Amendment to the U.S. Constitution granting American women the right to vote was ratified on August 18, 1920, ending almost a century of dissent and demonstrations. The crusade was long, heroic and remarkable, with roots dating back to 1848 when the Declaration of Sentiments was adopted at the Woman's Rights Convention in Seneca Falls, New York.

Following the convention, the demand for the vote became a centerpiece of the women's rights movement. Elizabeth Stanton and Lucretia Mott, along with Susan B. Anthony, Sojourner Truth, Ida B. Wells, and other activists, raised public awareness and lobbied the government to grant voting rights to women. Most men treated the demand as a joke. Women were considered too emotional and not intelligent enough... their place was in the home raising children. There was also resistance from women who believed in traditional gender roles.

The struggle was about much more than voting rights, it was also about power, economics, race and the role of women in the political future of our country. Conflict rose to a fever pitch within the movement when the Fifteenth Amendment approved by Congress ahead of the women's right agenda, granting the black man the right to vote, was supported by a faction of the group led by abolitionist Lucy Stone. This caused a split within the women's group, which left African-American women, who already experienced discrimination from the white suffragists, caught awkwardly in the middle of the struggle.

Because of the subsequent fighting that erupted within the camps, there were epic betrayals that destroyed alliances. After a lengthy battle, the groups finally emerged victorious with the passage of the 19th Amendment.

Despite the passage of the amendment and the contributions of Black women to achieve suffrage, poll taxes, local laws, and other restrictions continued to block Black women from voting. Black Women leaders developed organizations (Clubs) to continue the fight for the equality of women and to most assuredly include the Black woman's right to vote.

The Headquarters for Colored Women Voters, led by Sojourner Truth, was one of many clubs organized to continue the fight. Sojourner Truth-Born Isabella (later Van Wagener), a slave in upstate New York, was the first known African American suffragist. An illiterate, itinerant preacher and reformer from Ulster County, New York, she was an emancipated slave who supported herself with menial jobs. She traveled throughout the eastern United States and attended woman's rights conventions as an outspoken proponent for woman's rights and woman suffrage. Her overwhelming presence, personal magnetism, and unique oratorical style captivated audiences and won even skeptics to the cause.

Ida B. Wells, a supporter of woman suffrage, founded the Alpha Suffrage Club for African-American women, the first suffrage club for Black women in Illinois. She marched in the 1913 suffrage parade in Washington, D.C., but refused to march at the back of the parade as other Black women did. She continued to be an outspoken advocate of Black women's political activism. The Alpha Suffrage Club, of which Wells-Barnett was president, published a newsletter to educate the Black community about issues and candidates on the ballot. The club was influential in electing Black politician, Oscar DePriest, to the United States House of Representatives.

Harriett Tubman joined Susan B. Anthony in speaking out for women's suffrage. Tubman was one of the founding members of the National Association Colored of Women that was established in 1896.

Other Black leaders were Mary Ann Shadd Cary, Frances Ellen Watkins Harper, Mary Church Terrell, Mary McLeod Bethune, and Nannie Helen Burroughs

. Regrettably, the right to vote would remain a struggle for many African-Americans until Congress passed the Civil Rights Act of 1964 and the Voting Rights Act of 1965. On this One Hundred Anniversary of the 19th amendment to the Constitution of the United States, it is imperative that all women of voting age exercise their right to VOTE!!

Betty Wilson Jones National Chair The Legislative Committee

References:

- 1. EVT Endowment of South Carolina. July/ August 2020
- Turning Point- African American Women Leaders in the Suffrage Movement. June 2020
- 3. About The Black Suffragette -2019
- 4. <u>www.kpbs.org</u> The Vote on American Experience







Jota Phi Lambda Sorority, Inc. Southwestern Regional News

74th Southwestern Regional Virtual Digital Planning Meeting SATURDAY, September 26, 2020 9AM-2:30PM

"Theme: Developing Leaders"

Conference Focus: Leading by Serving

Conference Challenge: Where Do Serve: Locally? Regionally? Nationally?

HURRICANE LAURA

On Wed, Aug 26, 2020 at 8:43 PM Vahnita Loud wrote:

Good evening Sorors,

The news is reporting that Hurricane Laura is heading toward the Texas and Louisiana coasts.

The National Hurricane Center said that Hurricane Laura's maximum sustained winds had increased to 150 mph, just 7 mph short of being classified as a Category 5 storm, Leave if you must and please take shelter if needed. My prayer is that all sorors who are in Laura's path will be safe;



Vahnita Loud,

19th SWR Director

Peace be with you. Stay strong. Take care of one another.

Serving lota.

Sisterly,

Soror Vahnita

On Sat, Aug 29, 2020 at 6:02 PM Vahnita Loud wrote:

Sorors, Please know that the Southwestern Region Past Regional Officers Chair, Soror Brenda Graham Sanders has lost four family members because of Hurricane Laura. I have spoken with Soror Sanders. Her comments as they appear on Facebook are below. Please keep Soror Sanders and her family in prayer.

Thanks, to all of our friends for your love and support. The Graham Family loss four cousins in Lake Charles due to carbon monoxide poisoning. Mother Rosie, Daughter Kim, Son in law Chris, and Brother Clyde. Your prayers are greatly appreciated.

Sisterly,

Soror Vahnita

Sorors.

If you would like to send condolences to Soror Brenda Sanders, her information is as shown in this email..

Brenda Sanders

6615 Glenrock

Houston, TX 77087

Her phone number is 713.504.2710 Her email address is bisanders70@yahoo.com





Jota Phi Lambda Sorority, Inc. National HQ News

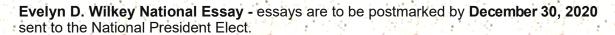


Iota Scholarship Programs

Soror Charlotte Berry
NATIONAL PRESIDENT-ELECT

IOTA PHI LAMBDA SORORITY, INC.

2020 – 2021 Essay and Scholarships Procedural Reminders



Fredda Witherspoon National Scholarship - scholarships are to be postmarked by January 31, 2021 sent to the National President Elect.

National FIL Scholarship applications are due postmarked by February 28, 2021 sent to the National President Elect.

Dorethea N. Hornbuckle Scholarship applications are due postmarked by **March 15, 2021** sent to the National President Elect.

Alice P. Allen Scholarship applications are due postmarked by April 1, 2021 sent to the National President Elect.

<u>ALL</u> essay and scholarship applications <u>MUST</u> be submitted with documentation, recommendations and sponsorships from an active chapter in lota Phi Lambda Sorority to the National President Elect with the designated postmark dates for each essay or scholarship with official postal marking dates.

Please make sure that your chapter and regional websites indicate those scholarships that are specifically awarded by them and not National Scholarships. There is no reason that scholarship applications should be sent from around the country if the information is posted with clear directions. **Again, no National essay and/or scholarship applications are accepted without chapter endorsement and submission.**

Evelyn D. Wilkey Essay 2020 American Education Week Theme "How Social Media Affects Teens"

GOOD LUCK IN YOUR SUBMISSIONS!





Tota Phi Lambda Sorority, Inc. National HQ News



"Business and Professional Women Building the Foundation for Generational Financial Empowerment"

Soror Dorothy M. White 23RD NATIONAL PRESIDENT

MASK-UP FOR FASHION & PROTECTION ~ NATIONAL FUNDRAISER

Dear Sorors:

We are excited to kick off our month-long fundraiser in the name of safety and fashion. COVID-19 is staying around a lot longer than any of us ever imagined. Let's stay safe and be diligent about masking-up, as well as social distancing to continue to flatten the curve.

Fall is right around the corner, and we have branded masks available to celebrate our sorority and LMPF in its, 5th year anniversary. Help us usher in the season and add to your assortment of protective wear in the midst of the pandemic.

Will you <u>buy a mask/masks today</u> to support our month-long fundraiser? Please consider buying several masks for you, your family, and as gifts to others. Doing so represents the sorority and LMPF and your commitment to decreasing exposure to COVID-19 while making a fashion statement. The cost at \$10 per mask, with a much larger return. Our goal is to sell 500+ masks. Each soror and LMPF board member can make a purchase that will make a big impact.

https://the1929collection.com/products/lola-mercedes-parker-foundation-face-masks

All proceeds will go towards our IOTA and LMPF. Get your mask today, and thank you for your support.

Dorothy White, 23rd National President lota Phi Lambda Sorority, Inc.

and

Stephanie Dilworth, Chairwoman LMPF











CONGRATULATIONS TO THE IOTA RELIEF FUND WINNERS!



THE BLACK WOMEN'S AGENDA, INC. 43RD ANNUAL SYMPOSIUM SEPTEMBER 18, 2020





Psi Chapter Information

If you would like to email President Judy Reeves, Journalist Vee M. Jordan or visit Psi Chapter's website click on the highlighted links listed below.

Judy Reeves, Psi Chapter President judyreeves4@att.net

Iota Phi Lambda Sorority, Inc. Psi Chapter P.O. Box 223871 Dallas, Texas 75222-3871

PSI CHAPTER WEBSITE http://www.iota-psi.org

Chapter Theme:

"Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business"



Vee M. Jordan, Journalist journalist@iota-psi.org

Public Relations Committee

Daphne Hornbuckle
Jewel Hudson
Judy Jenkins
Rita Heath Powell
Wonda Traylor
Rita White Ross
Shelia Fadipe
Theresa Banks
Carolyn Parker

https://twitter.com/psi1936

Southwestern Region Information

If you would like to send an email to our Southwestern Regional Director, National President or visit the Southwestern Region or National websites. Click on the highlighted links listed below.

Vahnita Loud, Southwestern Regional Director

Southwestern Region Website, http://www.iotaswr.org

Southwestern Region Theme: "Affirming the Legacy, Bonding in Sisterhood, Committing to Business and Developing Leaders"

National Information

Dorothy White, National President

National Website, http://www.iota1929.org
National Theme:

"Business and Professional Women Building the foundation for generational Financial Empowerment"



Founder: Mrs. Lola M. Parker

"Upward and Onward in Efficient Service"