Sponsored by:



Thank you to our community partners. We are stronger together!







CHARLOTTE MECKLENBURG











Join us in May for Mental Health Mondays as we harness the contagious power of courage and storytelling to transform perceptions, inspire change, and promote mental illness.

Together, let's reimagine mental health one story at a time.
PLEASE SHARE WITH YOUR SOCIAL MEDIA GROUPS.

#courageiscontagious #mystorymatters #PromiseResourceNetwork

Courage is Contagious



Mental Health Mondays at the Independent Picture House

MENTAL ILLNESS ACROSS GENRES

How Hollywood talks about mental Illness.

Join Amy Campbell as she talks with filmmakers, Joanne Hock and Ron Lacey, along with sociologist Megan Smith, and PRN WarmLine leaders Alex Cross and JC Moore. about how Hollywood has helped shape the language around mental illness.

Independent Picture House, CLT - May 6th 6:00 pm-7:30 pm

MON 13

CHANGING THE NARRATIVE

From Hollywood to DC, how one story can affect lasting change.

Join Amy Campbell as she talks with, John Autry NC Legislator, Ray McKinnon Executive Director of PFLAG-CLT, PRN's CFO Noah Swabe and youth activist Paxton Sutton on how one story can change the world.

Independent Picture House, CLT - May 13th 6:00 pm-7:30pm

THE HERO'S JOURNEY

Becoming the heroes in our own stories.

Join Amy Campbell & Guerilla Poet Nemo Sum, along with Fonda Bryant, national suicide prevention educator for an evening of impactful, artistic healing expression and storytelling

Independent Picture House, CLT - May 20th 6:00 pm-7:30pm



YOUR STORY MATTERS! YOU ARE NOT ALONE!
CALL THE PRN WARMLINE: 1-855 PEERS NC





