

During catechism class, a priest asked the second graders, “Can any one of you say something about the Trinity?” After a long pause, Sheila sitting at the back row got up and mumbled something swiftly and softly. “Sheila, I don’t understand what you’re saying!” complained the priest. “You shouldn’t,” replied Sheila distinctly, clear and louder, “Father, our teacher has said that the Trinity is a mystery! And you are not supposed to understand.”

Yes, indeed, Trinity is a mystery and not only kids, but also the pastors and learned theologians have difficulty in explaining the Trinity.

Some of them propose analogies from nature to explain the Trinity. The most popular one is by St. Patrick of Ireland who compares the Trinity to a 3-leaved shamrock rising from one stem. We have an elderly priest in the home diocese who compares the Trinity with an analogy of three tree branches from one stem.

While analogies from Nature may help us understand the Trinity little better. They are also inadequate since they do not convey the idea of a ‘person’ and a ‘relationship’.

Trinity Sunday reminds us that the Trinity is not merely as ‘mystery’ but it is a precious part of our everyday life.

For example, we begin most of our prayers with the sign of the cross in the name of the Father and of the Son and of the Holy Spirit. While administering the sacraments this Trinitarian God is invoked.

Though the Trinity is a mystery, and the very word “Trinity” is not found in the Bible we get enough references about it in the Scriptures including in today's readings.

The First reading is about the Almighty Father who created this wonderful creation and with great miracles He rescued the Israelites, and there is no other God. It stresses on ONE God.

In the Second Reading St. Paul clearly talks about the power of the Holy Spirit. We become children of God and heirs of God with Christ by the Holy Spirit Those who are led by the Spirit in them God’s power flows and setting themselves apart they live according to the mind of children of God.

In the Gospel we read about the mandate of Jesus where the Lord Jesus says to the disciples, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of

the Father and of the Son and of the Holy Spirit.” In this passage Jesus make explicit reference to the Holy Trinity.

This feast of Holy Trinity teaches us that there is only One God. Every time we recite the creed, we say we believe in One God. We do not worship three Gods.

This One God in essence is the communion of 3 persons, Father, Son, and the Holy Spirit, all three fully God but still only One God. These three persons in One God are distinct from each other. Father is not the Son; the Son is not the Holy Spirit, and the Holy Spirit is neither the Father nor the son.

The feast of Holy Trinity is a beautiful opportunity to know about Triune God and to pray to Him, but to understand the mystery or concept fully is out of our brain.

The feast of the Holy Trinity teaches us the lesson on Trinitarian model of love. In our model of love we have, I, You, He, She etc. In the Trinitarian model of love there is no I, You, or He etc. but only we and us.

This feast also teaches us about unity. As the Father, Son and the Holy Spirit are three different persons, they are united as one. Jesus himself says I am in the Father and Father is in me similarly the Holy Spirit is also in the Father and the Son, and they are in the Holy Spirit that is to say they three are one. By the grace of today’s feast, we also may remain one in God as Lord Jesus wants for us, “that they may be one, as you, Father, are in me and I am in you, may they also be in us.” Amen!

In this time of pandemic, the whole world should practice the Trinitarian model of love. In our family, we need to practice this model of unity. Instead of, I, you, he, she, they, etc. let's practice we and us in our daily life.