

THE RIDER PROJECT – AN ONLINE WORKSHOP FOR DRESSAGE PROFESSIONALS

***WITH CLINICIAN: LISA EL-RAMEY, USEF “S”
FOUNDER OF THE RIDER PROJECT & USDF Bronze, Silver & Gold Medalist***

PRESENTED BY: ROCKY MOUNTAIN DRESSAGE SOCIETY

SESSION I: Monday, Jan 24, 2022 (6:30-8:30 PM MST)

SESSION II: Monday, Feb 7, 2022 (6:30-8:30 PM MST)

COST: \$50 (RMDS members)/\$65 (Non-RMDS members)

Registration Options (once payment is received, you will be added to the list for receiving the Zoom link):

- 1) Online payments - <https://www.rmids.org/payment>
- 2) Mail checks to: RMDS 2942 Park Lake Drive, Boulder, CO 80301

For More Information or to Submit Rider Videos for use in the workshop please contact:
Joan Clay (970)420-0887 or jnclay@comcast.net

WORKSHOP GOAL: To educate fellow professionals on the principles of rider anatomy and riding methodology. Professionals will learn to assess rider imbalances, weaknesses and effectiveness using videos of their own students. As issues are identified, the instructors will learn techniques and terminology to help their students become more effective and precise in communicating with their horses (see attached documents for more in-depth descriptions of the Rider Project and the Online Workshop course outline).

Session I Topics: Rider anatomy and physiology; learning styles; instructor terminology; and riding concepts. Rider videos will be used to demonstrate concepts and develop the instructor's eye.

Session II Topics: Identification and correction of rider alignment; assessment of effectiveness and correctness of rider's aids; application of instructor terminology.